



OFFICE OF THE PRINCIPAL
MAHATMA GANDHI COLLEGE

(Affiliated to University of Kerala)(Re-Accredited with B+ Grade by NAAC,
UGC-College with Potential for Excellence)

KESAVADASAPURAM, THIRUVANANTHAPURAM- 695004

KERALA, INDIA

Phone: (O) 0471-2541039

Email:nssmgcollege@gmail.com

Date: 02/07/2024

Certified that the following certificates are issued to forty two students who have successfully completed the add-on course entitled 'Yoga and Stress Management' conducted by Department of Psychology during the academic year 2019 – 20.

Principal

Principal
Mahatma Gandhi College
Thiruvananthapuram



MAHATMA GANDHI COLLEGE THIRUVANANTHAPURAM



College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt **Vyshna G** has attended/
participated the..... **Add on course on Yoga and Stress Management**
conducted by the Department of Psychology M.G College Thiruvananthapuram
for the year.2019-20

Head of the department

Co-ordinator

Principal



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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt **R Devapriya** has attended/
participated the..... **Add on course on Yoga and Stress Management**
conducted by the Department of Psychology M.G College Thiruvananthapuram
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Head of the department

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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt **Divya M** has attended/
participated the **Add on course on Yoga and Stress Management**
conducted by the Department of Psychology M.G College Thiruvananthapuram
for the year.2019-20

Head of the department

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Principal



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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt **Suraj Singh** has attended/
participated the..... **Add on course on Yoga and Stress Management**
conducted by the Department of Psychology M.G College Thiruvananthapuram
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt **Shibin S L** has attended/
participated the..... **Add on course on Yoga and Stress Management**
conducted by the Department of Psychology M.G College Thiruvananthapuram
for the year 2019-20

Head of the department

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Principal



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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt **Rahul R** has attended/
participated the..... **Add on course on Yoga and Stress Management**
conducted by the Department of Psychology M.G College Thiruvananthapuram
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt **Krishnaprasad P** has attended/
participated the **Add on course on Yoga and Stress Management**
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Certificate

This is to certify that Shri/Smt **Krishnadev S A** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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Certificate

This is to certify that Shri/Smt. Krishnachandran S has attended/
participated the..... Add on course on Yoga and Stress Management.....
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Certificate

This is to certify that Shri/Smt **Gayathri** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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Certificate

This is to certify that Shri/Smt **Doel Douglas** has attended/
participated the **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Dipin DS** has attended/
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This is to certify that Shri/Smt **Anjali Mohan M** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Aneeta Grace** has attended/
participated the **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Akhil AJ** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Abhiramiraj AG** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Syamkumar S** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Swathy J Das** has attended/
participated the **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Saraswathidevi K** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Sankeerthana S** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Sandeep Chandran BM** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Gopika J R**has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Megha J S** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Dileep T S** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Karthik V Nair** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Aparna A** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Adarsh A S** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Anakha Ashok** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Lekshmi B** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **A R Ardra** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Sooraj B** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Vaisakhi D V** has attended/
participated the **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Gopika Anilkumar** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Kavya S** has attended/
participated the **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Deepika R S** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Bhagya R Nair** has attended/
participated the **Add on course on Yoga and Stress Management**
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt **Aparna K N** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Chandana Jayakumar** has attended/
participated the **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Anakha S** has attended/
participated the..... **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt **Arsha AS** has attended/
participated the **Add on course on Yoga and Stress Management**
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This is to certify that Shri/Smt. Aiswarya SS has attended/
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This is to certify that Shri/Smt **Nandana B**has attended/
participated the..... **Add on course on Yoga and Stress Management**.....
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