

3.4.1: Outcomes of Extension activities in the neighborhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years.



The aftermath of flood was as appalling as the deluge itself. Mud and vile creatures added to the loss caused by the flood. Program officers and NSS volunteers from M.G. college took part in the cleaning process at flood affected Chengannoor in the neighboring district of Alappuzha.



Program officer, Dr. Suresh Chandra Kurup coordinating the cleansing activities at Chengannoor.





COMMUNITY HEALTH AND SUPPORT

The motto of NSS is '**Not Me But You**' which reflects the essence of democratic living and upholds the need for selfless service. To have consideration towards other living beings is what makes us humans and that was the purpose for which the NSS unit M.G, college started community and health support initiatives. As part of the idea, several humane tasks were completed by the organized effort of the volunteers and program officers.

Raksha Program

Empowering girls to become an independent and strong citizen are the need of the hour. A program Raksha was started to empower girls to acquire the Basic Self Defense Skills and the program was formally inaugurated by the Principal on In Presence Dr.Biju Kumar And Sri.Manoj of Physical Education Department. Every week, one class was conducted under the guidance of our volunteer Secretary Abhijith and Aswathy (MSc Zoology student).

Medical Camp

A free medical camp was conducted at Korakulam residential area (The adopted village of NSS unit, M.G. college) with doctors and medicines provided by the General hospital, Trivandrum. The camp was very helpful for the villagers, especially for the senior citizens.



NSS volunteers on their duty.



NATIONAL SERVICE SCHEME
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KL-15A & KL-15B



Doctors on their duty.



Giving free medicines on doctor's description.

Flood Relief & Rehabilitation

The monsoon of 2018 was shocking for its feisty and arrogance. The destruction it caused went on with almost 200 persons missing and more than 400 death cases. Economy got shattered and people were struggling for basic amenities despite their affluence.

Every volunteer in the NSS unit of M.G. college came up, willing to help the affected. Collection campaign for gathering necessary food, clothes and healthcare essentials was organized. It was the right time to serve the fellow people and our NSS unit is glad to have contributed our best.



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Mahatma Gandhi College, Kesavadasapuram

COLLECTION CAMPAIGN

RELIEF MATERIALS

- * Drinking water
- * Packed foods
- * Sanitary napkins
- * Baby diapers
- * Baby food
- * Baby dress
- * New clothes
- * Bed sheets
- * Mosquito coil
- * Medicines
- * Band aids
- * Bathing and washing soap
- * Dettol



NATIONAL SERVICE SCHEME
MAHATMA GANDHI COLLEGE, TVM
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Food collection



Physics department giving the dress purchased for Onam celebration to the collection campaign.



Cancer survey

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NSS volunteers

Results of study

TYPE OF CANCER

Types Of Cancer	Sex		Total
	Male	Female	
1, Breast Cancer	1	31	32
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9, Thyroid CA	1	1	2
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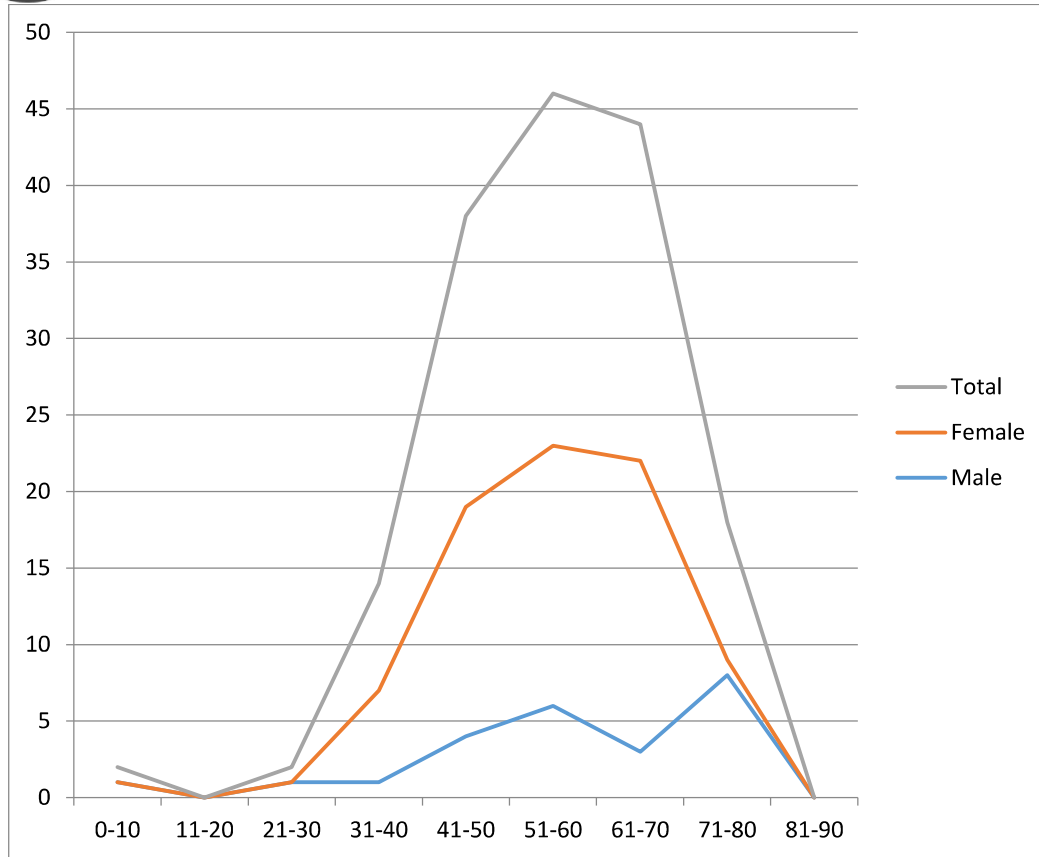
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21, Head CA	0	1	1
22, Disc	0	1	1
23, Prostrate CA	1	0	1
24, Bone marrow CA	0	1	1
Total			82

Age	Male	Female	Total
0-10	1	0	1
11-20	0	0	0
21-30	1	0	1
31-40	1	6	7
41-50	4	15	19
51-60	6	17	23
61-70	3	19	22
71-80	8	1	9
81-90	0	0	0

Age wise and Sex wise distribution of cancer in Mangalapuram Panchayath



NATIONAL SERVICE SCHEME
MAHATMA GANDHI COLLEGE, TVM
KL-15A & KL-15B



Conducted a survey in Chadayamangalm panchayath also. Major findings of the study are

1. Breast cancer and uterine cancer is found to be high in 50-70 age group in Chadayamangalam Panchayath
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3. Blood cancer is found to be high in 10-30 age groups and Blood cancer is more among females in Chadayamangalam Panchayath.
4. Liver and Colon cancers were more in Males and rectal cancers were found to be more in females of age group 50-70 in Chadayamangalam Panchayath.



5. Lungs cancer and stomach cancer are found to be high in males of 50-70 age groups. Females in 70-90 age groups also exhibit Lung cancer in Chadayamangalam Panchayath.

Training for Women Empowerment

Women's economic empowerment refers to their ability to enjoy their right to control and benefit from the resources, assets, income and their own time, as well as, the ability to manage risk and improve their economic status and well-being. Active steps were taken toward this. The NSS unit of M.G. college conducted awareness program for the women in the adopted village.

Dr. K. Rajendra Babu, Emeritus scientist, dept of Physics, presided over the session. Dr. Suresh Chandra Kurup, Program officer, and Dr. Rajendra Babu took classes about vegetable gardening and several other small scale self income generators.



Volunteers interacting with the women.



NATIONAL SERVICE SCHEME
MAHATMA GANDHI COLLEGE, TVM
KL-15A & KL-15B

Dr. Rajendra Babu, Emeritus scientist (Physics), and Dr. Suresh Chandra Kurup are delivering




Interacting with the residents.



. PARTICIPATED THE VOLUNTARY PROGRAMME FOR THE FLOOD RELIEF
ACTIVITIES BY TEACHERS AND STUDENTS ORGANISED BY DISTRICT
ADMINISTRATION

Our department faculties and students have been vigorous and lively in relief activities related to the recent floods in Kerala caused by continuous heavy rains. A constant upsurge in rainfall, overflowing rivers, and frequent landslides has led to a horrific catastrophe in major regions of Kerala. The landslide and rains have hit about half the state, with more than 60,000 people rendered homeless. Our department faculties and students were also distributed drinking water, bags of food, grocery, clothes, blankets and bed sheets to the affected people. Moreover, we voluntarily participated clean-up drives in the flood-affected areas. More help will be planned out as the situation as per the direction of the District Administration. All faculties of the department, especially Mr.Sumesh and Lt. Dr.S.Priya actively engaged in the flood related activities




Dr.V.S.SANTHOSH , MCom.MPhil,Ph.D
Associate Professor & Head
Department of Commerce
Mahatma Gandhi College
Thiruvananthapuram





16th December 2019

Naval cadets provided blankets to ward 9 inmates...

സ്നേഹ പുതപ്പുമായി എൻസിസി നേവൽ ഗ്രൂപ്പ്

Friday 17 January 2020 3:22 pm IST



തിരുവനന്തപുരം: ആശുപത്രിയിൽ ആരോഗ്യമില്ലാതെ ചികിത്സ തേടിയ അന്തേവാസികൾക്ക് സ്നേഹ പുതപ്പുകളുമായി എൻസിസി കേഡറ്റുകൾ. മഹാത്മാ ഗാന്ധി കോളജിലെ വൺ കേരള നേവൽ കേഡറ്റ് കോർ യൂണിറ്റിന്റെ നേതൃത്വത്തിലാണ് തിരുവനന്തപുരം ജനറൽ ആശുപത്രിയിലെ അന്തേവാസികളായ രോഗികൾക്ക് സ്നേഹ പുതപ്പുകൾ വിതരണം ചെയ്തത്.

9th December 2019

NCC NAVAL wing cadets provided food package for the inmates of SANTHVANA CANCER CENTER



എംജി കോളേജിലെ എൻസിസി നാവിക വിഭാഗത്തിന്റെ നേതൃത്വത്തിൽ 'പട്ടിണി ഇല്ലാ പട്ടണം' പരിപാടി സംഘടിപ്പിച്ചപ്പോൾ

'പട്ടിണി ഇല്ലാ പട്ടണം' പരിപാടി

തിരുവനന്തപുരം: എംജി കോളേജിലെ എൻസിസി നാവിക വിഭാഗത്തിന്റെ നേതൃത്വത്തിൽ 'പട്ടിണി ഇല്ലാ പട്ടണം' പരിപാടി സംഘടിപ്പിച്ചു. വിശക്കുന്നവർക്ക് ഭക്ഷണം നൽകുന്ന പദ്ധതിയിൽ 92.7 ബിഗ് എഫ്എം ആർജ്ജ സൂചി പദ്ധതിയുടെ നന്മകളെപ്പറ്റി കേന്ദ്രകോർഡ് സംസാരിച്ചു. 50 ഓളം കേന്ദ്ര

ഗാന്ധി കോളേജ് പ്രിൻസിപ്പാൾ ഡോ. എം.എസ്. അനിൽ കുമാർ, നേവൽ കമാൻഡിംഗ് ഓഫീസർ അബ്ദുൾ സത്താർ, ഹൈ കോളേജി വിഭാഗം അസിസ്റ്റന്റ് പ്രൊഫസർ ഡോ. സുഭാ സച്ചിത്താനന്ദ് എന്നിവർ സംസാരിച്ചു. എൻസിസി നേവൽ വിംഗ് കേന്ദ്രങ്ങൾ സാമ്പന്ത കാൻസർ സെന്ററിന്

13th August 2019

Kerala went through a disaster, NCC naval cadets collected the dry food items from various sources and handed over to the Principal of MG college



14th NOVEMBER 2019

Naval Wing again extended their arms of humility to the needy. On children's day Naval wing celebrated with Nirmala Shishubhavan, Mother Teresa unit which consists of 23 childrens of age range from 2-6 years. They were given fruits, food materials, balloons while joining celebration.



30th October 2019

Naval cadets extended their activities outside the campus by giving food to the Bethania Rehabilitation center. **Bethania Rehabilitation Centre** is a center for the rehabilitation of the physically disabled women at Kumarapuram, Trivandrum, Kerala, India. The centre was started on 1 June 1988. The centre is managed by the Bethany Sisters.





17.08.19, 18.08.19, 19.08.19, 20.08.19 – Flood relief activities

In 2019, Kerala witnessed similar indications as the previous year flood. Dams were stable, so, casualties were limited the second time. But scarcity of basic amenities was always a problem. Students of MG College and NSS volunteers jointly collected and packed essentials in the campus including medicines, diapers, baby food and sanitary napkins and essential which was worth 2.75 Lacks rupees then handed over to Trivandrum Corporation. It was the biggest collection from a college in Thiruvananthapuram District.

NSS volunteers joined hands as they took part in contributing by means of money and goods as well as volunteering at various camps and collection centres at Trivandrum. (namely Cotton Hill, SMV Public School, Women's College, Vazhuthacaud, Tvm Corporation office). Our NSS unit organized similar collection campaign, the active participation in which was the evidence that the volunteers were really committed and were not showing beginner's enthusiasm.



Collected food items and sanitary essentials.



Presenting the collected items to the principal, Dr. Anil Kumar.



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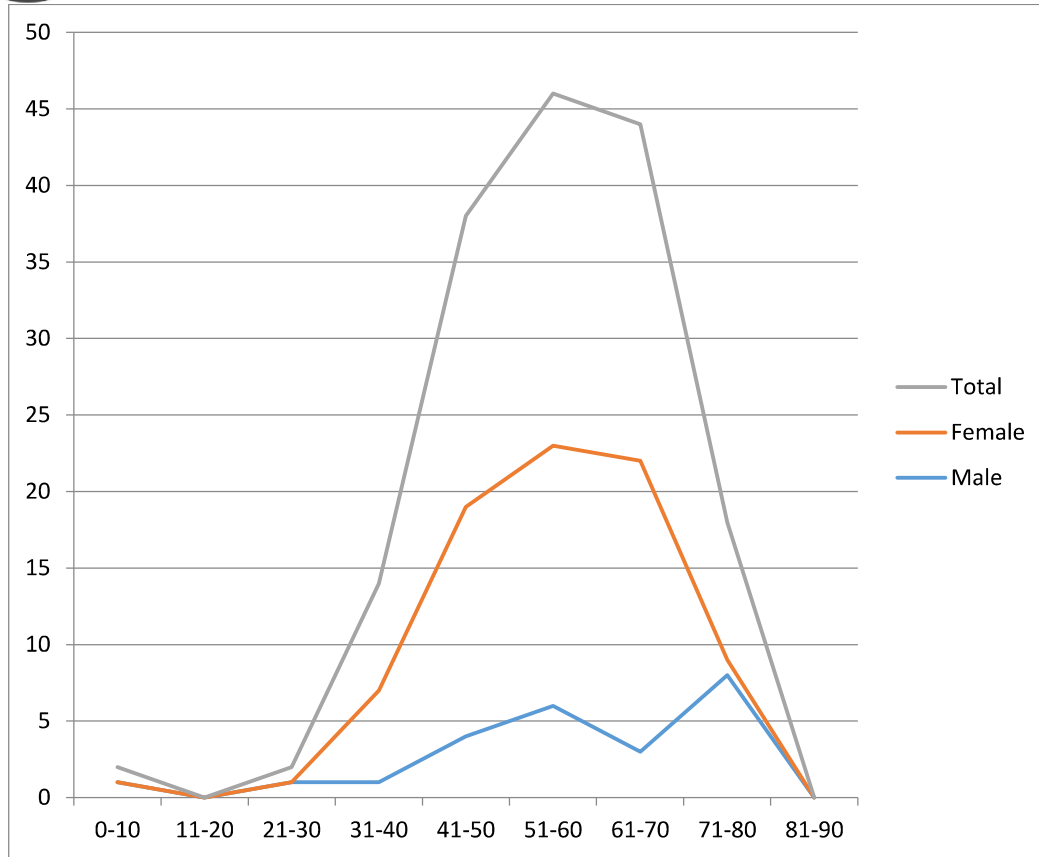
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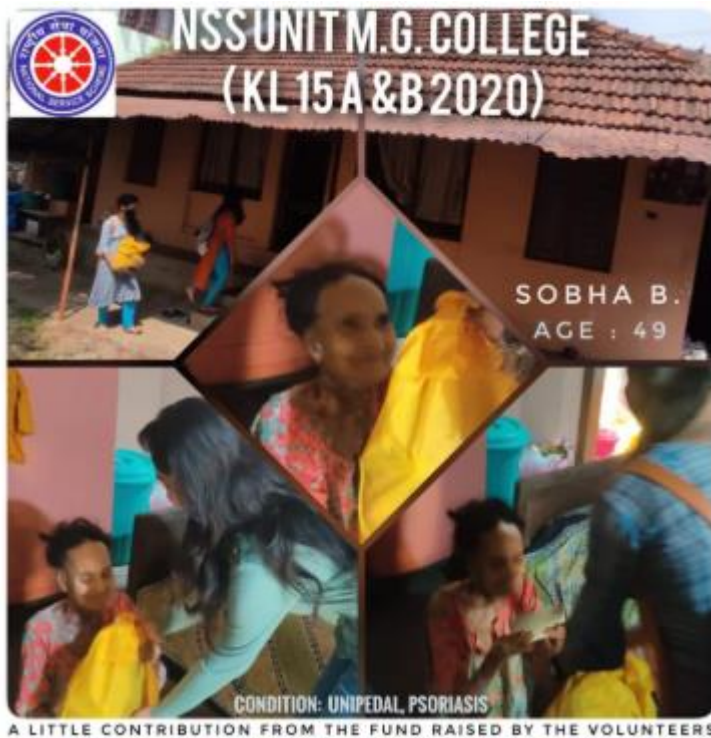
Interacting with the residents.



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Covid Activities World was unprepared for a pandemic. The fictitious concept of a viral epidemic in the 20th century shook the world around. The cure stays a hope and what people could do was controlling the spread. Central and state governments imposed regulations as an infinite lockdown palliative initiative – NSS - February 13, 2021



SOCIAL WORK

(14/07/2021)

Mahatma Gandhi College 1 Kerala Naval unit handed over 80 notebooks to the Divine Children's Home Poojappura. It was received by Mrs Alice Thomas, Director of the organisation.



PRO Defence Trivandrum
@DefencePROTvm

Cadets of 1 Kerala Naval Unit #NCC from MG College, Trivandrum conducted an outreach activity & handed over education support material & stationery to Divine Children's Home located at Poojappura Trivandrum. Mrs Alice Thomas, Director of organisation receiving it from cadets.





← Vellanad Grama Panchayat 🔍

മഹാത്മാ ഗാന്ധി കോളേജ് നേവൽ എൻ സി സി വിഭാഗം വെള്ളനാട് ഗ്രാമപഞ്ചായത്തിലെ ജനകീയ ഹോട്ടലിന് വേണ്ടി 40Kg അരി സംഭാവന ചെയ്തു. ഇതിനായി 1 കേരള നേവൽ കമ്മാന്റിന്റെ ഓഫീസർ മനു പ്രാദാപ് സിംഗ് ഹൂടാ, പ്രിൻസിപ്പിൾ ഇൻ ചാർജ് Dr. ശക്തിബാബു, Dr. ശുഭ സച്ചിദാനന്ദ് (ഡിപ്ലാർട്മെന്റ് ഓഫ് സൈക്കോളജി)ഇവർ നേതൃത്വം നൽകി. ലീഡിങ്ങ് കേഡറ്റ് അഭിജിത് വി.എസ്, കേഡറ്റ് ഡിപിൻ. ഡി. എസ് എന്നിവരിൽ നിന്നും വെള്ളനാട് ഗ്രാമപഞ്ചായത്ത് പ്രസിഡന്റ് ശ്രീമതി കെ എസ് രാജലക്ഷ്മി, വൈസ് പ്രസിഡന്റ് ശ്രീ.വെള്ളനാട് ശ്രീകണ്ഠൻ , മെമ്പർ ശ്രീ. സന്തോഷ് ജി എന്നിവർ ഭക്ഷ്യധാന്യം ഏറ്റെടുത്തു.





PRO Defence Trivandrum ✓

@DefencePROTvm



#NCCKerala

Cadets of 1 Kerala Naval Unit
#NCC from Mahatma Gandhi
College, Trivandrum donated rice
to Vellanad Grama Panchayat
Community Kitchen for **#Covid19**
relief activities.

#JanAndolan



 A. Bharat Bhushan Babu and National Cadet Corps

CHILDREN'S DAY CELEBRATION

(15/11/2021)

1(K) Naval Unit Ncc, Mahatma Gandhi College is celebrating Children's day with the kids in Don Bosco Orphanage. The unit collated and donated stationeries for kids to help them in their studies. The activity was conducted on 15th November 2021 at the orphanage and was led by Cadet Captain Abhijith V.S, Cadet Arunima, Cadet Arathy and Cadet Abhiram. SLt (Dr) Subha Sachithanand and PI Staff accompanied with them.



NCC Day 2020

November 22

In connection with NCC day we prepare 20 liters of cleaning lotion and provided to General Hospital Tvm, in the occasion of COVID-19. This is also highlighted the importance to maintain environmental cleanliness especially during pandemic times. Lotion was prepared by L/cdtAromal S A, CdtHarikrishnan S, Cdt Sachin Kumar and it is provided by L/CdtAromal S A, Cdt Rijith Raj R and Cdt Bihil B Nair.



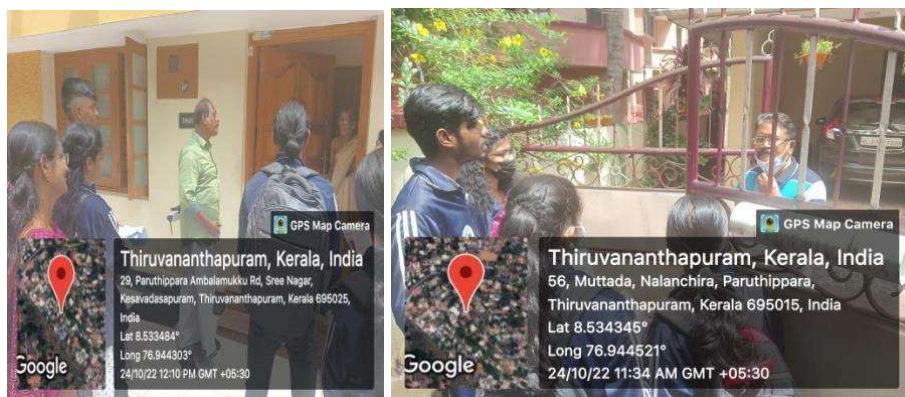
1. Distribution of Books and study materials to the children of Korakulam –our participatory Village on 24/05/2022

Study materials and books collected and donated by the volunteers were distributed to the children in our adopted Village on 24/05/ 2022.



7. Drug free campaign at SreeNagar Residents Association on 24/10/2022

Sree Nagar residence Association is located in paruthipara near to Mahatma Gandhi College. Our volunteers led by Principal, Dr.V.M.Anandakumar, Officials of Excise department, Sri. Hari Kumar, Executive member and Programme Officers, Dr.Chitra.V.s and Dr.Asha.V.G conducted a no to drugs campaign on 24/10/22. The volunteers visited all the houses and interacted with the members.





8. Anti – drug awareness campaign in Korakulam- our participatory Village

Drug free awareness campaign was conducted by the members of Vimukthi Club on 16 /12/2022.





MARCH 8, 2023: DONATION TO CANCER CARE CENTER

As part of the department's best practices, students used the occasion of "Comfest," a day recognized at Mahatma Gandhi College in Trivandrum where students in the commerce department will have the chance to showcase their various talents, to donate money to the Sanadhalayam Cancer Care Center in Thiruvananthapuram. The representative of the Sanadhalayam cancer care center receives the money from the dignitaries collectively.

Objectives


The program was organised with an objective to fulfil the best practice of the department from the fund raised for a celebration event in the campus.

Methodology

The event was inaugurated by Prof. (Dr.) Nandyath Gopalakrishnan, principal, Mahatma Gandhi College, Trivandrum and the chief guest of the program, Sri. Job Kuriyan. Sri. Mahesh M., representative of the Sanadhalayam cancer care centre, Thiruvananthapuram, attended the function to receive the donation from the organisers of the event.

Outcome

The members of the COMET NGO made an celebration event more fruitful with the utilisation of the opportunity to make a donation.


Dr. DILEEP A.S
Assistant Professor & Head
PG Department of Commerce & Research Centre
Mahatma Gandhi College, Thiruvananthapuram

Handing over the amount collected by the students of Commerce Department to Sanadhalyam Cancer Care Centre – 9th March, 2023

