

OFFICE OF THE PRINCIPAL

MAHATMA GANDHI COLLEGE

(Affliated to University of Kerala) (Re-Accrediated with 8+ Grade by NAAC,
UGC-College with Potential for Excellence)
KESAVADASAPURAM, THIRUVANANTHAPU RAM- 695004
KERALA, INDIA

Phone: (O) 0471-2541039 Email:nssmgcollege@gmail.com

Date: 02/07/2024

Certified that the following certificates are issued to forty two students who have successfully completed the add-on course entitled 'Yoga and Stress Management' conducted by Department of Psychology during the academic year 2019 – 20.

Principal

Principal
Wehatma Gandhi College
Thiruvananthapuram





College with potential for Excellence (UGC)
(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Sm	t Vyshna G	has attended/
	on course on Yoga and Stress Man	
conducted by the Departme	nt of Psychology M.G College T	hiruvananthapuram
for the year.20.19-20	Du	

Head of the department

Co-ordinator

lite





(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	R Devapriya	has attended
	n course on Yoga and Stress Mana	
conducted by the Departmen	nt of Psychology M.G College T	hiruvananthapuram
for the year.20.19-20	D.	

Head of the department

Co-ordinator





College with potential for Excellence (UGC)
(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Divya M	has attended
	se on Yoga and Stress Man	
conducted by the Department of P	sychology M.G College	Thiruvananthapuram
for the year 20.19-20		
7.4 6	#	1)

Head of the department

Co-ordinator





College with potential for Excellence (UGC) (Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Suraj Singh	has attended
	urse on Yoga and Stress Mana	
conducted by the Department of	Psychology M.G College T	hiruvananthapuram
for the year.20.19-20	b .,	
7.4 1	PH	1

Head of the department

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Co-ordinator





College with potential for Excellence (UGC)
(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Shibin S L	has attended
	se on Yoga and Stress M	
conducted by the Department of F	sychology M.G Colleg	e Thiruvananthapuram
for the year.20.19-20		

Head of the department

Co-ordinator





College with potential for Excellence (UGC) (Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri,	Smt Rahul R	has attended/
	dd on course on Yoga and Stress	
conducted by the Depart	ment of Psychology M.G Coll	ege Thiruvananthapuram
for the year.20.19-20	D	
2.4	24	1)

Head of the department

Lith

Co-ordinator





College with potential for Excellence (UGC) (Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Krishnaprasad P	has attended
	urse on Yoga and Stress Mana	
conducted by the Department of	Psychology M.G College T	hiruvananthapuram
for the year.20.19-20	PH	()

Head of the department

Litt.

Co-ordinator





(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Krishnadev S A	has attended
	n course on Yoga and Stress Mana	
conducted by the Departmen	nt of Psychology M.G College Th	niruvananthapuram
for the year 20.19-20	Du	A CONTRACTOR OF THE PARTY OF TH

Head of the department

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Co-ordinator





(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Sm	Krishnachandran S	has attended
	n course on Yoga and Stress Manage	
conducted by the Departmen	nt of Psychology M.G College Thir	uvananthapuram
for the year.20.19-20	Ou .	1

Head of the department

Co-ordinator

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(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Gayathri	has attended
[14] [15] [15] [15] [15] [15] [15] [15] [15	se on Yoga and Stress Ma	
conducted by the Department of P	sychology M.G College	Thiruvananthapuram
for the year 20.19-20		

Head of the department

Lith

Co-ordinator





College with potential for Excellence (UGC)
(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Doel Douglas	has attended
	ourse on Yoga and Stress Mana	
conducted by the Department of	of Psychology M.G College TI	niruvananthapuram
for the year.20.19-20	Ou .	

Head of the department

Lith

Co-ordinator





(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that S	hri/Smt	Dipin DS	has attended
participated the	SECURIOR SEC	rse on Yoga and Stress Ma	
conducted by the Dep	partment of	Psychology M.G College	Thiruvananthapuram
for the year.20.19-20	1	by)	

Head of the department

Co-ordinator





College with potential for Excellence (UGC)
(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Anjali Mohan M	has attended
	urse on Yoga and Stress Manag	
conducted by the Department of	Psychology M.G College Th	iruvananthapuram
for the year.20.19-20	Du	

Head of the department

Co-ordinator

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College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Aneeta Grace	has attended
	urse on Yoga and Stress Man	
conducted by the Department of	Psychology M.G College 1	hiruvananthapuram
for the year.20.19-20	Du l	

Head of the department

Co-ordinator





(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Akhil AJ	has attended
H ()	se on Yoga and Stress Ma	
conducted by the Department of P	sychology M.G College	Thiruvananthapuram
for the year 20.19-20	,	

Head of the department

Co-ordinator





College with potential for Excellence (UGC)
(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shr	i/Smt Abhiramiraj AG	has attended,
	Add on course on Yoga and Stress N	
conducted by the Depar	tment of Psychology M.G Colleg	ge Thiruvananthapuram
for the year.20.19-20	Du .	

Head of the department

Litt

Co-ordinator





(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Sr	nt Syamkumar S	has attended
	on course on Yoga and Stress Mana	
conducted by the Departm	ent of Psychology M.G College T	hiruvananthapuram
for the year.20.19-20	Du.	

Head of the department

lith

Co-ordinator





College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Swathy J Das	has attended
	course on Yoga and Stress Mana	
conducted by the Departmen	t of Psychology M.G College Th	niruvananthapuram
for the year.20.19-20	D.	
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Head of the department

Co-ordinator





(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Saraswathidevi K	has attended/
	course on Yoga and Stress Manag	
conducted by the Department	of Psychology M.G College Th	iruvananthapuram
for the year.20.19-20	Du	CALLERIAN

Head of the department

Co-ordinator

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College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Sankeerthana S	has attended
	urse on Yoga and Stress Manag	
conducted by the Department of	Psychology M.G College Th	iruvananthapuram
for the year.20.19-20	Du	

Head of the department

Litt

Co-ordinator





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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt... Sandeep Chandran BM has attended/participated the...... Add on course on Yoga and Stress Management conducted by the Department of Psychology M.G College Thiruvananthapuram for the year 20.19-20

Head of the department

Co-ordinator





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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that S	Shri/Smt	Gopika J R	has attended
participated the		on Yoga and Stress M	
conducted by the De	partment of Psyc	chology M.G Colleg	e Thiruvananthapuram
for the year.20.19-20	Du.		
LH	ZH		1

Head of the department

Co-ordinator





(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Megha J S	has attended
	ourse on Yoga and Stress Ma	
conducted by the Department of	f Psychology M.G College	Thiruvananthapuram
for the year.20.19-20	Du	

Head of the department

Co-ordinator

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College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Dileep T S	has attended,
	rse on Yoga and Stress	
conducted by the Department of I	Psychology M.G Colle	ege Thiruvananthapuram
for the year 20.19-20	H	

Head of the department

Co-ordinator





College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt.	Karthik V Nair	has attended/
participated the Add on	course on Yoga and Stress Manag	
conducted by the Department	of Psychology M.G College Th	iruvananthapuram
for the year.20.19-20	D .	

Head of the department

Co-ordinator





(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Aparna A	has attended
	rse on Yoga and Stress Ma	
conducted by the Department of	Psychology M.G College	Thiruvananthapuram
for the year.20.19-20		

Head of the department

Co-ordinator

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(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Adarsh A S	has attended
	course on Yoga and Stress Mana	
conducted by the Departmen	t of Psychology M.G College T	hiruvananthapuram
for the year.20.19-20	Du la	

Head of the department

Co-ordinator





(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Anakha Ashok	has attended
participated theAdd on cou	irse on Yoga and Stress Manag	
conducted by the Department of	Psychology M.G College Th	iruvananthapuram
for the year.20.19-20	h.	II, I LANGE IN

Head of the department

Co-ordinator

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College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Lekshmi B	has attended
	course on Yoga and Stress Man	
conducted by the Department	t of Psychology M.G College T	hiruvananthapuram
for the year.20.19-20	Du la	

Head of the department

Co-ordinator

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College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	A R Ardra	has attended
	e on Yoga and Stress Man	PERSONAL PROPERTY AND PROPERTY
conducted by the Department of Ps	sychology M.G College 1	hiruvananthapuram
for the year 20.19-20		

Head of the department

Co-ordinator





College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Sooraj B	has attended
	n course on Yoga and Stress Ma	
conducted by the Departmen	it of Psychology M.G College	Thiruvananthapuram
for the year.20.19-20	Du The state of th	,

Head of the department

Co-ordinator

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College with potential for Excellence (UGC)

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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Vaisakhi D V	has attended
	urse on Yoga and Stress Man	
conducted by the Department of	Psychology M.G College T	hiruvananthapuram
for the year.20.19-20	h .,	

Head of the department

Co-ordinator





College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Sn	Gopika Anilkumar	has attended
	on course on Yoga and Stress Manage	
conducted by the Departme	ent of Psychology M.G College Thir	ruvananthapuram
for the year.20.19-20		

Head of the department

Co-ordinator





College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Kavya S	has attended
	urse on Yoga and Stress Mar	
conducted by the Department of	Psychology M.G College	Thiruvananthapuram
for the year.20.19-20	7.	

Head of the department

Co-ordinator





(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Deepika R S	has attended
	se on Yoga and Stress Mana	
conducted by the Department of I	sychology M.G College T	hiruvananthapuram
for the year 20.19-20		A PARTIE

Head of the department

Co-ordinator





College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Bhagya R Nair	has attended
	se on Yoga and Stress Manag	
conducted by the Department of P	sychology M.G College Thi	ruvananthapuram
for the year.20.19-20		

Head of the department

Co-ordinator





College with potential for Excellence (UGC)
(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Aparna K N	has attended
	e on Yoga and Stress Mana	
conducted by the Department of Ps	sychology M.G College TI	hiruvananthapuram
for the year.20.19-20		

Head of the department

Co-ordinator

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(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

Head of the department

Co-ordinator





College with potential for Excellence (UGC)
(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Anakha S	has attended
	se on Yoga and Stress Ma	
conducted by the Department of P	sychology M.G College	Thiruvananthapuram
for the year.20.19-20		

Head of the department

Co-ordinator





College with potential for Excellence (UGC)
(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Arsha AS	has attended
	e on Yoga and Stress Mar	
conducted by the Department of Ps	sychology M.G College	Thiruvananthapuram
for the year.20.19-20		

Head of the department

Co-ordinator



fo The

Head of the department

MAHATMA GANDHI COLLEGE THIRUVANANTHAPURAM



Principal

College with potential for Excellence (UGC) (Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that	Shri/Smt Aiswarya SS	has attended
participated the	Add on course on Yoga and Stress Ma	
conducted by the D	epartment of Psychology M.G College	Thiruvananthapuram
for the year.20.19-20	A .	
7.4	ZH.	()

Co-ordinator



Head of the department

MAHATMA GANDHI COLLEGE THIRUVANANTHAPURAM



Principal

College with potential for Excellence (UGC)
(Accredited by NAAC with B+ grade)

DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt	Nandana B	has attended/
	course on Yoga and Stress Man	
conducted by the Department	of Psychology M.G College 1	Thiruvananthapuram
for the year 20.19-20	D .	
P.H.	64	1)

Co-ordinator