

#### **7.1.4. Institutional efforts/initiatives in providing an inclusive environment**

## **Cultural Celebrations**

- **Onam Celebration**
- **Keralapiravi**
- **Christmas celebration**
- **Holi Celebration**

## Onam Celebrations





Each year, the college commemorates Onam with a range of programs involving both faculty and students, all aimed at preserving culture and promoting the message of unity and sharing, transcending religious differences.

### Christmas celebration





Annually students and faculty alike come together to celebrate Christmas Day, emphasizing the importance of collective festivities in fostering unity. These celebrations serve as a poignant reminder that regardless of individual beliefs, coming together in joyous observance strengthens bonds and reinforces the sense of togetherness within the college community.



## Keralapiravi Celebration



## Holi Celebration



## രാമായണോത്സവം 2022 - റിപ്പോർട്ട്

11      ആഗസ്റ്റ്      2022



മഹാത്മാ ഗാന്ധി കോളേജിലെ മലയാള വിഭാഗം നടത്തിയ രാമായണോത്സവത്തിന്റെ ഉദ്ഘാടനം ചീഫ് സെക്രട്ടറി വി.പി.ജോയ് ഉദ്ഘാടനം ചെയ്യുന്നു. പ്രിൻസിപ്പാൾ ഡോ.വി.എം.ആനന്ദകുമാർ, ഡോ.എ.രമാദേവി, ഡോ.എസ്.വി.ആര്യാംബിക, എൻ.കെ.സുനിൽകുമാർ, ബി.ഒ.അയ്യപ്പദാസ് എന്നിവർ സമീപം

മഹാത്മാഗാന്ധി കോളേജിലെ ബിരുദാനന്തരബിരുദഗവേഷണകേന്ദ്രമായ മലയാളവിഭാഗം കോളേജ് ഐ ക്യൂ എ സി-യുമായി ചേർന്ന് 2022 ആഗസ്റ്റ് 11-ന് കോളേജിന്റെ സെമിനാർ ഹാളിൽവെച്ച് രാമായണോത്സവം -2022 ആചരിച്ചു. ബിരുദവിദ്യാർത്ഥിനി സീമ ജി. എസ് ചൊല്ലിയ പ്രാർത്ഥനയോടെ രാമായണോത്സവം രാവിലെ പത്തുമണിക്ക് ആരംഭിച്ചു. രാമായണോത്സവത്തിന്റെ കോ-ഓർഡിനേറ്ററും കവയിത്രിയും സംസ്കൃതവിഭാഗം അസി. പ്രൊഫസറുമായ ഡോ ആര്യാംബിക എസ് വി വന്നെത്തിയ എല്ലാവർക്കും സ്വാഗതം ആശംസിച്ചു. മലയാളവകുപ്പധ്യക്ഷ ഡോ. എ രമാദേവി സഭയുടെ അധ്യക്ഷപദവി വഹിച്ചു. രാമൻ തന്റെ കർമ്മപൂർത്തിയായി നടത്തിയ അയനമാണ് രാമായണം എന്ന തരത്തിൽ ടീച്ചർ തന്റെ അധ്യക്ഷപ്രസംഗത്തിൽ രാമായണത്തെ വ്യാഖ്യാനിച്ചുവെച്ചു. രാമായണത്തിന്റെ പാരമ്പര്യത്തെപ്രതി പ്രഭാഷണം നടത്തുകയാണ് ആമുഖപ്രാസംഗികനായ, മഹാത്മാഗാന്ധി കോളേജ് പ്രിൻസിപ്പാൾ ഡോ. വി എം ആനന്ദകുമാർ, ചെമ്പ്ലത്ത്. ഒരു സാഹിത്യകാരൻകൂടിയായ ബഹുമാനപ്പെട്ട കേരള ചീഫ് സെക്രട്ടറി ഡോ. വി പി. ജോയ് ആണ് രാമായണോത്സവം 2022-ന്റെ ഉദ്ഘാടനകർമ്മം നിർവഹിച്ചത്. സമ്മേളനം വിളക്കുകൊളുത്തി ഉദ്ഘാടനം ചെയ്തശേഷം, അദ്ദേഹം മുഖ്യപ്രഭാഷണം നടത്തി. രാമായണത്തെ കേവലം രാജാവിന്റെ കഥയായ് കാണരുതെന്നും അത് മനുഷ്യജീവിതത്തിന്റെ കഥയാണെന്നും അദ്ദേഹം പറഞ്ഞു. തുടർന്ന്



രാമായണത്തിന്റെ സാഹിത്യസഞ്ചാരത്തെ എഴുത്തച്ഛനിലൂടെയും കുമാരനാശാനിലൂടെയും അവതരിപ്പിച്ചു. കുമാരനാശാൻ സീതയുടെ പക്ഷത്തുനിന്ന് ഉന്നയിക്കുന്ന വിമർശനങ്ങൾക്ക് കൃത്യമായ രാമപക്ഷമറുപടി കണ്ടെത്താൻ കഴിയാത്തതിനാൽ താൻ 'രാമാനുതാപം' എന്നൊരു കൃതി എഴുതിയതായും അദ്ദേഹം സൂചിപ്പിച്ചു. കൗൺസിൽ സെക്രട്ടറി ശ്രീ എൻ. കെ സുനിൽകുമാർ പരിപാടിക്ക് ആശംസകളർപ്പിച്ചു. ബിരുദവിദ്യാർത്ഥിനി സ്നേഹ എസ് കുമാറിന്റെ നന്ദി പ്രകാശനത്തിലൂടെ ഉദ്ഘാടനസമ്മേളനം സമാപിച്ചു. തുടർന്ന് പലമൊഴി രാമായണം അവതരിപ്പിക്കപ്പെട്ടു. വാത്മീകി രാമായണം, ആദ്ധ്യാത്മരാമായണം, കമ്പരാമായണം, രാമചരിതമാനസം, മാപ്പിളരാമായണം, അദ്ധ്യാത്മരാമായണം - ഇംഗ്ലീഷ് പരിഭാഷ എന്നിങ്ങനെ പലമൊഴികളിലുള്ള രാമായണഭാഗങ്ങൾ അവതരിപ്പിക്കപ്പെട്ടു. ഉച്ചകഴിഞ്ഞ് മഹാത്മാഗാന്ധി കോളേജിലെ വിവിധ വിഭാഗങ്ങളിൽനിന്നുൾ വിദ്യാർത്ഥികളുടെ പങ്കാളിത്തത്തോടെ രാമായണപ്രശ്നോത്തരി സംഘടിപ്പിച്ചു.

രാമായണവ്യാഖ്യാനങ്ങൾകൊണ്ടും പലഭാഷകളിലൂടെയും കാലഘട്ടങ്ങളിലൂടെയുമുള്ള രാമായണത്തിന്റെ സഞ്ചാരംകൊണ്ടും അവയെക്കുറിച്ചുള്ള പുതിയ അറിവുകൾകൊണ്ടും രാമായണോത്സവം രാമായണത്തിലൂന്നിയ സാംസ്കാരികോത്സവമായി പരിണമിച്ചു.

**Moral Values and Belief Upliftment:**  
**Open Space Discussion: 'Morality and Beliefs'**

**Date: 15<sup>th</sup> December 2022**

Students shared their views regarding various ideas on morality and beliefs. 7 Students participated and was moderated by the Club convenor Ms Sruthi S.

Mahatma Gandhi College

# OPEN SPACE

TOPIC:

"MORALITIES & BELIEFS"



What are your belief systems and moralities? Are you ready to trump everything you've learnt in light of new evidence?

**1 PM** DECEMBER  
15TH  
ROOM NO. 204,  
ECO. DEPARTMENT



***Debate Club Presents***



Lend a Hand for your fellow student ‘SATI’ , a new charity endeavor is started by Hindi Department in MG college Trivandrum. It aims in supporting economically backward students. Official inauguration was conducted on 29/08/2022 at college seminar hall by Srimati Dr.Ushakumari J.B , HOD Hindi Department. The event was also attended by College council secretary Prof N.K Sunil Kumar, PTA secretary Dr Shivu A R, IQAC coordinator Dr.Rathish Kumar V K, Sathi coordinator and Associate prof in Hindi Department Dr T Sreedevi , Dr.Binu Kumar B J Assistant prof economics Dept, Teachers of Hindi Department Dr Usha Kumari K P, Dr Jayakumari K, Dr Gayathri N, Dr Rajesh Kumar R, Dr Anoop Krishnan, Dr Lekshmi S S. Postgraduate students were also in attendance.



# LEARNING MATERIALS AND ACCESSIBILITIES

**Scribe**

6		Date 17/02		113 AN (2-5 PM)		7	
Name		No. a/c		Setor		Membes. s.d	
1) Puri k. Udy	140 21 118 032				Nil		879209
2) Adh. st. B	155 22 118 046				Adh. st. B 8590637205		846337
3) Adh. st. B. W	140 22 118 040				Nil		852320
4) Adh. st. S3	159 22 118 026				Adh. st. S3 4070301148		879033
5) R. G. st. k.	156 22 118 032				Bismila A 999585201		879201
6) Sondra. s. R	115 22 118 043				Anugrah BS 811198692		879203
7) J. c. st. k. v. 3	140 22 118 036				Nil		879202
8) Renge. v. st. k.	857 22 118 008				Nil		888527



24/01/23 (Monday)

22

Sl. No.	Name	Register No.
1.	Abhizarrat G.S	159 20 118 020 ✓
2.	Mekha Sharma	156 20 118 037 ✓
3.	NELSON SAN CRISTIAN	159 20 118 056 ✓
4.	Abhil. A.P.	159 20 118 022 ✓
5.	Mujeeb Rahman S	230201807 ✓
6.	AJINA ANWAR M.A	115 20 118 008 ✓
7.	ADARSH N	140 20 118 004 ✓
8.	AMITHAB N	140 20 118 003 ✓
9.	Pooja V. Rao	257 20 118 036 ✓
10.	ROHITH K.S	140 20 118 030 ✓

23

U. O number	Scribe Name	Sheet No.	Sign.
No. EA-1/506/P/11/1/41	Self writing	35771	Ash
No. EA-1/506/P/1-2/201	Abhinav K.R 6298187893	35 805	Mekha
No. EA-1/506/P/1-3/201	Abhilash S 9656795634	7984	Ash
	Abhil. A.P. (Self) 90711 0266	35910	Ash
	Mujeeb Rahman S (Self) 819051686	35911	Ash
	Ajina Anwar 230201808 (Self)	7956	Ash
	Nishant N 900001510	7957	Ash
	ANIL P J V 7994816976	73910	Ash
	Pooja V. Rao 603843066	78663	Ash
	KAVYALEKSHMI K 912749412	7760	Ash

24/01/23 (Monday)

22

Sl.No.	Name	Register No.
1.	Abhizant G.S	189 20 118 020 ✓
2.	Mekha sharma	156 20 118 037 ✓
3.	NELSON GAN CRANLAM	159 20 118 056 ✓
4.	Abhil. A.P	159 20 118 822 ✓
5.	Mujeeb Rahman S	2320218007 ✓
6.	AJINAZAR M.P	115 20 118 008 ✓
7.	ADARSH N	140 20 118 004 ✓
8.	AMITHAB N	140 20 118 003 ✓
9.	PIONA V.ROJ	259 20 118 036 ✓
10.	ROHITH K.S	140 20 118 030 ✓

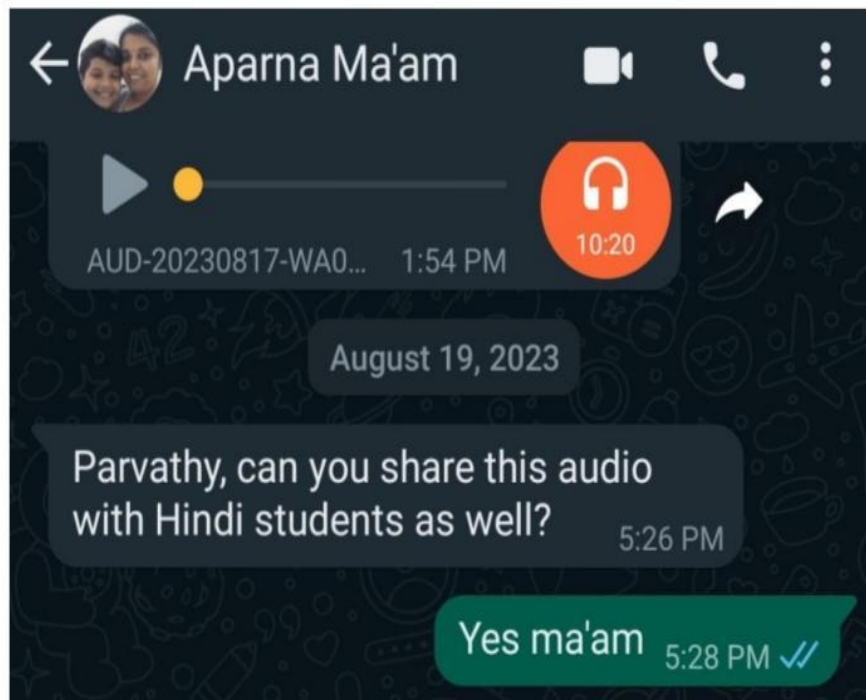
23

23

U. O. number	Scribe Name	Sheet No.	Sign.
No. EA-1/508/P/115/44	Self writing	30721	Abh.
No. EA-1/508/P/115/20/202	Abhiram K.R 6292187893	35 805	Mekha
No. EA-1/508/P/115/20/202	Abhilash S 9656795634	7984	Abh.
	Abhil. A.P (Self)	35910	Abh.
	920711 0246		
	Mujeeb Rahman S 8170584686	35911	Mujeeb
	AJINAZAR M.P (Self)	7956	Abh.
	MURAN M 90004102	7957	Abh.
	ANoop J.V 7994816976	73910	Anoop
	ROUNICE D. NOY 6032443266	78663	Rounice
	KAVVALEKSHMI K 917749412	7160	Rohith

Audio clips provided by the teachers for students 2022-2023

Audio clip provided for English



Audio clip provided for Russian language





## **Financial Support and Scholarship :**

Every year college provides an awareness program about various scholarships and financial support for the students.

**2018**



**2019**



**2022**



2023



## Community Support

2018-19

Cotton Hill school is one of the major Government school in the city where thousands of student's study. Due to the dangerous situation of road crossing an over bridge was constructed but majority of the students did not use the facility. The **Psychology** students during January 2019, through various methods and interventions made the students understand the importance of using the bridge. A newspaper published this as an article.



2019-20

- **ORU PIDI CHORU**

Oru Pidi Choru is a program where every student bring one packet of Lunch and this is collected and distributed to the needy people in different parts of the city. This



was a program organized by Sri Aravindan, Assistant Professor of English. The students of the Psychology Department actively participated in bringing lunch, collecting, and taking it to the respected people. This was a program that instilled social responsibility in the students.



- **TALES OF SURVIVAL**

Sri Syam Kumar of 1st BSc Psychology is a fighter. He was born with 3 kidney and none of the kidneys are properly working them were working. He has a false leg and yet he cycles, does trekking and does sculpturing. He also gives motivational talks. For his kidney surgery, Syam Kumar was given fund donated by Indiana Malayalee Association and faculties of MG College. Syam and his mother Smt Syamala shared the survival tale of Syam. IQAC and Department of Psychology had organized the program titled " Tales of Survival" on 25/11/2019. Dr M.S Anil Kumar Principal MG College, presided over the function which was inaugurated by Dr M R Sudarsan Kumar, Former Principal of MG college. Tales of survival were told by them and the other speakers which included Sri Anil Arjunan, Director of NGO Anania, Dr. Lakshmipriya, Senate Member ,Kerala University, Dr S R Jayasree, Council Secretary, and Dr Ramesh Kumar, IQAC member.



**13th August 2019**

Kerala went through a disaster, NCC Naval cadets collected the dry food items from various sources and handed over to the Principal of MG college.



**30th October 2019**

Naval cadets extended their activities outside the campus by giving food to the Bethania Rehabilitation center. Bethania Rehabilitation Centre is a center for the rehabilitation of the physically disabled women at Kumarapuram, Trivandrum, Kerala, India. The center was started on 1 June 1988. The center is managed by the Bethany Sisters.



### **14th NOVEMBER 2019**

Naval Wing again extended their arms of humility to the needy. On children's day Naval wing celebrated with Nirmala Shishubhavan, Mother Teresa unit which consists of 23 childrens of age range from 2-6 years. They were given fruits, food materials, balloons while joining celebration.



### **9 th December 2019**

Naval wing cadets provided food package for the inmates of SANTHVANA CANCER CENTER



എംജി കോളേജിലെ എൻസിസി നാവിക വിഭാഗത്തിന്റെ നേതൃത്വത്തിൽ 'പട്ടിണി ഇല്ലാ പട്ടണം' പരിപാടി സംഘടിപ്പിച്ചപ്പോൾ

### 'പട്ടിണി ഇല്ലാ പട്ടണം' പരിപാടി

തിരുവനന്തപുരം: എംജി കോളേജിലെ എൻസിസി നാവിക വിഭാഗത്തിന്റെ നേതൃത്വത്തിൽ 'പട്ടിണി ഇല്ലാ പട്ടണം' പരിപാടി സംഘടിപ്പിച്ചു. വിശക്കുന്നവർക്ക് ഭക്ഷണം നൽകുന്ന പദ്ധതിയിൽ 92.7 ബിഗ് എഫ്എം ആർജെ സൂമി പദ്ധതിയുടെ നന്മകളെപ്പറ്റി കേന്ദ്രകളോട് സംസാരിച്ചു. 50 ഓളം കേന്ദ്ര

ഗാന്ധി കോളേജ് പ്രിൻസിപ്പാൾ ഡോ. എം.എസ്. അനിൽ കുമാർ, നേവൽ കമാൻഡിംഗ് ഓഫീസർ അബ്ദുൾ സത്താർ, സൈക്കോളജി വിഭാഗം അസിസ്റ്റന്റ് പ്രൊഫസർ ഡോ. സുജാ സച്ചിത്താനന്ദ് എന്നിവർ സംസാരിച്ചു. എൻസിസി നേവൽ വിംഗ് കേന്ദ്രകൾ സാത്ത്വന കമാൻഡർ സെന്റിന്



# 16<sup>th</sup> December 2019

Naval cadets provided blankets to ward 9 inmates...

## സ്നേഹ പുതപ്പുമായി എൻസിസി നേവൽ ഗ്രൂപ്പ്

Friday 17 January 2020 3:22 pm IST



**തിരുവനന്തപുരം:** ആശുപത്രിയിൽ ആരോഗ്യമില്ലാതെ ചികിത്സ തേടിയ അന്തേവാസികൾക്ക് സ്നേഹ പുതപ്പുകളുമായി എൻസിസി കേഡറ്റുകൾ. മഹാത്മാ ഗാന്ധി കോളജിലെ വൺ കേരള നേവൽ കേഡറ്റ് കോർ യൂണിറ്റിന്റെ നേതൃത്വത്തിലാണ് തിരുവനന്തപുരം ജനറൽ ആശുപത്രിയിലെ അന്തേവാസികളായ രോഗികൾക്ക് സ്നേഹ പുതപ്പുകൾ വിതരണം ചെയ്തത്.

**2020-21**

**COVID RELIEF ACTIVITIES BY COLLEGE**

Our covid relief activities include Handing over relief materials, Video on quarantine activities and covid volunteers duty. Saranya Devi T.S herself made 50 masks and provided two days provisions, vegetables, fruits and hand sanitizers to 82 inmates of St.Ignatius charity kendram. The inmates were also given awareness about Covid 19 by students.



## COMMUNITY DEVELOPMENT PROGRAM

We organized a Webinar in connection with the community development program in rural area, on the topic“Future of career in pandemic” for the students of S.N college, chathanoor on **18<sup>th</sup> July 2020**.The webinar was conducted on the google meet platform. The resource person for the webinar was Dr.Jayaraj .B, Department of psychology, M. G. College.

The session was ended up by the vote of thanks of Kiran mohan, Asst Professor of Malayalam in S. N College. Altogether 101 students participated in the webinar on google meet .



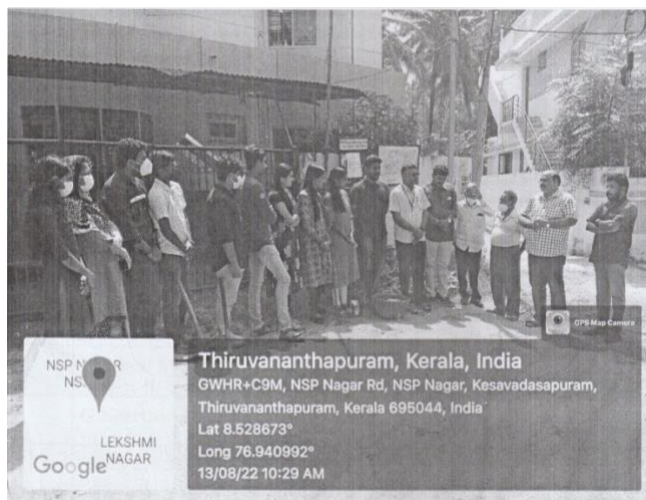
In connection with NCC day cadets prepared 20 liters of cleaning lotion and provided to General Hospital Tvm, in the occasion of COVID-19. This is also highlighted the importance to maintain environmental cleanliness especially during pandemic times. Lotion was prepared by L/cdtAromal S A, CdtHarikrishnan S, Cdt Sachin Kumar and it is provided by L/CdtAromal S A, Cdt Rijith Raj R and Cdt Bihil B Nair.





## 2021-22

As part of India's 75 th Independence Day celebration 'Azaadi Ka Amrit Mohotsav', Sanjeevani; the Sociology subject association of Mahatma Gandhi College alongside NSP Nagar Residents' Association conducted a cleaning drive in Kesavadasapuram on 13 th August 2022, Saturday. Corporation Councilor Adv. Amsu Vamadevan inaugurated the programmed. Principal Dr. V.M Anandakumar presided over the function. The Cleaning drive was led by College Council Secretary Mr. N.K. Sunilkumar, Resident's Association Secretary Adv. Ravikrishnan N.R. and Mr. Johnny. The welcome speech was delivered by Mr. Rajan and student Representative Ms. Nirupama A.V. proposed vote of thanks.



**COVID RELIEF ACTIVITIES( 04/06/2021 )**

As the COVID-19 crisis continues to loom over us, the naval cadets of Mahatma Gandhi college has taken a decision to donate rice to Community Kitchen.

Hence planned to donate 40 kg rice to Vellanad gramapanchayat community kitchen. Leading cadet Abhijith vs and cadet Dipin D S were handover the rice to vellanad panchayat in the presence of MP Adoorprakash, panchayat president SmtRajalekshmi, vice president Sreekandan and other members of panchayat







← Vellanad Grama Panchayat 🔍

മഹാത്മാ ഗാന്ധി കോളേജ് നേവൽ എൻ സി സി വിഭാഗം വെള്ളനാട് ഗ്രാമപഞ്ചായത്തിലെ ജനകീയ ഹോട്ടലിന് വേണ്ടി 40Kg അരി സംഭാവന ചെയ്തു. ഇതിനായി 1 കേരള നേവൽ കമ്മാന്റിന്റെ ഓഫീസർ മനു പ്രാദാപ് സിംഗ് ഹൂടാ, പ്രിൻസിപ്പിൾ ഇൻ ചാർജ് Dr. ശക്തിബാബു, Dr. ശുഭ സച്ചിദാനന്ദ് (ഡിപ്പാർട്ട്മെന്റ് ഓഫ് സൈക്കോളജി )ഇവർ നേതൃത്വം നൽകി. ലീഡിങ്ങ് കേഡറ്റ് അഭിജിത് വി.എസ്, കേഡറ്റ് ഡിപിൻ. ഡി. എസ് എന്നിവരിൽ നിന്നും വെള്ളനാട് ഗ്രാമപഞ്ചായത്ത് പ്രസിഡന്റ് ശ്രീമതി കെ എസ് രാജലക്ഷ്മി, വൈസ് പ്രസിഡന്റ് ശ്രീ.വെള്ളനാട് ശ്രീകണ്ഠൻ , മെമ്പർ ശ്രീ. സന്തോഷ് ജി എന്നിവർ ഭക്ഷ്യധാന്യം ഏറ്റെടുത്തു.







**PRO Defence Trivandrum** ✓

@DefencePROTvm



**#NCCKerala**

Cadets of 1 Kerala Naval Unit  
**#NCC** from Mahatma Gandhi  
College, Trivandrum donated rice  
to Vellanad Grama Panchayat  
Community Kitchen for **#Covid19**  
relief activities.

**#JanAndolan**



 A. Bharat Bhushan Babu and National Cadet  
Corps

(14/07/2021)

Mahatma Gandhi College 1 Kerala Naval unit handed over 80 notebooks to the Divine Children's Home Poojappura. It was received by Mrs Alice Thomas, Director of the organisation.



**PRO Defence Trivandrum** ✓  
@DefencePROTvm

Cadets of 1 Kerala Naval Unit #NCC from MG College, Trivandrum conducted an outreach activity & handed over education support material stationary to Divine Children's Home located at Poojappura Trivandrum. Mrs Alice Thomas, Director of organisation receiving it from cadets.



## CHILDREN'S DAY CELEBRATION

(15/11/2021)



Mahatma Gandhi College students celebrated Children's day with the kids in Don Bosco Orphanage. Donated stationeries for kids to help them in their studies.

### COVID RELIEF ACTIVITY (26-01-2022)



Mahatma Gandhi college students celebrated Republic Day in the midst of the pandemic, by giving 50 lts of cleaning lotion prepared by the cadets



The cadets of naval unit ncc, as a part of world happiness day on 18/03/2022 has donated clothes which they have collected among themselves to kripalayam old age home , ulloor. The collected materials were handed over to Mrs sheeba, the manager of kripalayam old age home. The cadets visited the residents of kripalayam old age home. The program was led by L/Cdt saiganga , Cadet Jeeva , Cadet Arathi, Cadet Mathew and Cadet Ashwin.





Bridge Ln, Ulloor Garden, Ulloor, Thiruvananthapuram,  
Kerala 695011, India

Latitude  
8.5297788°

Longitude  
76.9313561°

Local 01:01:02 PM  
GMT 07:31:02 AM

Altitude 0 meters  
Friday, 18-03-2022

GPS Map  
Camera Lite

**2022-23**

**BEACH CLEANING ACTIVITY**

**(11-06-2022)**

In association with ‘We grow forest foundation’, cadets from Mahatma Gandhi College participated in “ Clean shoreline, the sea of change” programme , which is an initiative to clean beaches and to aware people about the necessity to keep shoreline neat. The programme was conducted on 11<sup>th</sup> of June , 2022 at 3pm in Veli beach. As a part of this, 20 cadets from Mahatma Gandhi college were informed to assemble in front of Veli tourist village at the scheduled time. After the cleaning programme, refreshments were provided to all attendees. Further the gathering was dispersed.



## SOCIAL SERVICE ACTIVITY

(08-07-2022)

As part of the monthly charity initiative, the cadets of 1(K) Naval Unit NCC Mahatma Gandhi college provided lunch for the Sarvodaya Santhibhavan, Vattappara. The institution provides shelter to the people who are devoid of homes and straying on streets, with the assistance of police. Around 70 packets of lunch was handed over to the Secretary Mr. John R on 8<sup>th</sup> July 2022.





### Social service activity (01/08/2022)

As part of the monthly charity initiative, the cadets of 1(K) Naval Unit NCC Mahatma Gandhi college donated 35 kg of rice to the President of Sneha Sadanam Charitable Trust, Mr Rajeesh Srinivasan. Snehasadanam takes care of people who are mentally and physically challenged and deprived of any societal support. Most of them are orphans. There are around 37 inmates in the age range of 12 to 85 years.





## Being with the Elders

The meeting commenced with a welcome speech by Dr. N. Gopala Krishnan Nair, Secretary, Kerala Gandhi Samaraka Nidhi. Dr. Shobha B. Nair, Chariperson, Center for Gerontological Studies introduced the hon'ble resource person with brevity and clarity. The inaugural address and talk was conducted later on "The Experiences of Aged People and it's Creative Utilization" by Dr. N. Radhakrishnan, Chairman, Kerala Gandhi Samaraka Nidhi. The talk attempted to give an insight into how the experiences of aged people can be utilized creatively. A very systematic presentation was carried out by Dr. N. Radhakrishnan on the experiences of Aged People. He point out how empathetically we should know about the experiences of aged people and utilize them effectively for the future uses. After the lecture resource person Dr. N. Radha Krishnan interacted with the participants. Numerous questions were raised and subjected to discussions. Dr. P. Prathapan, Director, for Gerontological Studies proposed vote thanks to the Chief Guest and participants making the programmed and grand success.



deeper  
Centre  
of  
for

To raise the awareness of the condition of Alzheimer's and to discover the strategies to combat with it ; The Cadets of Mahatma Gandhi college 1(K) Naval unit NCC conducted a social service activity on world Alzheimer's day , 21th





September 2022 by providing vegetables to the Kripalayam old-age home at Ulloor. The vegetables were handed over to the Manager of Kripalayam old-age home Mrs. Sheeba Vinayan. There is 40 female inmates, where most of them are suffering with Dementia.

### SOCIAL WORK (12-19-2022)

**MAHATMA GANDHI COLLEGE TVM**  
**1 (K) NAVAL UNIT NCC**

IN ASSOCIATION WITH  
**Dr. Agarwal's**  
Eye Hospital

The Covid related pandemic has led to a sharp increase in our screen time, owing to virtual education, work from home, video conferences, online entertainment, gaming, shopping and video chatting. After covid, all are facing eye issues, especially dryness due to overuse of electronic gadgets.  
Are You feeling such uncomfortable in your Eyes?

**NCC NAVAL WING OFFERS**

**FREE**  
**EYE CHECK-UP CAMP**

**THEN LET'S DO A CHECK-UP**  
**ALL ARE INVITED**

**12/10/2022**  
10am-1.30pm  
@Seminar Hall



**FREE EYE CHECK-UP CAMP**

In connection with World Sight Day, the NCC Naval wing of Mahatma Gandhi college in association with Dr Agarwal's Eye Hospital conducted a free eye check-up camp on 12<sup>th</sup> October 2022. World Sight Day is observed to bring focus on the importance of eye care and to call global partners and members to help show the world how important eye health is along with World leaders to ensure eye care is accessible, inclusive and affordable to everyone, everywhere.

## WORLD DISABILITY DAY IN BALAVIKAS SCHOOL

Students spent time with differently abled children at Balavikas Special School. They conducted cultural programs and played different games.





## SWACHH BHARATH DIWAS (24-10-2022)



As part of Swatch Bharat Diwas, cadets of the NCC Naval wing of Mahatma Gandhi College cleaned the ground near Akulam Tourist Village on 24<sup>th</sup> October 2022 from 9:30 am to 10:30 am. {Swatch Bharat Divas is celebrated on October 2<sup>nd</sup> to honour the dream of Mahatma Gandhi to build a clean India.} The waste collected by the cadets was transferred to the municipal corporation to be discarded.

### BOOK DONATION PROGRAMME

In connection with Children's Day, NCC Naval Wing of Mahatma Gandhi College donated books to lower primary school students of Govt. LP School Vavode on 14<sup>th</sup> November 2022. India observes Children's Day to promote awareness of the rights, protection, and education of children. It is celebrated on 14 November every year on the birth anniversary of the First Prime Minister of India, Pandit Jawaharlal

Nehru. A total of 75 books were handed over to Sri K. Prakash, Principal of the school and the students by the cadets along with sweets and balloons. Following which the cadets entertained the children by singing a song and narrating a story.



## WORLD BRAILLE DAY (04/01/2023)

As part of World Braille day, The Naval Cadets of Mahatma Gandhi college handed over New year greeting cards written in Braille language to the Visually Impaired Students of Government School for the Visually Impaired Vazhuthacaud, Tvm. Every year January 4 is observed as World Braille Day to raise the importance of Braille, which serves as a communication medium for fully and partially sighted people.

Kerala & Lakshadweep directorate, PRO Defence Trivandrum, Indian Armed forces, and principal Spokesperson, Ministry of Defence Government of India retweeted the post.



↻ A. Bharat Bhushan Babu Retweeted



**PRO Defence ...** @Defen... · Jan 4 ...

As part of [#WorldBrailleDay](#) the Naval Cadets of Mahatma Gandhi College, Trivandrum handed over [#NewYear](#) greeting cards written in Braille language to the Visually Impaired Students of Government School for the Visually Impaired Vazhuthacaud, Trivandrum. [#NCC](#)



A. Bharat Bhushan Babu and 2 others

**Indian Armed Forces Retweeted**

On Jan 4 2022 World Braille day, The Naval Cadets of Mahatma Gandhi college hand-over New year greeting cards written in Braille language to the Visually Impaired Students of Government School for the Visually Impaired Vazhuthacaud ..@HQ\_DG\_NCC @KER\_LAK\_DTE @DefencePROTvm <https://t.co/MUc1hhQ5zd>








**NCC DTE KERALA &... @KE... · 26m ...**

We are a Family

As part of World Braille day, Cadets of Mahatma Gandhi college from 1 KNU NCC handed over New year greeting cards written in Braille language to the Visually Impaired Students of Government School for the Visually Impaired



NCC DTE KERALA & LAKSHADWEEP and 3 others

Video link  :-

[https://twitter.com/ncc\\_mg/status/1610620596148400128?s=20&t=m9cgV1LWn1n9awy9WXoXxg](https://twitter.com/ncc_mg/status/1610620596148400128?s=20&t=m9cgV1LWn1n9awy9WXoXxg)

### Supporting Hand to the Needy.

The cadets of Mahatma Gandhi College 1 (K) Naval unit NCC handedover a wheelchair to a differently abled 7 year student of GOV Mohamthan LP School Pulluvila. Also shared dress to him and gave sweets to the school children.

The place is densely populated and Asia's largest panchayat having more number of differently abled population.

Naval cadets also gave pediasure to a 12 year bedridden child's father at their residence.




Video link  :-

[https://twitter.com/ncc\\_mg/status/1618262203769180160?s=20&t=bAVW1PidlFtcazhxfuHDA](https://twitter.com/ncc_mg/status/1618262203769180160?s=20&t=bAVW1PidlFtcazhxfuHDA)

**MARCH 2023**

**INTERNATIONAL WOMEN'S DAY(08/03/2023)**

As part of International Women's Day ,cadets of 1 (K) Naval Unit NCC Mahatma Gandhi College conducted programs and provided lunch to the inmates of Mahila Mandiram at poojapura , An organization working with the aim of protection ,welfare and rehabilitation of Widows, Divorced, Deserted and Destitute Women above 18 years who have nobody to look after. The institution is run by State Government. The Superintendent Smt Beena S R commented that this is the first time college students are visiting them and it's a cherishing moment for them.

Video link  :-[https://twitter.com/ncc\\_mg/status/1638867540062478336?s=20](https://twitter.com/ncc_mg/status/1638867540062478336?s=20)





↻ PRO Defence Trivandrum Retweeted

**NCC NAVAL WING MG...** @n... · 15h ...

As part of International Women's Day ,cadets of 1 (K) Naval Unit NCC Mahatma Gandhi College conducted programs and provided lunch to the inmates of Mahila Mandiram at poojapura , An organization working with the aim of protection ,welfare and rehabilitation of Widows, Divorced



**PRO Defence Trivandrum**  and **Indian Armed Forces** Retweeted your Tweet

As part of International Women's Day ,cadets of 1 (K) Naval Unit NCC Mahatma Gandhi College conducted programs and provided lunch to the inmates of Mahila Mandiram at poojapura , An organization working with the aim of protection ,welfare and rehabilitation of Widows, Divorced

[pic.twitter.com/eaDaFHoUxP](https://pic.twitter.com/eaDaFHoUxP)  
[pic.twitter.com/eaDaFHoUxP](https://pic.twitter.com/eaDaFHoUxP)  
[pic.twitter.com/eaDaFHoUxP](https://pic.twitter.com/eaDaFHoUxP)



1. Distribution of Books and study materials to the children of Korakulam –our participatory Village on 24/05/2022 Study materials and books collected and donated by the volunteers were distributed to the children in our adopted Village on 24/05/ 2022



**Anti narcotic awareness campaign at Sanghumukham**

In association with Rotary club of Trivandrum, Empire, the volunteers participated in an awareness program on drug abuse at Sanghumukham on 2/10/2022 to spread the anti drug message in the society. Thiruvananthapuram city police Commissioner Sri, Sparjan Kumar was the chief Guest. Our volunteers recited a song against anti drug abuse , signature campaign and flash mob which were greatly appreciated by the audience and the office bearers of the Rotary club.



**കേരള കാമൂരി**  
 Thiruvananthapuram 08 Oct 2022

**മയക്കുമരുന്നിനെതിരെ മെഗാ കാമ്പെയ്യിൻ**

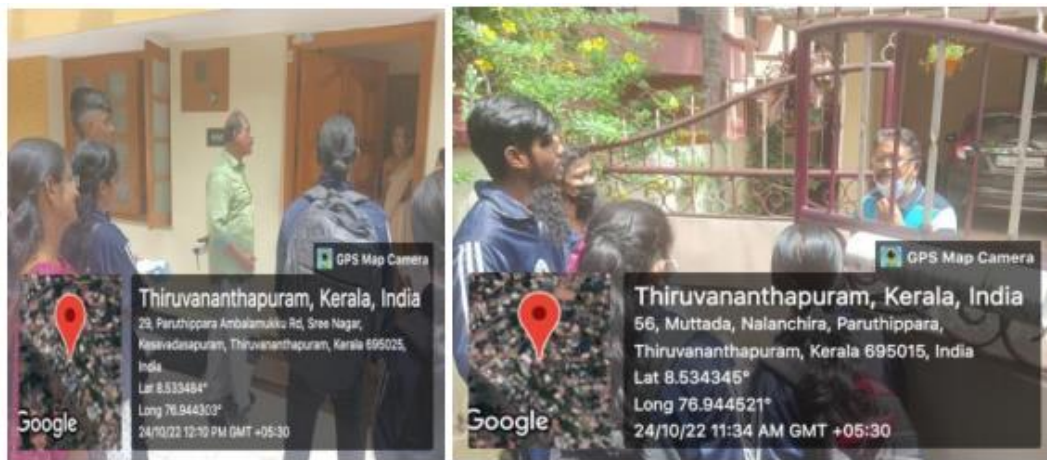
തിരുവനന്തപുരം: രോട്ടറി ക്ലബ്ബിന്റെ ഹിമാൻലയം മെട്രോ, ഹിമാൻലയം എസ്റ്റേറ്റ് എന്നീ ക്ലബ്ബുകളുടെ സംയുക്ത അഭിമുഖ്യത്തിൽ രോട്ടറി-കോളീറ്റ് എൻലൈവ് അക്ടീവ് (ആർ.ഐ.പി.ഇ.) എന്ന പദ്ധതിയുടെ ഭാഗമായി ഗോപ്യമരുന്നിനെതിരെ നടന്ന മെഗാ കാമ്പെയ്യിനിനെതിരെയുള്ള മെഗാ കാമ്പെയ്യിൻ സ്വീറ്റിംഗ് ഓഫീസുകളിൽ അതിൻ്റെ ഭാഗമായി ഉദ്ഘാടനം ചെയ്തത്. രോട്ടറി ഡിസ്ട്രിക്ട് 3211 മുൻ ഗവർണർ സുരേഷ് മാത്യു മുഖ്യ പ്രഭാഷണം നടത്തി. എ.ജി കോളേജ് പ്രിൻസിപ്പൽ ഡോ. എം. വി. ആനന്ദകുമാർ, രോട്ടറി ഡിസ്ട്രിക്ട് 3211 പ്രെസിഡന്റ് ഗവർണർ സി. ഷാജി, മെട്രോ ഡയറക്ടർ മണികണ്ഠൻ നായർ, രോട്ടറി പ്രസിഡന്റ്മാരായ ഡോ. വിദ്യാ പത്മിമകുമാർ, പിറ്റർ കാർമ്മൽ, ശിവപ്രസാദ്, മൈക്കോണുക്രട്ടിനം, ശിവാനന്ദൻ ഇടത്തേയ്ക്കൽ സംസാരിച്ചു. എം.ജി കോളേജ് എസ്.എൻ.കോളേജിനെ ചേർന്നു കൂട്ടി, ആയി സെലിന്റിസ് കോളേജ്, സെന്റ് സെബിലിയസ് കോളേജ് എന്നിവിടങ്ങളിലെ വിദ്യാർത്ഥികൾ ചേർന്നു വിവേകപ്രതിജ്ഞയെടുത്തു.

ശബ്ദമൃദലം ബി.ജിയിൽ നടന്ന ചേർന്നു വിവേകപ്രതിജ്ഞയെടുത്തു സിറ്റി ഓഫീസുകളിൽ നടന്ന ചേർന്നു വിവേകപ്രതിജ്ഞയെടുത്തു

KERALA KAUMUDI PAPER  
 Clipping Kerala Kaumudi - Trivandrum

## **Drug free campaign at Sree Nagar Residents Association on 24/10/2022**

Sree Nagar residence Association is located in paruthipara near to Mahatma Gandhi College. Our volunteers led by Principal, Dr. V.M. Anandakumar, Officials of Excise department, Sri. Hari Kumar, Executive member and Programme Officers, Dr.Chitra.V.S. and Dr.Asha.V.G conducted a no to drugs campaign on 24/10/22. The volunteers visited all the houses and interacted with the members.



## **DISTRIBUTION OF FOOD KITS .**

On 05 September 2022, five student volunteers, accompanied by Dr.Chitra.V.S and Dr.Asha.V.G, programme Officer and Asha Worker Sandhya visited the houses of members, Mrs.Susheela,, cancer patient,Smt.Leela ,Smt. Santha , Smt. Nagammaland Sri Suresh ( NSP Nagar , whose legs undergo amputation due to chronic diabetic condition )and distributed Onam Kits to them. Food kits were distributed to cancer survivor in Parottukonam Smt. Nisha on 22/10/2022. Milk powder and Health mix were also donated to Asraya (NGO) to be handed over to the paediatric cancer patients.



## DISTRIBUTION OF HEALTH CARE EQUIPMENTS

We also donated 180 suction urine tubes (single use) and 60 numbers of single use urobags Sri. Shyam Kumar, Former student of Department of Psychology as per his requirement. Nebulization masks for Children and adults were also distributed to UPHC, Muttada.

## DISTRIBUTION OF CLOTHES AND DRESS MATERIALS

Churidar materials and dresses were distributed to Cancer survivor Smt. Nisha in Tilaknagar, parottukonam. We also donated bed sheets and pillow covers to UPHC, Muttada. We also donated clothes and other accessories to RCC patients through Ashraya , NGO.



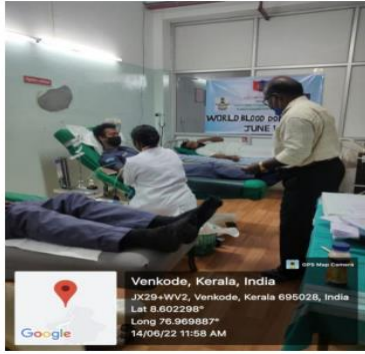


Distribution of study materials and toys to students of LMS Centre for Disabled  
Study materials were also donated to Children in Centre for rehabilitation Centre for rehabilitation of Differentially abled, LMS Compound.



## **REPORT ON WORLD BLOOD DONOR DAY JUNE 14 2022**


World Blood Donor Day takes place on 14 June each year. The day also provides an opportunity to call to action governments and national health authorities to provide adequate resources to increase the collection of blood from voluntary, unpaid blood donors and to manage access to blood and the transfusion of those who require it. As per the guide line received from the directorate and from the Commanding Officer, the cadets of MG College have actively participated in the programme. A Blood donation activity was organized by our cadets in collaboration with SUT Academy of Medical Sciences Vattappara, Trivandrum. A total of 11 Cadets donated their blood including a non NCC student. While addressing to people at the camp, doctors from the transfusion medicine brought awareness in them about shortage of blood and why we must donate blood every year, to help the persons requiring blood.





As a part of 'SATHI', our charity endeavor dept. of Hindi handed over a disabled friendly chair worth Rs 15000 to Balavikas Special School (Unique Institution for mentally & Physically Challenged), Gandhimarg, Opp: Hindustan Latex, Peroorkada, Thiruvananthapuram On 22nd March 2022.



<b>GANGOTRI INDUSTRIES</b>	
<small>Manufacturers of : Hospital Furniture, Steel Furniture, etc M.L.A. Road, Welipputharam, P.O. Cheyayir, Kozhikode - 673 017 E-mail : gangotriindustries@gmail.com</small>	
To	Date
Mr. Manager Balavika School. N.S.S., Thiruvanchur	25/3/2022
1. Metal Related disease chair Using materials 32mmx16 mm OD section fabricating seat and back, cushion seat 32 density 4" with 2 side arm Rest and waiting pad. Both seat adjustable. Powder coating. (Rupees Fourteen thousand six hundred and ninety only)	14690
SUDH KUMAR.K KERALA CAPTAIN RANG A/c #0258/00101773 IESC KLS#0040255 P&A MEDICAL COLLEGE KOZHIKODE	
 <b>GANGOTRI INDUSTRIES</b> <small>P.O. Cheyayir, M.L.A. Road Welipputharam, Kozhikode</small>	



## സഹായവുമായി എം.ജി.കോളേജ്

തിരുവനന്തപുരം ▶ മഹാത്മാഗാന്ധി കോളേജിലെ വിദ്യാർത്ഥികളും അധ്യാപകരും എം.ജി.റീജണൽ ഓഫീസ് കേശവദാസപുരവും ചേർന്ന് റിലീഫ് ക്യാമ്പിൽ കഴി

യുന്നവർക്കായി മൂന്നുലക്ഷം രൂപയുടെ അവശ്യവസ്തുക്കൾ ശേഖരിച്ച് കോട്ടൺഹിൽ സ്കൂളിൽ പ്രവർത്തിക്കുന്ന കളക്ട്രൽ സെന്ററിൽ എത്തിച്ചു.



# Scribe

6		Date 17/02		AN (2-5 PM)		7	
Slane	Ry no	UO no	Sebe	Mandala	sgd		
1) Pavi k. Udy	170 21 118 032		Nil	879204			
2) Athi. H. B	159 22 118 046		✓ Aswin M 8590637205	876337			
3) Aksh. B. W	170 22 118 040		Nil	852380			
4) Asanda. S3	159 22 118 026		✓ Adhyan S3 4074034148	879033			
5) R. Gohik.	156 22 118 032		✓ Bismila A 9995852291	879201			
6) Sandra. S. R	115 22 118 043		✓ Anugata BS 8111486692	879203			
7) J. J. S. S. S	170 22 118 036		Nil	879202			
8) George V. J. S	257 22 118 008		Nil	868527			

		Date 20/03/23	AN		
1)	Abd. Jid. D	159 02 118 046	"	Asain. M 8590637205	846411 <del>dit</del>
2)	Arandi. S	159 22 118 026	"	Abdlyca. S.S 7994034148	846412 <del>dit</del>
3)	Alkari. B. W	140 22 118 040	"	wil	846416 <del>dit</del>
4)	Gibrika Anand. A	156 22 118 032	"	Bismira. A 9995853291	846417 <del>dit</del>
5)	Dredekstun. J.S	140 22 118 036	"	wil	846407 <del>dit</del>
6)	Sandra. S. H	115 22 118 043	"	Harjraha. B.S 811768692	846414 <del>dit</del>
7)	George Veyliso Karijattu	257 22 118 008	"	wil	831126 <del>dit</del>



24/01/23 (Monday)

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S.No.	Name	Register No.
1.	Abhiram. G.S	159 20 118 020 ✓
2.	Mekha Shaama	156 20 118 037 ✓
3.	NELSON SAN CRASALAM	159 20 118 056 ✓
4.	Akhil. A.P	159 20 118 022 ✓
5.	Mujeeb Rahman.S	2302018017 ✓
6.	AJINA ANZAR.M.A	115 20 118 008 ✓
7.	ADARSH N	140 20 118 004 ✓
8.	AMITHAB.N	140 20 118 003 ✓
9.	Aron.V.Raj	253 20 118 036 ✓
10.	ROHITH K.S	140 20 118 030 ✓

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U. O number	Scorbe Name	Sheet No.	Sign.
No. EA. I/508/P/125/201	self casting	35771	Akh
No. EA. I/508/P/1-20/201	Abhiram K.R 6292187893	35805	Mekha
No. EA. I/509/P/1-35/2002	Abhilash.s 9656795634	7934	Akh
	Akhil.A.P (Self) 9207110246	35910	Akhil
	Mujeeb Rahman.S (Self) 8590585686	35911	Mujeeb
	AJINA ANZAR 1100274965 (Self)	7956	Akh
	NICHAM.M 9502018102	7957	Akhil.N
	ANOOB J.V 7994816976	73910	Amithy ab.No.
	Aron.V.Raj 6038443266	78663	A
	KAVYALEKSHMI.K 918749412	7160	Rohith