

**5.3.2 Average number of sports and cultural programs in which students of the Institution participated during last five years (organised by the institution/other institutions)**

Date of event/activity (DD-MM-YY)	Name of the event/activity	Name of the student participated
	<b>2022 - 23</b>	
05/05/2023 to 09/05/2023	Kerala University Youth Festival	Vishnu S
01/04/2023 to 02/04/2023	Inter College Techno Cultural Fest	Ashwin M.V.
19/03/2023 to 21/03/2023	All India Inter University Water Polo (Men) Tournament	Anandhu A
17/03/2023 to 17/03/2023	College Level Annual Athletic Meet	Navin P.
10/03/2023 to 10/03/2023	FR. Sebastian National Level Quiz Competition	Harikrishnan R
08/03/2023 to 08/03/2023	College Level Debate Competition	Nikitha Syam
03/03/2023 to 03/03/2023	All Kerala Inter collegiate Quiz Competition	Pavi K Uday
28/02/2023 to 28/02/2023	Intercollegiate Quiz Competition	Abhiram V.K.
20/02/2023 to 03/03/2023	All India Inter University Cricket (Men) Tournament	Abjith Praveen V
11/02/2023 to 16/02/2023	Kerala University Cricket Tournament	K.S. Kailash Madhav
29/01/2023 to 30/01/2023	Kerala University American Flag Football Tournament	Aneesh S.
15/01/2023 to 15/01/2023	Kerala Legislature International Book Festival Quiz Competition	Arya Ram A.
07/11/2023 to 07/11/2023	SQUASH RACKETS (Men) tournament	Sivajeewan S.
11/01/2023 to 12/01/2023	i-LEAD Leadership Fest 2023	Anandhu U R, Kiran S, Jishnu Prasad S L, Renjith S
08/01/2023 to 15/01/2023	All India Inter University Football (Men) Tournament	Jojimon J
06/01/2023 to 08/01/2023	Kerala University Power Lifting Championship	Bharath S.K
03/01/2023 to 06/01/2023	All India Inter University Taekwondo – Kyorugi (Men) Tournament	Aashirwad Singla
01/01/2023 to 29/01/2023	NCC Annual Republic Day Camp	Siddarth S.S. Anjai Vinod, Sivani J R,
26/12/2022 to 29/12/2022	All India Inter University Aquatics (Men) Tournament	Akash G.M
21/11/2022 to 24/11/2022	Interzone Football (Men) Tournament	Vaishakh V
18/12/2022 to 18/12/2022	Kerala University Taekwondo (Men) Championship	A.Aashirwad Singla
27/11/2022 to 27/11/2022	Kerala State Keralolsavam	Arun Krishna
26/11/2022 to 26/11/2022	All India Legal Quiz Competition	Arya Ram A.
21/11/2022 to 24/11/2022	Kerala University Football Tournament	Vaishakh V
11/11/2022 to 11/11/2022	College Level National Education Day Quiz Competition	Abhiram V. Nair
11/11/2022 to 12/11/2022	Kerala University kabadi (women)Tournament	Sneha Binu
10/11/2022 to 11/11/2022	Kerala University Ball Badminton Tournament	Abin Das
09/11/2022 to 13/11/2022	International Indie Music Festival	Mathangi S.R.
07/11/2022 to 07/11/2022	Kerala University Squash Racket (Men) Tournament	Sivajeewan S
03/11/2022 to 03/11/2022	Inter collegiate Quiz Competition	Arya Ram A.
01/11/2022 to 03/11/2022	Kerala University Aquatics (Men) Championship	Akash G.M
01/11/2022 to 04/11/2022	College Level Essay Writing	Swathi P.S
01/11/2022 to 03/11/2022	Kerala University Aquatics Championship	Sivani S.A, Akash G M, Kripa R R
31/10/2022 to 31/10/2022	Inter collegiate Quiz Competition	Sreelekshmi S
18/10/2022 to 18/10/2022	College Level Debate Competition	Jana M.J
09/09/2022 to 09/09/2022	College Level Annual Athletic Meet	Abhiram S.P.
29/09/2022 to 12/10/2022	36th National Games (Aquatics Waterpolo)	Surya V.S
06/09/2022 to 10/09/2022	75 <sup>th</sup> Senior National Aquatic Championship	Surabhi.V.S
11/08/2022 to 11/08/2022	College Level Ramayana Recitation	Meenakshi S.
20/07/2022 to 20/07/2022	College Level Premchand Day Quiz Competition	Karthik M.
12/07/2022 to 12/07/2022	Inter College Techno Cultural Fest	Ashwin M.V.
06/07/2022 to 08/07/2022	All India Inter University Waterpolo Championship	Anandhu A.
21/06/2022 to 25/06/2022	76 <sup>th</sup> Senior National Aquatic Championship	Surabhi.V.S
06/06/2022 to 15/06/2022	All India Inter University Cricket (Men) Tournament	Brijesh Raj S.

<b>2021 - 22</b>		
24/05/2022 to 03/05/2022	Khelo India University Game 2021	Shahir S.
22/05/2022 to 28/05/2022	Inter District State Football Championship	Sreejith B.
04/05/2022 to 06/05/2022	KERALA State College Games	Vaishnav V.S.
24/04/2022 to 03/05/2022	Khelo India University Games 2021	Vaisakh V
23/04/2022 to 27/04/2022	Kerala University Youth Festival	Gargi P.S, Mathangi S R, Devi Krishna M S,
14/03/2022 to 16/03/2022	Kerala University Cricket (Men) Tournament	K.S. Kailas Madhav
10/03/2022 to 14/03/2022	South Zone Inter University Ball Badminton	Vinu M.S, Nair
09/03/2022 to 10/03/2022	Kerala State Aquatic Championship	Sivani S.A
08/03/2022 to 08/03/2022	College Level Debate Competition	Sredha Sumit
06/03/2022 to 06/03/2022	Kerala State Senior Athletics Championship	Vaishnav V.S
28/02/2022 to 28/02/2022	College Level National Science Day Quiz Competition	Sruthy P.
20/02/2022 to 20/02/2022	College Level Annual Athletic Meet	Ananthkrishnan S.
17/02/2022 to 18/02/2022	Kerala University Hand Ball (MEN) Championship	Shahinsha N
16/02/2022 to 17/02/2022	Kerala University Taekwondo Kyorugi (Women) Championship 46 KG	Fathimath Muamina .M, Amith A J
12/01/2022 to 12/01/2022	College Level National Youth Day Quiz Competition	Gopika B.P
08/01/2022 to 09/01/2022	Kerala University Ball Badminton Tournament	Arathy S, Abin Das M B, Vinu M S Nair
07/01/2022 to 10/01/2022	All India Inter University Fencing (Men) Tournament	Akhil M.A.
05/01/2022 to 10/01/2022	All India Inter University Football (Men) Tournament	Vaisakh V
05/01/2022 to 10/01/2022	South Zone Inter University	Vishnu C.V
22/12/2021 to 24/12/2021	National Ringball Championship	Lekshmy P.
18/12/2021 to 19/12/2021	Kerala State Senior Ball Badminton Chmpionship	Sandesh P.
16/12/2021 to 18/12/2021	Kerala University Athletics (MEN) Championship	Vaishnav V.S
11/12/2021 to 12/12/2021	Kerala University Football (Men) Championship	Sreejith B
05/12/2021 to 07/12/2021	Kerala University Aquatics Championship 4X100M Free Style Relay	Anand S., Ganga R, Surya V S, Anoop T R, Sivani S A
12/11/2021 to 12/11/2021	College Level Debate Competition	Aiswarya V.S
01/11/2021 to 03/11/2021	College Level Elocution	Shiny S.
18/09/2021 to 19/09/2021	Kerala University Waterpolo (Men) Championship	Vinesh R.S, Vaishna V L, Rakhi Krishna
16/09/2021 to 16/09/2021	College Level Annual Athletic Meet	Nikhil Jose
14/09/2021 to 14/09/2021	College Level Independence Day Quiz Competition	Gouri Lekshmi S.R.
17/08/2021 to 18/08/2021	Kerala University Athletics (Men) Championship	Abudev A.P, Vaishnav V S
14/08/2021 to 15/08/2021	Kerala University Roll Ball Tournament	Sooriya Sambu, Govind S S
05/08/2021 to 06/08/2021	Kerala University Ball Badminton Tournament	Sreelal S.
05/08/2021 to 06/08/2021	Kerala University Cricket Tournament	Jaseem Ansari
05/08/2021 to 06/08/2021	Kerala University Weightlifting (Men) 102 KG Championship	Abudev A.P
05/08/2021 to 06/08/2021	Kerala University Inter Collegiate Softball Tournament	Sivan M.S.
04/08/2021 to 05/08/2021	Kerala University Foot Ball (Men) Tournament	AL Ameen E
03/08/2021 to 04/08/2021	Kerala University Ball Badminton Championship	Gauri Nandana A.N
03/08/2021 to 04/08/2021	Kerala University Inter Collegiate Handball Tournament	Devakumar S, Varah R
29/07/2021 to 29/07/2021	College Level Ramayana Quiz	Meenakshi M. Nath
<b>2020 - 21</b>		
13/04/2021 to 14/04/2021	Kerala University Tennis (Men) Tournament	Vaisakh V, Harikrishnan M, Vaishakk V
24/02/2021 to 24/02/2021	College Level Annual Athletic Meet	Pearl N.S.
10/12/2020 to 10/12/2020	College Level Human Right Day Quiz Competition	Swapna D.
02/11/2020 to 06/11/2020	College Level Essay Writing	Sreenath R.K.
07/10/2020 to 07/10/2020	Digital Poster Making Competition	Anagha A Nair
05/10/2020 to 05/10/2020	Essay Writing Competition in Malayalam	Lekshmi Chandana S.D
05/10/2020 to 05/10/2020	Photography Contest	Aryakrishnan A.

12/08/2020 to 12/08/ 2020	College Level Annual Athletic Meet	Anoop T.R.
07/08/2020 to 07/08/2020	College Level Ramayana Quiz	Ruhama George
	<b>2019 - 20</b>	
04/03/2020 to 04/03/2020	College Level Debate Competition	Adheena
02/03/2020 to 07/03/2020	Kerala University Youth Festival	Krishnadevan, Arathy A L, Parvathy R, Maya Murali M, Aparna J S
24/02/2020 to 25/02/2020	Kerala University Roll Ball Tournament	Sooriya Sambu
22/02/2020 to 01/03/2020	Khelo India University Game at Odisha	Vaisakh A
12/02/2020 to 13/02/2020	Kerala University Taekwondo (Men) Championship	Praveen Kumar D.
07/02/2020 to 07/02/2020	FR. Sebastian National Level Quiz Competition	Aparna Raj A
03/02/2020 to 07/02/2020	Inter University National Youth Festival	Parvathy R
24/01/2020 to 24/01/2020	College Level Republic Day Quiz Competition	Gouri S.
24/01/2020 to 26/01/2020	2 <sup>nd</sup> Youth National Ball Badminton Championship	Athira Anil
10/01/2020 to 22/01/2020	Khelo India Youth Games	Sreejith B
07/01/2020 to 10/01/2020	All India Inter University Ball Badminton (Men) Tournament	Midhuna Ramesh
04/01/2020 to 05/01/2020	Kerala State Track Cycling Championship	Amal Mohan S.U
31/12/2019 to 05/01/2020	All India Inter University	Bijoy V.
21/12/2019 to 24/12/2019	South Zone Inter University Handball (Men) Tournament	Jishnu K.M.
19/12/2019 to 20/12/2019	Kerala University Ball Badminton Tournament	Jyothish R R
06/12/2019 to 06/12/2019	National Level Psychology Fest	Krishna S.
28/11/2019 to 11/12/2019	South Zone Inter University	Vijin V.S
23/11/2019 to 24/11/2019	Kerala University Boxing Championship (Men)	Dispin Das Y.
16/11/2019 to 19/11/2019	Kerala University Cricket Tournament	Jaseem Ansari
09/11/2019 to 12/11/2019	Kerala University Football Championship (Men)	Vishnu C.V
06/11/2019 to 08/11/2019	All India Inter University Aquatics (Women) Tournament	Anuja V.J.
04/11/2019 to 07/11/2019	College Level Quiz	Jayaparvathi S.
01/11/2019 to 04/11/2019	All India University Aquatics (Men) Championship	Vaishnav V.L
01/11/2019 to 04/11/2019	All India Inter University	Sooraj JS
16/10/2019 to 20/10/2019	South Zone Inter University	Vaishakh V
10/10/2019 to 10/10/2019	College Level Debate Competition	Anagha A.S Nair
09/10/2019 to 11/10/2019	Kerala University Waterpolo (Men) Championship	Vishnu A, Vaishnav V L, Rakhi Krishna A, Adarsh G M, Anuja V J
04/10/2019 to 04/10/2019	College Level Gandhi Jayanti Quiz Competition	Anantha Krishnan B.S.
04/10/2019 to 04/10/2019	Kerala University Cycling (Kerin Race -2KM) Championship	Amal Mohan S.U
17/08/2019 to 17/08/2019	Thiruvananthapuram District Athletics Championship	Vaishnav V.S
06/08/2019 to 10/08/2019	All Kerala Inter Collegiate Football Tournament	Akhil Dev
07/08/2019 to 07/08/2019	College Level Ramayana Quiz	Srahha V.S
03/07/2019 to 03/07/2019	College Level Independence F Day Quiz Competition	Amal Jyothish
26/06/2019 to 30/06/2019	Junior National Aquatic Championship	Sruthy S.L
09/06/2019 to 11/06/2019	National Games - National	Pronoy Vijay
	<b>2018 - 19</b>	
26/03/2019 to 30/03/2019	Kerala University Youth Festival	Vaishnavi S Pillai, Parvathy R
14/03/2019 to 14/03/2019	College Level Womens Day Quiz Competition	A. Anchu
12/03/2019 to 12/03/2019	Annual Athletic Meet College Level	Roy Jude J
05/03/2019 to 05/03/2019	College Level Annual Athletic Meet	Jasefin Jose
20/02/2019 to 20/02/2019	College Level Debate Competition	Prophul Raj
15/02/2019 to 19/02/2019	All India Inter University Tennis (Men) Tournament	Vaisakh V
11/02/2019 to 15/02/2019	All India Inter University Roll Ball (Men) Tournament	S Sooriya Sambu
16/01/2019 to 17/01/2019	Kerala University Taekwondo Championship 58KG	Irfan Ali M.
14/01/2019 to 24/01/2019	South Zone Inter University Cricket	Amal A.G.
09/01/2019 to 20/01/2019	Khelo India Youth Games - National	Vaishakh V.

29/12/2018 to 30/12/2018	Kerala State Track Cycling Championship	Amal Mohan, Gokul R G
20/12/2018 to 21/12/2018	Kerala University Cricket Championship (Men)	Pranav K Subash
09/12/2018 to 12/12/2018	All India Inter University Taekwondo (Men) Championship	Irfan Ali
02/12/2018 to 29/12/2018	All India Inter University Football (Men) Tournament	Sijin Simon
24/11/2018 to 25/11/2018	Kerala University Ball Badminton Tournament	Athira Anil
07/11/2018 to 09/11/2018	All India Inter University Athletics Championship (MEN)	Vaisakh A
21/11/2018 to 22/11/2018	Kerala University Ball Badminton (Men) Championship	Jyothish R.R
09/11/2018 to 12/11/2018	All India Inter University Cycling Track (Men) Tournament	Adil S.P. Gokul R G
07/11/2018 to 09/11/2018	Kerala University Athletics Championship (Women)	Bhagyalekshmi S
07/11/2018 to 09/11/2018	Kerala University Athletics Championship (Men)	Vaisakh A
02/11/2018 to 04/11/2018	All India Inter University Aquatics (Women) Tournament	Anuja V.J
02/11/2018 to 04/11/2018	National Taekwondo Championship	Irfan Ali M.
01/11/2018 to 07/11/2018	College Level Essay Writing	Sukanya V.
30/10/2018 to 31/10/2018	EONIA 2K18	Athira B
28/10/2018 to 31/10/2018	All India Inter University Aquatics Championship	Narendraprasad J
29/09/2018 to 02/10/2018	Kerala University Football Championship (Men)	Jebin Bosco
14/09/2018 to 14/09/2018	College Level Hindi Day Quiz Competition	Aravind G.T.
11/09/2018 to 13/09/2018	Kerala University Athletics Championship (Women)	Praveena S.K
11/09/2018 to 13/09/2018	Kerala University Interzone Aquatics (Women) Championship	Praveena S.K, Anuja V J
05/09/2018 to 05/08/2018	College Level Annual Athletic Meet	Alkesh Raj T.V.
28/07/2018 to 29/07/2018	Thiruvananthapuram District Athletics Championship	Anuja V.J.
06/07/2018 to 06/07/2018	College Level Debate Competition	Anjana Sujith
30/06/2018 to 01/07/2018	Kerala State Senior Taekwondo Championship 54KG	Praveen Kumar
13/06/2018 to 13/06/2018	College Level Literary Quiz Competition	S. Navaneeth
14/08/2019 to 14/08/2019	College Level Ramayana Reading	Nandana S.