Extension Activities 2018-19

1. River Rejuvenation Activity – Rally for rivers by NSS Unit – 6th June, 2018



2. Awareness Programme on Various Savings Schemes by the Department of Commerce – 22nd June 2018



3. Literacy Survey – AKSHARASREE – by NSS unit- 14^{th} July 2018

As part of the Saksharatha mission, NSS volunteers of the Mahatma Gandhi College, Thiruvananthapuram, participated in the literacy survey. The volunteers went to different places with survey form and soted out the information collected to find out the illiterate.



4. Waste Management Awareness Programme To The Local Destination Nettayam by the Department of Commerce – 2^{nd} August, 2018



5. Collection and packaging of food materials, clothing and other necessary items for Flood relief camps coordinated by the NSS Unit – 16^{th} August 2018











Food collection



Physics department giving the dress purchased for Onam celebration to the collection campaign.

6. Cleaning of houses in the most flood affected region, Chengannur, Alapuzha District – by NSS Unit - 23rd August 2018



Program officer, Dr. Suresh Chandra Kurup coordinating the cleansing activities at Chengannoor.



7. Voluntary Programme for the Flood Relief Activities by Teachers and Students Organized by District Administration coordinated by the Department of Commerce –



8. Awareness Programme On Payroll Preparation To Kudumbasree Unit Of The Local Destination Nettayam by the Department of Commerce -13^{th} September, 2018



9. Friday Market Organic Bazar organised by the NSS Unit-5th October, 2018





10.Environmental awareness Programme by the Department of Commerce 6th October, 2018



11.Blood Donation Camp organised by the Department of Commerce at General Hospital,

Thiruvananthapuram – 6th October, 2018



12.Mental Health Celebrations- Skit performed by the students of Psychology Department on 3rd anniversary of Sanjeevani at Pensioners Bhavan Kesavadasapuram - 7th October 2018



13. Students of Psychology Department performed skit at Saigramam as part of Mental Health Day $-\,10^{\rm th}$ October, 2018





Extension Activities 2019-20

1. Anti-Narcotics Day Rally & Street Play – 26th June 2019





The rally





Presentation and posters



2. Awareness Campaign on GST Return Filing on 30th June, 2019





3. Blood Donation by NSS Unit at Peroorkada District Hospital – 24th July, 2019



4. Environmental Education to School Children of St. Mary's Higher Secondary School by NSS as part of Integrated Science Education Strategy (ISES) -25th July, 2019





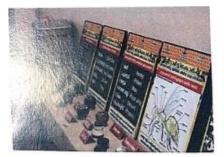


Students of St. Mary's school attending the classes.

Program officer, Dr. Suresh Chandra Kurup conducting the class.

5. Workshop on bee keeping and bee management by the Department of Zoology -2^{nd} August 2019







6. Food materials to the Flood Relief by NCC Navy Wing – 13th August 2019



7. Flood relief activities by the NSS UNIT of the college – 17th August 2019 to 20th August 2019





ollected food items and sanitary essentials



8. Rally and Cleaning of Statue at Kesavadasapuram as part of Swatchatha pakkoda by NCC Naval Wing – 2^{nd} October 2019



9. Distribution of food packages-Bethania Rehabilitation Centre by NCC Naval Wing – $30^{\rm th}$ October, 2019





10. Metro Learning by the Department of Psychology – 18th October, 2019



11. Food materials distribution-Nirmala Shishubhavan, Mother Theresa Unit by NCC Naval Wing – $14^{\rm th}$ November 2019





12. Classes handled by the students of Department of Hindi to the students of St.Thomas Upper Primary School, Pothencode, Thiruvananthapuram - 22nd November 2019



13. Shankumugham Beach Cleaning by NCC Naval Wing - 7th December, 2019



14. Food Package for inmates for Santhwana Cancer Centre by NCC Naval Wing
- 9th December, 2019



15. Students an faculty members of Department of Commerce offering lunch packets to the inmates of SAANTWANAM, a charitable organization for caring cancer patients, Thiruvananthauram – 16th December, 2019



16. Snehaputhappu- Distribution of blankets to inmates of Trivandrum General Hospital by NCC Naval Wing -16th December, 2019



17. Community Health And Support by NSS in the adopted village of Korakulam, Kesavadaspuram $-\,30^{\rm th}$ January, 2020









Doctors on their duty.







Giving free medicines on doctor's description.

18. Training for Women Empowerment by NSS in the adopted village of Korakulam, Kesavadaspuram – March 8^{th} 2020





Volunteers interacting with the women.







Extension Activities 2020-21

1. NSS Volunteers Actively Participating To Control The Spread Of COVID 19 During The Exam $Time-2^{nd}\ June\ to\ 15^{th}\ June,\ 2020$







Volunteeers sanitising the exam hall.



2. COVID RELIEF ACTIVITIES – NCC NAVY – Provided Food Materials, Medicines, Sanitizers
To The Inmates Of St.Ignatius Charity Kendram, Thiruvananthapuram – 1st July 2020



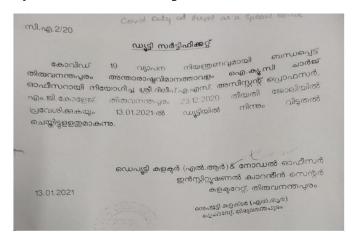
3. Webinar on the topic "Future of career in pandemic" conducted for the students of S.N college, Chathanoor, Kollam- 18th July, 2020



4. Distribution of lotion to the General Hospital Thiruvananthapuram- November 22nd 2020



5. Covid Duty By Faculty Member At The Airport From 23rd December 2020 To 13th January 2021



6. Beach Cleaning At Shankhumukham By NSS Volunteers – February 13th, 2021



7. Palliative Initiative by NSS unit- Distribution of medicines and essential commodities to the palliative care patients - February 13th, 2021



8. Covid-19 Vaccination Volunteering In Mass Vaccination Held At Jimmy George Stadium, Thiruvananthapuram – March 17th 2021





Extension Activities 2021-22

Donating Rice To Community Kitchen at Vellanad Grama Panchayat as part of Covid Relief
 Activity by NCC Naval Unit - 4th June, 2021



2. Handing over stationaries to Divine Children's Home Poojappura by NCC Naval Unit -14^{th} July, 2021



3. Donating Stationaries to Don Bosco Orphanage by NCC Naval Unit as part of Children's Day Celebration – 15th November, 2021



4. PUNEET SAGAR ABHIYAN - Beach Cleaning Activity by NCC Naval Unit as Part of Swacch Bharat Programme at Veli Beach – 19th December, 2021



5. Covid Relief Activity by NCC Naval Unit at Palliative Care Center, Pothencode
- 26th January, 2022



6. Social Service by NCC Naval Unit, as Part of World Happiness Day at Kripalayam Old Age Home, Ulloor – 18th March, 2022



7. Distribution of Books and study materials to the children of Korakulam –our participatory Village on 24th May 2022





Extension Activities 2022-23

1. Swacch Bharat – Beach Cleaning Activity by NCC Naval Wing at Veli Beach in association with "We Grow Forests – an NGO" – 11th June, 2022



2. Food Materials And Medicines To Sarvodhaya Santhi Bhavan Vattapara By The Students Of Department Of Zoology – 11th June 2022



3. Donating Radio to the students of Government School of Visually Impaired, Vazhuthacaud $-14^{\rm th}$ June, 2022



4. Visit to Psychopark by the Students of Department of Psychology – 11th June 2022



5. Legal Awareness Campaign for Adolescence organised by Dept of Economics - 23rd June, 2022



6. SOCIAL SERVICE ACTIVITY - NCC Naval Wing provided lunch and food materials to the destitutes of Sarvodaya Santhibhavan, Vattappara – 8^{th} July, 2022



7. NCC Naval Wing donated Rice to Sneha Sadanam Charitable Trust for the destitute and differently abled -1^{st} August, 2022



8. Extension Activity, at Government Girls High School, Attingal, Thiruvananthapuram By The Department Of Hind, In Commemoration of 142^{nd} Birthday Of Great Poet Munshi Premchand -4^{th} August 2022









9. Pollution Assessment of the second largest pond, Charachira Pond in Thiruvanathapuram District by Department of Zoology & NSS – 26th August 2022



10. Book And Stationaries Donated To The Children Of Agasthya Kudeeram Balika Sadanam, Kottoor by the Department of Zoology– 28th August 2022



11. Supplied mathematical aids to the students of Govt UP School, Kusavarkal, Thiruvananthapuram by Department of Maths as part of Ganitholsavam – 26th August 2022



12. Distribution Of Food Kits To The Korakulam- our participatory Village- 05 September 2022





13. NCC Naval Wing donated food materials and vegetables to the inmates Kripalayam old-age home at Ulloor on World Alzheimer's Day – 21st September, 2022



14. Anti narcotic awareness campaign By NSS Unit at Sanghumukham in association with Rotary club of Trivandrum – 2^{nd} October, 2022



15. Free Eye Check-Up Camp By NCC Naval Wing For The People Of Kesavadasapuram Ward In Collabration With Dr Agarwal's Eye Hospital – 12th October, 2022



16. Swacch Bharat Diwas - Cadets Of The NCC Naval Wing Of Mahatma Gandhi College Cleaned The Ground Near Akulam Tourist Village - 24th October 2022



17. Anti-narcotic campaign – Vimuthi - Wall painting and awareness campaign to the residents of Sreenagar Residence Association, Paruthipara, Thiruvananthapuram, By NSS Unit – 24th October 2022 & 29th October 2022





18. Distribution Of Clothes and Dress Materials to Cancer Survivor By NSS Unit – 28th October 2022



19. Donated books to Govt. LP School Vavode on Children's Day by NCC Naval Wing – 14th November, 2022



20. Visit to Govt H S Vavode – Psychological counselling to students by the department of psychology on Children's Day – 14th Nov, 2022







21. Naval NCC Unit Provided lunch to the inmates of Anugraha Dementia Care Centre
- 4th December, 2022



22. Beach cleaning programme at Vettukkad on Navy Day by NCC Naval Wing - 4th December, 2022



23. Awareness on Energy Conservation by the Naval unit NCC on National Energy Conservation Day
- 14th December 2022



24. Handed over food materials and stationaries to the Missionaries of Charity, Thiruvananthapuram by the Department of Economics – 21st December, 2022



25. Distribution of study materials and toys to students of LMS Centre for Disabled By NSS Unit - 26^{th} December 2022



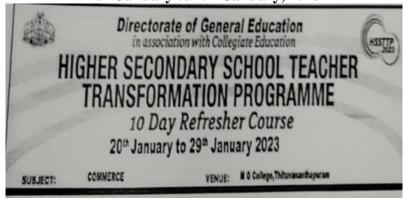
26. Anti – drug Awareness Campaign in Korakulam- Our participatory Village By NSS Unit – 27th December, 2022



27. Naval Cadets handing over New year greeting cards in Braille language to the Visually Impaired Students of Government School for the Visually Impaired Vazhuthacaud on World Braille Day
- 4th January 2023



28. Transformation Programme for Higher Secondary School Teachers—10 Day Refresher Course on Commerce in Association with Directorate of General Education and Collegiate Education—20th January to 29th January, 2023







29. Naval unit NCC handing over a wheelchair to a differently abled student of Government LP School Pulluvila – 25th January, 2023



30. Naval unit NCC handing over diapers and food materials for the bed ridden differently abled child as part of community service -4^{th} February 2023



31. Extension Programme Flashes For The Students Of St Marys Higher Secondary School Organised By The Department Of Chemistry – 23rd February, 2023



32. Naval Unit NCC conducted programs and provided lunch to the inmates of Mahila Mandiram Poojapura on World Women's Day -8^{th} March 2023



33. Handing over the amount collected by the students of Commerce Department to Sanadhalayam Cancer Care Centre – 9th March, 2023



34. Distribution of health care equipments to UPHC, Muttada By NSS Unit -13^{th} March 2023



35. Naval Unit NCC visited Balavikas Special School for Differently Abled children, Peroorkada distributed sweets and spend time with them as part of World Disability Day -15^{th} March, 2023





