

MAHATMA GANDHI COLLEGE

DEPARTMENT OF PSYCHOLOGY

IN ASSOCIATION WITH

TA COMMUNITY TRIVANDRUM

AND

SANJEEVANI BE FRIENDERS

CONDUCTS

ADD ON COURSE ON TRANSACTIONAL ANALYSIS

DEC
7,8



Follow up class :-
Department of Psychology,
Mahatma Gandhi College.



TRANSACTIONAL ANALYSIS - PEOPLE MANAGEMENT SKILLS WITH

TA Total Hours : 30

Course Outcomes:

CSO1: Students will become familiar with basics of Transactional Analysis

CSO2: Students can identify People Management Skills in schools and workplaces

Module I 10 Hours

Identifying areas of People management in Schools, work

places 360° interpersonal relationship in schools, workplaces

Non Verbal Communication — Body Movement or

Kinesics, Physical characteristics, Vocal quality, Proxemics, Artifacts

and Environment . Listening and Responding – Active Listening,

Giving Feedback, Paraphrasing

Module 2 10 Hours

TA introduction, Ego states, Structure model, Contamination and Exclusion, Diagnosis of ego states, Ego grams

Motivation — Structure, Stimulus and Recognition Hunger . Emotional intelligence



P. 9.0

Module 3. 10 Hours

Transaction - definition, types , rules

Strokes — Definition, types, stroke economy

Life Position – Definition ,Ok ness , 4 position , Social

Time Structuring and effective life

Reference

TA Today

Stewart I , and Joines V



ADD ON COURSE
DEPARTMENT OF PSYCHOLOGY
TRANSACTIONAL ANALYSIS
2022-2023

MAX MARKS:20

ANSWER THE FOLLOWING

1. Explain identifying areas of management in workplaces and schools
2. Explain non verbal communication and its components
3. What is transaction and its types and rules?
4. What is strokes and its types and? Also explain what is stroke economy
5. What are life positions?

3 x 5=15

6. What is motivation? Explain its structure

5 x 1=5



Add m Course on Transactional Analysis

Name	Str	Class	Standard	Signature
1. ANAMIKA M G		III rd yr		
2. DEVANANDANA P NAIR		III yr		
3. Harikrishnan R		III yr		
4. Kiran K		II yr		
5. ARJUN-A		III yr		
6. Amalendhu MS		III yr		
7. Aiswarya S		III yr		
8. Aparna A J		III yr		
9. Rakulkannan C		III yr		
10. Rebecca R Johnson		III yr		
11. Jyoti Anil		III rd year		
12. Nandana S A		III rd year		
13. Satna Raffee		III rd year		
14. Nazneen F		III rd year		
15. Shafana S		III rd year		
16. Tincy Raj J I		III rd year		
17. Devi Permesan		III rd year		
18. Geetha Rajesh		II yr		
19. Akhila Jayakumar		III rd yr		
20 X KARTHU S KRISHNA		III rd year		
21. Nandana Nair C S		III rd yr		
22. Pramada S P		III rd yr		
23. Aswathy P		III rd yr		
24. Stephen Maria Peter		III rd yr		
25. Ananya Deva D I		III rd yr		
26. AKSA T. RAJAN		III rd yr		
27. Geetha R		III rd yr		
28. Aiswarya Ravi		III rd yr		
29. Ajmya		III rd yr		
30. Alwina Mary Biju		III rd yr		

Name	Class	Signature
31. Anna Jagudhan	III rd year	
32. Aparna Vijay	III rd year	
33. Ansha S Kumar	III rd year	
34. Megha S Nair	III rd year	
35. Rahil Nair	III rd year	
36. Ameba G. Komal	1 st DC	
37. Anziba M A	1 st DC	
38. Krishna S Nair	1 st DC	
39. Gopika C. Nair	1 st DC	
40. Anakha A	1 st DC	
41. Devika M	1 st DC	
42. Keerthana PV	1 st DC	
43. Pavithra R. Suresh	1 st DC	
44. Anamika S. Babu	1 st DC	
45. Ridhu S. Rejilal	1 st DC	
46. Anushree P	1 st DC	
47. Anurupa Vinu Vinod	1 st DC	
48. Sona Shibu	1 st DC	
49. Gowri Pramod	1 st DC	
50. Jyothika SR	1 st DC	
51. Nandana S	1 st DC	
52. Jancy James	1 st DC	
53. R. Rajeshwari	1 st DC	
54. Aparna U R	1 st DC	
55. Adithya G S	1 st DC	
56. Parvathi A S	1 st DC	
57. Abhisami Manoj	1 st DC	
58. Roslyn Maria Rufus	1 st DC	
59. Lepamudra M L	1 st DC	
60. Nandana M R	1 st DC	
61. Sreenanda A L	1 st DC	
62. Anathi A. Nadh	1 st DC	
63. Nanda Anil M	1 st DC	
64. Asiya A S	1 st DC	

Name

Class

Signature

65 Muhammed Kasim. NB

1st DC

Kasim

66 Anjali S-L

11th DC

Anjali

~~67~~

ATTENDANCE REGISTER FOR THE MONTH OF

Add on Course On Transactional Analysis 2022-23

20

Sl. No.	Name	Designation	20																												Working Days	Days present	Days absent	Leave taken	Remarks	
			15-12-22	16-12-22	20-12-22	22-12-22	4-01-23	6-01-23	9-01-23	11-01-23	12-01-23	16-01-23	19-01-23	20-01-23	21-01-23	24-01-23	1-02-23	2-02-23	7-02-23	9-02-23	15-02-23	20-02-23	28-02-23	1-03-23	2-03-23	5-03-23	6-03-23	8-03-23	9-03-23	14-03-23						15-03-23
1	Anamika M.G	III DC	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	30	0	
2	Devanandma P. Nair	"	✓	✓	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	25	5	
3	Haxi Kaishram R	"	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2	
4	Ritam K	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4	
5	Aaryam A	"	✓	✓	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2	
6	Amalekhu M.S	"	✓	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	25	5	
7	Aisooanya S	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	29	1	
8	Apasana A.T	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	27	3	
9	Rahul Raman C	"	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	27	3	
10	Rebecca R. Johnson	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	29	1	
11	Sift Anil	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	25	5	
12	Nandana S.A	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	29	1	
13	Safna Rafe	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	30	0	
14	Naseha F	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	29	1	
15	Bhifana S	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2	
16	Simoy Ray J-L	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	27	3	
17	Devi Remesam	"	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	29	1	
18	Gopika Rajesh	"	✓	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4	
19	Akhil Jayakumar	"	✓	✓	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4	
20	Karthu S. Karshag	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	29	1	
21	Nandana Nair C.S	110dyr	✓	✓	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2	
22	Pranada S.P	"	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4	
23	Aswathy P	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	27	3	
24	Stephy Maria Peli	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	30	0	
25	Aswani Dasa A.R	"	a	✓	✓	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	24	6	
26	Aksha T. Rajam	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2	
27	Gowri R	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2	
28	Aiswarya Ravi	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2	
29	Ajmiya	"	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2	
30	Akhil Mary Biju	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4	
31	Anna Majeedem	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	29	1	
32	Aparna Vijay	"	✓	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2	
33	Arsha S. Kumar	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4	
34	Megha G Nair	"	✓	a	✓	✓	a	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	25	5	
35	Rahi R. Nair	"	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2	

Department of Psychology

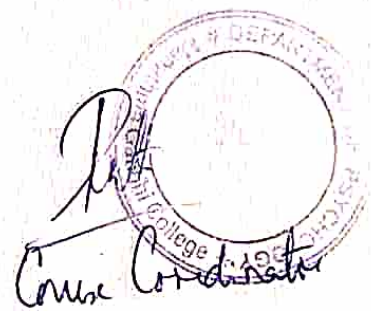
Add on Course

Transactional Analysis

2022- 2023

Sl. No.	Name of the Student	Total mark	Mark obtained
1.	Anamika MG	20	18
2.	Devanadna P Nair	20	19
3.	Harikrishna R	20	18
4.	Kiran K	20	17
5.	Aryan A	20	16
6.	Amalendhu M S	20	20
7.	Aiswarya S	20	20
8.	Aparna A J	20	18
9.	Rahul Kannan C	20	20
10.	Rebecca R Johnson	20	15
11.	Sifi Anil	20	18
12.	Nandana S A	20	17
13.	Safana Rafer	20	16
14.	Naseeha F	20	18
15.	Shifana S	20	19
16.	Jincy Raj JL	20	19
17.	Devi Rameshan	20	17
18.	Gopika Rajesh	20	18
19.	Akhila Jayakumar	20	19
20.	Karthu S Krishna	20	19
21.	Nanadana Nair CS	20	16
22.	Pramada S P	20	18
23.	Aswathy P	20	17
24.	Stefi Mariya Peter	20	19
25.	Aswani Deva A L	20	20
26.	Aksa Y Rajan	20	17
27.	Gowri R	20	17
28.	Aiswarya Rani	20	18
29.	Ajmiya	20	17
30.	Alveena Mary Biju	20	19
31.	Amna Thajudheen	20	19
32.	Aparna Vijay	20	17
33.	Ardra S Kumar	20	18
34.	Megha G Nair	20	19
35.	Rahii R Nair	20	18
36.	Sneha G Komal	20	19
37.	Anziya M A	20	17
38.	Krishna S Nair	20	18
39.	Gopika C Nair	20	19
40.	Anagha A	20	18
41.	Keerthana P V	20	18

42.	Devika M	20	17
43.	Pavithra R Suresh	20	19
44.	Anamika S Babu	20	20
45.	Ridhu S Rejilal	20	20
46.	Anusree D	20	19
47.	Aiswarya Vinu vinod	20	20
48.	Sona Shibhu	20	18
49.	Gowri Pramod	20	19
50.	Jyothika S R	20	20
51.	Nandana S	20	16
52.	Jancy James	20	18
53.	R Rajeshwari	20	19
54.	Aparna U R	20	18
55.	Adithya G S	20	19
56.	Parvathi A S	20	18
57.	Abhirami Manoj	20	20
58.	Roselyn Maria Rufus	20	20
59.	Lopamudra	20	20
60.	Nandana MR	20	18
61.	Sreenanda A L	20	19
62.	Arathy A Nadh	20	20
63.	Nanda Anil M	20	17
64.	Asiya A S	20	20
65.	Muhammed Kasim N B	20	18
66.	Anjali S L	20	19



 Course Coordinator

ICTA



Serial No: 1723

INSTITUTE FOR COUNSELLING AND TRANSACTIONAL ANALYSIS

Santigram, Changampuzha Nagar P.O, Kalamassery, Kochi - 682 033, INDIA

Certificate No:

CERTIFICATE

This is to Certify that Sri / Smt

has successfully completed the Basic Course in Transactional Analysis

Conducted at from to

Date:

Director / President



Trainer

REPORT OF ADD ON COURSE ON TRANSACTIONAL ANALYSIS. (2022-23)

THE SPECIFIC TITLE OF THE COURSE IS 'PEOPLE ENHANCEMENT SKILLS WITH TA'. THE COURSE COMPRISED OF 30 HOURS. 66 STUDENTS HAD ENROLLED FOR THE COURSE. THIS COURSE WAS CONDUCTED IN ASSOCIATION WITH SANJEEVANI BEFRIENDERS WITH WHOM MOU IS SIGNED. TA TRIVANDRUM CHAPTER RUNS IN SANJEEVANI BEFRIENDERS. STUDNETS ALSO ATTENDED CLASSES IN MARIA RANI CENTRE, PANGAPPARA. STUDENTS WERE GIVEN CERTIFICATES FROM ICTA. COORDINATOR OF THE COURSE IS DR PRATHIBHA S NAIR, HEAD OF THE DEPARTMENT OF PSYCHOLOGY, WHO IS A BTA HOLDER

REPORT IS GIVEN IN THE BELOW GIVEN YOUTUBE LINK

<https://youtu.be/UnJFUdaregM>



Dr Prathibha S Nair