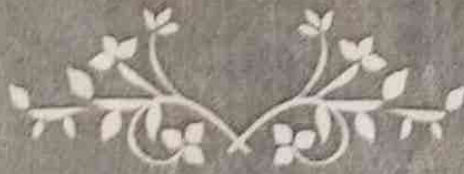


THIRUVANANTHAPURAM



DEPARTMENT
OF
PSYCHOLOGY

Add on course on
Transactional
Analysis
2021-22

REGISTER NOW:

COURSE COORDINATOR:
DR.PRATHIBHA S NAIR
PH:9446323061

Classes handled by
Dr.Prathibha S Nair(MG College)
Sri Mathius Vengal(Sanjeevani
Befrienders)



TRANSACTIONAL ANALYSIS - PEOPLE MANAGEMENT SKILLS WITH

TA Total Hours : 30

Course Outcomes:

CSO1: Students will become familiar with basics of Transactional Analysis

CSO2: Students can identify People Management Skills in schools and workplaces

Module I 10 Hours

Identifying areas of People management in Schools, work

places 360° interpersonal relationship in schools, workplaces

Non Verbal Communication — Body Movement or

Kinesics, Physical characteristics, Vocal quality, Proxemics, Artifacts

and Environment . Listening and Responding – Active Listening,

Giving Feedback, Paraphrasing

Module 2 10 Hours

TA introduction, Ego states, Structure model, Contamination and Exclusion, Diagnosis of ego states, Ego grams

Motivation — Structure, Stimulus and Recognition Hunger . Emotional intelligence



Rath
P. T. D

Module 3. 10 Hours

Transaction - definition, types , rules

Strokes — Definition, types, stroke economy

Life Position – Definition ,Ok ness , 4 position , Social

Time Structuring and effective life

Reference

TA Today

Stewart I , and Joines V



ADD ON COURSE
DEPARTMENT OF PSYCHOLOGY
TRANSACTIONAL ANALYSIS
2021-2022

MAX MARKS:20

ANSWER THE FOLLOWING

1. Non verbal communication is
2. Active listening is
3. Proxemics is
4. Paraphrasing is
5. Ego grams are
6. Strokes is

1 x 6=6

6. What are the various ego states?
7. What is the ego structure model?
8. What is motivation and its structure?
9. What is hunger? Explain stimulus and recognition
10. What is emotional intelligence?
11. What is contamination and exclusion?
12. Explain body movember or kinesics in non verbal communication

7 x 2=14



Add on course Transactional Analysis

Name	Class	Signature
1. Aishwary SS	III DC	
2. Anakha S.	III DC	
3. Aparna K W	III DC	
4. Aashia A S	III DC	
5. Adhish A S	III DC	
6. Sandip Chandran B M	III DC	
7. Soanya A Raj	III DC	
8. Bhagya R Nair	III DC	
9. DILEEP T S	III DC	
10. Megha J S	III DC	
11. Lekshmi B	III DC	
12. Deepika R S	III DC	
13. Sankeetha S.	III DC	
14. Gopakeshikumar	III DC	
15. Vaidhika PV	III DC	
16. Saraswati Devi K	III DC	
17. Kanya S	III DC	
18. Syamkumar S S	III DC	
19. Geetika J R	III DC	
20. Akshita A K	III DC	
21. Kishna Anandhan	III DC	
22. Nanthana V	III DC	
23. Swathy J Das	III DC	
24. Rahul B	III DC	
25. Alhizami Raj A G	III DC	
26. R. DEVARIVA	III DC	
27. Arista Grace	III DC	
28. Anakha Ashok	III DC	
29. Vyshna G	III DC	

30. Anjali Mohan M	III DC	
31. Divya M	III DC	
32. Sneha Singh	III DC	
33. GAYATHRI VINAY NARAYAN	III DC	
34. Karabha Dev S A	III DC	
35. DOEL DOUGLAS	III DC	
36. Dipin D S	III DC	
37. Kishna Prasad	III DC	
38. KARTHIK V NAIR	III DC	

PRATHIBHA S NAIR
COURSE CO-ORDINATOR

ATTENDANCE REGISTER FOR THE MONTH OF

ADD ON COURSE TRANSACTIONAL ANALYSIS 2021-22

Sl. No.	Name	Designation	1-12-21	2-12-21	3-12-21	4-12-21	5-12-21	6-12-21	7-12-21	8-12-21	9-12-21	10-12-21	11-12-21	12-12-21	13-12-21	14-12-21	15-12-21	16-12-21	17-12-21	18-12-21	19-12-21	20-12-21	21-12-21	22-12-21	23-12-21	24-12-21	25-12-21	26-12-21	27-12-21	28-12-21	29-12-21	30-12-21	31-12-21	Working Days	Days present	Days absent	Leave taken	Remarks
1	Aiswarya .S.S	Indc Exhdg	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	27	3			
2	Anakha .S	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2			
3	Apurak .N	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2			
4	Asha .A.S	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	23	7			
5	Adhesh .A.S	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4			
6	Sandeep Chandan .B.M	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	25	5			
7	Sanya .B.Saj	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	2			
8	Bhagya .P. Nair	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	25	5			
9	Dilip .T.S	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4			
10	Megha .J.S	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	29	1			
11	Lekshmi .B	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	27	3			
12	Deepika .R.S	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4			
13	Sankethana .B	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4			
14	Sajita Ankumar	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	29	1			
15	Vaishakhi .D.V	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	27	3			
16	Prasanthi Devi .K	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	27	3			
17	Kanya .S	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	27	3			
18	Sipankumar .S.S	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	27	3			
19	Sujita .J.R	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2			
20	Akhil .A.L	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4			
21	Kishan Chandan	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2			
22	Narolona V	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4			
23	Smriti J. Das	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2			
24	Debal .P.	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	27	3			
25	Abhinami .Raj .A.G	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	29	1			
26	P. Deepika	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4			
27	Anita Jose	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2			
28	Ankita Babek	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4			
29	Vybhava .J	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	23	7			
30	Anjali Mahan .M	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2			
31	Dinika .M	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2			
32	Suj Singh	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2			
33	Rajathi Vinay Narayan	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	29	1			
34	Kushal Dev .S.A	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	26	4			
35	Devi Douglas	III rd De "	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	30	28	2			

Department of Psychology

Add on Course

Transactional Analysis

2021- 2022

Sl. No.	Name of the Student	Total mark	Mark obtained
1.	Aiswarya S S	20	18
2.	Anakha S	20	19
3.	Aparna K N	20	18
4.	Arsha A S	20	17
5.	Adharsh A S	20	16
6.	Sandeep Chandran	20	20
7.	Soorya B Raj	20	20
8.	Bhagya R Nair	20	18
9.	Dileep T S	20	20
10.	Megha J S	20	15
11.	Lekshmi B	20	18
12.	Deepika R S	20	17
13.	Sankeerthana S	20	16
14.	Gopika Anil Kumar	20	18
15.	Vaishaki D V	20	19
16.	Saraswathi Devi K	20	19
17.	Kavya S	20	17
18.	Syam Kumar S S	20	18
19.	Gopika J R	20	19
20.	Akhil A L	20	19
21.	Krishna Chandran	20	16
22.	Nandana V	20	18
23.	Swathi J Das	20	17
24.	Rahul R	20	19
25.	Abhirami Raj A G	20	20
26.	R Devapriya	20	17
27.	Aneeta Grace	20	17
28.	Anagha Ashok	20	18
29.	Vyshna G	20	17
30.	Anjali Mohan M	20	19
31.	Divya M	20	19
32.	Sooraj Singh	20	17
33.	Gayathri	20	18
34.	Krishna Dev	20	19
35.	Doel Douglas	20	18
36.	Dipin D S	20	19
37.	Krishna Prasad	20	17
38.	Karthik V Nair	20	18



MAHATMA GANDHI COLLEGE, TRIVANDRUM



College with potential for Excellence (UGC)
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DEPARTMENT OF PSYCHOLOGY

Certificate

This is to certify that Shri/Smt
has completed the Add-on Course on "Transactional
Analysis - Developing People Skills" conducted by the
Department of Psychology, M.G. College, for the year
.....

Head of the Department

Principal

REPORT OF ADD ON COURSE ON TRANSACTIONAL ANALYSIS. (2021-22)

THE SPECIFIC TITLE OF THE COURSE WAS 'PEOPLE ENHANCEMENT SKILLS WITH TA'. THE COURSE COMPRISED OF 30 HOURS. 38 STUDENTS HAD ENROLLED FOR THE COURSE. THIS COURSE WAS CONDUCTED IN ASSOCIATION WITH SANJEEVANI BEFRIENDERS WITH WHOM MOU IS SIGNED. TA TRIVANDRUM CHAPTER RUNS IN SANJEEVANI BEFRIENDERS. THE COURSE WAS TAKEN BY SRI MATIUS VENGAL OF SANJEEVANI AND DR PRATHIBHA S NAIR, HEAD OF THE DEPARTMENT OF PSYCHOLOGY WHO IS A BTA HOLDER

Prath

