5.4. Alumni Engagement

Alumni activities

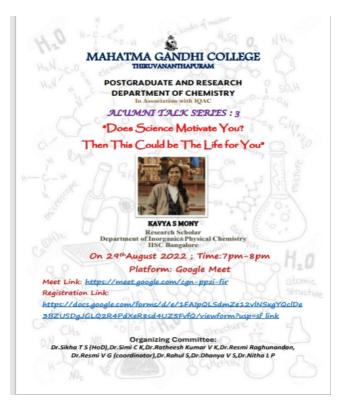
Alumni lecture series of all the department is the initiatives of the college in participating alumni in various activities of the college. Apart from lecture series financial support is extended by the alumni members in the form of scholarship and endowments to those students who achieved remarkable performance in their academic activities. The details of such activities are shown in the following sessions.

Academic Year 2022-23

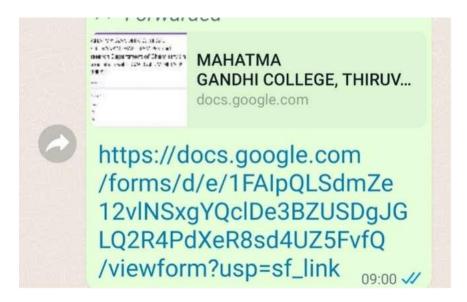
The Alumni Lecture Series conducted by the Commerce department on August 24, 2022, featuring Dr. Anilkumar, Assistant Professor of Govt. Women's College Trivandrum, proved to be an insightful and engaging session for students and research scholars.



An alumni talk was organized and conducted as a part of our alumni talk series on 29th August 2022 in an online mode. Kavya S Mony, our alumnus deilvered(B.Sc 2015-2018 batch), first rank holder in the University of Kerala interacted with our students. Kavya S Mony is currently doing research in the Department of Inorganic and Physical Chemistry, IISC Bangalore.







Alumni Sri Karthik interacted with students on hypnotism and its methods



As part of Alumni Lecture series Dr Meenu S. Assistant Professor, NSS College for Women, Neeramankara, Thiruvananthapuram delivered a lecture on the topic of the presentation was "Familiarisation with Atmospheric Clouds".



The Department of Sociology has an Alumni Association named 'SMRITHI' to strengthen the department with the alumni and expand opportunities for present students to draw support and inspiration from former students.

As part of the "Meet the Alumni Series", the Department of Sociology organised a workshop on the topic "Psycho-Social Intervention for Stress Management through Expressive Art Therapy" on 30th June 2022. This session was handled by one of the Alumni from the Sociology Department, Ms Krishnendu B.S. (2012-15 Pass out). She is a Movement Psychotherapy Practitioner and Social Worker with 7 years of experience in working with groups to address psycho-social issues using expressive art therapy. She is the founder of "NAVEM" an NGO providing a safe and nonjudgemental space for people to express and reflect using Expressive Art modalities.

MAHATMA GANDHI COLLEGE Trivandrum

MEET THE ALUMNI SERIES-4 Organized by DEPARTMENT OF SOCIOLOGY

A Workshop on **PSYCHO-SOCIAL INTERVENTIONS** FOR STRESS MANAGEMENT THROUGH **EXPRESSIVE ART** THERAPY



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Expressive art therapy practitioner/ Social Worker.

SEMINAR HALL

30/06/22

( 1.30 - 3.30 pm

ALLARE INVITED



As a part of Alumni Series, Sociology department conducted a talk on "Mental Health and Social Stigma", on 24 November 2022. This session was handled by one of our alumni Ms.Jayalekshmi P.J., Broadcast Journalist, Kerala Kaumudi. MAHATMA GANDHI COLLEGE

# A talk on **Mental Health and Social** Stigma

### Speaker:

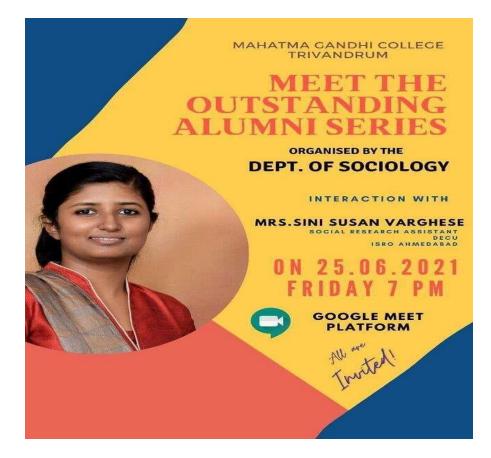
JAYALEKSHMI PJ (Broadcast Journalist Kerala Kaumudi)

24 November, 2022 09:30 am Venue: Seminar Hall

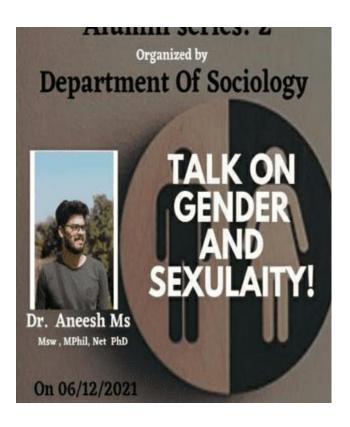


# Academic Year 2021-22

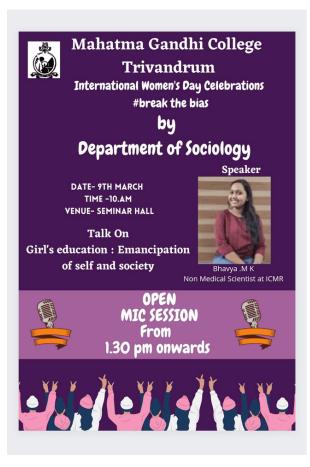
On the 25<sup>th</sup> of June 2021, one of our prominent alumni Mrs. Sini Susan Varghese, Social Research Assistant of ISRO, Ahmedabad took a workshop on the topic 'Qualitative Research Methodology in online platform.



On 6<sup>th</sup> December 2021, Dr. Aneesh M S our alumni member took a lecture on the topic "Gender and Sexuality". The topic was very relevant and closely associated with the subject matter of sociology. He is working as an Assistant Professor in the Department of Sociology, Sree Sankaracharya University of Sanskrit, Kalady, Kerala.



As part of the "Meet the Alumni Series", the Department of Sociology organised a workshop on the topic "Emancipation of self and society" on 6<sup>th</sup> December2021. This session was handled by one of the Alumni from the Sociology Department, Smt Bhavya. M. K .She is working as Non-Medical Scientists at ICMR, Mumbai.





Alumni Sri Vishnu interacted with students on 'Learning Psychology'



### Academic Year 2019-20

As a part of Alumni Initiative Coaching classes for NET and SET examinations for the first and second year M.Com students with the intention of equip them for appearing and clearing UGC NET and SET examinations. The class was handled by one of the Alumni of Commerce Department Dr. Dileep A.S. Assistant Professor.



Academic Year 2018-19

As a part of Alumni Initiative Coaching classes for NET and SET examinations for the first and second year M.Com students with the intention of equip them for appearing and clearing UGC NET and SET examinations. The class was handled by one of the Alumni of Commerce Department Dr. Dileep A.S. Assistant Professor.





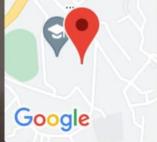
Scholarships and Endowments

- 1. Prof, Krishnan Nair Memorial Scholarship
- 2. Sri. Jeevan Kumar Memorial Scholarship
- 3. Akhila Xavier Memorial Scholarship
- 4. Radhamoni Amma Memorial Edowment
- 5. Balanand Memorial Endowment
- 6. Prof. Kanakavally Amma Memorial Endowment









Thiruvananthapuram, Kerala, India GWJV+R9J, Muttada, Sree Nagar, Kesavadasapuram, Thiruvananthapuram, Kerala 695044, India Lat 8.531909° Long 76.943817° 01/04/23 11:31 AM













Distinguished Alumni

Sri. Bharat(Lt Colonal) Dr. Mohan Lal- Distinguished Cine artist Sri. K N Balagopal – Finance Minister Govt. of Kerala Justice K.S Paripoornan -High Court Judge Prof.M.P. Manmadan - Former Principal Prof.TBK Menon - Former VC CUSAT Dr. M K Ramachandran Nair- Former Vice Chancellor, University of Kerala Dr. K Sasikumar- Former Dean & HOD of Commerce, University of Kerala, Member **Director Board KSFE** Prof. V. Madhusoodanan Nair - Poet and Retired Professor Sri Adoor Gopalkrishna Pillai – Writer and filim Director Sri Padmarajan – Filim Director Sri.Priyadarsan – Filim Director Sri.G.R Anil – Minister Food & Civil Supplies Sri Adoor Bhasi - Distinguished Cine artist Sri. Madhu - Distinguished Cine artist Sri. Murali - Distinguished Cine artist Sri. Devarajan – Music Director Sri. Kavalm Sreekumar – Music Director & Singer Sri Vijayakumar – Former Speaker Dr.Dipa Krishnan- Former HOD of Commerce & Director Chand Academy Dr.Baiju Ramachandran- Practicing Company Secretary Dr. P S Devakumar- Professor (Rtd), Govt. College Sri. Manikuttan- Cine Artist Dr. A V Anoop- MD, AVA group of companies Sri. Ganesh Kumar- MD, Ayoki Fabrications Pvt. Ltd, Pune Sri. V N Jayasankar- MD, Baba Studios Trivandrum Jithu S.P - SAAF Games Member Seesan S. – Member Santhosh Trophy Meenu George – Member Pre- Asian Games Sreekutti J. - International Swimmer