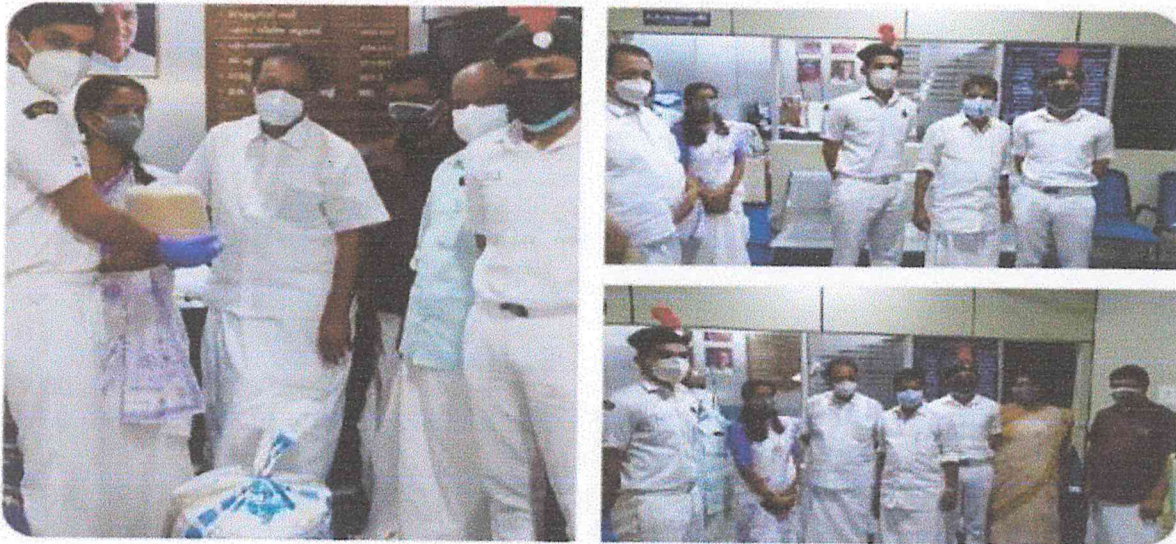


3.4.3. Report of Extension Activities (2018 – 22)

1. Donating Rice To Community Kitchen at Vellanad Grama Panchayat as part of Covid Relief Activity by NCC Naval Unit - 4th June, 2021

As the COVID-19 crisis continues to loom over us, the naval cadets of Mahatma Gandhi college donated rice to Community Kitchen of Vellanad gramapanchayat. With the well coordination of cadets and ANO Dr. Subha Sachidhanand, they donated 40 kg rice. Leading cadet Abhijith VS and cadet Dipin D S handed over the rice bags to the Vellanad Panchayat in the presence of MP Adoor Prakash, Panchayat President Smt. Rajalekshmi, Vice President Sreekandan and other members of the panchayat



2. Handing over stationaries to Divine Children's Home Poojappura by NCC Naval Unit - 14th July, 2021

Mahatma Gandhi College 1 Kerala Naval unit handed over 80 notebooks to the Divine Children's Home Poojappura. It was received by Mrs Alice Thomas, Director of the organisation. Divine



Children's Home, is located at Trivandrum, is a warm and caring center for the children. Divine Children's Home was registered as a Non Profit charitable trust on July 26th, 2002.

DCH strives to nurture, protect and care the children. Its purpose is to promote the total development of children through loving care in a homely atmosphere with adequate nutrition and healthy social interaction and to educate all children till they are old and mature enough to venture out independently. Currently there are around 40 children at Divine Children's Home and the number is expected to increase with time. All children are school going.

3. Donating Stationeries to Don Bosco Orphanage by NCC Naval Unit as part of Children's Day Celebration – 15th November, 2021

1(K) Naval Unit Ncc, Mahatma Gandhi College is celebrating Children's day with the kids in Don Bosco Orphanage. The unit collated and donated stationeries for kids to help them in their studies. The activity was conducted on 15th November 2021 at the orphanage and was led by Cadet Captain Abhijith V.S, Cadet Arunima, Cadet Arathy and Cadet Abhiram. SLt (Dr) SubhaSachithanand and PI Staff accompanied with them.



4. PUNEET SAGAR ABHIYAN - Beach Cleaning Activity by NCC Naval Unit as Part of Swacch Bharat Programme at Veli Beach – 19th December, 2021

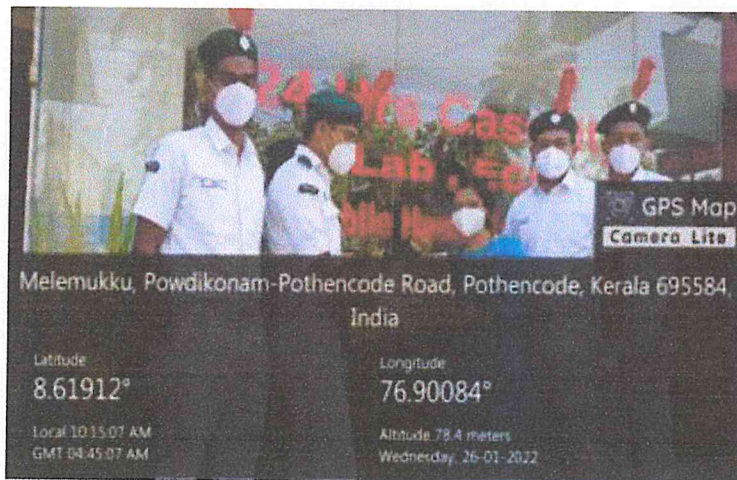

Principal
Mahatma Gandhi College
Thiruvananthapuram



Swachh Bharat Abhiyan is a campaign launched by the Prime Minister of India to highlight the importance of cleanliness in the surroundings. It was inaugurated on October 02, 2014 to honour the vision of cleanliness of Mahatma Gandhi. NCC has always been at the forefront of the Swachh Bharat Abhiyans. NCC now plans to carry out a nationwide campaign to Clean Sea Shores/Beaches of the plastic waste & other waste along the Sea Shores and increase awareness about the importance of keeping the Sea shores free from Plastic waste.

Trivandrum Grp NCC conducted 'PUNEET SAGAR ABHIYAN' by cleaning the Sea Shores/Beaches to propagate the message of 'Importance of Clean Sea Shores/Beaches' amongst the local population and future generation on Dec. 19, 2021 at Veli Beach, Thumba. The key Cleanliness drives, awareness and educational activities of Clean Sea Beaches during the campaign to be conducted includes, Beach Clean-up, 1 Kerala Naval NCC Cadets were provided with cleaning material such as hand gloves, gunny bags. The cadets interacted with the general public, tourist, Local shopkeepers/vendors and fisherman along the coastal areas to spread awareness on the ill effects of Beach littering and its adverse harmful impact to the environment. The cadets distributed the pamphlets to increase awareness about Sea Beach pollution and its adverse effect. Cadets administered Pledge amongst the target population & tourists to keep the beaches clean and saying No Beach Litter. Signature campaigns was also be conducted. Theme based Nukkad Natak & rallies/foot patrols were conducted. Adequate placards and props were used drive home the message of importance of clean Sea Beaches.

**5. Covid Relief Activity by NCC Naval Unit at Palliative Care Center, Pothencode
– 26th January, 2022**



1 Kerala naval unit ncc , Mahatma Gandhi college celebrated Republic Day in the midst of the pandemic,by giving 50 lts of cleaning lotion prepared by the cadets to Pothencode palliative care. Dr. Beena who is in charge of the Palliative care center received the same.

6. Social Service by NCC Naval Unit, as Part of World Happiness Day at Kripalayam Old Age Home, Ulloor – 18th March, 2022



The cadets of Mahatma Gandhi college 1(k) Naval Unit, NCC, as a part of World Happiness Day on 18/03/2022 has donated clothes which they have collected among themselves to Kripalayam Old Age Home , Ulloor. The collected materials were handed over to Mrs Sheeba, the Manager of Kripalayam Old Age Home.The cadets visited the residents of kripalayam old age home.The program was led by L/Cdt Saiganga , Cadet Jeeva , Cadet Arathi, Cadet Mathew and Cadet Ashwin.

7. Distribution of Books and study materials to the children of Korakulam –our participatory Village on 24th May 2022

In view of new academic year that commenced from 1st June 2022, the NSS unit purchased note books, pencils, umbrella, water bottles, lunch boxes bags and other stationary items and distributed to the needy children of their adopted/participatory village, Korakulam, Kesavadasapuram. The children who received the items were very happy and delightful.




Principal
Mahatma Gandhi College
Thiruvananthapuram

1. NSS Volunteers Actively Participating To Control The Spread Of COVID 19 During The Exam Time – 2nd June to 15th June, 2020

World was unprepared for a pandemic. The fictitious concept of a viral epidemic in the 20th century shook the world around. The cure stays a hope and what people could do was controlling the spread. Central and state governments imposed regulations as an infinite lockdown strikes worse than the disease. Pending exams were finished with the active help from NSS volunteers and NCC Naval Cadets.



A volunteer checking the temperature.

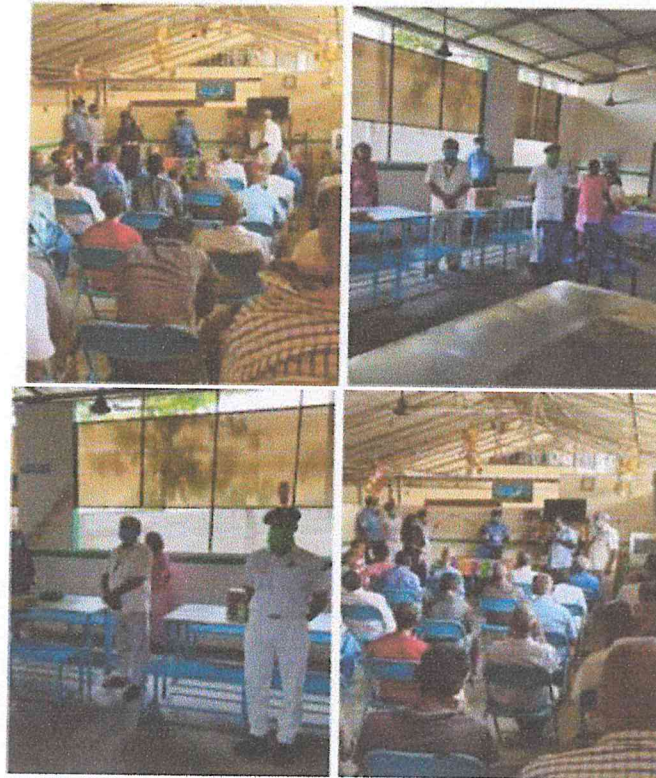


Volunteers sanitising the exam hall.



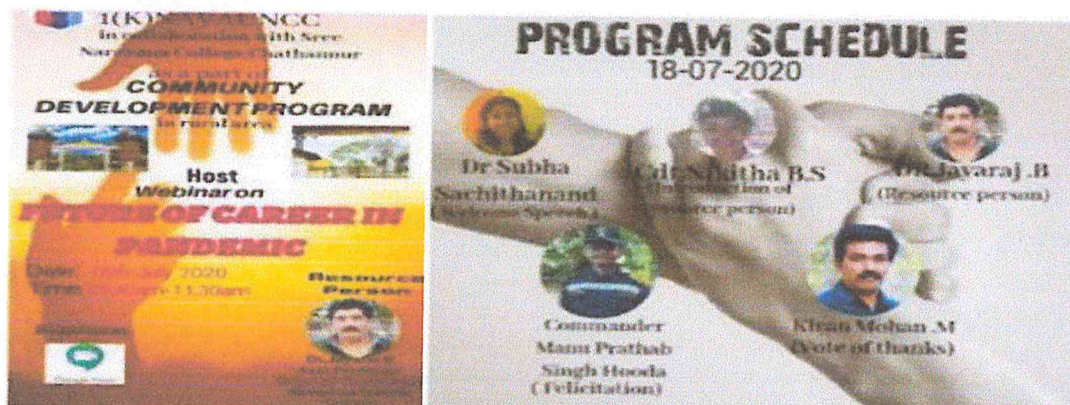
2. COVID RELIEF ACTIVITIES – NCC NAVY – Provided Food Materials, Medicines, Sanitizers To The Inmates Of St. Ignatius Charity Kendram, Thiruvananthapuram – 1st July 2020

NCC Naval wing organised Covid relief activities which included handing over relief materials, provided provisions, vegetables, fruits and hand sanitizers to 82 inmates of St. Ignatius Charity Kendram. The inmates were also given awareness about Covid 19 by cadets. Cadet Saranya Devi T.S herself made 50 masks and handed over to the inmates.



3. Webinar on the topic “Future of career in pandemic” conducted for the students of S.N college, Chathanoor, Kollam- 18th July, 2020

NCC Naval Wing organised a Webinar in connection with the community development program in rural area, on the topic “Future of career in pandemic” for the students of S.N College, Chathanoor on 18th July 2020. The webinar was conducted on the Google Meet platform. The resource person for the webinar was Dr.Jayaraj .B, Department of Psychology, Mahatma Gandhi College. Welcome speech was delivered by Dr.Subha Sachithanand, Cadet Nikitha B.S introduced the resource person to the participants Dr . B. Jayaraj, the resource person said various career aspects to the students and how can we achieve the same. The session was ended up by the vote of thanks of Kiran Mohan, Assistant Professor of Malayalam in S. N College. Altogether 101 students participated in the webinar on Google Meet .



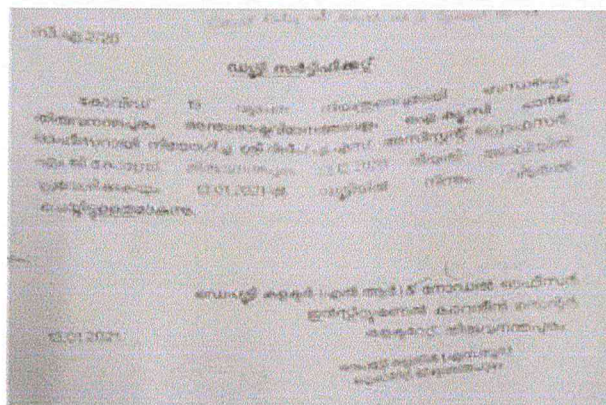
4. Distribution of lotion to the General Hospital Thiruvananthapuram- November 22nd 2020

In connection with NCC day we prepare 20 liters of cleaning lotion and provided to General Hospital Tvm, in the occasion of COVID-19. This is also highlighted the importance to maintain environmental cleanliness especially during pandemic times. Lotion was prepared by L/cdtAromal S A, CdtHarikrishnan S, Cdt Sachin Kumar and it is provided by L/CdtAromal S A, Cdt Rijith Raj R and Cdt Bihil B Nair.



5. Covid Duty By Faculty Member At The Airport From 23rd December 2020 To 13th January 2021

Dr. Dileep A S, Assistant Professor, Department of Commerce, has been appointed as Special Officer on Covid Duty at the Thiruvananthapuram International Airport to curb the spread to COVID and to send the immigrants to compulsory quarantine.



6. Beach Cleaning At Shankhumukham By NSS Volunteers – February 13th, 2021

NSS volunteers of KL 15 A&B underwent a campaign organised by an NGO to clean up Shankhumukham Beach on February 21. The campaign was successful and a continuation campaign is being planned.


Principal
Mahatma Gandhi College
Thiruvananthapuram



7. Palliative Initiative by NSS unit- Distribution of medicines and essential commodities to the palliative care patients - February 13th, 2021

The major achievement of the new NSS batch (KL 15 A&B 2020) was the palliative initiative under Dr Suresh Chandra Kurup, NSS Program Officer. In the first phase, three persons were identified, who were needy of immediate help. Volunteers collected a sum of Rs 10,000 and contributed it to them. Visits to their places were organised to hand over the amount and some essential goods.



8. Covid-19 Vaccination Volunteering In Mass Vaccination Held At Jimmy George Stadium, Thiruvananthapuram – March 17th 2021

Vaccination to prevent corona virus came to wider recognition by the second week of March. Vaccination camps were conducted across the State and mass vaccination was launched at Jimmy George Stadium in Thiruvananthapuram. It needed much volunteers and

the NSS volunteers of MG College willingly participated under Dr Suresh Chandra Kurup R.




1. River Rejuvenation Activity – Rally for rivers by NSS Unit – 6th June, 2018

Lying within mountains and ocean the veins of freshwater are the origin of culture and livelihood in the God's own country. Karamana river is the main water source for the capital city. The days of glory were long lost to the waterbodies too, hence the NSS unit of M.G. college decided to pay visit and help rejuvenate the nearest river. The NSS Volunteers were provided with masks and nets for removing the floating plastic wastes and other materials.



2. Awareness Programme on Various Savings Schemes by the Department of Commerce – 22nd June 2018

Small savings schemes are designed to provide safe and attractive investment options to the public by various financial institutions. It aims to create the habit of thrift among the people and to mobilize resources for development of the economy. Realizing the importance of mobilization of rural savings the Research department of commerce has organized an awareness campaign to the nearby households. This programme was conducted on 22-6-18. This programme was conducted under the guidance of Dr.VS.Santhosh, Head of the Department of Commerce.

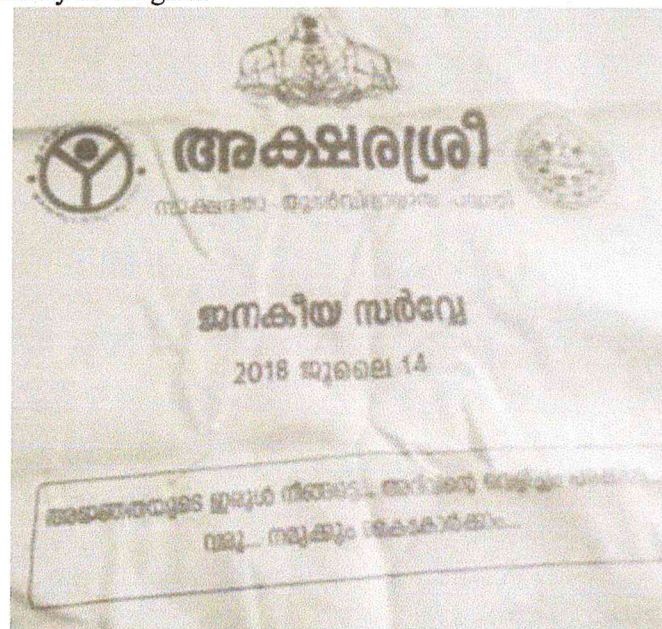

Principal
Mahatma Gandhi College
Thiruvananthapuram



The focus of the programme was imparting knowledge to the rural households regarding the availability of best saving practices and the importance of various savings schemes to be followed for earning more returns to supplement their earnings. Mr.sumesh, one of the faculties of the department conducted an awareness class to the target audience. The programme was initiated in the Koliakode, Manickayal Grama Panchayath.

3. Literacy Survey – AKSHARASREE – by NSS unit- 14th July 2018

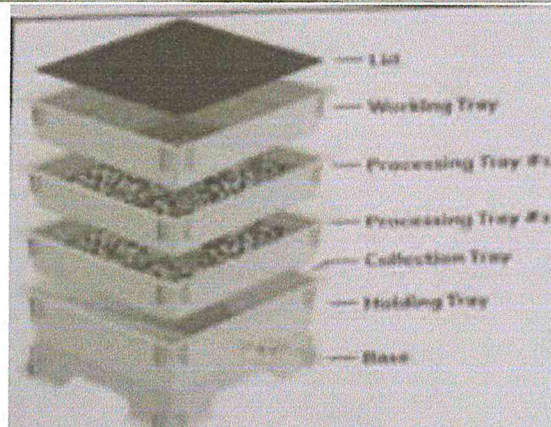
As part of the Saksharatha mission, NSS volunteers of the Mahatma Gandhi College, Thiruvananthapuram, participated in the literacy survey. The volunteers went to different places with survey form and sorted out the information collected to find out the illiterate. The NSS program officers created an awareness among the people about the importance of education, particularly to the girls.



4. Waste Management Awareness Programme To The Local Destination Nettayam by the Department of Commerce – 2nd August, 2018

The Department of Commerce visited houses in Nettayam Residence Association and handed over the materials needed for vermicomposting as well as compost maker to the inhabitants. The students demonstrated how to prepare vermicompost using earthworms provided. They explained what all items can be put in vermicompost bins. They also demonstrated how to use the compost bins for making compost using compost maker,

thereby degrading the left over foods and other organic matter which could not be put in vermicompost bins.



5. Collection and packaging of food materials, clothing and other necessary items for Flood relief camps coordinated by the NSS Unit – 16th August 2018

The monsoon of 2018 was shocking for its feisty and arrogance. The destruction it caused went on with almost 200 persons missing and more than 400 death cases. Economy got shattered and people were struggling for basic amenities despite their affluence. Every volunteer in the NSS unit of M.G. college came up, willing to help the affected. Collection campaign for gathering necessary food, clothes and healthcare essentials was organized. It was the right time to serve the fellow people and our NSS unit is glad to have contributed our best.



NATIONAL SERVICE SCHEME
MAHATMA GANDHI COLLEGE, TVM
KL-15A & KL-15B



Food collection



Physics department giving the dress purchased for Onam celebration to the collection campaign.

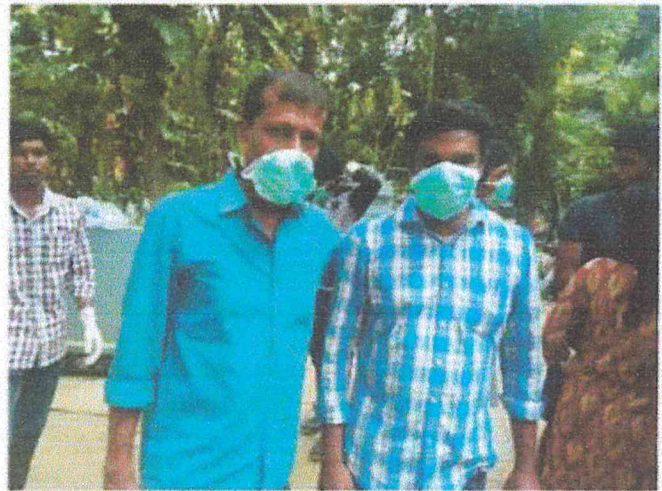
**6. Cleaning of houses in the most flood affected region, Chengannur, Alapuzha District
– by NSS Unit - 23rd August 2018**

The aftermath of flood was as appalling as the deluge itself. Mud and vile creatures added to the loss caused by the flood. Program officers and NSS volunteers from Mahatma

Gandhi College took part in the cleaning process at flood affected Chengannoor in the neighboring district of Alappuzha.



Program officer, Dr. Suresh Chandra Kurup coordinating the cleansing activities at Chengannoor.



7. Voluntary Programme for the Flood Relief Activities by Teachers and Students Organized by District Administration coordinated by the Department of Commerce – 24th August, 2018

Our department faculties and students have been vigorous and lively in relief activities related to the recent floods in Kerala caused by continuous heavy rains. A constant upsurge in rainfall, overflowing rivers, and frequent landslides has led to a horrific catastrophe in major regions of Kerala. The landslide and rains have hit about half the state, with more than 60,000 people rendered homeless. Our department faculties and students were also distributed drinking water, bags of food, grocery, clothes, blankets and bed sheets to the affected people. Moreover, we voluntarily participated clean-up drives in the flood-affected areas. More help will be planned out as the situation as per the direction of the District Administration. All faculties of the department, especially Mr. Sumesh and Lt. Dr. S. Priya actively engaged in the flood related activities.



8. Awareness Programme On Payroll Preparation To Kudumbasree Unit Of The Local Destination Nettayam by the Department of Commerce – 13th September, 2018

The P.G. Department of Commerce has conducted a seminar for Kudumbasree unit of the local destination Nettayam on 13-09-2018. The topic for the seminar was Easiness of Payroll preparation. Normally they got only theoretical knowledge from Panchayat books but the method of preparation is entirely different. So it is very essential to obtain practical experience in preparing pay rolls. In this situation the topic for the seminar was very pertinent. Dr.VS.Santhosh, Head of the Department welcomed the gathering and gave an introduction to the importance of preparing payrolls in companies and the need to obtain practical experience. The program was organized in the seminar hall of Vattiyoorkavu Panchayat inaugurated by Panchayat President. The program was conducted in collaboration with the Tandem Institute TVPM. The program was concluded 3.30 pm.



9. Friday Market Organic Bazar organised by the NSS Unit– 5th October, 2018

As a part of attaining self-sufficiency in food production, vegetables were cultivated within the campus. More than that, students were encouraged to cultivate crops in organic way. To avail homemade vegetables to other students, Friday market organic bazars were conducted. Vegetables were collected by the volunteers which helped out to be an additional income for the family and support for farmers.



**10. Environmental Awareness Programme by the Department of Commerce
6th October, 2018**

The students from the Department of Commerce actively engaged in cleaning the ground near Akkulam Lake, Thiruvananthapuram which is filled with plastic wastes and other non-biodegradable matter. The students segregated the materials into separate bags and handed over to the Thiruvananthapuram Municipal Authorities for its safe disposal



11. Blood Donation Camp organised by the Department of Commerce at General Hospital, Thiruvananthapuram – 6th October, 2018

Human blood is an essential element of human life with no substitute. Voluntary blood donors are the cornerstone of a safe and adequate supply of blood and blood products. The safest blood donors are voluntary, non-remunerated blood donors from low-risk populations. Conducting voluntary blood donation camp in regular basis will increase the stock of blood units in blood bank which is needed for optimum functioning of the health-care system. The success of blood donation camp depends on people who organize the camp and blood bank team. To increase the awareness for voluntary blood donation and spread the message of '*safe blood for the human life*', the students of our department voluntarily donated blood organized for a blood donation campaign at General Hospital, Thiruvananthapuram on 6-10-2018.




Principal
Mahatma Gandhi College
Thiruvananthapuram

12. Mental Health Celebrations- Skit performed by the students of Psychology Department on 3rd anniversary of Sanjeevani at Pensioners Bhavan Kesavadasapuram - 7th October 2018

On 7th October 2018 Sanjeevani (with which Dept of Psychology has signed an MoU) celebrated it's 3rd anniversary and mental health day. Eight Students went to Pensioners Bhavan Keshavadasapuram where they heard talk on Mental Health arranged by Sanjeevani Befrienders. Students also sang songs and performed a skit on 'Youth and Mental Health'.



1. Anti-Narcotics Day Rally & Street Play – 26th June 2019

Drug abuse is one of the major disasters of the new age. Despite the control imposed by the authorities, the use of drugs is not decreasing. That this is a threat of choice makes individual fully responsible. The aftereffects of drug abuse are not limited to the person who use but social and economic harmony gets disrupted. All these reasons make the prevention of drug abuse a need of the society. Drugs –the most dangerous and the very common thing that the youngsters are presently addicted to. One NSS volunteer (Meenakshi M A) was selected into the Anti-narcotic wing of the college. Volunteers attended an anti-drug campaign organised by the Kerala police on alarming the youth about the ill effects of using this life taking drugs. Indian cricket team captain Virat Kohli along with three others cricketers inaugurated the function held at Chandrashekaran Nair Stadium. ‘No to drugs, yes to cricket’ was the slogan of the campaign. As part of the anti-drug campaign, the NSS unit of Mahatma Gandhi College had conducted various activities to spread awareness among the other students and people around. Volunteers participated in the Anti Narcotic programme organised by the Kerala police at Jimmy George Indoor Stadium, Vellayambalam. Volunteers were able to mingle with so many renowned personalities from various fields.

The awareness campaign was conducted in multiple ways. As part of that, our NSS unit organized rally and street plays. Anti-narcotics day was conducted with popular support from the entire students and police. Vimukthi aimed at making the students aware of the serious aftermaths of drug abuse. The street play received very endearing feedbacks which the NSS unit took as incentives in contributing more towards this field.



The rally



2. Awareness Campaign on GST Return Filing on 30th June, 2019

As part of the extension programme of the PG Department of Commerce & Research Centre, Mahatma Gandhi College, Thiruvananthapuram, Post-Graduate (M.Com) Students and Research Scholars, along with the Co-ordinator of the program, Dr.Hari. K, Assistant Professor, PG Department of Commerce & Research Centre, Mahatma Gandhi College, Thiruvananthapuram conducted an awareness campaign to the shop owners at

Kesavadasapuram, Thiruvananthapuram regarding 'GST Return Filing' on the forenoon of 30/06/2019. The programme envisages to create an awareness regarding the due date for filing of annual return, importance of filing the return and rates of tax applicable.



3. Blood Donation by NSS Unit at Peroorkada District Hospital – 24th July, 2019

The NSS Unit in Association with Peroorkkada police station conducted a blood donation camp at Peroorkada District Model Hospital. 10 NSS volunteers donated blood and facilitated donation of more than 20 non NSS volunteers from college.



4. Environmental Education to School Children of St. Mary's Higher Secondary School by NSS as part of Integrated Science Education Strategy (ISES) –25th July, 2019

As a part of environmental education, selected NSS volunteers (ISES) and program officers from M.G. college visited St. Mary's Higher Secondary School to provide awareness regarding the importance of mother earth. Awareness classes were conducted using presentations and simple games. The positive feedbacks from the students were an avid achievement for our NSS unit. Integrated Science Education Strategy (ISES) It is a strategy developed by Program officer Dr. Suresh Chandra Kurup R. On the basis of tutor recommendation. 35 NSS student


Principal
Mahatma Gandhi College
Thiruvananthapuram

teachers were selected. An orientation was given to them by the Program officer. Program officer mentioned the importance of dedication and commitment from student teachers for the implementation of ISES. An opportunity was provided to quit from the program if they have any inconvenience during the implementation phase. As a result, 21 volunteers quit the program even though they offered all cooperation in future. Thus 14 NSS volunteers were selected in the final round. All of them are NSS Volunteers working with the investigator. They were new to the field of teaching and also available for investigator designed training.

After successful completion of the training the actively participated in the



Students of St. Mary's school attending the classes.

implementation phase in St. Marys Higher secondary school, Thiruvananthapuram. Program was an excellent experience for volunteers and School students (seventh standard Students).



Program officer, Dr. Suresh Chandra Kurup conducting the class.

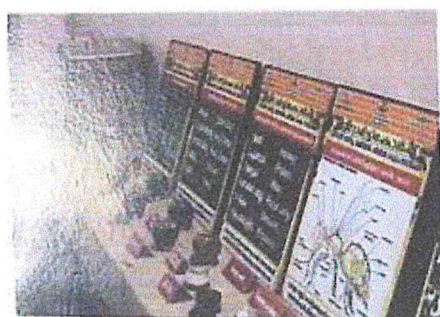
5. Workshop on bee keeping and bee management by the Department of Zoology – 2nd August 2019





As part of our extension activity, an one day "workshop cum exhibition on bee keeping and management" was held on August 2, 2019 at seminar hall, Mahatma Gandhi college. The programme was sponsored by the Kerala State Horticultural Products Development Corporation (Horticorp), under the Department of Agriculture, Government of Kerala.. The main objective of the program is to create an awareness on beekeeping and to generate interest in the field of bees and bee culture. The target groups include members from nearby residents associations, Kudumbasree members, faculty members from different departments, students and office staffs. The inaugural session began with a prayer by III semester zoology students followed by Acharyanusmaranam. The Head of the Department of Zoology Dr.Balamurali.R.S welcomed the gathering. Dr. M.S. Anil Kumar delivered the presidential address. In his address, he mentioned about the need of such extension activities so that our colleges so that the students get more opportunity to interact with the society. Inauguration and inaugural address was given by Mrs. Steffy.J.George, Councillor., Kesavadasapuram ward, Thiruvananthapuram Corporation. Felicitations were given by Dr.S.R.Jayasri Council Secretary, Dr.Gopakumar.K, IQAC Coordinator. Vote of Thanks was delivered by Dr. Asha.V.G, Convenor of the programme.

During the Technical session, Mr.B.Sunil, Divisional Engineer, Kerala Agro Industries Development Corporation and Area manager of HORTICORP, Mavelikkara delivered the talk on Beekeeping & Management. He shared a handful of experiences about beekeeping, social behavior of bees, different types of beekeeping equipments used in apiculture, importance of honey its medicinal properties etc. The talk was very interesting as well as beneficial to the audience. Vote of thanks was extended by Dr. Suresh Chandra Kurup, NSS Programme Officer, Mahatma Gandhi College.



An exhibition as a promotional activity were also arranged by the Horticorp. Different types of honey like ginger honey, garlic honey, Jamun Honey Jackfruit honey, pine apple honey, different cosmetics made out of honey like body creams, soap, variety of beekeeping equipments, Newtons Hive etc were exhibited. This gave an opportunity among the students and the public to create an awareness on beekeeping and importance of honey. The programme ended by 4.00 PM

6. Food materials to the Flood Relief by NCC Navy Wing – 13th August 2019

Kerala state witnessed flash floods for the second time in 2019. The NCC naval cadets collected food materials and other essential commodities and handed over it to the Flood relief camp that was functioning at SMV school, Thiruvananthapuram



7. Flood relief activities by the NSS UNIT of the college – 17th August 2019 to 20th August 2019

In 2019, Kerala witnessed similar indications as the previous year flood. Dams were stable, so, casualties were limited the second time. But scarcity of basic amenities was always a problem. Students of MG College and NSS volunteers jointly collected and packed essentials in the campus including medicines, diapers, baby food and sanitary napkins and essential which was worth 2.75 Lakhs rupees then handed over to Trivandrum Corporation. It was the biggest collection from a college in Thiruvananthapuram District. NSS volunteers



Collected food items and sanitary essentials.



joined hands as they took part in contributing by means of money and goods as well as volunteering at various camps and collection centres at Trivandrum. (namely Cotton Hill, SMV Public School, Women's College, Vazhuthacaud, Tvm Cooperation office).

8. Rally and Cleaning of Statue at Kesavadasapuram as part of Swachhtha pakkoda by NCC Naval Wing – 2nd October 2019

NCC Naval wing conducted a programme on October 2nd 2019 in connection with Swachhtha pakkado, national level. The programme started with the parade, then rally till Keshavadasapuram and cleaned the statue of PM Varghese as well as the park. After that a formal session inauguration by the principal and the chief guest was RJ Sumi. On that day key note address were given by DR B Jayaraj, 37 cadets presented for the same.



9. Distribution of food packages-Bethania Rehabilitation Centre by NCC Naval Wing – 30th October, 2019

Naval cadets extended their activities outside the campus by giving food to the Bethania Rehabilitation center. Bethania Rehabilitation Centre is a center for the rehabilitation of the physically disabled women at Kumarapuram, Trivandrum, Kerala, India. The centre was started on 1 June 1988. The centre is managed by the Bethany sisters.



10. Metro Learning by the Department of Psychology – 18th October, 2019


Principal
Mahatma Gandhi College
Thiruvananthapuram

The Semester 1 students of the Psychology department had visited Metro Scans and Laboratory at Medical College, Uloor on 18th October 2019. The visit was aimed at getting to know more about the various Brain-Imaging Techniques and how they all differed from each other. The students got to witness the live scanning process and interact with the lab technicians and ask enough questions to satisfy their curiosity about various scans and how they all functioned. The visit to Metro Scans had made learning more appealing to the students.



**11. Food materials distribution-Nirmala Shishubhavan, Mother Theresa Unit by NCC
Naval Wing – 14th November 2019**

Naval Wing again extended their arms of humility to the needy. On children's day Naval wing celebrated with Nirmala Shishubhavan, Mother Theresa unit which consists of 23 childrens of age range from 2-6 years. They were given fruits, food materials, balloons while joining celebration.



**12. Classes handled by the students of Department of Hindi to the students of St.Thomas
Upper Primary School, Pothencode, Thiruvananthapuram - 22nd November 2019**

As per the part of the extension activities of Department of Hindi, Mahatma Gandhi College, Teachers and Research students visited St.Thomas UP School, Pothencode, Thiruvananthapuram on 22nd November 2019 and interacted with Hindi Club students and teachers, Dr. Rajesh Kumar R, Assistant professor in Hindi, Dr.Anoopa Krishnan ,Assistant professor in Hindi, Dr. Lekha.S.Nair, Assistant professor, Dr.Gayathry.N, Assistant Professor in Hindi and Research Scholars named, Arya.V.S and Sunami.L.Vijayan led the said programme as part of the Hindi day Celebration and Extension activity. Various competitions such as Quiz, Debate were conducted and prizes were distributed among the students.



13. Shankumugham Beach Cleaning by NCC Naval Wing – 7th December, 2019

The cadets of NCC Naval Wing actively participated in the beach cleaning activities held at Shangumugam Beach. The cadets collected plastics separately and cleaned the beach.



14. Food Package for inmates for Santhwana Cancer Centre by NCC Naval Wing – 9th December, 2019

NCC NAVAL wing cadets provided food packages for the inmates of SANTHVANA CANCER CENTER – a stay place for the cancer patients taking treatment at Regional Cancer Centre, Thiruvananthapuram


Principal
Mahatma Gandhi College
Thiruvananthapuram



15. Students and faculty members of Department of Commerce offering lunch packets to the inmates of SAANTWANAM, a charitable organization for caring cancer patients, Thiruvananthapuram – 16th December, 2019

The students and faculty members of the PG Department of Commerce and Research Centre, Mahatma Gandhi College, offered food (noon meal) to the inmates of SAANTWANAM, Chalakuzhi Road, Pattom, Trivandrum, a charitable organization for caring cancer patients on 16/12/2019



16. Snehaputhappu- Distribution of blankets to inmates of Trivandrum General Hospital by NCC Naval Wing -16th December, 2019

Naval cadets provided blankets to ward - 9 inmates of General Hospital, Thiruvananthapuram, which includes the old aged orphaned people as well as those rehabilitated from the streets of Thiruvananthapuram District.



17. Community Health And Support by NSS in the adopted village of Korakulam, Kesavadasapuram – 30th January, 2020

A free medical camp was conducted at Korakulam residential area (The adopted village of NSS unit, M.G. college) with doctors and medicines provided by the General hospital, Trivandrum. The camp was very helpful for the villagers, especially for the senior citizens.



Doctors on their duty.



Giving free medicines on doctor's description.