

**5.1.2 Capacity building and skills  
enhancement initiatives taken by the  
institution  
(2018-2023)**

5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following					
1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. Awareness of Trends in Technology					
Sl. No.	Name of the capacity development activity	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)	Category
<b>2018-19</b>					
1	Paper bag making	19th September 2018	50	Dept. of Botany in association with IQAC	Soft Skills
2	Seed pen making	08-01-2019	50	Dept. of Botany in association with IQAC	Soft Skills
3	“Issues of Ozone Layer Protection: Awareness and Preservation”	19th September 2018	150	Dept of Chemistry & KSCSTE	Soft Skills
4	“Ozone: Chemistry, History, Ecology and Future”	20th September 2018	150	Dept of Chemistry & KSCSTE	Soft Skills
5	“Sasthra Jalakam” & “Sasthra Padham- Exhibition and Talk	January 19th and Jan26th 2019	24	Dept of Chemistry & Govt of Kerala	Soft Skills
6	A Healthy Mind in a Healthy Body	04-07-2018	43	Dept of English & Dr Aneesh V Appu, Mahatma Gandhi College, Thiruvananthapuram	Life Skills
7	CELEBRATION OF INTERNATIONAL YOGA DAY- YOGA TRAINING SECTION	21-06-2018	27	Dept of Sociology & DEPARTMENT OF PSYCHOLOGY, MAHATMA GANDHI COLLEGE, TVPM	Life Skills
8	LANGUAGE SKILL(MAL)- BASIC CONCEPTS OF LANGUAGE	03-09-2018	56	Dept of Malayalam in association with IQAC	Language and communication skills

9	SAMSKRITHAPARICHAYA (SANSKRIT)	15-10-2018	19	Dept of Malayalam in association with IQAC	Language and communication skills
<b>2019-20</b>					
10	Terrarium making	2019-2020	50	Dept. of Botany in association with IQAC	Soft Skills
11	Soft Skill Development in Budding, Grafting, and Layering Techniques	2019-2020	50	Dept. of Botany in association with IQAC	Soft Skills
12	The Student Blog, an online platform initiated by students	Mar-20		Dept. of Physics in association with IQAC	Soft Skills
13	SVEZDA 2019 – Celebration of World Space Week	09-10-2019	18	Dept. of Physics in association with IQAC	Language and Communication skills
14	WORKSHOP ON TIE AND DYE	13-07-2019	27	Dept of Sociology & KANTHARI INTERNATIONAL NGO: AN INTERNATIONAL INSTITUTE FOR TRAINING AND LEADERSHIP,VELLAYA NI,TVPM	Soft Skills
15	Taste the Magical Power of success	19-08-2019	48	Dept of Zoology & Sreeraj Parakkal,Bishop Jerome Institute,,School of Engineering ,Kollam	Soft Skills
16	Programme on Health and Fitness	15-01-2020	25	Dept of Zoology & Manoj.R,Mahatma Gandhi College, Thiruvananthapuram	Life Skills
17	BASIC CONCEPTS OF LANGUAGE SKILL(MAL)	02-09-2019	55	Dept of Malayalam in association with IQAC	Language and Communication skills

18	SAMSKRITHAPARICHAYA (SANSKRIT)	03-12-2019	20	Dept of Malayalam in association with IQAC	Language and Communication skills
<b>2020-21</b>					
19	Budding techniques	27-07-2021	50	Dept. of Botany in association with IQAC	Soft Skills
20	Ornamental flower making	04-02-2021	50	Dept. of Botany in association with IQAC	Soft Skills
21	Dry flower arrangement	15-12-2021	50	Dept. of Botany in association with IQAC	Soft Skills
22	BASIC CONCEPTS OF LANGUAGE	03-09-2020	49	Dept. of Malayalam in association with IQAC	Language and communication skills
<b>2021-22</b>					
23	Bottle art	2021-2022	50	Dept. of Botany in association with IQAC	Soft Skills
24	Plastic reuse in home deco making	2021-2022	53	Dept. of Botany in association with IQAC	Soft Skills
25	CHEM FEST 2K21-22 - CHYMICUS 2021	16-08-2021 & 17- 08-2021	84	Dept of Chemistry in association with College, IQAC	Soft Skills
26	Conserving Our Ozone Layer- The future of Clean Energy	16-10-2021	74	Dept of Chemistry in association with College, IQAC	Language and Communication skills
27	International Conference on Recent Advances in Chemical Sciences	10-03-2022 & 11- 03-2022	41	Dept of Chemistry in association with College, IQAC	Language and Communication skills
28	Craft Awareness Programme	5-1-2022 to 7-1- 2022	245	Dept of Economics in association with College, IQAC	Soft Skills
29	National Science Day celebration 2021 - Student presentation on Women scientists	02-12-2021	40	Dept of Physics in association with College, IQAC	Language and Communication skills



30	Basic concepts of language (Malayalam)	01-09-2021	52	Dept of Malayalam in association with College, IQAC	Language and Communication skills
31	Samskrithaparichaya (Sanskrit)	14-12-2021	21	Dept of Malayalam in association with College, IQAC	Language and Communication skills
<b>2022-23</b>					
32	Ornament making	2022-2023	52	Dept. of Botany in association with IQAC	Soft skills
33	Home décor	2022-2023	53	Dept. of Botany in association with IQAC	Soft skills
34	NUCLEAR NOZOMI in commemoration of Hiroshima & Nagasaki day-Poster Presentation	10-08-2022	33	Dept of Chemistry in association with College, IQAC	Language and communication skills
35	INDUSTRIAL VISIT	11-03-2023	58	Dept of Chemistry & Karnataka Silk Industries Corporation Limited, Mysore	Soft skills
36	R & D Visit	27-03-2023	12	Dept of Chemistry & CSIR-National Institute of Oceanography, Goa	Soft skills
37	Ozone day	27-07-2022	44	Dept of Chemistry in association with College, IQAC	Soft skills
38	Industrial Visit	25-10-2022	12	Dept of Chemistry & KMML, KOLLAM	Soft skills
39	Shyaam vigyaan	17-11-2022	80	Dept. of Physics in association with IQAC	Language and communication skills
40	LIFE SKILLS	12.8.2022	30	Dept. of Psychology in association with IQAC	Life Skills

41	BOOK REVIEW SESSIONS FOR LANGUAGE AND COMMUNICATION SKILLS	1.7.2022	27	Dept. of Psychology in association with IQAC	Language and communication skills
42	Life skill programe "Her Own Hero	24-8-2022	44	Dept of English & Sri Shaj S K, National Pencak Silat Trainer	Life Skills
43	Be Organic	25-08-2022	40	Dept of English & Sri Srikumar C, Integrated Organic Farmer	Soft skills
44	Feminine hygiene A Training program	17-10-2022	48	Dept of English & Bella Feminine solution	Life Skills
45	YOGA FOR HUMANITY	24-08-2022	42	Dept. of Hindi in association with IQAC	Life Skills
46	HEALTH AND WELL BEING THROUGH AYURVEDA	25-08-2022	52	Dept. of Hindi in association with IQAC	Life Skills
47	Health & Hygeine	29-08-2022	60	Dept of Maths & Dr Anupama Krishnan & Dr Shahnaz Fathima A	Life Skills
48	Management Development Programme	22-2-2023	98	Dept of Economics in association with IQAC	Soft skills
49	WORKSHOP AND EXHIBITION OF BEAD WORK	15-10-2022	27	Dept of Sociology & KANTHARI INTERNATIONAL NGO: AN INTERNATIONAL INSTITUTE FOR TRAINING AND LEADERSHIP, VELLAYANI, TVPM	Soft skills

50	HANDICRAFT TRAINING PROGRAMME	20-01-2023	48	Dept of Sociology & KERALA ARTS AND CRAFT VILLAGE,VELLAR, TVPM	Soft skills
51	Burn Your Calories	08-08-2023	25	Dept of Zoology & Manoj.R, Mahatma Gandhi College, Thiruvananthapuram	Life Skills
52	LANGUAGE SKILL(MAL)- BASIC CONCEPTS OF LANGUAGE	25-10-2022	51	Dept of Malayalam in association with College, IQAC	Language and communication skills
53	LANGUAGE SKILL(SANSKRIT)SAMSKRITH APARICHAYA	15-11-2022	25	Dept of Malayalam in association with College, IQAC	Language and communication skills

**MAHATMA GANDHI  
COLLEGE  
THIRUVANANTHAPURAM**



**DEPARTMENT OF BOTANY  
PAPER BAG MAKING PROGRAMME**

In our commitment to promoting sustainable practices and creative initiatives, we are excited to announce a workshop on "Paper Bag Making". The goal of this session is to offer insightful information regarding alternatives to plastic bags, with a particular emphasis on a program for producing eco-friendly plastic bags. The creation of environmentally friendly and biodegradable plastic bags is emphasized in the programme.

**Resource Person:  
Dr. Anima T, Assistant  
Professor Malayalam,  
MG College, TVM**

**Date: 19<sup>th</sup>  
September 2018  
Time: 10.30AM  
Venue: Seminar  
Hall (MG College,  
TVM)**

## **Report**

### **Introduction:**

In recent years, there has been a growing emphasis on sustainability and environmental consciousness. As a result, the demand for eco-friendly alternatives to plastic bags has increased significantly. Paper bags offer a viable solution, and the process of preparing them can serve as an excellent skill development activity for college students. The event commenced at 10:30 a.m. in the seminar hall under the guidance of Dr. Anima T.

### **Objectives:**

The primary objectives of introducing paper bag preparation as a skill development activity in college are as follows:

- a) To foster environmental awareness and promote sustainable practices among students.
- b) To enhance students' creativity, craftsmanship, and problem-solving skills.
- c) To encourage teamwork and collaboration through group-based projects.
- d) To provide practical hands-on experience in a real-world application of sustainable materials.

### **Methodology:**

The following steps can be followed to implement the skill development activity of paper bag preparation in college: a) Resource Acquisition: Procure the necessary materials such as paper, scissors, glue, and decorative items. b) Design Selection: Provide students with a range of bag design options or encourage them to create their

own. c) Training Session: Conduct workshops or demonstrations on the techniques and procedures involved in paper bag preparation. d) Implementation: Assign students to groups and provide them with the required materials to start preparing their paper bags. e) Evaluation: Assess the students' creativity, craftsmanship, and overall quality of the final products.



**Benefits:**

- a) Environmental Awareness: By engaging in paper bag preparation, students will gain a deeper understanding of the environmental impact of plastic bags and the importance of sustainable alternatives.
- b) Skill Development: This activity fosters creativity, problem-solving, and attention to detail, enhancing students' practical skills and dexterity.
- c) Teamwork and Collaboration: Working in groups allows students to develop communication, cooperation, and leadership skills as they collectively complete the project.

d) Real-World Application: Paper bag preparation provides students with hands-on experience in creating sustainable products, enabling them to understand the practical implementation of sustainable materials.



### **Conclusion:**

Preparing paper bags as a skill development activity in college offers numerous benefits to students, including environmental awareness, skill enhancement, teamwork, and real-world application. By incorporating this activity into the curriculum, colleges can equip students with practical skills while promoting sustainable practices. It is an effective way to foster a sense of responsibility towards the environment and empower students to become active contributors to a greener future.





## PARTICIPANTS

Sl. No.	Name	Signature
1.	Amitha S. Nair	
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22.	Patyan X	



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48	Athira S.J	[Signature]
49	Biodhya B Jayan	[Signature]
50	Deekha G. Nair	[Signature]

# MAHATMA GANDHI COLLEGE THIRUVANANTHAPURAM



## DEPARTMENT OF BOTANY SEED PEN MAKING PROGRAMME

In our commitment to promoting sustainable practices and creative initiatives, we are excited to announce a workshop on "Seed Pen Making". This course aims to provide useful knowledge regarding the production of seed pens, which function as a substitute for conventional plastic pens.

Because plastic pens are non-biodegradable. The seed pen, on the other hand, is biodegradable. The pen can be discarded in the ground after use, enabling the implanted seed to sprout and develop into a new plant. This initiative offers an environmentally responsible solution and is an ideal chance that shouldn't be passed up.

Resource Person:  
Dr. Divya K R,  
Assistant Professor  
Botany, MG College,  
TVM

Date: 8<sup>th</sup> January  
2019

Time: 10.30 AM

Venue: Seminar  
Hall (MG College,  
TVM)

# Report

## Introduction

1. The purpose of this report is to explore and evaluate the incorporation of seed pen preparation as a skill development activity in college. Seed pen preparation involves the creation of writing instruments using seeds, which not only enhances manual dexterity but also fosters an appreciation for sustainable materials and ecological consciousness. The growing concern for the environment and the need to reduce plastic waste has led to the development of various eco-friendly alternatives. The paper seed pen is one such initiative that promotes sustainability. By incorporating plant seeds within the pen, users can enjoy the benefits of writing while also contributing to reforestation efforts.

As the part of the skill development 50 students and three teachers participated in the program. The details were explained by Dr. Divya K R, Assistant Professor Botany, MG College, TVM

## Benefits of Seed Pen Preparation:

**Manual Dexterity:** Seed pen preparation requires precision and fine motor skills, improving students' hand-eye coordination and manual dexterity. 2.2. **Environmental Awareness:** By using seeds as a sustainable material, students develop an understanding of the importance of ecological conservation and the use of renewable resources. 2.3. **Creativity and Innovation:** Seed pen preparation offers an opportunity for students to express their creativity by designing unique pens using a variety of seed types and artistic techniques. 2.4. **Entrepreneurial Skills:** Students can learn about the market potential of eco-friendly products and explore entrepreneurial ventures related to seed pen production.

**Materials and Equipment:** To carry out seed pen preparation, the following materials and equipment are typically required:

- Seeds (e.g., sunflower, pumpkin, or flax seeds)
- Pen barrel blanks (Paper, wood or bamboo)
- Colour paper, Recycled paper
- Press

- Pen turning kit (including mandrel, pen mill, bushings, and pen assembly components)
- Adhesive (e.g., Fevicol glue)
- Finishing materials (e.g., varnish, polish, or wax)
- Safety equipment (e.g., gloves)







#### **Step-by-Step Process: 4.**

Step 1: Collection and preparation of recycled paper: Collect used paper, such as scrap paper or newspaper, and remove any non-recyclable materials, such as staples or plastic coatings. Tear the paper into small pieces and soak them in water for a few hours.

Step 2: Blending the paper: Drain the water from the soaked paper and transfer it to a blender. Add a small amount of fresh water and blend until a smooth pulp is formed. This pulp will serve as the base material for creating the pen bodies.

Step 3: Shaping the pen bodies: Place the pen molds or empty pen barrels on a flat surface. Fill the molds with the paper pulp, ensuring it is evenly distributed. Press the pulp firmly using a spoon or any suitable tool to remove excess water and create a compact shape.

Step 4: Inserting seed capsules: Make a small hole in one end of the pen body using a pencil or a pointed tool. Insert a plantable seed capsule or individual seed into the hole, ensuring it is embedded securely within the paper pulp.

Step 5: Drying and assembly: Transfer the pen bodies to a drying rack or a well-ventilated area. Allow them to air dry completely, which may take a few days. Once dry, attach pen nibs and ink cartridges to the pen bodies, completing the assembly process.

**5.1. Seed Selection:** Students choose seeds that are suitable in size and shape for pen barrels.

**5.2. Pen Barrel Preparation:** Pen blanks are cut to the desired length and shape using a saw or lathe. The ends are squared off and drilled to accommodate the pen components.

**5.3. Seed Embedding:** Students carefully embed the seeds onto the pen blanks using cyanoacrylate glue, arranging them in attractive patterns if desired.

**5.4. Turning and Finishing:** The prepared pen blanks are mounted on a mandrel and turned on a lathe to achieve the desired shape. Sanding, polishing, and finishing techniques are then applied to enhance the pen's appearance and durability.

**5.5. Assembly:** Students assemble the pen components (e.g., refill, clip, and cap) following the manufacturer's instructions.

**5.6. Testing and Refinement:** The completed seed pens are tested for functionality and appearance, allowing students to make any necessary adjustments or refinements.

### **6. Impact on Skill Development:**

Integrating seed pen preparation as a skill development activity in college can have several positive impacts on students:

**Enhanced Fine Motor Skills:** The intricate nature of seed pen preparation hones students' fine motor skills and attention to detail.

**Practical Knowledge:** Students gain practical knowledge in woodworking, craftsmanship, and the use of various tools and techniques.

**Environmental Consciousness:** Engaging with sustainable materials like seeds raises awareness about environmental issues and encourages responsible consumption.

**Creative Expression:** Seed pen preparation nurtures creativity and self-expression through the design and customization of pens.

**Entrepreneurial Skills:** Students develop an entrepreneurial mindset by exploring the market potential and potential business opportunities related to eco-friendly products.





### **7. Advantages of Paper Seed Pens:**

- Environmentally friendly: Paper seed pens reduce plastic waste and contribute to reforestation by allowing users to plant the pens after use.
- Cost-effective: The production cost of paper seed pens is relatively low, making them an affordable option for college students.
- Promotes sustainability: By using paper seed pens, college students can actively participate in sustainable practices and raise awareness about eco-friendly alternatives.

### **8. Conclusion:**

The preparation of paper seed pens offers an innovative and sustainable approach for college students. By following the outlined procedure, students can create their own eco-friendly pens, contributing to environmental conservation and promoting sustainable practices. Implementing such initiatives in college campuses can have a positive impact on the overall sustainability efforts within the community.

Seed pen preparation offers a unique and engaging skill development activity for college students. By combining manual dexterity, environmental awareness, and creative expression, this activity promotes a range of valuable skills and knowledge. Incorporating seed pen preparation into college curricula can empower students with

practical skills, foster ecological consciousness, and inspire entrepreneurship in the sustainable product industry.


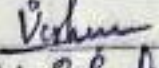
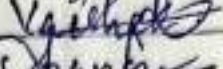



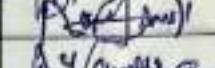


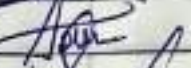
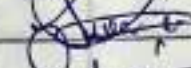


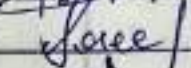
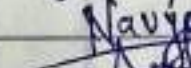
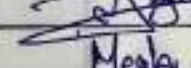
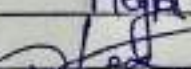
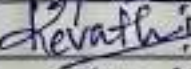
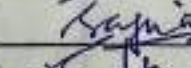


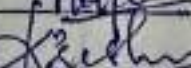
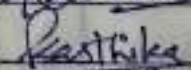





**9. Future Directions:**

1. Enhancing durability and longevity of paper seed pens.
2. Optimizing the germination process for embedded seeds.
3. Conducting market research and feasibility studies for commercialization.
4. Exploring additional sustainable materials for pen production.

## PARTICIPANTS

Sl. No:	NAME	SIGNATURE
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22	Akhil A.B.	Akhil



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31	Geekul Coopinath		
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33	Anavind M.S		
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47	Krishna Geetha M		
48	Karthika Mohan		
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50	Phanakrishna R.P		
51			
52			

## **Report of Ozone Day Celebrations 2018**

The Ozone day Celebrations 2018 was conducted by PG Department of Chemistry and Research Centre, Mahatma Gandhi College, Thiruvananthapuram in association with Kerala State Council for Science, Technology and Environment (KSCSTE) on 19th September. Dr Resmi V.G., Assistant Professor Dept of Chemistry was the Programme Coordinator. The proposed activities of the ozone day were two invited talk by Dr Sibi K.S., Asst. Professor, Dept. Of Physics, University of Kerala, Kariavattom on “Issues of Ozone Layer Protection: Awareness and Preservation” and Dr. Rony Rajan Paul, Asst. Professor, Dept. Of Chemistry, CMS College, Kottayam, on “Ozone: Chemistry, History, Ecology and Future” and an intercollegiate quiz Competition was conducted based on ozone day by the quiz master Dr. M.R. Sudarsanakumar, Retd. Principal, M. G. College, Thiruvananthapuram. The KSCSTE sanctioned Rs 14,000/- as financial support for the conductance of the programme.

### **Programme schedule**

The Programme started at 10 AM at Seminar Hall, Mahatma Gandhi College on 19/09/2018 with a prayer. Dr Resmi V.G, Asst. Professor, Department of Chemistry addressed the gathering by a warm Welcome Speech. Dr Shikha T.S., Asst. Professor, Dept. of Chemistry gave the Presidential Address followed by the Inauguration, lighting the lamp and inaugural address by Dr T. S. Sujatha, Principal, and Mahatma Gandhi College. Dr Anil Kumar M S, IQAC Coordinator, and Dr M R Sudarsanakumar Rtd. Principal Mahatma Gandhi College gave the felicitations. The session ended with a Vote of Thanks by MSc S2 student Miss. Jincy.

The Technical session started with an invited talk on “Issues of Ozone Layer Protection: Awareness and Preservation” by Dr Sibi K.S., Asst. Professor, Dept. Of Physics, University of Kerala, Kariavattom. The talk was very interesting and an interactive session for the students after the talk. The second invited talk by Rony Rajan Paul, Asst. Professor of Chemistry, CMS College, Kottayam, on “Ozone: Chemistry, History, Ecology and Future” was very informative. The session ended by a vote of Thanks by MSc Student Miss. Athira. The total numbers of participants were around 150.



**Interdepartmental Essay writing Competition on “Ozone Depletion: Problems and the Roadmaps”**

The programme was conducted from 2.00 to 3.00pm. Students from various departments participated in the programme. BSc S5 Psychology students Miss Namitha Sankar and Miss Nisha P bagged the first and second prizes for the competition. The judge for the competition was Dr Jithesh, Dept of English.

### **intercollegiate quiz Competition Quiz Competition for Students**

All the colleges under university of Kerala were informed that the quiz will cover questions related to environmental aspects including ozone layer depletion and the programme details via phone/ email. The brochure, rules for the competition (one team comprising of two students and two teams can participated from one college and in final round restricted one team/ college etc) and the information regarding the registration timing, prizes were given in detail. The programme was organised in various stages. The registration started at 10 AM. About twenty students from various schools registered for the competition. At first a preliminary screening was conducted in auditorium at 11.30 pm. A preliminary round was conducted to select the teams for the final round. Dr. Dhanya V S and Rahul S were the Quiz Coordinators. Twenty three questions were given for the preliminary round. The valuation of the answers was done by the UG students of Dept of Chemistry under the guidance of the Quiz Master. Twelve students from six colleges were selected for the final round based on their scores of the preliminary Round. The students selected for the final round were

There were 25 teams from various colleges participated in preliminary quiz competition and based on the mark; six teams were selected in final round. Final round started at 2 pm at seminar hall by quiz master Dr M R Sudarsanakumar, Rtd. Principal Mahatma Gandhi College. a list of the higher secondary schools from city of Thiruvananthapuram was prepared including their name, contact numbers, email etc. The news regarding the Quiz competition was given in all the newspapers, social media like facebook page of PG Department of Chemistry, Mahatma Gandhi College.

Akshay Shreyas (St Mary's HSS Pattom) Vimal Joseph Preliminary Round Score: 19	Ankit Praveen (Christ Nagar Central School) Madhavan Mohan Preliminary Round Score: 18
Deviprasad VR (Mary Giri English Medium School) Vismal S Kumar Preliminary Round Score: 17	Adhishika SK (Carmel GHSS) Neerjas Meeran Preliminary Round Score: 10



Parvathy A (Saraswathi Vidyalaya) Parvathy Krishnan M Preliminary Round Score: 7	Vivek P C (St Mary's Pattom) Sooraj S R Preliminary Round Score: 7
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### **Final Round Contestants**

The second session of the quiz competition started from 1.30 PM. The students actively participated in all the rounds. Master Akshay Shreyas and Master Vimal Joseph of St Mary's HSS Pattom won the first prize (Cash Prize of Rs 2001/-, Memento and Certificate) and Master Ankit Praveen & Master Madhavan Mohan of Christ Nagar Central School won the second prize (Cash Prize of Rs 1001/-, Memento and Certificate).

### **Valedictory and Prize Distribution**

The prizes for the various competitions held as a part of ozone day celebrations 2017 were distributed in the valedictory and Prize Distribution session held from 3.00 to 3.30 PM. Principal, Head of the Department, Chemistry distributed Cash Prize, Memento and Certificates for the first and second prize winners of Quiz, Elocution, Essay writing and Poster competitions.



The programme ended with a Vote of thanks by Dr. Sudha Devi, HoD., Dept. Of Chemistry.



## Sasthra Jalakam & Sasthrapadam

Sasthrajalakam was conducted in collaboration Govt of Kerala.

Department of Chemistry joined hands to conduct experiments in the lab as part of “Sasthra Jalakam” on November 16,17,18. The programme was meant for High School students. Students from various schools participated in the programme.













A no. of experiments were conducted in the Chemistry lab as part of “Sasthra Padham” on January 19<sup>th</sup> and Jan. 26<sup>th</sup>, 2018. The experiments conducted were meant for Higher Secondary School students. Students from various schools visited the lab during the two days.



# ശാസ്ത്രജാലകം ശിൽപ്പശാല ആരംഭിച്ചു

തിരുവനന്തപുരം

പൊതുവിദ്യാഭ്യാസവകുപ്പും സ്റ്റേറ്റ് ഇൻസ്റ്റിറ്റ്യൂട്ട് ഓഫ് എഡ്യൂക്കേഷണൽ ടെക്നോളജിയും ചേർന്ന് ഹൈസ്കൂൾ കുട്ടികളിൽ ശാസ്ത്രാഭിരുചി വളർത്താൻ ലക്ഷ്യമിട്ട് നടത്തുന്ന ത്രിദിന ശിൽപ്പശാലയ്ക്ക് തുടക്കമായി. എംജി കോളേജിൽ ശിൽപ്പ

ശാല ശാസ്ത്രാധ്യാപകൻ ഡോ. സി പി അരവിന്ദാക്ഷൻ ഉദ്ഘാടനം ചെയ്തു.

കോളേജ് പ്രിൻസിപ്പൽ ഡോ. എം എസ് അനീൽകുമാർ അധ്യക്ഷനായി. പി ബാലകൃഷ്ണൻ, ഡോ. ജി സനൽകുമാർ, ഡോ. എസ് രാഹുൽ എന്നിവർ സംസാരിച്ചു.

**ദേശാഭിമാനി** Mon, 18 November 2020   
<https://epaper.des>



## ശാസ്ത്രജാലകം ത്രിദിന ശില്പശാല സമാപിച്ചു



എം.ജി. കോളേജിൽ നടന്ന ശാസ്ത്രജാലകം ത്രിദിന ശില്പശാലയിൽ പങ്കെടുത്ത കുട്ടികൾ

പൊതു വിദ്യാഭ്യാസ വകുപ്പും സ്റ്റേറ്റ് ഇൻസ്റ്റിറ്റ്യൂട്ട് ഓഫ് എഡ്യൂക്കേഷണൽ ടെക്നോളജിയും നടത്തിയ (എസ്.ഐ.ഇ.ടി.) ത്രിദിന ശില്പശാല എം.ജി. കോളേജിൽ സമാപിച്ചു. വിമെൻസ് കോളേജ് മുൻ പ്രിൻസിപ്പൽ ഡോ. സി.പി.അരവി

നാക്ഷൻ ഉദ്ഘാടനം ചെയ്ത ഫിസിക്സ് കെമിസ്ട്രി, ബയോളജി വിഷയങ്ങളിൽ ക്ലാസുകളും പരീക്ഷണ നിരീക്ഷണങ്ങളും ക്യാമ്പിന്റെ ഭാഗമായി സംഘടിപ്പിച്ചിരുന്നു. റിസർച്ച് കോ-ഓർഡിനേറ്റർ ഡോ. രതിഷ് കെ. സമാപന സമ്മേളനം ഉദ്ഘാടനം ചെയ്തു.

എം.ജി. കോളേജ് പ്രിൻസിപ്പൽ ഡോ. എം.എസ്.അനീൽകുമാർ അധ്യക്ഷത വഹിച്ചു. അബുരാജ് (ഡയറക്ടർ എസ്.ഐ.ഇ.ടി.), ഡോ. ജി.സനൽകുമാർ (എസ്.ഐ.ഇ.ടി.), ഡോ. എസ്.രാഹുൽ (കോ-ഓർഡിനേറ്റർ, തിരുവനന്തപുരം) എന്നിവർ സംസാരിച്ചു.

### INDUSTRIAL VISIT REPORT

#### A VISIT TO KUDAMKULAM NUCLEAR POWER PROJECT ON 25<sup>TH</sup> MARCH 2019

A group of 15 students got an opportunity to visit the nuclear power plant, understanding their construction, commissioning and operation of VVER reactors and generation of nuclear power. We are accompanied by Dr.Sudha Devi (Head of the Department of Chemistry), Dr.Reshmi Reghunandhan (Assistant Professor), Sandhya Rani V S (Lab assistant). This industrial visit was organised by the department of chemistry, M G College in order to understand the crucial role of nuclear industry in our country's energy needs and their role in securing our future energy needs.

#### AIM OF INDUSTRIAL VISIT

This educational visit helped in applying the theoretical concepts learned by us –it lets students to know things practically through interaction, working methods and practices. Visiting these industries help students in building good relationship with those industries and can gain a combined knowledge of both theory and practical.

## DETAILS OF INDUSTRIAL VISIT

1. Site visit commences with a structured lecture programme for about two hours on nuclear energy, safety features of KKNPP with relevance to events at Fukushima and addresses the queries mainly related to protection of marine organism and handling of waste.

Lecture started with a description of the nuclear plant area-two dome shaped nuclear reactors and their rectangular turbines and the production of power by the two reactors to be 1000MW. Also they added the future projects that two plants (3 and 4) are on construction and two more (5 and 6) will be started when the above said (3 and 4) reactors completes 80% of its work. Mentor then explained about the starting material, their abundance and its application on the reactor and a brief layout of the fundamental laws we have learned. Lecture gave information about 22 reactors in India and their growing needs in the energy. Types of radiations, their shielding techniques, boron carbide rods and their safety measures were the next in the class. They really succeeded in convincing us about the safety and the need of such reactors to our nation through environmental protection.

2. We are then taken to the intake structure and desalination plant where they explained about the protection of marine organism that how large fishes are being distracted inside the water and how smaller fishes are directed to move towards the surface. In the desalination plant, reverse osmosis and evaporation process were explained. Evaporation is preferred over the other which is done by using four large units where complete removal of salt from the sea water occurs by the boiling of water at lower temperature than 100°C along with lowering the pressure which follows the ideal gas law ( $PV=nRT$ ). Finally minerals as per stipulation are added to the condensed water obtained by the above steam on condensation which thus become efficient for drinking.

Being chemistry students, they challenged us the reason for froth in sea water, corrosion and erosion of the buildings and also for the barnacle growth. Also they suggested us for doing research on these areas.

3. Subsequently, were taken to the model room for familiarisation of site layout, simulator facility to visualize the functioning of safety systems and health physics training facility to understand the concept of radiation safety during normal operation and abnormal situation.

This programme concluded with a feedback section. Two of the feedbacks were received from us in this section.





## PG Department of English Mahatma Gandhi College Thiruvananthapuram

### Life Skills

A Healthy Mind in a Healthy Body

**Report on a Talk titled '*A Healthy Mind in a Healthy Body*' organized by PG Department of English Mahatma Gandhi College Thiruvananthapuram on 04.07.2018**

### Introduction

PG Department of English, Mahatma Gandhi College, Thiruvananthapuram organized a Talk titled '*A Healthy Mind in a Healthy Body*' delivered by Dr. Shri Aneesh V. Appu, Assistant Professor, Dept. of Psychology, MG College, Trivandrum on the 04<sup>th</sup> of July 2018 for PG and UG students in Room No: 75, MG College, Thiruvananthapuram. The Talk began at 10.30 a.m with a prayer, followed by Acharyanusmaranam. The Welcome Speech was delivered by the Head of the Department, English, Smt. Jayalakshmi P.R. Presidential Address was given by Dr. Smt. Sujatha. S, Principal, M.G College. Felicitations were expressed by- Dr. Smt. Vidya Rajagopal, Dr. Smt. Chitra V.S. and Smt. Jessykutty M. Jose. Subsequent to the conclusion of the Talk, the Vote of Thanks was delivered by Shri Jitesh J. Nair, the Programme Coordinator. The Talk ended at 12.30 p.m.

### Objective

Mental & emotional health and well-being are topics gaining much traction in today's world. They come under the category of 'Life Skills'. Negotiating the increasingly tough world of academics and maintaining a healthy lifestyle and social presence has become matters of paramount importance to today's student. Emotional Quotient of a candidate is also being assessed as a qualifying parameter even during job interviews nowadays. As such, sustaining a healthy physical as well as emotional status has become essential for students in life. The talk titled- *A Healthy Mind in a Healthy Body*, is thus a derivative of this cited need.

### Methodology

The Talk on *A Healthy Mind in a Healthy Body* by Dr. Shri Aneesh V. Appu, Assistant Professor, Department of Psychology, MG College, Thiruvananthapuram was accompanied by a power point presentation on human psychology and its inter-relationship with human physiology. The expert elaborated upon the various concepts associated with mental health and detailed techniques and tactics such as yoga, meditation etc. available to tackle emotional issues.

### Outcome of the Talk

The Talk on *A Healthy Mind in a Healthy Body* by Dr. Shri Aneesh V. Appu was most invaluable to both the students and faculty in gaining insight into the world of human psychology. The students were introduced to several concepts related to mental health and emotional well-being. Both the student community in the College, as well as the faculty members, were highly appreciative of the Talk delivered by the subject expert.

## Brochure



PG DEPARTMENT OF ENGLISH  
**MAHATMA GANDHI COLLEGE**  
THIRUVANANTHAPURAM  
In association with IQAC

*“Healthy Mind in a Health Body”*

*Session Handled by :*

**Dr. Aneesh V Appu**

*Assistant Professor - Department of Psychology  
Mahatma Gandhi College*

Date : 04/07/2018  
Time : 10:30 am  
Venue : Room no. 75

**HOD**  
Jayalakshmi P.R.

**Convenor**  
Jithesh J Nair

**Principal**  
Dr Sujatha

## Student list



student list 1.pdf



student list 2.pdf



student list 3.pdf

A talk on 'A Healthy Mind in a Healthy Body' organised by P.G. Department of English, Mahatma Gandhi College, Tirupur on 4/4/2018

1. Raju S.R	U.G	<u>Raju</u>
2. Soubh J	U.G	<u>Soubh</u>
3. Akhila A. Nagar	U.G	<u>Akhila</u>
4. Neethu S	U.G	<u>Neethu</u>
5. Akshay S	U.G	<u>Akshay</u>
6. Anjali S.	U.G	<u>Anjali</u>
7. Kanya S.P	U.G	<u>Kanya</u>
8. Lopika A.S	U.G	<u>Lopika</u>
9. Radhika R.	U.G	<u>Radhika</u>
10. Swetha Nagar	U.G	<u>Swetha</u>
11. Anoop M.R	UG	<u>Anoop</u>
12. Jidhu K. Roby	UG	<u>Jidhu</u>
13. Luigi Basil	UG	<u>Luigi</u>
14. Aasha R. Chandran	UG	<u>Aasha</u>
15. R.S. Varun	UG	<u>Varun</u>
16. Nima S. Shaji	UG	<u>Nima</u>
17. Bhagya R. Sajeer	UG	<u>Bhagya</u>



18. Aswathy S	UG	<u>Aswathy</u>
19. Vedu Narayana Moorthy	UG	<u>Vedu</u>
20. Radhika. L. Roy	UG	<u>Radhika</u>
21. Arya S	UG	<u>Arya</u>
22. J. S. Vishnu Pradap	UG	<u>Vishnu</u>
23. Abhijith. M S	UG	<u>Abhijith</u>
24. Vaisakh S.V	UG	<u>Vaisakh</u>
25. Sujith S	UG	<u>Sujith</u>
26. Revathy. CM	P.G	<u>Revathy</u>
27. Sasika. S. S	P.G	<u>Sasika</u>
28. Sreelatha. A.S	P.G	<u>Sreelatha</u>
29. Sathy. S.R	P.G	<u>Sathy</u>
30. Vaishnavi. M.S	P.G	<u>Vaishnavi</u>
31. Vivek. T.M	P.G	<u>Vivek</u>
32. Aiswarya. R. Shaji	P.G	<u>Aiswarya</u>
33. Arun Raj. T.S	P.G	<u>Arun Raj</u>
34. Arundima M.J	P.G.	<u>Arundima</u>
35. Arya V. Jayan	P.G.	<u>Arya</u>
36. Gayathri A.S	P.G.	<u>Gayathri</u>
37. Goupar B.	P.G.	<u>Goupar</u>
38. Haritha V.S		<u>Haritha</u>

39. Indhu Sekhar A.V  
40. Lakshmi A.S.  
41. Nagmal Thula M  
42. Pavithra J.M  
43. Reenu A.S

- P.G. Indhu Sekhar  
P.G. Lakshmi  
P.G. Nagmal  
P.G. Pavithra  
P.G. Reenu




**DEPARTMENT OF SOCIOLOGY, MAHATMA GANDHI COLLEGE**

**INTERNATIONAL YOGA DAY**

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**The Department of Sociology celebrated Yoga Day by conducting a yoga session on 21st June 2018.**

MAHATMA GANDHI COLLEGE,  
THIRUVANANTHAPURAM  
DEPARTMENT OF SOCIOLOGY



**CELEBRATING  
INTERNATIONAL  
YOGA DAY**

DATE : JUNE 21ST 2018  
TIME : 7.30 AM  
VENUE : COLLEGE AUDITORIUM

**ALL ARE INVITED**

## **OVERVIEW OF THE PROGRAM**

As part of International Yoga Day, the Department of Sociology, Mahatma Gandhi College, Thiruvananthapuram conducted a yoga session in the college on 21<sup>st</sup> June 2018. It was instructed and demonstrated by Dr Prathibha S Nair, Head of the Department of Psychology. She was the convenor of the Yoga Club. Students and faculties from various departments were also joined in the session. Some basic Asanas such as Shalabhasana, Vrikshasana, and Nataraja Asana were performed by the instructor and encouraged the participants to do the same. As a continuity of the program, the students practiced the yoga lessons for more than three months with high enthusiasm and confidence.

## **LIST OF PARTICIPANTS**

<b>Sl.No</b>	<b>Name of the Participants</b>	<b>Designation</b>
<b>1</b>	<b>Dr. Sarita R</b>	<b>Assistant Professor</b>
<b>2</b>	<b>Dr. Subalekshmi G. S</b>	<b>Assistant Professor</b>
<b>3</b>	<b>N K Sunil Kumar</b>	<b>Assistant Professor</b>
<b>4</b>	<b>Anagha B.R.</b>	<b>Student</b>
<b>5</b>	<b>Abheesha Mohan</b>	<b>Student</b>
<b>6</b>	<b>Athira T.</b>	<b>Student</b>
<b>7</b>	<b>Anto C. Das</b>	<b>Student</b>
<b>8</b>	<b>Minesh M.P.</b>	<b>Student</b>
<b>9</b>	<b>Parvathy A.B.</b>	<b>Student</b>



<b>10</b>	<b>Sarath R.S.</b>	<b>Student</b>
<b>11</b>	<b>Rijith Raj R.S.</b>	<b>Student</b>
<b>12</b>	<b>Sachu S.R.</b>	<b>Student</b>
<b>13</b>	<b>Mubeena U.</b>	<b>Student</b>
<b>14</b>	<b>Gowri S.S.</b>	<b>Student</b>
<b>15</b>	<b>Gauri S.Nair</b>	<b>Student</b>
<b>16</b>	<b>Anu P.S.</b>	<b>Student</b>
<b>17</b>	<b>Fayiz A.K.</b>	<b>Student</b>
<b>18</b>	<b>Krishna M.R.</b>	<b>Student</b>
<b>19</b>	<b>Seena G.</b>	<b>Student</b>
<b>20</b>	<b>Jiji S</b>	<b>Student</b>
<b>21</b>	<b>Aparna J</b>	<b>Student</b>
<b>22</b>	<b>Sumesh S</b>	<b>Student</b>
<b>23</b>	<b>Asha S</b>	<b>Student</b>
<b>24</b>	<b>Nanthu Vijayan V. B.</b>	<b>Student</b>
<b>25</b>	<b>Punnya S Pradeep</b>	<b>Student</b>
<b>26</b>	<b>Varsha Vijayan P.V.</b>	<b>Student</b>

<b>27</b>	<b>Amal Shankar H R</b>	<b>Student</b>
<b>28</b>	<b>Arundhathi G.H.</b>	<b>Student</b>
<b>29</b>	<b>Dhanya S Nair</b>	<b>Student</b>
<b>30</b>	<b>Vivek V.M.</b>	<b>Student</b>









മഹാത്മാഗാന്ധി കോളേജ്, തിരുവനന്തപുരം

മലയാളവിഭാഗം

LANGUAGE SKILL PROGRAM

ഭാഷാവിഭാഗം: പ്രയോഗവും സാധ്യതകളും

കോസ്റ്റുകൾ നയിക്കുന്നത്:

ഡോ എ രമാദേവി

3

സെപ്റ്റംബർ

2019

സെമിനാർ ഹാൾ



MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM  
P.G.DEPARTMENT OF MALAYALAM & RESEARCH CENTRE  
ACADEMIC YEAR 2018-19

LANGUAGE SKILL

ഭാഷാവബോധം - അടിസ്ഥാനതത്ത്വങ്ങൾ

Sl No.	Name of the Student
1	ABHIJA P
2	ABHUTH SEBASTIAN
3	ADHIN S
4	AJITH S S
5	AKHIL B S
6	AKHIL V
7	AKHILA G R
8	AMAL MA
9	ANAND T M
10	ANJU J S
11	ANOOPA R B
12	ANU KRISHNA B
13	ANUMOL C
14	APARNA L S
15	ARUN M
16	ARUN R
17	ARUNIMA GOPAN
18	ARUNIMA R S
19	ARYA KRISHNAN R S
20	ARYA VIJAYAN L
21	ASHA S

22	ASWATHY RAJ M R
23	BIMALRAJ M V
24	CHAITHRAGOPAN A
25	DEEPA R
26	DHRISYATHAMPI J S
27	FATHIMA R M
28	GOPIKA B G
29	JAYAPARVATHY A
30	KRISHNENDU R N
31	LEETHUMARIYA A
32	MALU M
33	MANJU G NAIR
34	MITHILA M S
35	NISHA M S
36	PANJAMI B P
37	PREMJITH S
38	PUSHPAKUMARI G
39	RAHUL R L
40	RENJITH H R
41	RESHMA RAJ T S
42	SARANYA L
43	SHYMOL S





MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM

DEPARTMENT OF MALAYALAM

LANGUAGE SKILL PROGRAM

BASIC CONCEPTS OF LANGUAGE - ഭാഷാപഠനപദ്ധതി: പ്രയോഗപരിചയം സാധ്യതകളും

THIS IS TO CERTIFY THAT .....

HAS SUCCESSFULLY COMPLETED THE LANGUAGE SKILL PROGRAM ON

BASIC CONCEPTS OF LANGUAGE (ഭാഷാപഠനപദ്ധതി: പ്രയോഗപരിചയം

സാധ്യതകളും) ORGANIZED BY DEPARTMENT OF MALAYALAM ON 2<sup>ND</sup>

SEPTEMBER 2019.



HEAD OF THE DEPARTMENT

PRINCIPAL

മഹാത്മാഗാന്ധി കോളേജ്, തിരുവനന്തപുരം

മലയാളവിഭാഗം

LANGUAGE SKILL PROGRAM

BASIC CONCEPTS OF LANGUAGE- ഭാഷാവബോധം: പ്രയോഗവും സാധ്യതകളും

റിപ്പോർട്ട് 2018-19

2019-19 അക്കാദമിക വർഷത്തിൽ മലയാളവിഭാഗം നടത്തിയ ഭാഷാപരിപാടിപ്രവർത്തനം (Language skill) ആയിരുന്നു ഭാഷാവബോധം: പ്രയോഗവും സാധ്യതകളും (Basic concepts of Language) എന്നത്. മലയാളവിഭാഗത്തിൽ വച്ച്, 3 സെപ്റ്റംബർ 2018 നായിരുന്നു പരിപാടി നടത്തിയത്. ഡോ രമാദേവി എ ഓസ്ട്രിയയിൽ നിന്നും മലയാളഭാഷയുടെ അക്ഷരങ്ങൾ, പദരലം, വാക്യരലം, പ്രത്യയങ്ങൾ, സന്ധികൾ, സമാസങ്ങൾ തുടങ്ങിയവ അറിയുകയും അതിന്റെ അടിസ്ഥാനത്തിൽ ആശയവിപുലനം നടത്താൻ പരിശീലിക്കുകയും ഭാഷയുടെ പല വ്യവഹാരങ്ങളിലേക്ക് ഇവയെ പ്രയോഗിക്കുകയും ചെയ്യുന്ന രീതിയിലാണ് ഓസ്ട്രിയയിൽ നിന്നും പല ഏജൻസികൾ കൂട്ടിക്കൂടി തയ്യാറാക്കുകയും ചെയ്ത, 56 കൂട്ടികൾ പങ്കെടുത്തു.



*Crunch*







മഹാത്മാഗാന്ധി കോളേജ്, തിരുവനന്തപുരം

മലയാളവീദഗം

LANGUAGE SKILL PROGRAM

സംസ്കൃതപരിചയ

15 ഒക്ടോബർ 2018

സെമിനാർ ഹാൾ

ക്ലാസുകൾ നയിക്കുന്നത്: ശ്രീ. എൻ. സദാനന്ദൻ തമ്പി

*Handwritten signature*





**MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM**  
**P.G.DEPARTMENT OF MALAYALAM & RESEARCH CENTRE**  
**ACADEMIC YEAR 2018-19**

**LANGUAGE SKILL**

**സംസ്കൃതപരിചയ**

Sl. No.	Name of Student	
1	ACHU MOHAN.M.V	Achu
2	ANAZ.N.S	Anaz
3	ANUSREE.A.S	Anusree
4	ARUNIMA.V.R	Arunima
5	ARYA.M.J	Arya
6	ARYA.S	Arya
7	ASHA THAMPI.B	Asha
8	DEVINA DEVI.R.S	Devina
9	DIVYA.S	Divya
10	GAYATHRI.J	Gayathri
11	GREESHMA.V.L	Greeshma
12	JAYALEKSHMI.R	Jaya
13	PAVITHRA.P.R	Pavithra
14	RAJI.BJ	Raji
15	REEBA.B	Reeba
16	SALINI.G.S	Salini
17	SARANYA.I.S	Sarany
18	SARANYA.S.S	Sarany
19	SHAHANI.H	Shahani

*(Signature)*





P.G DEPARTMENT OF MALAYALAM & SANSKRIT  
MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM  
NAAC Accredited with B+ Grade with CGPA 2.73

**SANSKRITHAPARICHAYA**  
**CERTIFICATE**

This is to certify that .....

..... has participated and successfully completed the  
language skill programme on 'SANSKRITHA PARICHAYA' organised by department of Sanskrit  
on 15 October 2018.

Principal

HOD, Malayalam

*[Signature]*

*[Signature]*

*[Signature]*



*[Signature]*

മഹാത്മാഗാന്ധി കോളേജ്, തിരുവനന്തപുരം

LANGUAGE SKILL PROGRAM 2018-19

സംസ്കൃതപരിചയം- നിപ്പോർട്ട്

2018-19 അക്കാദമിക വർഷത്തിൽ സംസ്കൃതവിഭാഗം നടത്തിയ ഭാഷാപരിചയപ്രവർത്തനം (Language skill) ആയിരുന്നു 'സംസ്കൃതപരിചയം' എന്നത്. മലയാളവിഭാഗത്തിൽ വച്ച് 15 ഒക്ടോബർ 2018-നായിരുന്നു പരിപാടി നടത്തിയത്. ശ്രീ എൻ സദാനന്ദൻ നായർ ക്ലാസ്സുകൾ നയിച്ചു. സംസ്കൃതഭാഷയുടെ അക്ഷരങ്ങൾ, പദമല, വാക്യമല, പ്രത്യയങ്ങൾ, സന്ധികൾ, സമാസങ്ങൾ തുടങ്ങിയവ അറിയുകയും അതിന്റെ അടിസ്ഥാനത്തിൽ ആശയവിപുലനം നടത്താൻ പരിശീലിക്കുകയും ചെയ്യുന്ന രീതിയിലാണ് ക്ലാസ്സുകൾ നടന്നത്. പല എഴുത്തുമാതൃകകൾ കൃതികൾ തയ്യാറാക്കുകയും ചെയ്തു. 19 കുട്ടികൾ പങ്കെടുത്തു.





**MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM**



**DEPARTMENT OF BOTANY**

**TERRARIUM MAKING PROGRAMME**

In our commitment to promoting sustainable practices and creative initiatives, we are excited to announce a workshop on "**Terrarium Making**". Explore the enchanting world of miniature ecosystems at our Terrarium Making workshop. Join us to learn the art of crafting vibrant and self-contained plant habitats, bringing a touch of nature into your living space.

Resource Person:  
Dr. Remya Krishnan,  
Assistant Professor  
Botany, NSS College,  
Cherthala.

Date: 9<sup>th</sup> July 2019  
Time: 1.30 PM  
Venue: B Sc. Botany  
Lab (MG College,  
TVM)



## Report

### **Introduction:**

Terrariums are self-contained miniature ecosystems that provide a natural habitat for plants and sometimes small animals. The purpose of this report is to document the preparation of a terrarium in Mahatma Gandhi College. The programme was conducted by Dr. Remya Krishnan, Assistant Professor Botany, NSS College, Cherthala, in the BSc. Botany Lab at 1.30 PM. 49 students attended the programme. The terrarium was designed to serve as an educational tool and a visually appealing addition to the college's environment.

### **Objectives:**

The main objectives of preparing the terrarium were as follows:

- Create a sustainable ecosystem within a glass container.
- Promote environmental awareness and educate college students about the importance of ecosystems.
- Enhance the aesthetic appeal of the college environment.

### **Materials Used:**

The following materials were used in the preparation of the terrarium:

- Glass container
- Gravel: Used as a drainage layer.
- Activated charcoal: To filter the water and prevent odours.
- Potting soil: Provides nutrients for plant growth.
- Various plants: Chosen for their compatibility and ability to thrive in the terrarium environment.
- Decorative elements: Rocks, pebbles, and other natural elements for aesthetic purposes.
- Spray bottle: Used for watering the terrarium.
- Tools: Trowel, gardening gloves, and a small rake for planting and arranging the terrarium.

**Methodology:** The terrarium was prepared following these steps:

### Step 1: Container Preparation:

- The glass container was thoroughly cleaned and dried to ensure a clean environment for the plants.

### Step 2: Layering:

- A layer of gravel was added to the bottom of the container to facilitate drainage.
- Activated charcoal was then placed on top of the gravel layer to prevent water stagnation and odors.
- A layer of potting soil was added on top of the charcoal to provide nutrients for plant growth.







### Step 3: Plant Selection and Placement:

- A variety of plants suitable for terrarium environments were selected, considering their light and humidity requirements.
- The plants were carefully arranged within the container, taking into account their growth habits and visual appeal.

- 

Step 4: Decoration:

- Decorative elements such as rocks, pebbles, and natural elements were added to enhance the visual appeal of the terrarium.

- Step 5: Maintenance Guidelines:



- A set of maintenance guidelines were created and attached to the terrarium, providing instructions on watering, light requirements, and other essential care instructions.
- The guidelines were designed to educate and engage college students in the process of maintaining the terrarium.





### **Results and Discussion:**

The prepared terrarium serves as an eye-catching addition to the college environment. It provides an opportunity for students to learn about the importance of ecosystems and the interdependencies of plants and animals. The terrarium also adds a touch of greenery and natural beauty to the surroundings, contributing to a more pleasant atmosphere on campus.





**Conclusion:**

The preparation of the terrarium in Mahatma Gandhi College was successfully completed, meeting the objectives of creating an educational and visually appealing display. The terrarium serves as a valuable tool for educating students about ecosystems and promoting environmental awareness. It is hoped that this initiative will inspire students to appreciate and care for the natural world.

**Recommendations:**

- Regular monitoring and maintenance of the terrarium should be conducted to ensure the health and well-being of the plants.
- Consider organizing workshops or educational sessions to provide students with a deeper understanding of terrariums and their role in the environment.
- Explore the possibility of expanding the terrarium collection or incorporating other forms of indoor gardens to further enhance the college environment.



## PARTICIPANTS

Sl. no.	Name	Signature
1.	AKHIL A.S.	Akhil
2.	Anjana K	Anjana
3.	Gokul Gopinath	Gokul Gopinath
4.	JASMIN S.K	Jasmin
5.	Neesaja A.S	Neesaja
6.	Neethu M.T	Neethu
7.	SOORYA SURESH	Soorya
8.	Shishu A.S	Shishu
9.	Anirudh Binu	Anirudh
10.	Ashwathy K	Ashwathy
11.	Aranya M.S	Aranya
12.	Prayan M	Prayan
13.	Subhin B	Subhin
14.	Shruthi S.L	Shruthi
15.	Rahul Chandran C.S	Rahul
16.	Arsha J.S	Arsha
17.	Aiswarya M.S	Aiswarya
18.	Arijun V.S	Arijun
19.	Atira S.T	Atira
20.	Malavika S	Malavika



Sl. No	Name	Signature
21.	Shilpa. K. V	
22.	Vaishnav. V. L	
23.	Abhijith Kumar. A. V	
24.	Amal. G. Krishnan	
25.	Anantitha. D	
26.	Aparna. S. D	
27.	Karthika Mohan	
28.	Navya. B. S	
29.	Sufina Nausheed	
30.	Anakha A. Naice	
31.	Arya. A. S	
32.	Lechni. S. S.	
33.	Aiswarya. S. P	
34.	Aiswarya. S	
35.	Aashu. S. A	
36.	Devendra. B. S.	
37.	Jany. C. S.	
38.	Parvathy. M. J	
39.	Neesaja. M. R.	
40.	Aparna. M. S.	
41.	Suraj. M.	
42.	Reshna Baija. S. R.	
43.	Nikhitha Nijayan.	
44.	Maujima. Krishnan. R.	
45.	Bokul. A. S.	
46.	Anuja. T. L.	
47.	Amal. V.	
48.	Anjima. Binoy.	
49.	Pooja Ajith.	
50.	Mohammed Shan. S	
51.		

**MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM**



**DEPARTMENT OF BOTANY**

**Soft Skill Development in Budding,  
Grafting, and Layering Techniques**

Join us for our  
Budding,  
Grafting, and Layering  
Techniques

Technique session to delve into the art of gardening and learn how to combine diverse plant species for increased resilience and growth.

Come along to learn the techniques of effective grafting and to explore the endless possibilities of plant multiplication.

Date: 4<sup>th</sup> October  
2019

Time: 2.30 PM

Venue: B Sc. Botany  
Lab (MG College,  
TVM)

Resource Person: Dr. Meenu  
Krishnan V G, Assistant  
Professor Botany, NSS  
College, Cherthala.

## **Soft Skill Development in Budding, Grafting, and Layering Techniques**

### **Introduction:**

The budding, grafting, and layering workshop for botany students was conducted with the aim of providing hands-on training on various propagation techniques. The workshop for 50 students focused on enhancing the practical skills of the participants and deepening their understanding of plant propagation methods was led by Dr. Meenu Krishnan V G, Assistant Professor Botany, NSS College, Cherthala.

. The event aimed to equip botany students with the knowledge and skills required for successful propagation of plants through budding, grafting, and layering.

### **Objectives:**

To familiarize students with the principles and techniques of budding, grafting, and layering. To develop the practical skills necessary for performing these propagation methods. To understand the advantages and limitations of each technique. To promote awareness of the importance of plant propagation for horticulture, agriculture, and conservation purposes.

### **Workshop Structure:**

a. The workshop began with an introductory session, where the participants were given an overview of the three propagation techniques: budding, grafting, and layering. The importance of these methods in plant propagation and their applications in different contexts were discussed.

b. Theoretical sessions were conducted to provide in-depth knowledge about the principles, tools, and materials used in budding, grafting, and layering. Various plant species suitable for each technique were also highlighted, along with their specific requirements.

c. Hands-on practical sessions formed the core of the workshop, allowing participants to practice the techniques under the guidance of experienced instructors. The students were divided into smaller groups to ensure individual attention and proper supervision during the practical exercises.

d. Each participant was provided with the necessary equipment and materials, including budding knives, grafting tape, rooting hormone, pots, and appropriate plant cuttings for layering.

e. The practical sessions covered the following activities:

- **Budding:** Participants were instructed on different budding methods such as T-budding and chip budding. They learned how to select appropriate rootstock and scion, make precise cuts, and secure the buds in place using grafting tape.

- **Grafting:** The participants were trained in whip-and-tongue grafting and cleft grafting techniques. They learned about the compatibility of different plant species and practiced making graft unions using proper alignment and wrapping techniques.
- **Layering:** The workshop included demonstrations and hands-on experience in air layering and simple layering. Participants learned how to select suitable branches, wound them, apply rooting hormone, and secure the layer with a growing medium and protective covering.

#### 4. **Expert Guidance:**

The workshop benefited from the expertise of experienced horticulturists and botanists who served as instructors. They shared their knowledge, insights, and practical tips with the participants, ensuring a comprehensive learning experience. The experts provided individual feedback and guidance during the hands-on sessions, assisting the students in overcoming challenges and improving their technique.

#### 5. **Conclusion:**

The budding, grafting, and layering workshop for botany students proved to be highly informative and valuable. The participants acquired practical skills in these propagation techniques and gained a deeper understanding of their application in horticulture and plant conservation. The hands-on nature of the workshop enabled students to develop confidence in performing these techniques independently.

#### 6. **Feedback and Evaluation:**

Participants were given feedback forms to evaluate the workshop. The feedback received was overwhelmingly positive, with participants expressing their satisfaction with the knowledge gained and the quality of instruction. Suggestions for



improvement included incorporating additional advanced techniques and extending the duration of the workshop.

## **7. Future Considerations:**

Based on the success of this workshop, it is recommended to conduct similar events regularly to further enhance the practical skills of botany students. Moreover, it would be beneficial to organize advanced workshops focusing on specific aspects of plant propagation, such as grafting of rare plant species or specialized layering techniques.

Overall, the budding, grafting, and layering workshop provided an enriching experience for the participating botany students, equipping them with valuable skills and knowledge that will contribute to their academic and professional growth in the field of botany and plant propagation.



## Participants

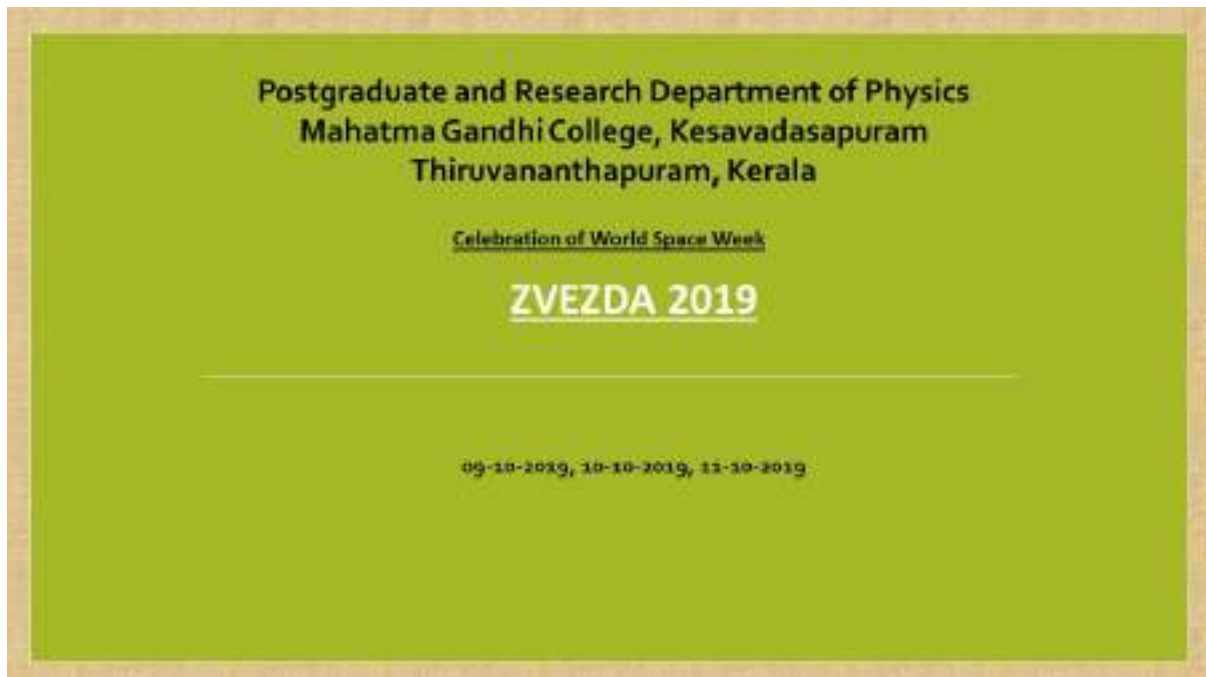
Sl. No:	Name	Signature
1.	Aparna . B	Aparna
2.	Aparna . S . B	Aparna
3.	Sajina . S . S.	Sajina
4.	Prabha . T.	Prabha
5.	Malavika . S.	Malavika
6.	Lowsipaiya . B . S	Lowsipaiya
7.	Vaishnav . V . L.	Vaishnav
8.	Abijith . kumar.	Abijith
9.	Abhisami . R . S.	Abhisami
10.	Arndha . J . S.	Arndha
11.	Dhana Krishna . R . R.	Dhana
12.	Megharath . A	Megharath
13.	Archa . J . S	Archa
14.	Subha . B	Subha
15.	Priya . N	Priya
16.	Jeeva Manukesh	Jeeva
17.	Grange . M . S	Grange
18.	Devathi . K.	Devathi
19.	Aryaanthha . S . T	Aryaanthha
20.	Anamol . Bida	Anamol



Sl. no.	Name	Signature
21	Vaibhak R. Nair	
22	SURYA SURESH	
23	Akhila B.S.	
24	Abhinami A.R	
25	Bhomi M.S	
26	Sangeetha S.R	
27	NIKHILAN . A	
28	Dexandu B.S	
29	Raja Ajith	
30	Anoaja T.L	
31	Aswani Nimra Nair	
32	Greesbama G.S. Nair	
33	Kailas Naths H	
34	Poornameswar V.A	
35	Balra Saifuddeen	
36	Sangeetha S	
37	Southe Raj L.	
38	Kaishna M.R	
39	Dhanakrishna R.R	
40	B. Kasthika Krishnan	
41	Anandhithe D	
42	Abhinami R.S	
43	Neetha M.T	
44	Jasmin S.K	
45	ANANDA S.S	
46	Anjana K	
47	Premathy B.R	
48	Subina B	
49	Rahul Chandan S	
50	Vishnu Hari H	

## Department of Physics, Mahatma Gandhi College

### ZVEZDA 2019 – Celebration of World Space Week



The World space week of the year 2019 was observed by the Department of Physics with various activities by students.

#### **Trip to VSSC:**

A study trip to Vikram Sarabhai Space Centre was conducted on 09-10-2019. Two KSRTC buses were hired for the transport. The students visited the Space museum and witnessed the launch of a sounding rocket. A quiz competition based on the visit was conducted in the VSSC premises on the same day by the students.

#### **Mobile Science Museum in Campus:**

The mobile science exhibition unit of Kerala State Science and Technology Museum was hired to be host in the campus on 10<sup>th</sup> and 11<sup>th</sup> of October 2019. Inaugurated by hon. Principal, the facility was enjoyed by students and staff of the college.



*The Quiz in VSSC Campus*



*Mobile Exhibition van in College campus*

**Science Exhibition:**

A science exhibition was conducted in College Auditorium with posters, still models, working models etc. prepared by the students. As part of that a poster-making competition with the topic 'Moon: Gateway to the Stars' was conducted. The session got overwhelming reception from the student and teacher community. The students involved in the volunteering on the science content delivery got a good opportunity to improve their communication skills.

**Movie Discussion:**

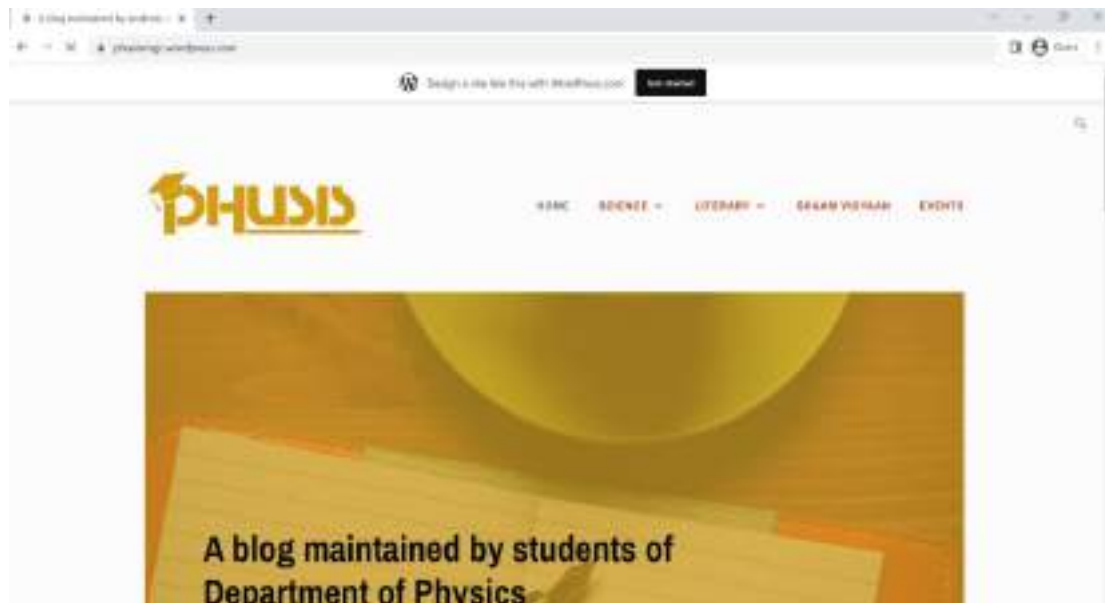
A session on discussing various scientific aspects in popular movies was conducted on 11-10-2019. Various clips from different movies were shown and participants were asked to comment on the scientific accuracy of the content. The program was helpful in enhancing critical and analytical skills in students.



# Department of Physics

## A report on Student Blog: Physis

The Student Blog, an online platform initiated by students from March 2020 and managed by department of physics MG college, is a hub for creative expression and critical thinking, sharing ideas, perspectives on different kind of topics and broadening their horizons of thinking capacity.



The Student Blog showcases a wide array of content, including articles, poetry, short stories. Students contribute to the blog, covering subjects such as science, literature, technology, social issues, and more. This diverse content creates a dynamic space that appeals to a broad audience, promoting inclusivity and diversity of thought. Through the blog, students have the opportunity write about their topics of personal interest, enabling them to explore subjects beyond the confines of the curriculum. It serves as a complementary platform to formal education, fostering lifelong learning and curiosity.

The blog empowers students to share their thoughts and opinions openly, encouraging them to voice their ideas without fear of judgment. By providing a platform for expression, it nurtures confidence, communication skills, and critical thinking among the student contributors. Students from other department has also informed their interest to write in the blog due to it's impact.

The Student Blog continues to stand as a brand of the power of student-driven initiatives in promoting creativity, expression, and community engagement. They have created a supportive community where students interact, collaborate and exchange feedback on each other's work. By providing a platform, the blog empowers students to become confident, articulate, and socially aware individuals.

Blog URL: <https://phusismgc.wordpress.com/>

# DEPARTMENT OF SOCIOLOGY, MAHATMA GANDHI COLLEGE

## ONE DAY WORKSHOP

The Department of Sociology conducted a skill development one-day workshop on Tie and Dye on 13<sup>th</sup> August 2019 in association with Kanthari, an international NGO.



MAHATMA GANDHI COLLEGE  
DEPARTMENT OF SOCIOLOGY  
IN ASSOCIATION WITH  
KANTHARI (AN INTERNATIONAL  
NGO)



ONE- DAY WORKSHOP  
OF TIE AND DYE

RESOURCE PERSON  
Ms. BOSEDE NWACHI



DATE : 13-08-2019  
TIME : 10.30am-3.30pm  
VENUE : ROOM NO 74

ALL ARE INVITED

## **REPORT OF THE PROGRAM**

**A soft skill development workshop of Tie and Dye organized by the Department of Sociology, Mahatma Gandhi College, Kesavadasapuram in association with Kanthari, an international NGO. It was held on 13<sup>th</sup> August 2019 from 10.30 am to 3.30 pm. The workshop had an inaugural session which started with a prayer and one minute of silent “Acharyanusmaranam”.Dr. Sarita R, Co-ordinator of the program welcomed the audience and explained the importance of skill development in present society. Dr.Subalekshmi G.S. Assistant Professor, Department of Sociology, gave an insight into the relevance of Tie-Dye and gave a brief about the workshop. She said that tie and die are not only used in garments but Tie Dye Sandals and Heels to boots are seen in fashion. The presidential address was delivered by the principal Dr. Anil Kumar. The resource person of the workshop was Ms. Bosede Nwachi, an instructor from Kanthari. She described the process of tie-dye that could be used to create a wide variety of designs on fabric. She taught techniques to make dyes at home and also the ways to spread the colors in clothes by tying them. She also provided opportunities for the students to experience everything by themselves. Everyone was very much interested in the workshop as they got to do things on their own. The workshop came to an end with the vote of thanks proposed by Bharathi Prasannan, a student of 1st DC Sociology.**







<b>Sl.No</b>	<b>Name of the Participants</b>	<b>Designation</b>
<b>1</b>	<b>Dr. Sarita R</b>	<b>Assistant Professor</b>
<b>2</b>	<b>Dr. Subalekshmi G. S</b>	<b>Assistant Professor</b>
<b>3</b>	<b>N K Sunil Kumar</b>	<b>Assistant Professor</b>
<b>4</b>	<b>Adarsh G. M.</b>	<b>Student</b>
<b>5</b>	<b>Aswin R.K.</b>	<b>Student</b>
<b>6</b>	<b>Bharathi Prasannan</b>	<b>Student</b>
<b>7</b>	<b>Devika Nair S.B.</b>	<b>Student</b>
<b>8</b>	<b>Megha J.S.</b>	<b>Student</b>
<b>9</b>	<b>Abhijith O.</b>	<b>Student</b>
<b>10</b>	<b>Adarsh Mythri D.</b>	<b>Student</b>
<b>11</b>	<b>Amana Rafeeq</b>	<b>Student</b>
<b>12</b>	<b>Nandini</b>	<b>Student</b>
<b>13</b>	<b>Preetha H.S.</b>	<b>Student</b>
<b>14</b>	<b>Abheeshma Mohan G</b>	<b>Student</b>
<b>15</b>	<b>Anto C Das</b>	<b>Student</b>
<b>16</b>	<b>Anu P.S.</b>	<b>Student</b>

<b>17</b>	<b>Fayiz A.K.</b>	<b>Student</b>
<b>18</b>	<b>Sarath R.S.</b>	<b>Student</b>
<b>19</b>	<b>Seena G.</b>	<b>Student</b>
<b>20</b>	<b>Jiji S</b>	<b>Student</b>
<b>21</b>	<b>Aparna J</b>	<b>Student</b>
<b>22</b>	<b>Sumesh S</b>	<b>Student</b>
<b>23</b>	<b>Asha S</b>	<b>Student</b>
<b>24</b>	<b>Nanthu Vijayan V. B.</b>	<b>Student</b>
<b>25</b>	<b>Punnya S Pradeep</b>	<b>Student</b>
<b>26</b>	<b>Keerthi S.R.</b>	<b>Student</b>
<b>27</b>	<b>Amal Shankar H R</b>	<b>Student</b>
<b>28</b>	<b>Arundhathi G.H.</b>	<b>Student</b>
<b>29</b>	<b>Dhanya S Nair</b>	<b>Student</b>
<b>30</b>	<b>Vivek V.M.</b>	<b>Student</b>

# Puttukutti-Taste the Magical Power of success

PUTTUKUTTI

*Taste the magical Power of Success*

*Resource person*

*Sreeraj Parakkal, Training and placement Officer, Bishop Jerome Institute, School of Engineering  
,Kollam*

*Date- 15<sup>th</sup> August-2019*

*Time—11 pm*

**Venue—Seminar Hall**

Organized by

P.G Department of Zoology and research Centre ,Mahatma Gandhi College,TVPM

## REPORT

An Induction Programme on namely' Puttukutti-Taste the Magical Power of success' was conducted on 19/08/2019 at seminar hall on 19/08/2019 ,11 am. The programme was organized by PG Dpt.of Zoology , Mahatma Gandhi College. The seminar was inaugurated by Principal Dr.Sujatha and Presidential address was delivered by Dr.Balamurali RS ,HOD ,Dept of Zoology ,Mahatma Gandhi College.

The resource person was Sreeraj Parackkal ,Training and placement Officer ,Bishop Jerome Institute, School of Engineering ,Kollam.The topic was Puttukutti- Taste the Magical Power of success.The class was a thematic magical spectacle presented through a grandma ,Nani muthassi's fable.He discussed different success strategies in life .

48 students participated the programme.The programme came to an end at 1pm.



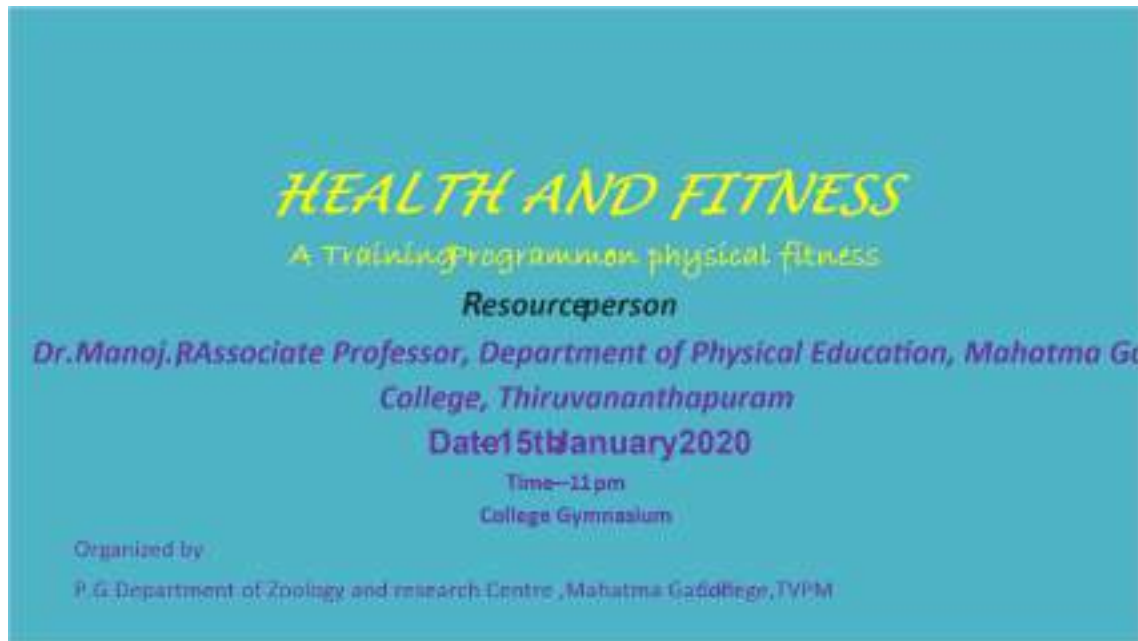


Name	Class / Department	Signature
1) Anagathi Jagdhanas S	I <sup>st</sup> Bsc Botany	[Signature]
2) Ansha S. A	I <sup>st</sup> Bsc Botany	[Signature]
3) Pooja Aritha	I <sup>st</sup> Bsc Botany	[Signature]
4) Simi MS	I <sup>st</sup> Bsc Botany	[Signature]
5) Athira N	I <sup>st</sup> Bsc Botany	[Signature]
6) Anjana A-B	I <sup>st</sup> Bsc Botany	[Signature]
7) Sangeetha SE	I <sup>st</sup> Bsc Botany	[Signature]
8) Abhirami Arpal	I <sup>st</sup> Msc Zoology	[Signature]
9) R.S. Keshava	2 <sup>nd</sup> Msc Zoology	[Signature]
10) Akshaya T.N	I Msc Zoology	[Signature]
11) Lekshmi BS	I Msc Zoology	[Signature]
12) Abhirami S	I <sup>st</sup> DC Zoology	[Signature]
13) Anitha D.S	I <sup>st</sup> DC Zoology	[Signature]
14) Chalya Prakash	I <sup>st</sup> Msc Zoology	[Signature]
15) Gopika S. Thampi	I Msc Zoology	[Signature]
16) Arya S	I <sup>st</sup> Msc Zoology	[Signature]
17) Pravatly H. Nair	I <sup>st</sup> Msc Zoology	[Signature]
18) Varsha J.V	2 <sup>nd</sup> Msc Zoology	[Signature]
19) Aacha Prem J	3 <sup>rd</sup> DC Zoology	[Signature]
20) Restha Mohan P	3 <sup>rd</sup> DC Zoology	[Signature]
21) Abhirami S.J	3 <sup>rd</sup> DC Zoology	[Signature]
22) Athira B.R	3 <sup>rd</sup> DC Zoology	[Signature]
23) Deepika A.M	3 <sup>rd</sup> DC Zoology	[Signature]
24) Roshma Saji	3 <sup>rd</sup> DC Zoology	[Signature]
25) Gouri M. Nair	3 <sup>rd</sup> DC Zoology	[Signature]
26) Sneha Devi Srijith	3 <sup>rd</sup> DC Zoology	[Signature]

29) Anurthy Devi J.S	5 <sup>th</sup> DC zoology	<del>Anurthy</del>
30) Vijayarathy K	1 <sup>st</sup> DC zoology	Vijayarathy
31) S Ananthakrishna	1 <sup>st</sup> DC zoology	Ananthakrishna
32) Gopikachandran B.S	1 <sup>st</sup> DC zoology	B. Gopika
33) Nandana M.S	1 <sup>st</sup> DC zoology	Nandana
34) Kavya Santhosh	1 <sup>st</sup> DC zoology	Kavya
35) Anshu Chandra	1 <sup>st</sup> DC zoology	Anshu Chandra
36) Archana S.M	1 <sup>st</sup> DC zoology	Archana
37) Ravi K.S	1 <sup>st</sup> DC zoology	Ravi
38) Anand S. Giri	1 <sup>st</sup> DC zoology	Anand S. Giri
39) Nithin Krishnan K.R	1 <sup>st</sup> DC zoology	Nithin
40) Akash Krishna.H	1 <sup>st</sup> DC zoology	Akash
41) Vikram Krishna	1 <sup>st</sup> DC zoology	Vikram
42) Akshay Sivan	1 <sup>st</sup> DC zoology	Akshay
43) Ashwini Anil	2 <sup>nd</sup> DC zoology	Ashwini
44) Abhirami B.S	3 <sup>rd</sup> DC zoology	Abhirami
45) Divya A.L	3 <sup>rd</sup> DC zoology	Divya
46) Dr. S.S. Gopar	1 <sup>st</sup> DC zoology	Dr. S.S. Gopar
47) Binny Raj B.R	1 <sup>st</sup> DC zoology	Binny
48) Athira M.S	2 <sup>nd</sup> MSc Zoology	Athira
49) Gayathri G. Jayan		Gayathri
50) Anshu S. Soman		Anshu



# Programme on Health and Fitness



## Report

**Date:**15/01/2020

**Beneficiaries:** Students of Second Semester Zoology

**Objective:** The main goal of this activity is to develop physical competence of students and also help them to lead an active and healthy life style.

**Resource person:** Dr. Manoj.R, Associate Professor, Department of Physical Education, Mahatma Gandhi College, Thiruvananthapuram

**About the Activity:** Fitness training was given to 25 students in the college gymnasium. Dr. Manoj has given a lecture on the need of exercise in daily life. He demonstrated various workouts and trained the students for performing the same. 21 students participated in the programme









ATTENDANCE STATEMENT

Event: **Health and Fitness**

Name	Signature	Class
1) Reshma R A	[Signature]	BX SR 2nd/107
2) Anvya R S	[Signature]	"
3) Soojana S untr	[Signature]	"
4) Bhavya B	[Signature]	"
5) Archana S	[Signature]	"
6) Devika B L	[Signature]	"
7) Vipraj V	[Signature]	"
8) Janaki Krishna V	[Signature]	"
9) Geeta Nandana V	[Signature]	"
10) Hazi Shankar P	[Signature]	"
11) Nandana V S	[Signature]	"
12) Jyothi V	[Signature]	"
13) Dhanush J S	[Signature]	"
14) Ganesh Krishna P B	[Signature]	"
15) Anu S	[Signature]	"
16) Anitha Suresh	[Signature]	"
17) Sabarishna U M	[Signature]	"
18) Abhishek A	[Signature]	"
19) Abhijith P S	[Signature]	"
20) Gopika S S	[Signature]	"
21) Bhadravijay S	[Signature]	"

മഹാത്മാഗാന്ധി കോളേജ്, തിരുവനന്തപുരം

മലയാളവിഭാഗം

LANGUAGE SKILL PROGRAM

ഭാഷാവബോധം: പ്രയോഗവും സാധ്യതകളും

കൃഷ്ണകുമാർ നയിക്കുന്നത്:

ഡോ അജിത് ജി കൃഷ്ണ

2 സെപ്റ്റംബർ 2019

സെമിനാർ ഹാൾ



31	KARUNYAR
32	KRIPASB
33	KRISHNAS
34	MALAVIKAV

**MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM**  
**P.G.DEPARTMENT OF MALAYALAM & RESEARCH CENTRE**  
**ACADEMIC YEAR 2019-20**

**LANGUAGE SKILL**

ഭാഷാവബോധം - അടിസ്ഥാനതത്ത്വങ്ങൾ

SL NO	NAME
1	ARYA S <i>Arya</i>
2	ABHIJA P <i>Abhi</i>
3	ANUPAMA S S <i>Anup</i>
4	KAVYA V S <i>Kavya</i>
5	SURAMYA S M
6	VIDYA K S <i>Vidya</i>
7	SATHYAJITH <i>Sathy</i>
8	ATHULYA SAJEEV <i>Athulya</i>
9	JANAKI G H <i>Janaki</i>
10	FATHIMA R L <i>Fath</i>
11	JOMOL J S <i>Jomol</i>
12	MAHIMA VANDANA <i>Mahima</i>
13	SREEKKUTTY S S <i>Sreelak</i>

14	SOORY M S <i>Soory</i>
15	SUBITHA B S <i>Subitha</i>
16	VISHNU DEV <i>Vishnu</i>
17	SILPA MOHAN <i>Silpa</i>
18	DHANYA S <i>Dhanya</i>
19	AMINA <i>Amina</i>
20	ANANDHU C J <i>Anandhu</i>
21	ASWATHI J S <i>Aswathi</i>
22	ATHIRA R <i>Athira</i>
23	GANGA RAJ <i>Ganga</i>
24	JAYAPARVATHY <i>Jaya</i>
25	LALU <i>Lalu</i>
26	NANDAKUMAR <i>Nanda</i>
27	VARSHA P M <i>Varsha</i>
28	VARSHA V S <i>Varsha</i>
29	SHREELAKSHMI M <i>Sreelak</i>
30	RAKHI RAJ <i>Rakhi</i>







MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM

DEPARTMENT OF MALAYALAM

LANGUAGE SKILL PROGRAM - ONLINE

BASIC CONCEPTS OF LANGUAGE - ഭാഷാവ്യവസ്ഥയം: പ്രയോഗവും സാധ്യതകളും

THIS IS TO CERTIFY THAT .....  
HAS SUCCESSFULLY COMPLETED THE LANGUAGE SKILL PROGRAM ON  
BASIC CONCEPTS OF LANGUAGE (ഭാഷാവ്യവസ്ഥയം: പ്രയോഗവും  
സാധ്യതകളും) ORGANIZED BY DEPARTMENT OF MALAYALAM ON 3<sup>RD</sup>  
SEPTEMBER 2020.

HEAD OF THE DEPARTMENT

PRINCIPAL

മഹാരാജാഗാന്ധി കോളേജ് തിരുവനന്തപുരം

മലയാളവിഭാഗം

LANGUAGE SKILL PROGRAM

BASIC CONCEPTS OF LANGUAGE- ഭാഷാവബോധം: പ്രയോഗവും സാധ്യതകളും

നവംബർ 2019-20

2019-20 അക്കാദമിക വർഷത്തിൽ മലയാളവിഭാഗം നടത്തിയ ഭാഷാഭിജ്ഞാനപ്രവർത്തനം (Language skill) ആയിരുന്നു ഭാഷാവബോധം: പ്രയോഗവും സാധ്യതകളും (Basic concepts of Language) എന്നത്. മലയാളവിഭാഗത്തിൽ വച്ച് 2 സെപ്റ്റംബർ 2019 നായിരുന്നു പരിപാടി നടത്തിയത്. മധ്യ അഞ്ചിൽ ജി കൃഷ്ണ കൃഷ്ണകൾ നയിച്ചു. മലയാളഭാഷയുടെ അക്ഷരങ്ങൾ, പദങ്ങൾ, വാക്യരൂപം, പ്രത്യയങ്ങൾ, സന്ധികൾ, സമാസങ്ങൾ, ഭാഷാഭിജ്ഞാന അറിവുകളും അതിന്റെ അടിസ്ഥാനത്തിൽ ആശയവിഷയം നടത്താൻ പരിശീലിക്കുകയും ഭാഷയുടെ പല വ്യവഹാരങ്ങളിലേക്ക് ഇവയെ പ്രയോഗിക്കുകയും ചെയ്യുന്ന രീതിയിലാണ് കൃഷ്ണകൾ നടന്നത്. പല എഴുത്തുമാതൃകകൾ കൃഷ്ണകൾ തയ്യാറാക്കുകയും ചെയ്തു. 15 കൃഷ്ണകൾ പങ്കെടുത്തു.







മഹാത്മാഗാന്ധി കോളേജ്, തിരുവനന്തപുരം

മലയാളവിഭാഗം

LANGUAGE SKILL PROGRAM

സംസ്കൃതപരിചയ

03 ഡിസംബർ 2019

സെമിനാർ ഹാൾ

ക്ലാസുകൾ നയിക്കുന്നത് : ശ്രീ. എൻ. സദാനന്ദൻ നായർ





MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM  
P.G.DEPARTMENT OF MALAYALAM & RESEARCH CENTRE  
ACADEMIC YEAR 2019-20

**LANGUAGE SKILL**

സംസ്കൃതപരിചയ

Sl. No.	Name of Student	
1.	AKHIL.J.S	Akhil
2.	AKHILA.S	Akhila
3.	ANCHU.P.V	Anchu
4.	ANJALI.M.N	Anjali
5.	ANJANA.J	Anjana
6.	ARYA.U.B	Arya
7.	ARYARAJA.V	Arya
8.	ASWATHY.C	Aswathy
9.	CHANDANA.P.CHANDRAN	Chandana
10.	JINI.S.P	Jini
11.	MEENU.M.S. LAL	Meenu
12.	PRASOBHA.P	Prasobha
13.	PRAVEENA.P	Praveena
14.	REMYAMOL.L	Remya
15.	RESMA.S.R	Resma
16.	REVATHY.O.S	Revathy
17.	SREEKALA.P	Sreekala
18.	SREELEKSHMI.S.B	Sreelekshmi
19.	VARSHA.S	Varsha
20.	VIDYA.V.P.NAIR	Vidya







P.G DEPARTMENT OF MALAYALAM & SANSKRIT  
MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM  
NAAC Accredited with B+ Grade with CGPA 2.73

**SANSKRITHAPARICHAYA**  
**CERTIFICATE**

This is to certify that .....  
..... has participated and successfully completed the language skill  
programme on '**SANSKRITHA PARICHAYA**' organised by department of Sanskrit  
on 03 December 2019.

Principal

HOD, Malayalam



Co-Ordinator

മഹാത്മാഗാന്ധി കോളേജ്, തിരുവനന്തപുരം

LANGUAGE SKILL PROGRAM 2019-20

സംസ്കൃതപരിചയം- റിപ്പോർട്ട്

2019-20 അക്കാദമിക വർഷത്തിൽ സംസ്കൃതവിഭാഗം നടത്തിയ ഭാഷാനൈപുണിപ്രവർത്തനം (Language skill) ആയിരുന്നു സംസ്കൃതപരിചയം എന്നത്. മലയാളവിഭാഗത്തിൽ വച്ച് 3 ഡിസംബർ 2019-നായിരുന്നു പരിപാടി നടത്തിയത്. ശ്രീ എൻ സദാനന്ദൻ നായർ ക്ലാസ്സുകൾ നയിച്ചു. സംസ്കൃതഭാഷയുടെ അക്ഷരങ്ങൾ, പദതലം, വാക്യതലം, പ്രത്യയങ്ങൾ, സന്ധികൾ, സമാസങ്ങൾ തുടങ്ങിയവ അറിയുകയും അതിന്റെ അടിസ്ഥാനത്തിൽ ആശയവിപുലനം നടത്താൻ പരിശീലിക്കുകയും ചെയ്യുന്ന രീതിയിലാണ് ക്ലാസുകൾ നടന്നത്. പല എഴുത്തുമാതൃകകൾ കൂട്ടികൾ തയ്യാറാക്കുകയും ചെയ്തു. 21 കൂട്ടികൾ പങ്കെടുത്തു.



**MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM**



**DEPARTMENT OF BOTANY**

**SOFT SKILLS**

**BUDDING TECHNIQUE PROGRAMME**

**To: All Students and Faculty Members**

Embark on a journey of botanical innovation with our Budding Technique workshop, where you'll delve into the method of propagating plants through budding. Join us to acquire hands-on knowledge and skills in this specialized technique, unlocking the potential for creating new, thriving plant offspring.

**Date: 27<sup>th</sup> July 2020 Time: 10.00 AM**

**Venue: Online**

**Resource Person: Dr. Manoj G S Assistant  
Professor Department of Botany Mahatma  
Gandhi College, Thiruvananthapuram**



## **Report**

The online workshop for 50 botany students was organised to offer instruction on different propagation strategies. The programme aimed to improve the participants' practical abilities and enhance their comprehension of plant propagation techniques.

### **Objectives:**

The event's objective was to provide botany students with the necessary information and abilities to effectively propagate plants using techniques such as budding, grafting, and layering. The objective is to raise awareness about the significance of plant propagation in the fields of horticulture, agriculture, and conservation.

### **Workshop Structure:**

The programme commenced with an initial session, during which the attendees were provided with a comprehensive introduction to the three propagation techniques: budding, grafting, and layering. The significance of these techniques in plant propagation and their use in various situations were deliberated.

Theoretical sessions were conducted to provide in-depth knowledge about the principles, tools, and materials used in budding, grafting, and layering. Various plant species suitable for each technique were also highlighted, along with their specific requirements.

The programme primarily focused on interactive sessions. The demonstration session covered the following activities:

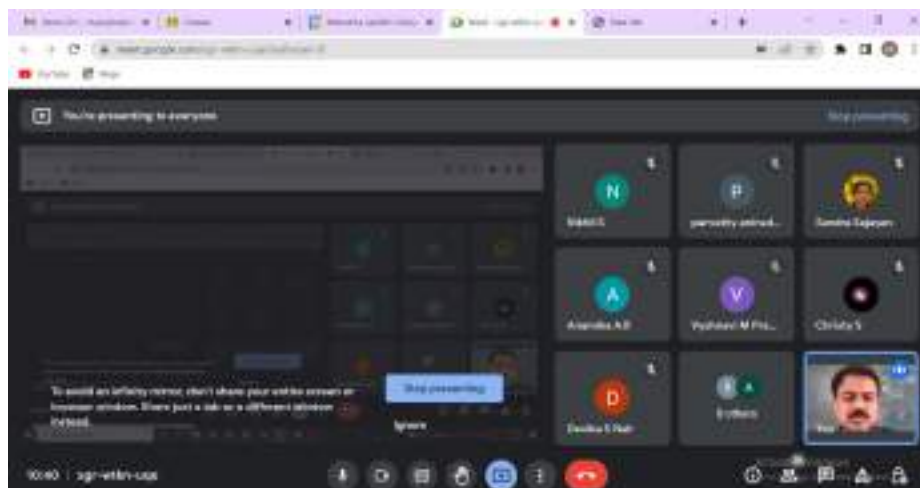


**Budding:** Participants were instructed on different budding methods such as T-budding and chip budding. They learned how to select appropriate rootstock and scion, make precise cuts, and secure the buds in place using grafting tape. They acquired knowledge on the compatibility of various plant species and honed their skills in creating graft unions through meticulous alignment and proficient wrapping procedures.

**Guidance:** The resource person offered personalised comments and coaching during the practical sessions, aiding the students in surmounting obstacles and enhancing their skills..

### **Conclusion:**

The seminar on budding, grafting, and layering for botany students was highly informative and advantageous. The participants acquired knowledge in many propagation techniques and gained a deeper understanding of their use in horticulture and plant conservation.



**MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM**



**DEPARTMENT OF BOTANY**

**DRY FLOWER ARRANGEMENT PROGRAMME**

Immerse yourself in the beauty of everlasting blooms at our Dry Flower Arrangement workshop, where you'll discover the art of creating stunning floral displays using preserved flowers. Join us to learn the techniques of arranging dried blossoms, adding a touch of timeless elegance to your home or special occasions.

Date: 15<sup>th</sup> December  
2020

Time: 10.00 AM

Venue: Botany Lab

Resource Person:  
Ms. Swathi S Nair,  
Research Scholar, Dept. of  
Botany, MG College, TVM.

## **Report on dry flower arrangement Programme**

Conducted on 15<sup>th</sup> December 2020, the dry flower arrangement was specifically designed for students interested in floristry and botanical arts, attracting participants from various disciplines eager to learn about this creative and sustainable form of floral design.

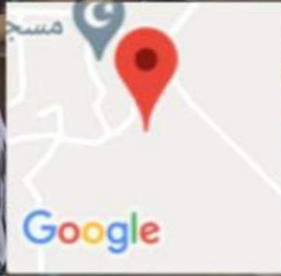
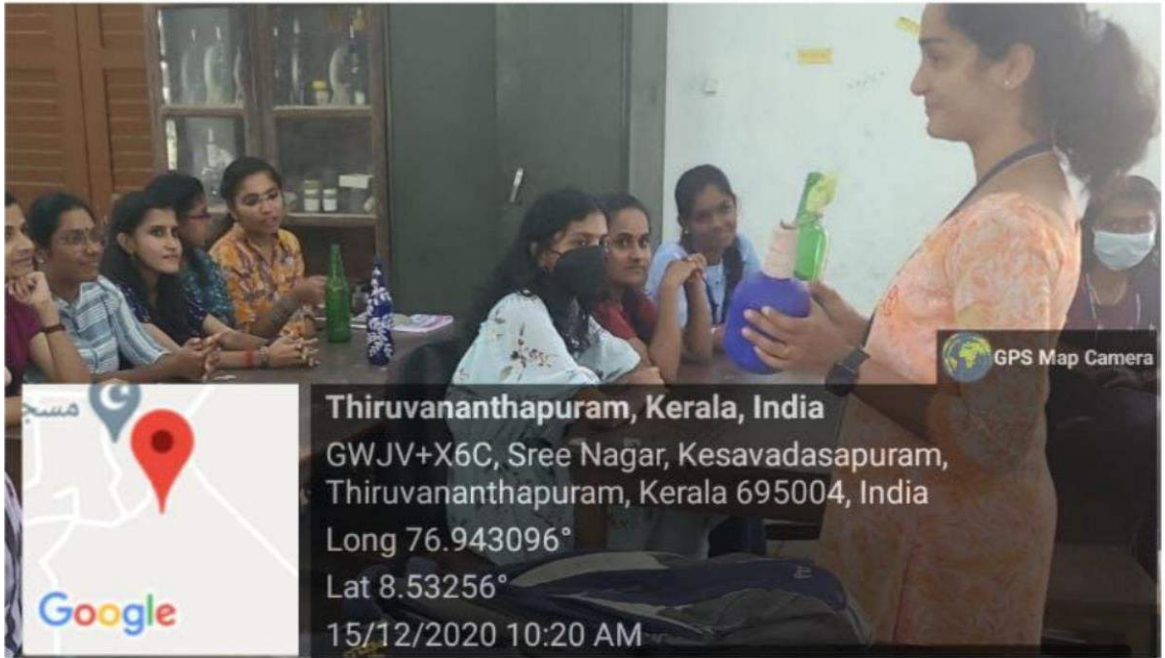
### **Program Overview**

50 students joined the programme led by Swathy S Nair, research scholar in MG College. It was structured in two main segments, starting with an educational session that provided an overview of the techniques and importance of drying flowers. This session, covered various methods of flower preservation, such as air drying, pressing, and the use of desiccants. Participants learned about the selection of flowers suitable for drying, the significance of color and texture preservation, and the principles of aesthetic arrangement. The second segment was a hands-on workshop where students were given the opportunity to create their own dry flower arrangements.

Students from diverse backgrounds brought unique perspectives to their flower arrangements, experimenting with various styles and compositions. The hands-on workshop was particularly engaging, with participants actively discussing ideas, sharing techniques, and seeking guidance from the instructors.

### **Outcomes**

The Skill Development Program on dry flower arrangement was a resounding success, achieving its aim of equipping students with valuable skills in floral preservation and design. Participants left the program with a deeper understanding of the art and science of dry flower arrangement, along with their own creations to showcase their newly acquired skills.



**Thiruvananthapuram, Kerala, India**  
GWJV+X6C, Sree Nagar, Kesavadasapuram,  
Thiruvananthapuram, Kerala 695004, India  
Long 76.943096°  
Lat 8.53256°  
15/12/2020 10:20 AM

## PARTICIPANTS

Sl. No.	Name	Signature
1.	CHANDRANA N.S.	Chandana
2.	AROMAL KRISHNA R.S.	Aromal
3.	S. ASWATHY	S. Aswathy
4.	Sreelatha S.	Sreelatha
5.	Sreejitha B.S	Sreejitha
6.	Moushin A J	Moushin
7.	Anne Mary J.	Anne Mary
8.	Athman S. Kumar	Athman
9.	Gowal d. Aji	Gowal
10.	KEERTHI ANIL S. S	K. Keerthi
11.	R. K ADITHYA KRISHNAN	R. K. Adithya
12.	Sreelatha B.S	Sreelatha
13.	Sreelatha S.	Sreelatha
14.	Abhirami H.S	Abhirami
15.	Amal Dev S	Amal D
17.	Arjana M.S	Arjana
18.	Abijitha prasath S.C	Abijitha
19.	Sreejitha S. U	Sreejitha
20.	Moses Mathew.	M. Mathew



Sl. No	Name	Signature
21	Amaltha Krishna A.S	<del>Amaltha</del>
22	Anjana B.B	<del>Anjana</del>
23	Arsha S.A	<del>Arsha</del>
24	Gayathri Jayalaxmi .S	Gayatri
25	Gokul A.S	Gokul
26	Haraneswar V.P	Haraneswar
27	Sangeeta Dutt .S	Sangeeta
28	Swati M.	Swati
29	Vishnu Mahan M.A	Vishnu
30	Harishra M.R	Harishra
31	Neesaja M.R	Neesaja
32	Poojithy M.J.	Poojithy
33	Kavya SHARJI C.S	Kavya
34	Kavya T. Nair	Kavya
35	Navya B.S	Navya
36	Megha D	Megha
37	Lekshmi S.S	Lekshmi
38	Krishna Gadha M	Krishna
39	Dhanakrishna R.R	Dhanakrishna
40	B. KARTHIKA KRISHNAN	Karthika
41	Anandita D	Anandita
42	Amal G Krishna	Amal Krishna
43	Abhijith Kumar A.B	Abhijith Kumar
44	Yadavkrishna R.S	Yadavkrishna
45	VAISHNAV V.L	Vaishnav
46	Sudalashmi M.M.	Sudalashmi
47	Ravathi Sekhar	Ravathi Sekhar
48	Danta or Nair	Danta
49	Bhadrja R. Jayan	Bhadrja
50	Atithia S.L.	Atithia

**MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM**



**DEPARTMENT OF BOTANY**

**ORNAMENTAL FLOWER MAKING PROGRAMME**

Unleash your creativity in our Ornamental Flower Making workshop, where you'll master the intricate craft of crafting beautiful artificial blooms. Join us to acquire the skills to design and assemble ornamental flowers, adding a touch of everlasting beauty to your decorative projects

Resource Person:  
Ms. Sharanya K P,  
Assistant Professor, Dept.  
of Botany, MG College,  
TVM.

Date: 4<sup>th</sup> February  
2021  
Time: 1.30 PM  
Venue: Botany Lab

## Report on Ornamental Flower Making

### Introduction

The program held on 4<sup>th</sup> February 2021 at Botany lab with 50 attendees, was, designed to offer students and interested faculty members an opportunity to learn and refine the art of creating decorative flowers using various materials.

### Objective

The primary objective was to foster creativity and skill in crafting ornamental flowers, which have applications in areas such as event decoration, personal hobbies, and even professional floristry.

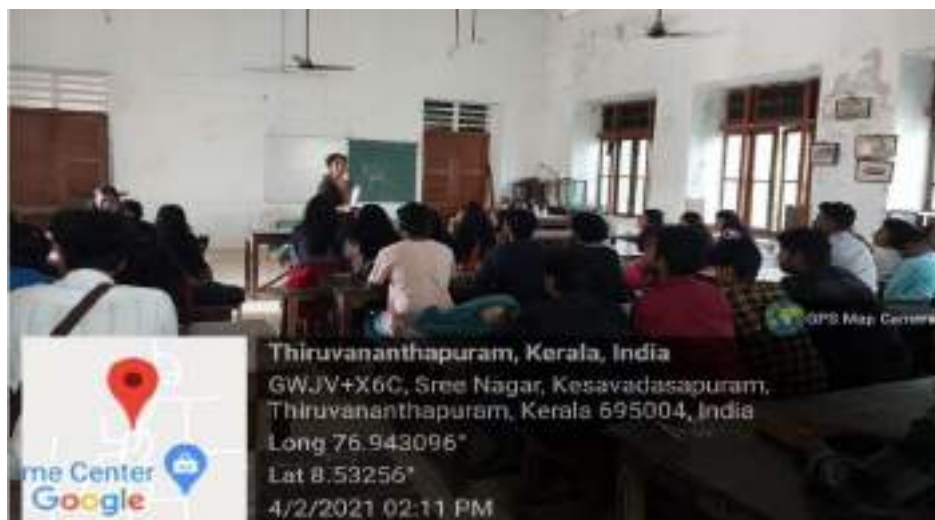
### Program Structure and Content

The program consisted of a comprehensive instructional session, where participants were introduced to different types of materials used in ornamental flower making, such as paper, fabric, and synthetic materials. Expert instructors demonstrated various techniques for cutting, shaping, coloring, and assembling these materials to create realistic and artistic flowers.

The enthusiasm and engagement among the participants were notably high.. The interactive environment fostered by the instructors facilitated not only learning and skill development but also an exchange of ideas and techniques among participants.

### Outcomes

The Skill Development Program in ornamental flower making proved to be a significant success. Participants gained valuable skills in a unique art form, with many expressing their desire to further explore and refine these skills.





## PARTICIPANTS

Sl. No.	NAME	SIGNATURE
1	Anjana AB	Anjana
2	Ashtamly BS	Ashtamly
3	Devenidu BS	Devenidu
4	Mohammed shan	Mohammed
5	Pooja Ajith	Pooja
6	Sirni MS	Sirni
7	Abhirami M.R	Abhirami
8	Anna V	Anna
9	Anjina Binaj	Anjina
10	Anya Mohan	Anya
11	Athira N	Athira
12	Geetha Anas	Geetha
13	Nigitha Vijayan	Nigitha
14	Sarna Sathudeen	Sarna
15	Suraj MN	Suraj
16	Krishna M.R	Krishna
17	Parvathi M.J	Parvathi
18	Arshwarya M.S	Arshwarya
19	Athira S.T	Athira
20	Sajana S.S	Sajana
21	Sreelan S. Naci	Sreelan







# MAHATMA GANDHI COLLEGE

THIRUVANANTHAPURAM

Re-accredited with B+ Grade by NAAC

POST GRADUATE DEPARTMENT OF BOTANY & RESEARCH CENTER

## CERTIFICATE

This is to certify that ..... of  
..... has actively participated in Capacity  
building and skills enhancement initiatives in "Ornamental Flower Making"  
offered by Post Graduate Department Of Botany & Research Center,  
Mahatma Gandhi College, TVPM during the academic year  
.....

Head of the Department

IQAC Coordinator

Principal

**5.1.2 Capacity Building and Skill Enhancement Initiatives during  
2018-19 to 2022-23**

<b>Sl. No.</b>	<b>Category of Skill</b>	<b>Name of the Program</b>	<b>Year</b>	<b>No. of Beneficiaries</b>
<b>1</b>	<b>ICT skill</b>	<b>Quantitative Data Analysis using SPSS Software</b>	<b>2020-21</b>	<b>72</b>
<b>2</b>	<b>Soft skill</b>	<b>Craft Awareness Programme</b>	<b>2021-22</b>	<b>245</b>
<b>3</b>	<b>Soft skill</b>	<b>Management Development Program</b>	<b>2022-23</b>	<b>98</b>

Mahatma Gandhi College



Time -7pm to  
8-30pm



Dr. Resmi C. Panicker, Assistant  
Professor, Department of  
Economics, University College,  
Thiruvananthapuram

Please join through this link

<https://meet.google.com/mhu-odpt-jvw>

Topic

Quantitative data analysis using  
SPSS software

Date

15,16,17-March 2021



Principal

Dr. M.S Anil kumar

HOD

Ms Priya LG



മഹാത്മാഗാന്ധി കോളേജ്, തിരുവനന്തപുരം

മലയാളവിഭാഗം

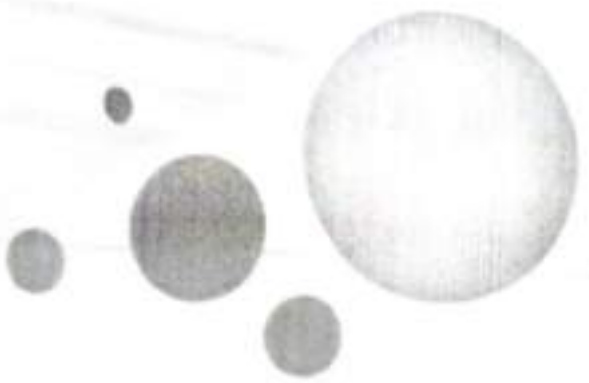
LANGUAGE SKILL PROGRAM- ONLINE

ഭാഷാവബോധം: പ്രയോഗവും സായത്രികളും

ദോൺലൈൻ ക്ലാസ്സുകൾ നയിക്കുന്നത്:

ഡോ ബി എസ് ബിനു

3 സെപ്റ്റംബർ 2020



**MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM**  
**P.G.DEPARTMENT OF MALAYALAM & RESEARCH CENTRE**  
**ACADEMIC YEAR 2020-21**

**LANGUAGE SKILL**

ഭാഷാവബോധം - അടിസ്ഥാനതത്ത്വങ്ങൾ

Sl. No.	Name	
1	ABHJITH G	Abhijith
2	AKHIL BABU.C.G	Akshat
3	AKHILA V	Aksh
4	AMAL M	Amal
5	ANAND A	Anand
6	ANANTH.R	Ananth
7	ANEESH.G	Aneesh
8	ANGOP M B NAIR	Angop
9	ANSILA N	Ansila
10	ARATHY CHANDRAN.B	Arathy
11	ARAVIND A R	Aravind
12	ARCHANA C J	Archana
13	ARYA A G	Arya
14	ARYA M J	Arya
15	ARYA MADHU R M	Arya
16	ARYA S	Arya
17	ARYA.S.KUMAR	Arya
18	ASHA GOPAN S	Asha

19	ASWATHY. K.S	Aswathy
20	ATHIRA.S.NAIR	Athira
21	JISHNU.M.S	Jishnu
22	JITHIN B	Jithin
23	KAILAS.M	Kailas
24	KEERTHI S NAIR	Keerthi
25	MALINI V S	Malini
26	MOHAMED AJAS A M	Mohamed
27	MRIDULA M NAIR	Mridula
28	MUHAMMED RIYAS. N	Muhammed
29	NANDU THAMPI S	Nandu
30	NANDUMOHAN	Nandumohan
31	RAHULKHAN.N.H	Rahulkhan
32	RENJU R	Renju
33	RESHMA R S	Reshma
34	RESHMA RAVEENDRAN.R.S	Reshma
35	REVATHY N	Revathy
36	SACHU MON S G	Sachu
37	SAJANA M	Sajana
38	SAJITHA J.S	Sajitha





11/11/11

11/11/11





MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM

DEPARTMENT OF MALAYALAM

LANGUAGE SKILL PROGRAM- ONLINE

BASIC CONCEPTS OF LANGUAGE - ഭാഷാവ്യവസ്ഥാധാരാ: പ്രയോഗശാസ്ത്രം സാധ്യതകളും

THIS IS TO CERTIFY THAT .....  
HAS SUCCESSFULLY COMPLETED THE LANGUAGE SKILL PROGRAM ON  
BASIC CONCEPTS OF LANGUAGE (ഭാഷാവ്യവസ്ഥാധാരാ: പ്രയോഗശാസ്ത്രം  
സാധ്യതകളും) ORGANIZED BY DEPARTMENT OF MALAYALAM ON 1st  
SEPTEMBER 2021.

HEAD OF THE DEPARTMENT



PRINCIPAL

മഹാത്മാഗാന്ധി കോളേജ്, തിരുവനന്തപുരം  
മലയാളവിലാസം

LANGUAGE SKILL PROGRAM- online

BASIC CONCEPTS OF LANGUAGE- ഭാഷാവിഭാഗം: പ്രയോഗവും സാധ്യതകളും  
റിപ്പോർട്ട് 2020-21

2020-21 അക്കാദമിക വർഷത്തിൽ മലയാളവിലാസം നടത്തിയ ഭാഷാസൈക്ലിക് പ്രവർത്തനം (Language skill) ആയിരുന്നു ഭാഷാവിഭാഗം: പ്രയോഗവും സാധ്യതകളും (Basic concepts of Language) എന്നത്. ഓൺലൈനായി, 3 സെപ്റ്റംബർ 2020-നായിരുന്നു പരിപാടി നടത്തിയത്. മധ്യം ബി എസ് ബിനു ക്ലാസ്സുകൾ നയിച്ച മലയാളഭാഷയുടെ അക്ഷരങ്ങൾ, പദരലം, വാക്യരലം, പ്രത്യയങ്ങൾ, സന്ധികൾ, സമാസങ്ങൾ തുടങ്ങിയവ അറിയുകയും അതിന്റെ അടിസ്ഥാനത്തിൽ ആശയവിപുലനം നടത്താൻ പരിശീലിക്കുകയും ഭാഷയുടെ പല വ്യവഹാരങ്ങളിലേക്ക് ഇവയെ പ്രയോഗിക്കുകയും ചെയ്യുന്ന രീതിയിലാണ് ക്ലാസ്സുകൾ നടന്നത്. പല എഴുത്തുമാതൃകകൾ കൂട്ടികൾ തയ്യാറാക്കുകയും ചെയ്തു. 49 കുട്ടികൾ പങ്കെടുത്തു.





# **NOTICE**

## **BOTTLE ART**

### **To: All Students and Faculty Members**

Ignite your artistic flair in our Bottle Art workshop, where you'll transform ordinary glass containers into captivating pieces of art. Join us to explore innovative techniques and unleash your creativity, turning recycled bottles into unique, decorative masterpieces for your home or as thoughtful gifts.

Date: 11<sup>th</sup> October 2021

Time: 1.30 PM

Venue: Botany Lab

Resource Person: Ms. Renjini R L, Research Scholar, Dept. of Botany, MG College, TVM.



**MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM**



**DEPARTMENT OF BOTANY  
BOTTLE ART**

Ignite your artistic flair in our Bottle Art workshop, where you'll transform ordinary glass containers into captivating pieces of art. Join us to explore innovative techniques and unleash your creativity, turning recycled bottles into unique, decorative masterpieces for your home or as thoughtful gifts.

**Date: 11<sup>th</sup> October 2021**

**Time: 1.30 PM**

**Venue: Botany Lab**

**Resource Person:**

**Ms. Renjini R.L., Research  
Scholar, Dept. of Botany,  
MG College, TVM**

## **Report on Bottle Art**

### Introduction

The program, conducted on 11<sup>th</sup> October 2021, was designed to engage 50 Botany students in the creative process of transforming ordinary bottles into artistic masterpieces.

### Objectives

The primary objective of conducting the Skill Development Program focused on bottle art were multifaceted and aimed at fostering a creative and sustainable mindset among participants. The program was designed to enhance artistic skills, providing students with hands-on experience in various bottle art techniques such as painting, decoupage, and glass etching. This experience was intended to nurture creativity and innovation, allowing students to explore and express their artistic abilities.

### Program Outline and Purpose

The program was carefully structured to provide both theoretical knowledge and practical application. It commenced with an introductory session where instructors introduced the concept of bottle art, emphasizing its role in upcycling and sustainable art practices. Participants were shown various techniques and styles of bottle art, ranging from simple painting and decoupage to more complex methods like glass etching and mosaic decoration. The purpose was to equip students with the skills to creatively repurpose waste materials, thereby contributing to environmental sustainability.

The level of engagement and creativity exhibited by the participants was remarkable. Students from different academic backgrounds brought their unique perspectives, resulting in an array of beautifully decorated bottles

### Conclusion

In conclusion, the Bottle Art Skill Development Program was a resounding success. It not only provided a platform for students to unleash their creativity but also highlighted the importance of recycling and sustainable art.



Thiruvananthapuram-Kerala, India

GWJV+X6C, Sree Nagar, Kesavadasapuram,  
Thiruvananthapuram, Kerala 695004, India

Long 76.943096°

Lat 8.53256°

11/10/2021 01:40 PM

Google

GPS Map Camera

## PARTICIPANTS

Sl. no	Name	Signature
1	Aadhya .k.v.	
2	Aiswarya .M.S	
3	Akshay .N.P	
4	Susya .S	
5	Punya Raj .M.S	
6	Arya .A	
7	Akshaya .A.M	
8	Deviprakash	
9	Uppala .S.M	
10	Sandesh .T.S	
11	Sanya .A.S	
12	Abin .S	
13	Avanithika .M.R	
14	Febe .K.V	
15	Hafis Rahman .N	
16	Kiran .M	
17	Midhun .M	
18	Riya B. Sudhassanan	
19	Avani VT	
20	Arsha .S.A.	
21	Gayathri .M.S	



Sl. no	Name	Signature
22	Jamey C.S	Jamey
23	Nikhilak .A.	Nikhilak
24	Sangeetha .S.R.	Sangeetha
25	Abhinavmi .A.R	Abhinavmi
26.	Amal .V.	Amal
27	Arufa .T.L	Arufa
28	Athira .N.	Athira
29	Crakul .A.S	Crakul
30	Reshma Baiju	Reshma
31	Karshna .M.R	Karshna
32	Parvathi .M.J.	Parvathi
33	Neeraja .M.R	Neeraja
34	Sai Lakshmi .V.S	Sai Lakshmi .V.S
35	Archa S Amil	Archa
36	Sarany S Sumit	Sarany
37	Aromal Krishna .R.S	Aromal
38	Vijitha .S.U.	Vijitha
39	Sandra V sjan	Sandra
40	Praveena Parthepam	Praveena
41	Crupika .T	Crupika
42	Aparna .A	Aparna
43	Arjana .M.S	Arjana
44	Amal Dev S	Amal
45	Sneha .B.S	Sneha
46	Atharaj S Kumer	Atharaj
47	Anamithu A.S	Anamithu
48	Akash .V	Akash
49	Abhinshuk Rajesh	Abhinshuk
50	Akash Vijay V	Akash



# MAHATMA GANDHI COLLEGE THIRUVANANTHAPURAM



## DEPARTMENT OF BOTANY

### PLASTIC REUSE IN HOME DECOR MAKING

Discover the art of sustainable creativity in our Plastic Reuse in Home Decor Making workshop, where you'll learn inventive ways to repurpose plastic materials into stylish and functional decor items. Join us to explore eco-friendly crafting techniques, turning discarded plastics into unique pieces that not only enhance your living space but also contribute to a greener environment.

**Resource Person:**  
**Dr. Athira M Nair,**  
**Assistant Professor,**  
**Dept. of Zoology,**  
**MG College, TVM.**

**Date:** 18<sup>th</sup> January  
2021  
**Time:** 3.00 PM  
**Venue:** Botany Lab

## **Report on Plastic Reuse in Home Decor**

### **Introduction**

The PG & Research Department of Botany organised an innovative Skill Development Program titled "Plastic Reuse in Home Decor". Held on 18<sup>th</sup> January 2021, this program aimed to address the pressing issue of plastic waste by integrating it into creative home decoration solutions. Dr. Athira M Nair, Assistant Professor, Dept. of Zoology conducted the programme attended by 53 students.

### **Program Objectives**

The primary objectives of this program were multi-fold. Firstly, it aimed to raise awareness about the environmental impact of plastic waste and the importance of recycling and reusing materials. Secondly, the program was designed to foster creativity and innovation in the reuse of plastic materials for decorative purposes. Another key goal was to equip participants with practical skills in crafting home decor from discarded plastics, thereby promoting the concept of sustainable living.

### **Program Outline**

The program provided insights into the different types of plastics and their properties, safe handling and processing techniques, and principles of sustainable design. Participants engaged in hands-on activities where they learned to convert common plastic items such as bottles, containers, and bags into decorative pieces like lamps, planters, wall hangings, and other home accessories.

### **Outcome**

Participant engagement in the program was enthusiastic and insightful. Students displayed remarkable creativity in repurposing plastic items, often combining functionality with aesthetic appeal in their projects.

In conclusion, the "Plastic Reuse in Home Decor" Skill Development Program was a significant success. It effectively achieved its objectives of educating participants on environmental issues and the practical application of plastic reuse in home decor.





## PARTICIPANTS

Sl. No.	NAME	SIGNATURE
1.	ARCHA .S.	
2.	DEVI PRAKASHI	
3.	Crupila S. Mouda	
4.	Dhanush J.S	
4.	Mubusina M. S	
5.	Devika D.	
6.	Sanchu S. Nain	
7.	Sandesh JVS	
8.	Janetha Sabar	
9.	AKHIL KRISHNA A.S.	
10.	Devika Rajan A.T.	
11.	Hafis Rahman	
12.	Lekshmi Anil Kumar	
13.	Apurva A.J.	
14.	SURYA D.S.	
15.	Amal A.	
16.	Akshaya Shini	
17.	Anya Shannava	
18.	Gauri L. Diji	

Sl. NO:	NAME	SIGNATURE
19	Keerthi S. Kannu	<i>Keerthi</i>
20	Saanya V	<i>Saanya</i>
21	Anha B.S	<i>Anha</i>
22	Sreethud	<i>Sreethud</i>
23	Abhivani HS	<i>Abhivani</i>
24	Amal Devi S	<i>Amal Devi</i>
25	Chandhana NS	<i>Chandhana</i>
26	Orpika J	<i>Orpika</i>
27	Krishnendhu OP	<i>Krishnendhu</i>
28	Anjana MS	<i>Anjana</i>
29	Opiana A	<i>Opiana</i>
30	Nandhana S	<i>Nandhana</i>
31	Kashmanelker OP	<i>Kashmanelker</i>
32	Sandeep S	<i>Sandeep</i>
33	Anjali B.S	<i>Anjali</i>
34	Harisaran HS	<i>Harisaran</i>
35	S Asurthy	<i>S Asurthy</i>
36	Souav S	<i>Souav</i>
37	Sreejyoti C.S	<i>Sreejyoti</i>
38	Saritha Raj B	<i>Saritha</i>
39	Nishu Mohan MA	<i>Nishu</i>
40	Souraj M	<i>Souraj</i>
41	opanda MS	<i>opanda</i>
42	Jasvathi MT	<i>Jasvathi</i>
43	Amal V	<i>Amal</i>
44	Anya Mohan	<i>Anya</i>
45	Akhya A	<i>Akhya</i>
46	Kailas Nath H	<i>Kailas</i>
47	Aravind AS	<i>Aravind</i>
48	Parameshwari VA	<i>Parameshwari</i>
49	Nikhitha vijaya V	<i>Nikhitha</i>
50	Prayathi Jayakumar	<i>Prayathi</i>
51	Saritha Raj	<i>Saritha</i>





2021-22

## Report on CHEM FEST 2K21-22 titled CHYMICUS 2021

In association with IQAC, Mahatma Gandhi College, CHEM FEST 2K21-22 titled CHYMICUS 2021 was organized on August 16 th and 17 th through online mode to explore the abilities of students. The programme started with a prayer song by Devika A.V Nair. The welcome address was given by Salmiya and the presidential address was given by Dr. Sikha T.S, Head of the Department. Dr. Ampili M, Principal, Mahatma Gandhi College inaugurated the programme. Felicitation was extended by Mr. N.K Sunil Kumar, Council Secretary, Dr. Ram Kumar, IQAC Convenor and Dr. M.R Harikrishnan ,PTA Secretary. Anandhu A.S proposed vote of thanks.

Experimental videos, presentation, quiz competition, spot explanation competition and poster designing competition were organized.

**POSTGRADUATE & RESEARCH  
DEPARTMENT OF CHEMISTRY**

**IN ASSOCIATION WITH IQAC**

**MAHATMA GANDHI COLLEGE**

**THIRUVANANTHAPURAM**

**CHEM**

**FEST 2k21-22**



*Celebrating*

**CHEM-MYSTERY**

*Together*

**August 16&17**

**4.30-5.30 Pm**

# CHYMICUS 2021

POSTGRADUATE & RESEARCH DEPARTMENT OF CHEMISTRY

IN ASSOCIATION WITH IQAC

MAHATMA GANDHI COLLEGE

THIRUVANANTHAPURAM

PRAYER SONG:- DEVIKA AV NAIR

WELCOME SPEECH:- SALMIYA S

PRESIDENTIAL

ADDRESS:- Dr. SIKHA T S

(Head of the department)

INAUGURAL

ADDRESS:- Dr. AMPILI M

(Principal)

FACILITATION:- Mr. NK SUNIL KUMAR  
(Council secretary)

Dr. RAMKUMAR R

(IQAC Convenor)

Dr. MR HARI KRISHNAN

(PTA Secretary)

VOTE OF THANKS:- ANANDHU A S

## PROGRAMMES

#EXPERIMENTAL VIDEOS

#PRESENTATION

#QUIZ COMPETITION

#SPOT EXPLANATION

COMPETITION

#POSTER DESIGNING

COMPETITION

AUGUST 16&17

4.30-5.30 PM

<http://meet.google.com/kcd-fgeo-qst>

USE THIS LINK TO JOIN  
(For both day)

PROGRAMME  
COORDINATOR

Dr. RAHUL S

ORGANISING COMMITTEE

Dr. SIKHA T S

Dr. SIMI C K

Dr. RATHEESH KUMAR

Dr. BINDU P NAIR

Dr. RESHMI V G

Dr. DHANYA V S

Dr. SREEKANTH R

STUDENTS COMMITTEE

MEDHA LAL R

ABHIRAMI BA

POOJA KRISHNA P

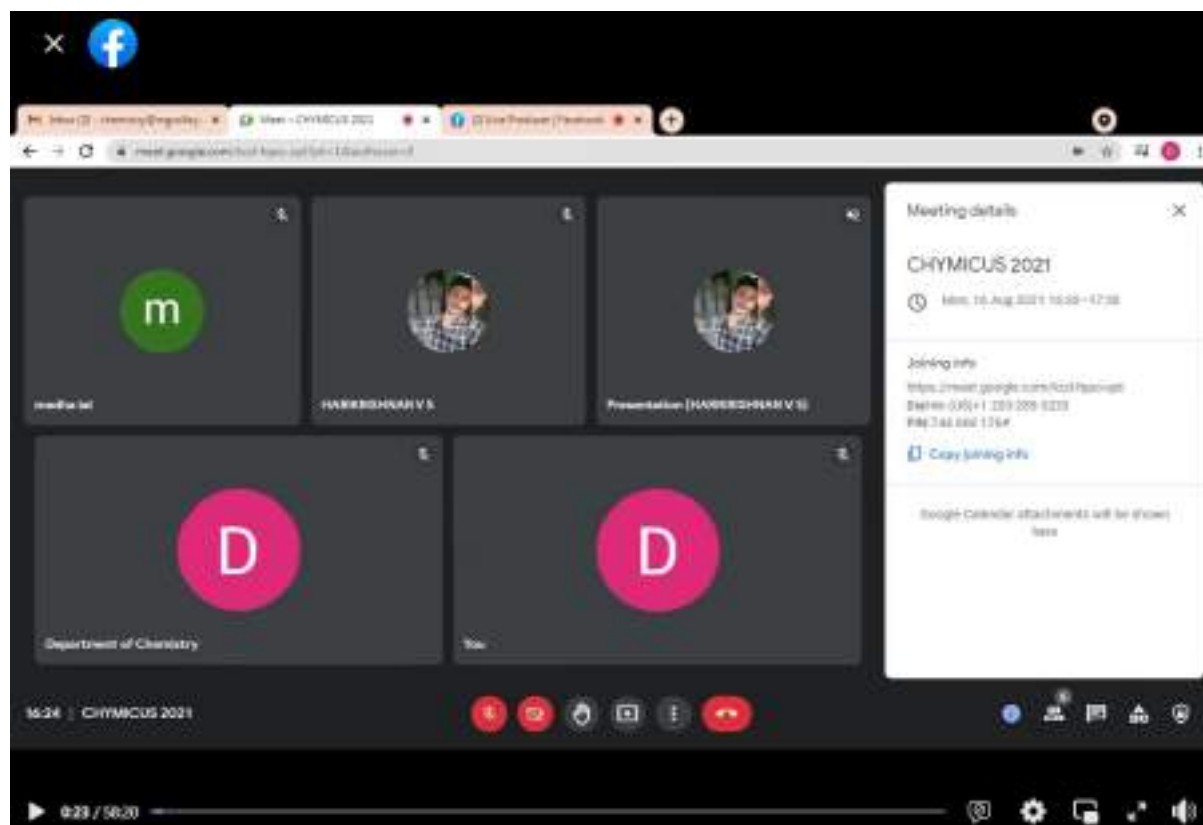
ASWIN M

SALMIYA S

ANANDHU AS

BHARATH S KRISHNA





## List of Participants

Sl. No	Name	Cand Code	Year and Semester
1.	AMITHESH PRADEEP	23519118002	III UG
2.	AMRITHA R.G	23519118003	III UG
3.	AMRUTHA S M	23519118004	III UG
4.	ANEESH S	23519118005	III UG
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38.	BHADRA C VIKAS	23519118053	III UG
39.	PARVATHY ASOK	23519118054	III UG
40.	ABHIMANYU H	23521118001	I UG
41.	ABHIRAMY B.R	23521118003	I UG
42.	ANASWARA. P.S	23521118006	I UG
43.	ANJALI KRISHNA. K. M	23521118007	I UG
44.	ASWATHY V. R	23521118010	I UG
45.	BHAGYALEKSHMI R	23521118011	I UG
46.	DEVENDU S N	23521118012	I UG
47.	MEENU P.S.	23521118014	I UG
48.	MITHUN G.M	23521118015	I UG
49.	PRAVEEN G	23521118017	I UG
50.	SIVARENJANA R S	23521118020	I UG
51.	SIYA S NAIR	23521118021	I UG
52.	SRAVYA S. S.	23521118023	I UG
53.	SREELAKSHMI . B . J	23521118024	I UG
54.	ABHINAV S	23521118027	I UG
55.	ADITHYA L.R.	23521118029	I UG
56.	AKHILA B	23521118030	I UG
57.	AMRITHA RANI. P.K	23521118031	I UG
58.	ANANTHAKRISHNAN A	23521118032	I UG
59.	ARDRA.G	23521118033	I UG

60.	ASWATHY S NAIR	23521118034	I UG
61.	B S ADIDEV	23521118035	I UG
62.	DEVIPRIYA.R	23521118037	I UG
63.	GOURINANDA K A	23521118038	I UG
64.	KRISHNENDU S	23521118040	I UG
65.	MEGHA MANOJ R	23521118042	I UG
66.	ROHITH S S	23521118045	I UG
67.	SABARINATH S P	23521118046	I UG
68.	ADHITHYA KRISHNAN A	23521118048	I UG
69.	ANOOP S	23521118049	I UG
70.	ASWATHY KRISHNAN	23521118050	I UG
71.	ATHIRA R S	23521118051	I UG
72.	VYSHNAVI V S	23521118054	I UG
73.	Aswani M.S	63520118002	II PG
74.	Aswathy A.S	63520118003	II PG
75.	Devika J S	63520118004	II PG
76.	Krishnanunni J V	63520118005	II PG
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81.	Sariga R.	63520118010	II PG
82.	Vaishna Chandran P.	63520118011	II PG
83.	Vimalkumar V. M.	63520118012	II PG
84.	Anaswara Gopan B	63520118013	II PG

## **Report of Ozone Day Celebrations**

In association with IQAC, Mahatma Gandhi College Department of Chemistry celebrated World Ozone Day. The programme started with a prayer song by Devika A.V Nair. The welcome address was given by Dr. Ratheesh Kumar V.K, programme coordinator and the presidential address was given by Dr. Sikha T.S, Head of the Department. Dr. Ampili M, Principal, Mahatma Gandhi College inaugurated the programme. Felicitation was extended by Mr. N.K Sunil Kumar, Council Secretary and Dr. Ram Kumar, IQAC Convenor. Dr. Sreekanth R, Assistant Professor, Department of Chemistry proposed vote of thanks.

An invited talk on the topic “The future of clean energy” was organized on 16 th September 2021 through online mode. The resource person was Dr. K Sreenath, Assistant Professor, Post Graduate Department of Chemistry, NSS College, Pandalam.

POSTGRADUATE & RESEARCH  
DEPARTMENT OF CHEMISTRY

In Association with IQAC

MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM

*Conserving our ozone layer*



**SEPTEMBER 16**  
**OZONE DAY**

Invited lecture on the topic

***"The future of clean energy"***


*Invited lecture by*

**DR.K SREENATH**

**ASSISTANT PROFESSOR**

**POSTGRADUATE DEPARTMENT OF CHEMISTRY**

**NSS COLLEGE PANDALAM**

**On 16th September 2021@4pm**   
(Through online mode)

Students presentation competition

**On 18th September 2021**

# POSTGRADUATE & RESEARCH DEPARTMENT OF CHEMISTRY

In Association with IQAC  
MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM



## SEPTEMBER 16 OZONE DAY

*"Conserving our ozone layer"*

### PROGRAMME

**16/09/2021 @4.00 pm Inauguration (Online Mode)**

**Prayer :- Devika A V Nair**

**Anchoring :- Medha Lal R**

**Welcome speech :- Dr.Ratheesh Kumar V K**  
(Programme Coordinator)

**Presidential address :- Dr.Sikha T S**  
(Head, Department of Chemistry)

**Inaugural address :- Dr.Ambili M**  
(Principal)

**Felicitation :- Dr.N K Sunil Kumar**  
(Secretary, College Council)

**Dr.Ramkumar R**  
(Coordinator, IQAC)

**4.20 Pm Invited talk on the topic:-**

*" The future of clean energy "*

**Dr.K Sreenath**

**Assistant Professor**

**Postgraduate Department of Chemistry**  
**NSS College, Pandalam**

**Vote of thanks :- Dr Sreekanth R**  
(Assistant Professor of Chemistry)





Zoom Meeting

Search Participants

## September 16

In 1984, the UN General Assembly proclaimed 16 September the International Day for the Preservation of the Ozone Layer, commemorating the date of the signing, in 1987, of the Montreal Protocol on Substances that Deplete the Ozone Layer.

Presented	Unlabeled	Unlabeled
Unlabeled	Unlabeled	Unlabeled
Unlabeled	Unlabeled	Unlabeled
Unlabeled	Unlabeled	Unlabeled

0:00 | Presentation of Course ... | Training Started | 20 min | 10:00 AM | 10/10/2023

Zoom Meeting

Search Participants

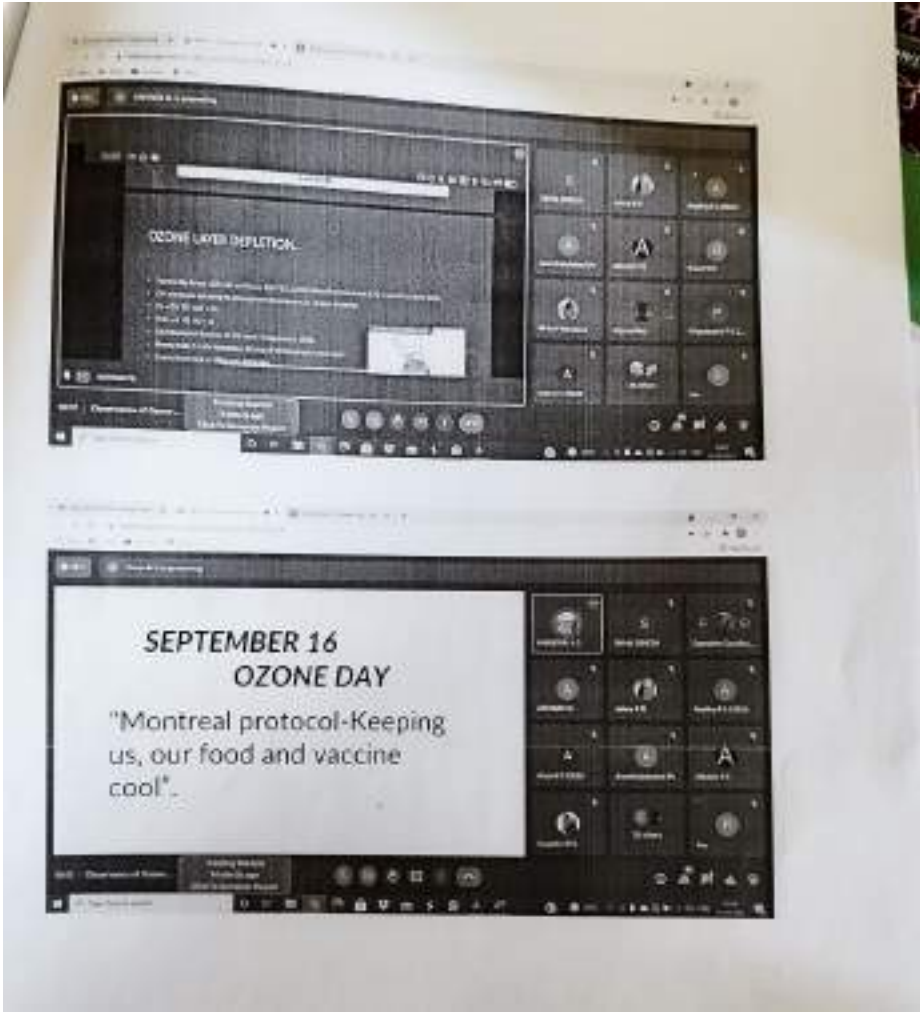
### Natural light harvesting system vs Artificial

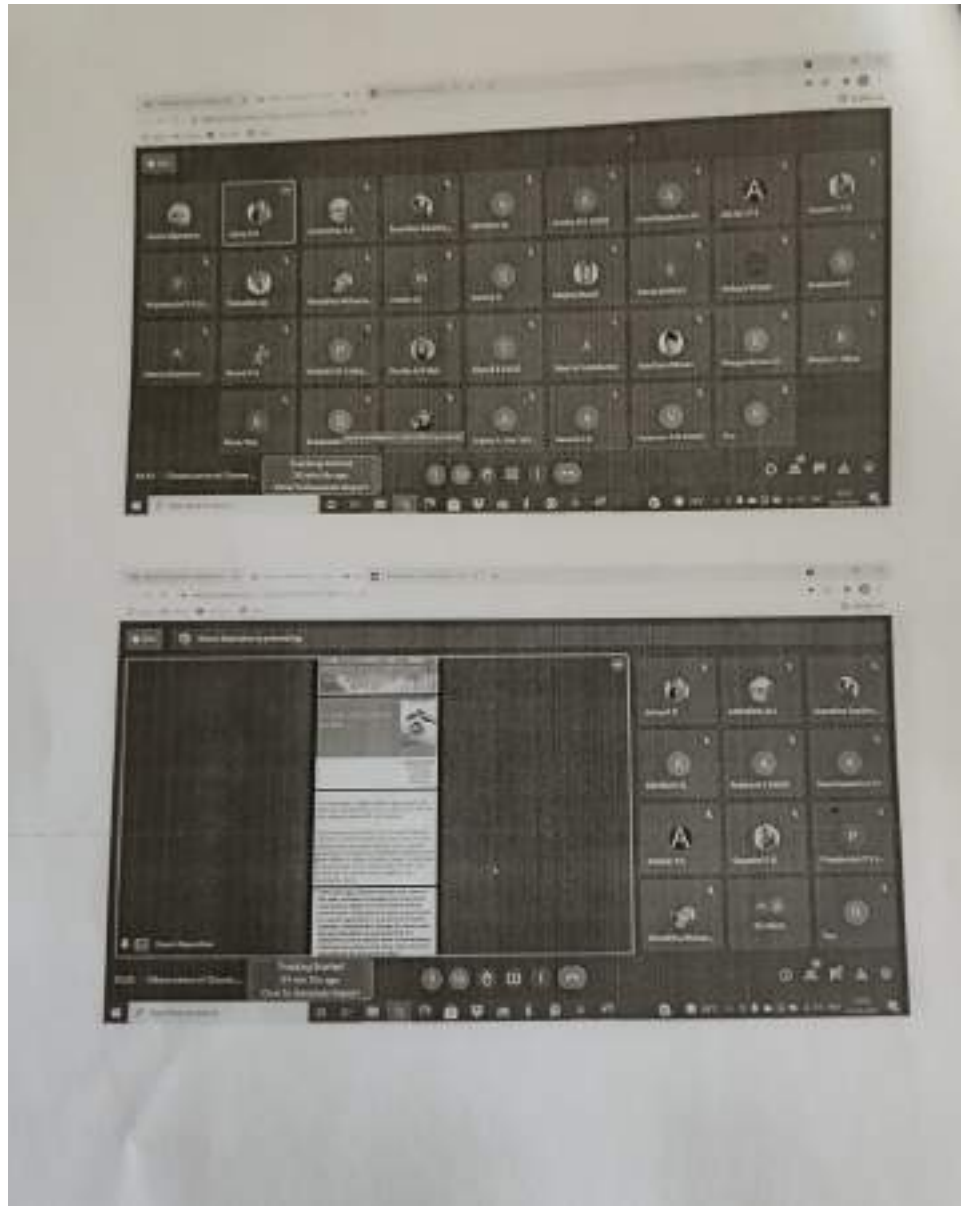
In the natural photosynthesis system,  $\phi_{ps}$  = 1 & lifetime of the PS state is about 1 ns.

Efforts to improve  $\phi_{ps}$  and  $\tau_{ps}$  continues

Presented	Unlabeled	Unlabeled
Unlabeled	Unlabeled	Unlabeled
Unlabeled	Unlabeled	Unlabeled
Unlabeled	Unlabeled	Unlabeled

0:00 | Presentation of Course ... | Training Started | 10 min | 10:00 AM | 10/10/2023





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63.	Aparna S Nair	23520118012	II UG
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69.	Bharath S Krishna	23520118018	II UG
70.	Devika A J	23520118019	II UG
71.	Farsana Sunil	23520118020	II UG
72.	Gautham Mohan Y M	23520118021	II UG
73.	Govind P	23520118022	II UG
74.	Hari S Prasad	23520118023	II UG

**REPORT OF  
TWO-DAY INTERNATIONAL CONFERENCE ON  
RECENT ADVANCES IN  
CHEMICAL SCIENCES (ICRACS-2022)  
(10th & 11th March, 2022)**

**Organized by**

**POST-GRADUATE AND RESEARCH DEPARTMENT OF CHEMISTRY  
IN ASSOCIATION WITH IQAC, MAHATMA GANDHI COLLEGE**

**MAHATMA GANDHI COLLEGE  
KESAVADASAPURAM, THIRUVANANTHAPURAM  
(College with Potential for Excellence)  
Reaccredited by NAAC with B+ Grade  
[www.mgcollegetvm.ac.in](http://www.mgcollegetvm.ac.in)**

e are all aware of the significance of research in our daily lives. Research is essential for

increasing and broadening knowledge in any field. In the current COVID-19 pandemic, it is only research that has proven to be successful in paving the path to a much-needed solution. Keeping this fact in mind, the Post-Graduate and Research Department of Chemistry, Mahatma Gandhi College, Thiruvananthapuram organized a two-day International Webinar on **“INTERNATIONAL CONFERENCE ON RECENT ADVANCES IN CHEMICAL SCIENCES” (ICRACS-2022)** in collaboration with IQAC on the Google meet platform (**Google meet link : [meet.google.com/uqh-ghwe-drx](https://meet.google.com/uqh-ghwe-drx)**) on March 10-11, 2022. The major theme of the webinar is the interdisciplinary approach of research in Chemical science. The conference's principal goal is to provide a Google platform for exploring some of the most recent advancements in Chemistry. Its goal is to create a common platform for teachers, researchers, and organizations to share their experiences and accomplishments in diverse fields of chemistry. Around 150 people registered for the webinar for free, and approximately 100 people attended, including faculty members, research experts, and PG students from various colleges and institutions in India and abroad.

The inaugural session began with the Welcome Speech delivered by **Dr. Sikha T.S**, Head of the Department, Chemistry. In her welcome address, **Dr. Sikha T.S** emphasized the undeniable importance of chemistry in shaping the future on desirable lines, as well as the conference's major features. Dr. Sikha T.S. also chaired the function in the absence of respected Principal Dr. Ampili M. The webinar was inaugurated by **Dr. Prof. (Dr). C.T. Aravindakumar**, Pro Vice Chancellor, Mahatma Gandhi University, Former Director, School of Environmental Sciences, Mahatma Gandhi University. He provided useful knowledge on how to conduct research in particular area of interest. The participants particularly the students were very motivated by hearing his particular journey in the area of research. **Dr. V. S. Dhanya**, Convener of the conference delivered vote of gratitude for the resource persons and participants. The anchoring of the inaugural session was done by Ms. Medha of II M.Sc. Chemistry.

Faculty members of various colleges and universities across the country were invited to this multisession webinar. There were two invited talks on each of the days by eminent speakers. The Technical Session started on the first day of the webinar with a welcome message from **Dr. Simi. C K**, Assistant Professor, Department of Chemistry. A keynote speaker **Dr. Anoop Thomas**, Department of Inorganic and Physical Chemistry, Indian Institute of Science, Bangalore, gave an

invited talk on "**Exploring Chemistry under Light-Matter Hybridisation**". He described the topic very well with simple explanation which really was successful to attract the interests of the participants. He also gave his valuable suggestions regarding the building of career in research after UG level. At the end of the morning session of the webinar, **Dr. Ratheesh Kumar V.K.**, Assistant Professor, Department of Chemistry, offered a vote of gratitude.

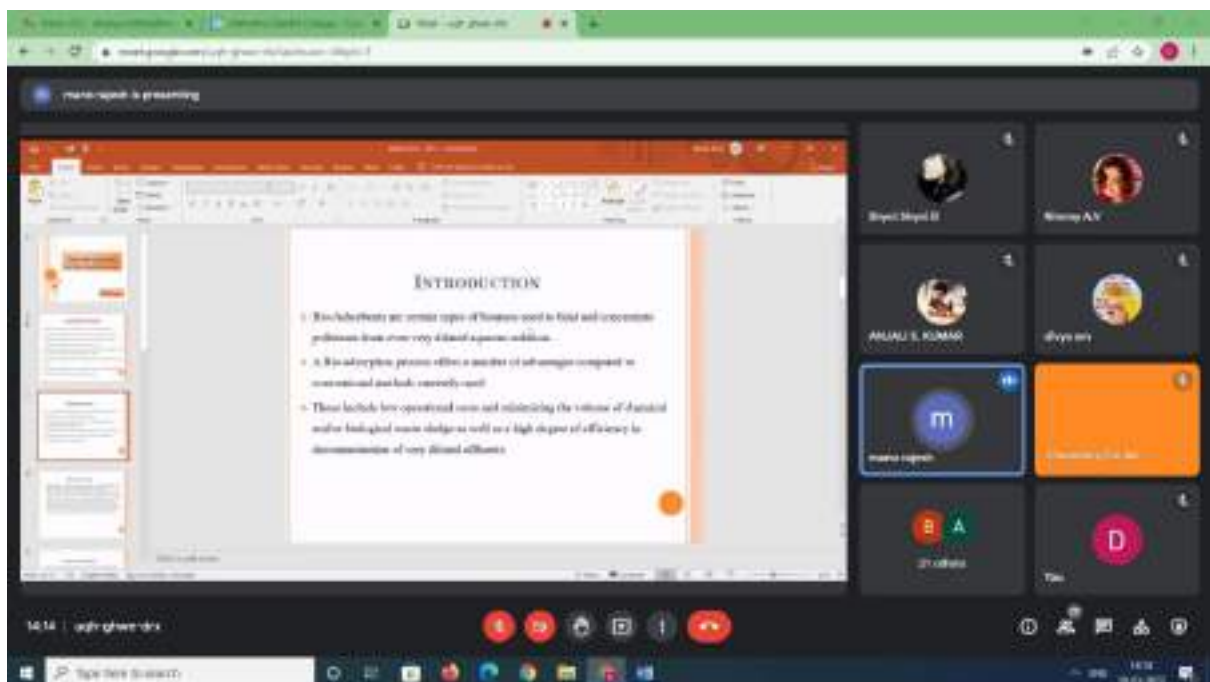
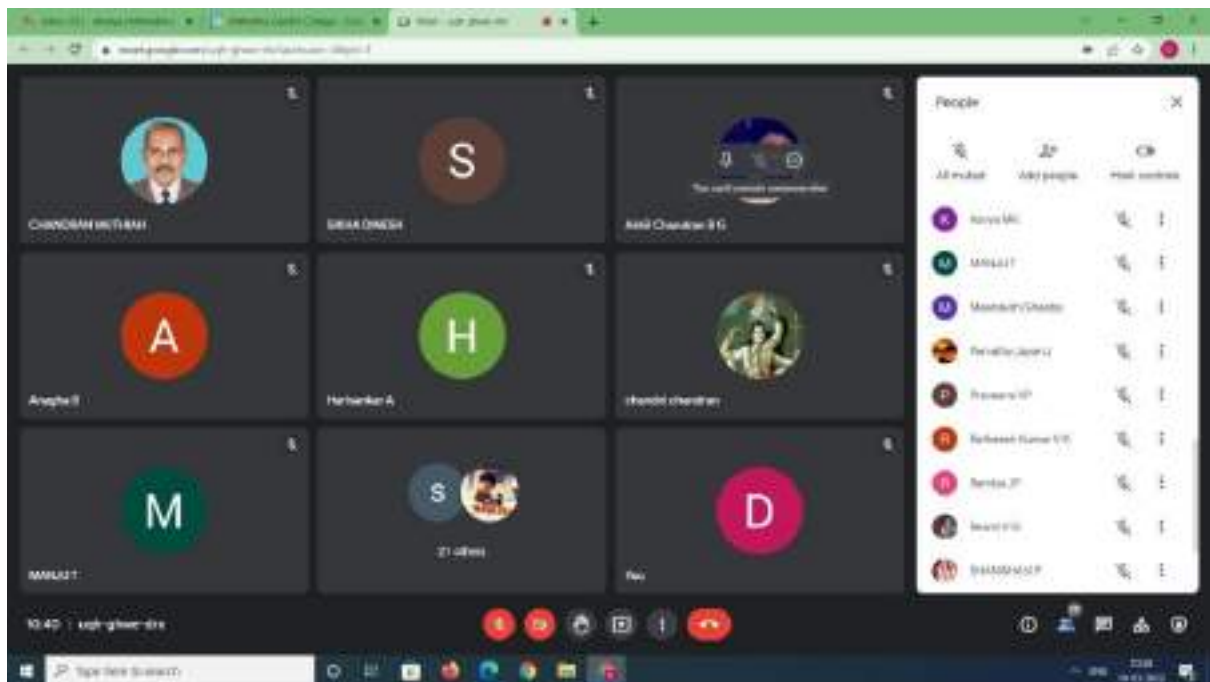
Assistant Professors, **Dr. Bindu P.Nair** and **Dr. Ratheesh Kumar V.K.** from the Department of Chemistry, presided over the oral presentations session in the afternoon. **Dr. S. Balachandran**, Former principal, N.S.S. College, Otappalam, and **Dr. Suma.S.**, Former Associate Professor, Sree Narayana College, Chempazhanthy had served as judges for the research paper presentations. The session was concluded with some remarks by chair about papers presentations. The second Resource person for the webinar was Dr. Renato Falcao Dantas, Associate Professor and Dean School of Technology, University of Campinas, UNICAMP (Brazil). The topic of his presentation was "**Principles of ozonation for water and waste water purification**". In this session, participants were learned how to purify waste water originating from various industries and factories. He presented a summary concerning ozone generation mechanisms, the physicochemical properties of ozone, as well as the applications of ozone in water. Towards the end of the session, **Dr. Rahul S**, Assistant professor, Department of Chemistry delivered the vote of thanks.

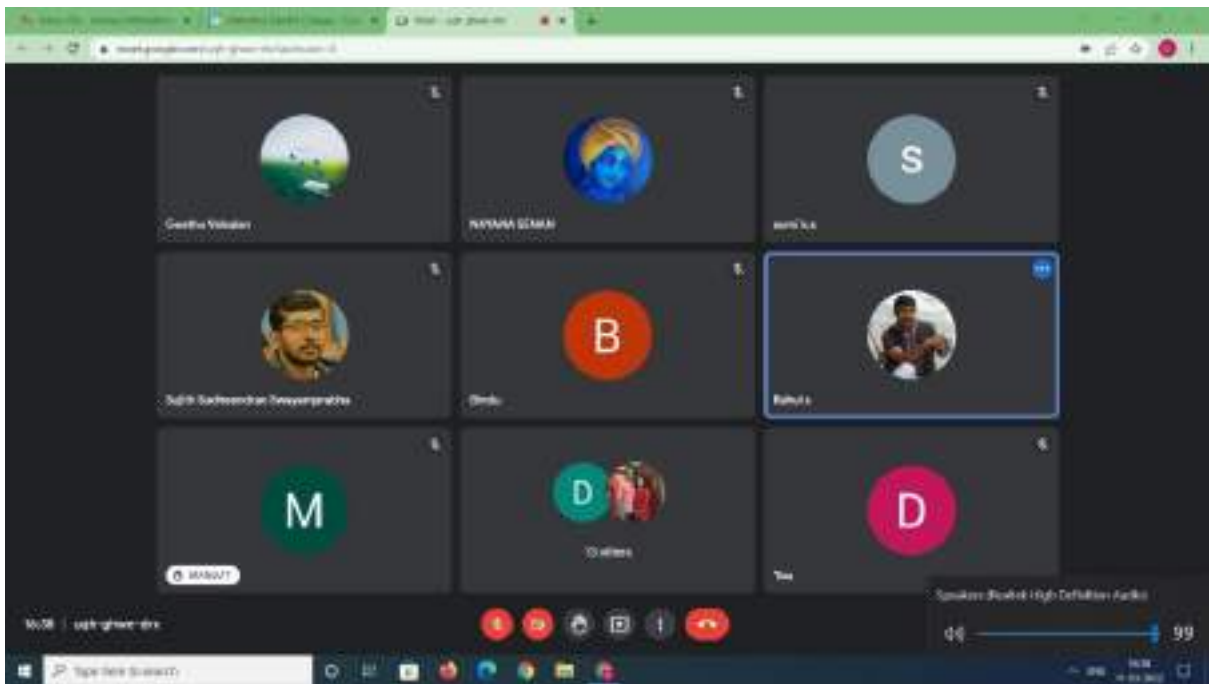
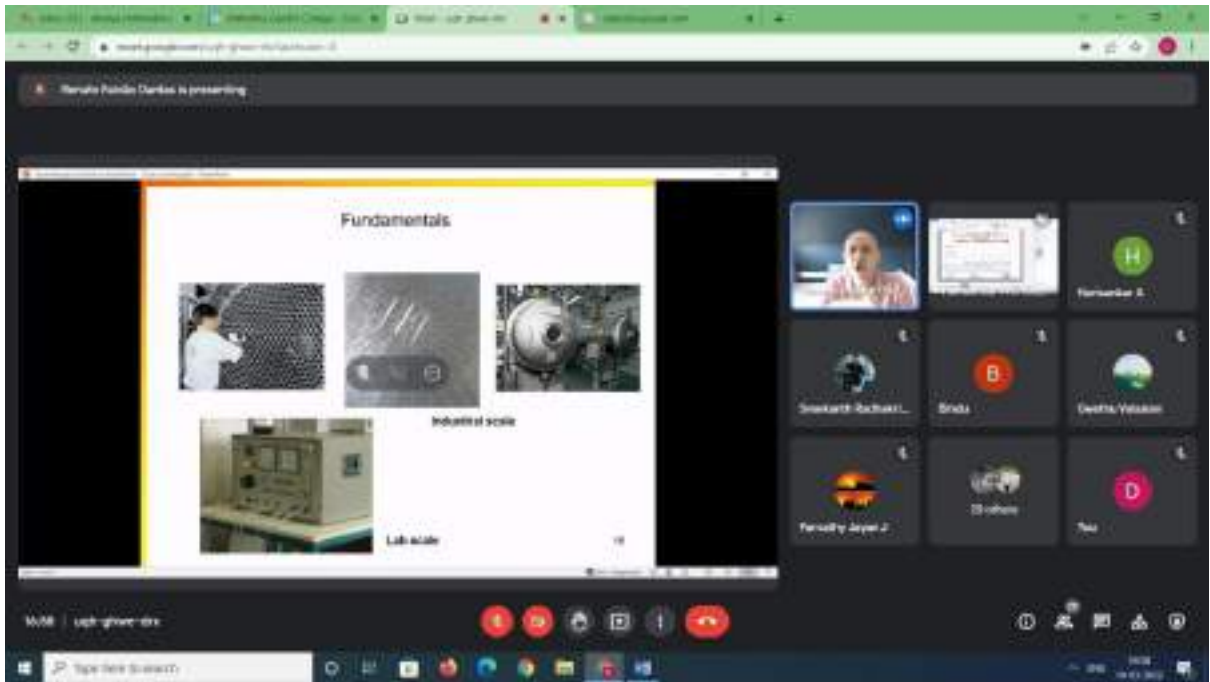
**Day 2** of the webinar (11<sup>th</sup> March, 2022) started with Oral presentations, chaired by Assistant Professors, **Dr. V.S. Dhanya** and **Dr. Resmi V.G** from the Department of Chemistry. The research paper presentations were judged by Dr. S. Balachandran, Dr. Simi C.K. and Dr. Bindu P. Nair (Assistant Professors, Dept. of Chemistry, M.G. College). The first invited talk of day 2 was delivered by **Dr. Balanand Santhosh**, Post-Doctoral Research Fellow, University of Trento, Italy. Dr. Resmi V.G, Assistant Professor, Department of Chemistry, delivered a welcomespeech before the Invited talk commenced. **Dr. Balanand**, gave an informative lecture on "**Novel and complex glasses and ceramics from organosilicon polymers: From synthesis to applications**," which was followed by a vote of thanks from Dr. Sandhya K P, Guest Lecturer, Department of Chemistry. The second invited talk was given by **Dr. Sujith S.S**, Post Doctoral Fellow, Institute of Electronics, Ational yang Ming Chiago Tung University, Hsinchu City, Taiwan, Prior to the start of the Invited talk, **Dr. Rahul S**, Assistant Professor, Department of

Chemistry, gave a welcome speech. Dr. Sujith made a comprehensive presentation on **“Organic light emitting diodes: A potential display technology”** . He discussed how OLEDs are used to make digital displays in a variety of devices, including televisions, computer monitors, and portable systems like smartphones and handheld game consoles. He also discussed how research into the manufacture of white OLED chips for use in solid-state lighting is progressing. The participants were well benefitted from his talk. Towards the end of the session, **Dr. Bindu P Nair**, Assistant Professor, Department of Chemistry delivered the vote of thanks.

The valedictory session began with the welcome speech made by **Dr. Sikha T.S**, Head of the Department, Chemistry. In her welcome address, **Dr. Sikha T.S**, warmly welcomed all the guests and the general audience at large for the final session of Two-day International Seminar on **“INTERNATIONAL CONFERENCE ON RECENT ADVANCES IN CHEMICAL SCIENCES”**. **Dr. Sikha T.S**, who chaired the function also presented the webinar Report that covered all the events which took place in all the prior sessions of this seminar. The valedictory function was inaugurated by **Dr. M R. Sudarsanakumar**, Academic Consultant, SCERT, Govt of Kerala, Former principal, M. G. College. Reflections and Feedback were received from each and every participant of the whole event. Certificate of Recognition was awarded to all the Resource Persons whereas Certificate of Participation was issued to all the participants by the Organizing Committee. Best performances were recognized with certificate of merit. Best oral presentation selected was by Keerthana Sahadevan, Research Scholar, University College, Thiruvananthapuram. Second prize was given to Ms. Sumi K.S., Research Scholar, University of Kerala, Kariavattom and the third prize was given to Ms. Angela Maria Varghese, Research scholar, Central University of Tamil Nadu. **Dr. Dhanya V S**, Convener of the Conference summarized the two-day event and gave the Vote of Thanks







Remote Pooja Datta is presenting

### OXLAB – laboratory of advanced methods to treat water and wastewater

**Methods**

- Advanced oxidation process
- Coagulation
- Activated Carbon
- Membranes

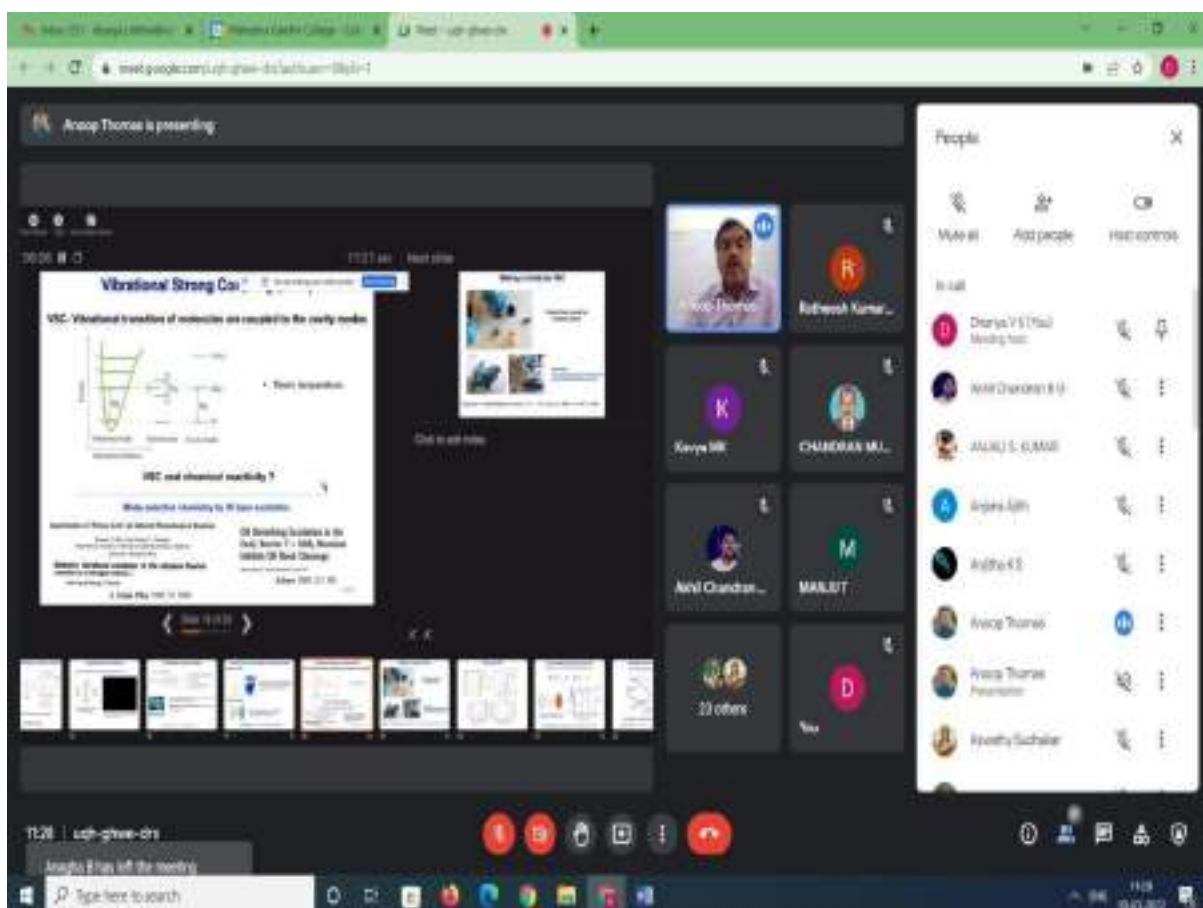
10:41 | ugh ghv dta

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ugh ghv dta is presenting

10:41 | ugh ghv dta

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### List of Participants

Sl. No.	Candidate Code	Name	Year and Semester
1.	63520118002	ASWANI M S	I PG
2.	63520118003	ASWATHY AS	I PG
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23.	63521118013	PRAVEENA V P	II PG
24.	-	Harisankar A	PhD
25.		Preethi PC	PhD
26.		Nayana Senan V	PhD
27.		Lekshmi O	PhD
28.		Jesna Das	PhD
29.		Sreeja TG	PhD
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41.	23519118013	JASEEMANSARI	III UG



# **Mahatma Gandhi College, Thiruvananthapuram**

**POST-GRADUATE DEPARTMENT OF  
ECONOMICS ORGANISES**

**THREE DAY WORKSHOP ON**

## **Craft Awareness Program**

*4th, 5th and 7th January, 2022*

*In Association with*

*IQAC MG College*

*Resource Person*

**Dhanoor C.V**

*Assistant Director:  
Handicraft Service Centre  
Thiruvananthapuram*

*Dr. Ampili M  
Principal*

*Smt Priya L.G  
Head of the Department*

*Dr. Binu Kumar B.J  
Coordinator*

*Venue: Seminar Hall*

**CRAFT AWARENESS PROGRAMME**  
**at**  
**MAHATMA GANDHI COLLEGE TRIVANDRUM**  
**From 05/01/2022 to 07/01/2022**

**Programme Schedule**

**05/01/2022 (First Day)**

10.00 am to 11.00 am	Registration	
11.00 am to 12.00pm	<b>Inaugural Session</b>	
	Welcome Address	Smt. Veena S, Handicrafts Promotion Officer, O/oDC(Handicrafts),Trivandrum
	Presidential address	Shri.Dhanoor C V, Assistant Director, O/o DC(Handicrafts), Trivandrum
	Inauguration of CAP&Inaugural Address	Dr.Ampili.M, Principal, Mahatma Gandhi College, Trivandrum
	Felicitation	1.Smt.Priya.L.G, Assistant Professor & HOD, Department of Economics 2. Dr.Chitra.V.S(IQAC Convenor) 3. Shri.N.K.Sunil Kumar, College Council Secretary
	Vote of Thanks	Dr.BinuKumar.B.J, Assistant Professor, Department of Economics
12.00 pm to 01.00 pm	Session on EDP	Shri. A S Shiras Manager, District Industries Centre, Government of Kerala, Trivandrum

Lunch Break 01.00 pm to 02.00 pm

**02.00 pm to 04.00 pm**

**Craft Demonstration by Mastercraftspersons**

1. Shri.K.R.Mohanan, Shilp Guru : Wood craft
2. Shri.B.RajendranPillai, National Awardee : Straw Picture craft
3. Shri. Krishnan Nair, NMC : Sand Art
4. Shri.ManujBrahmapad, MCP : Mural Painting craft
5. Smt.Suprabha.K.S, MCP : Banana Fibre craft

**06/01/2022 (Second Day)**

10.00 am to 11.00 am	Registration	
11.00 am to 12.00 pm	Session on Business Development	Shri. Satheesh Kumar N Business Development Manager, KACV

**12.00 pm to 01.00 pm**

**Craft Demonstration by Mastercraftspersons**

1. Shri.K.R.Mohanan, Shilp Guru : Wood craft
2. Shri.B.RajendranPillai, National Awardee : Straw Picture craft
3. Shri. Krishnan Nair, NMC : Sand Art
4. Shri.ManujBrahmapad, MCP : Mural Painting craft
5. Smt.Suprabha.K.S, MCP : Banana Fibre craft

**Lunch Break 01.00 pm to 02.00 pm**

**02.00 pm to 04.00 pm**

**Craft Demonstration by Mastercraftspersons**

**07/01/2022 (Third Day)**

10.00 am to 11.00  
am

Registration

11.00 am to 12.00  
pm

Session on Scope of Design  
Development in Handicrafts

Smt. AmruthaUmesh.V  
Empanelled Designer

**12.00 pm to 01.00 pm**

**Craft Demonstration by Mastercraftspersons**

1. Shri.K.R.Mohanan, Shilp Guru : Wood craft
2. Shri.B.RajendranPillai, National Awardee : Straw Picture craft
3. Shri. Krishnan Nair, NMC : Sand Art
4. Shri.ManujBrahmapad, MCP : Mural Painting craft
5. Smt.Suprabha.K.S, MCP : Banana Fibre craft

**Lunch Break 01.00 pm to 02.00 pm**

**02.00 pm to 04.00 pm**

**Craft Demonstration by Mastercraftspersons**

**Vote of Thanks followed by National Anthem**

**MAHATMA GANDHI COLLEGE THIRUVANANTHAPURAM**  
**POST GRADUATE DEPARTMENT OF ECONOMICS**  
**CRAFT AWARENESS PROGRAMME(4<sup>th</sup>, 6<sup>th</sup>&7<sup>th</sup> January 2022)**

The Department of Economics of Mahatma Gandhi College, Thiruvananthapuram in collaboration with Handicraft Development Corporation, Government of India and IQAC had conducted a handicraft awareness programme in Mahatma Gandhi college Campus on 4<sup>th</sup>, 6<sup>th</sup>&7<sup>th</sup>January 2022. It was preceded by an exhibition that showcased the skills of our native craftsmen and explored various other areas of art. The motive of the programme was to enhance the inherent talent in students and introduce them to the myriad of opportunities in the field of craftwork. The Registration procedure started from 9:30 am onwards and the whole function strictly maintained prescribed covid protocol. Along with the registration, students were provided with a special kit which contained a mask, sanitizer, scribbling pad and a pen. Registration was closed by 11:00 am.



*The Principal Dr.Ampili Maam inaugurating the workshop*

In the inaugural session Smt. Veena S, Handicrafts Promotion Officer, DC (Handicrafts), Trivandrum had extended an auspicious welcome address to the dignitaries. Following this, Shri Dhanoor C V, Assistant Director, Development Commissioner for Handicrafts, Trivandrum delivered an informative and noteworthy presidential address. His words introduced students to the wider arena of opportunities in the field of handicrafts. The inauguration of Craft Awareness Programme was by Dr. Ampili.M, Principal, Mahatma Gandhi College, along with an informative and vibrant speech on the effectiveness of craft works in the present educational system.



*Principal Dr.Ampili Maam addressing the gathering*

Other faculties Dr. B. Anil Kumar (HOD in Charge, Dept of Economics), Dr. ChithraV S (IQAC Convenor) and Shri. N K Sunil Kumar (College Council Secretary) conveyed their wishes



and felicitations. Dr. Binukumar B J, Assistant Professor, Dept of Economics was the Co-Ordinator and in charge of the programme and he extended his vote of thanks. The entire programme was assisted and supported by the wholehearted efforts of the faculties from Dept of Economics.

The exhibition was a half day-long programme where different craftworks were showcased and students were also allowed to participate in the stages of production of various items. The



*Dr Chithra VS (IQAC convenor) giving felicitation*

variety of craftworks include products made from coconut shell, coir, jute, plantain fibre etc. Artists excelling on sand art, fibre art, sand painting, glue art, etc. demonstrated their painting before the students and they were also given a chance to try it out. Craft items made out of wood, bell metal, brass, coconut shell, banana fiber, screw pine, straw, other natural fibers, papier Mache, textiles, Cora grass, cane and bamboo gave the exhibition an exquisite appeal. Students interacted with the

craftsmen and thereby came to a detailed understanding about the development stages of each item. The master crafts persons were Shri K R Mohanan, Shilpa Guru from the field of wood craft, Shri B Rajendran Pillai, National Awardee on Straw picture craft, Shri Krishnan Nair, N M C on sand art, Shri ManujBrahmapad, MCP showcasing mural painting craft and SmtSuprabha K S, MCP excelling on Banana fiber craft. Presence of producers and their interactions made the exhibition much worthy. The motive of the programme was to introduce the young talents of tomorrow to

the field of craftwork. With five different areas of craft being introduced, the students with innate abilities on the field are getting an exposure to the world of opportunities. Under the administrative control of the Ministry of textiles, Government of India, the development commissioner for handicraft is acting as a body for the promotion and development of handicraft industry. The participants



*Dr Binukumar BJ (Coordinator) delivering the vote of thanks*

of the day were First Year B.A Economics and Final Year B.A. History students. With the



satisfactory response from students, the authorities promised to conduct follow up programmes to support the interested students. The words by the craftspersons also assured to extend their wholehearted support in the area of work. The students were provided with a food kit in the afternoon. After the lunch break an interactive session was arranged with the master craft persons for the craft demonstration.



*The craft persons presenting artworks to the college faculties*

Day 2:- 06/01/2021

The craft Awareness Programme conducted at Mahatma Gandhi College on 6 January 2022



*Demonstration on various Textile arts and designs*

was a very useful and interesting session. Students got an opportunity to get interact with the five craft persons who have shown their excellence in various handicrafts. The interactive session was very helpful as it conveyed the various aspects of designing. It also helped to get familiarize with various handicrafts and the process behind its making. The programme also helped to know more about their work, experience, process behind each

work and also to know about the progress and success they received through their crafts. All the five craft persons were meritorious and had decades of experience. The participants of the day were First and Second Year M.A Economics, First and Second Year M.A Hindi and Final Year B.A. Hindi students. Through the session, students realized the importance and the demand for Indian handicrafts in the world market and its contribution to the economy.



*Demonstration by various craftpersons on their respective art forms*

Day 3: - 07/01/2021

A programme on Craft Awareness was conducted in our college on 7th January 2022 by the Department of Economics in association with Office of the Development commissioner Handicrafts, Trivandrum, Kerala and Ministry of Textiles, Govt of India. Dr. BinuKumar.B.J, Department of Economics coordinated the programme.

The programme commenced at 10 am with the welcome speech of Dr. BinuKumar.B.J, and Veena Mam, the programme convenor presided over the function. In her address she talked



*Sri. Krishnan Nair presenting his Gandhi sand art to Dr Binukumar BJ*

about various Handicrafts, the govt schemes and policies for promoting indigenous Handicrafts, the way of getting ID for artisans and also the benefits that artisans enjoy. The next session was engaged by Shri. Rajendran Pillai, national award winner and Shri. Krishnan Nair. Both master craftsmen detailed about their life experiences and on how their artistic skills made difference in their lives.

The programme also witnessed demonstration of various craft forms; Banana fibre art by Smt. Suprabha, Sand art by Shri. Krishnan Nair, Straw art by Shri. Rajendran Pillai, Painting by Shri. Manuj Brahmapad and wood craft by Shri. KR Mohanan. The participants of the day were Final Year B.A Economics, First Year M Sc Botany and Final Year B.A. Sociology students. The students got benefitted as performance opened new vistas of artistic vision with the usage of indigenous materials in the making of different crafts.



**DEPARTMENT OF ECONOMICS**  
**MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM**

**Attendance Statement of the Program Craft Awareness Program**

Date: 05/01/2022 – 07/01/2022

Venue: Auditorium

SL NO	Candidate Code	Name	Signature
1.	15019118001	ABHIRAM. R.S	Abhiram
2.	15019118002	AKHIL G S	Akhil
3.	15019118003	ANJALI DEVI B A	Anjali
4.	15019118004	ARDRA S M	Ardra
5.	15019118005	AVINASH KRISHNAN S B	Avinash
6.	15019118006	BIHIL B. NAIR	Bihil
7.	15019118007	BINUSHMA.S	Binushma
8.	15019118008	INDRAJITH S P	Indrajith
9.	15019118009	KAVYA SREEKUMAR	Kavya
10.	15019118010	MAHIMA R S	Mahima
11.	15019118011	MEDHUN SANJU	Medhun
12.	15019118012	NEERAJA S.R	Neeraja
13.	15019118013	ROHIT S	Rohit
14.	15019118014	SANTHWANA. J.S	Santhwana
15.	15019118015	ADARSH.A.S	Adarsh
16.	15019118016	ADITHYA D	Adithya
17.	15019118017	ADITHYAN ASHOK A	Adithyan
18.	15019118018	AISWARYADEV M.A	Aiswarya
19.	15019118019	AJAY CHANDRAN.C.A	Ajay
20.	15019118020	AKHIL AS	Akhil
21.	15019118021	AKHIL S	Akhil
22.	15019118022	AKHIL S NAIR	Akhil
23.	15019118023	ANANDHU .B.M	Anandhu
24.	15019118024	ANOOP J.P	Anoop
25.	15019118025	ANURAG NAIR	Anurag
26.	15019118026	ARJUN B S	Arjun
27.	15019118027	ARUN S P	Arun
28.	15019118028	ARUN SANKAR S	Arun
29.	15019118029	ASHTAMY.A.S	Ashtamy
30.	15019118030	ASWAN SURYA S	Aswan
31.	15019118031	ASWATHY. O	Aswathy
32.	15019118032	ASWIN HARI H	Aswin
33.	15019118033	ATHIRA. PS	Athira
34.	15019118034	BALU B	Balu
35.	15019118035	BHAGYA LEKSHMI . S.S	Bhagya

36.	15019118036	DEV NARAYAN R	Dev
37.	15019118037	DEVAKRISHNA B	Devakrishna
38.	15019118038	DEVIKA G J	
39.	15019118039	GOKILA GOPALAKRISHNAN	Gokila
40.	15019118040	GOKUL R.S	Gokul
41.	15019118041	GOURI SANKAR S	Gouri
42.	15019118042	GREESHMA V	Greeshma
43.	15019118043	KRISHNA T S	Krishna
44.	15019118044	MEENU .M	Meenu
45.	15019118045	N DEVADEVAN	N Devadevan
46.	15019118046	NANDHU HARIKRISHNAN	Nandhu
47.	15019118047	NOUFIYA .N	Noofiya
48.	15019118048	PARVATHY J.H	Parvathy
49.	15019118049	PRAVEEN M	Praveen
50.	15019118050	RAKHI KRISHNA A.	Rakhi
51.	15019118051	RENJITHA.S.NAIR	Renjitha
52.	15019118052	RESHMLS.P	Reshma
53.	15019118053	REVATHY S	Revathy
54.	15019118054	ROHITH. A.R	Rohith
55.	15019118055	SANGEETHA G R	Sangeetha
56.	15019118056	SHERIN K VARGHESE	Sherin
57.	15019118057	SHIJIN T	Shijin
58.	15019118058	SHINOY V S	Shino
59.	15019118059	SITHARA P.T	Sithara
60.	15019118060	SOORYA. S. NAIR	Soorya
61.	15019118061	SREERAG. R.S	Sreerag
62.	15019118062	SREERAKHLS.S	Sreerakhs
63.	15019118063	UNNIMAYA . S . S	Unnimaya
64.	15019118064	VINAYAK RAAM M.S.	Vinayak
65.	15019118065	VISHNU. C.V	Vishnu
66.	15019118066	VIVEK.B	Vivek
67.	15019118067	YAMUNA KRISHNAN K	Yamuna
68.	15019118068	ABHIJITH V	Abhijith
69.	15019118069	ABHIRAM J I	Abhiram
70.	15019118070	ADITHYA S J	Adithya
71.	15019118071	ANJULEKSHMI V M	Anjulekshmi
72.	15019118072	GADHA.M.S	Gadha
73.	15019118073	MANUDEVRAJ B A	Manu
74.	15019118074	MEGHA V J	Megha



75.	15019118075	THEERTHA AJITH	Theertha
76	15020118001	ABHIJAYA V NAIR	Abhi
77	15020118002	ABHIJITH M.S	Abhi
78	15020118003	ADHITHYA K A	Adhithya K.A.
79	15020118004	AKASH R M	Akash
80	15020118005	AKHIL S	Akshil
81	15020118006	AMITHA . A . J	Amitha
82	15020118007	ANITA BABU B.S	Anita Babu
83	15020118008	ANJANA V	Anjana
84	15020118009	ANOKHA S	Anokha
85	15020118010	ANUJA.A.J	Anuja
86	15020118011	ARATHY CHANDRAN V B	Arathy Chandran
87	15020118012	ATHUL SURESH	Athul Suresh
88	15020118013	DEVIKA Y S	Devika
89	15020118014	LEKSHMI S	Lekshmi
90	15020118015	MEKHA S	Mekha
91	15020118016	NANDANA A S	Nandana
92	15020118017	NIVA A S	Niva
93	15020118018	RADHIKA R.S	Radhika
94	15020118019	SANDITHA . S . NAIR	Sanditha
95	15020118020	SARANYA .G.S.	Saranya
96	15020118021	SRUTHI S.KUMAR	Sruthi
97	15020118022	VISHNU. M	Vishnu
98	15020118023	ABHIJAY R	Abhi
99	15020118024	ABHINAND S A	Abhinand
100	15020118025	ABHINAV KRISHNA D P	Abhinav
101	15020118026	ADHITHYA SANKAR A A	Adhithya
102	15020118027	AISWARYA V S	Aishwarya
103	15020118028	AJESH A I	Ajesh
104	15020118029	AKASH B MANOHAR	Akash B Manohar
105	15020118030	AKHIL S	Akshil
106	15020118031	AMITHRAJITH.S.S	Amithrajith
107	15020118032	ANANDU. A.S	Anandu
108	15020118033	ARATHI B S	Arathi
109	15020118034	ARATHY A S	Arathy
110	15020118035	ARAVIND A S	Aravind
111	15020118036	ARDRA B S	Ardra
112	15020118037	ASHTAMI A.S	Ashtami
113	15020118038	ATHIRA .S	Athira
114	15020118039	BHAGYA S	Bhagya

115	15020118040	BHAVYA J.S	Cham
116	15020118041	BIMAL S S	Bimal
117	15020118042	DEVIKA R.H	Devi
118	15020118043	GANGA P K	Ganga
119	15020118044	GAUTHAM. B. CHAND	Gautham
120	15020118045	GAYATHRI S A	Gayathri
121	15020118046	GOKUL A	Gokul
122	15020118047	GOWRI M R	Gowri
123	15020118048	KARTHIKA P. NAIR	Karthika
124	15020118049	LAKSHMI SURESH	Lakshmi
125	15020118050	MALAVIKA. A.S	Malavika
126	15020118051	MEGHA.S.KRISHNAN	Megha
127	15020118052	NIKHIL P SYAM	Nikhil
128	15020118053	PRANAY PRASANTH	Pranay
129	15020118054	PRIYAN PRASANTH	Priyan
130	15020118055	RESHMA R.G	Reshma
131	15020118056	ROHITH B	Rohith
132	15020118057	S GOKUL	S Gokul
133	15020118058	S SANGEETH SURESH	Sangeetha
134	15020118059	SANDRA A S	Sandra
135	15020118060	SARATH S. SUNIL	Sarath
136	15020118061	SARI S R	Sari
137	15020118062	SHINI M.S	Shini
138	15020118063	SNEHA J B	Sneha
139	15020118064	SREELEKSHMI L	Sreelekshmi
140	15020118065	SREELEKSHMI V S	Sreelekshmi
141	15020118066	SWOROOP R.	Sworooop
142	15020118067	VAISHNAV R G	Vaishnav
143	15020118068	ANUPAMA S	Anupama
144	15020118069	ARUNKRISHNAN U V	Arunkrishnan
145	15020118070	GOURI G P	Gouri
146	15020118071	P L KAASINATHAN	P L Kaasinathan
147	15020118072	SIBIN SIMON	Sibin Simon
148	15020118073	THIRTHA K	Thirtha
149	15020118074	VAISHAKH V	Vaishakh
150	15020118075	GOWTHAMLAL	Gowthamlal
151	55021118001	ADARSH ANIL	Adarsh
152	55021118002	ADITHYA S PILLAI	Adithya
153	55021118003	AISWARYA J R	Aiswarya
154	55021118004	AKHILA G K	Akhila



155	55021118005	ANJANA M	<i>Anjana</i>
156	55021118006	ARJUN J B	<i>Arjun J B</i>
157	55021118007	KARTHIKA S	<i>Karthika S</i>
158	55021118008	KRISHINA MURALI EDHARAN	<i>Krishina Murali Edharan</i>
159	55021118009	KRISHINA PRIYA V V	<i>Krishina Priya V V</i>
160	55021118010	LAVANYA.S. A	<i>Lavanya S A</i>
161	55021118011	LJHIMOL.L. A	<i>Ljhimol L A</i>
162	55021118012	M M SREELAKSHMI	<i>M M Sreelakshmi</i>
163	55021118013	S MEGHA NAIR	<i>S Megha Nair</i>
164	55021118015	SOUFIYA BADAR	<i>Soufiya Badar</i>
165	55021118017	VARSHA B M	<i>Varsha B M</i>
166	15018118001	ADARSH G JAMES	<i>Adarsh G James</i>
167	15018118002	ADARSH J J	<i>Adarsh J J</i>
168	15018118003	ANAGHA P R	<i>Anagha P R</i>
169	15018118004	ANAND KUMAR M	<i>Anand Kumar M</i>
170	15018118005	ARJUN S	<i>Arjun S</i>
171	15018118007	BHARATH B	<i>Bharath B</i>
172	15018118008	GOPIKA KRISHINA . R	<i>Gopika Krishina R</i>
173	15018118009	GOVIND S S	<i>Govind S S</i>
174	15018118010	GOWRI M KURUP	<i>Gowri M Kurup</i>
175	15018118011	KARUNYA. S	<i>Karunya S</i>
176	15018118012	KRISHINA PRIYA V. V	<i>Krishina Priya V V</i>
177	15018118013	LAVANYA.S.MANOJ	<i>Lavanya S Manoj</i>
178	15018118015	RAJEESH KUMAR R	<i>Rajesh Kumar R</i>
179	15018118016	RESHMA. S. G	<i>Reshma S G</i>
180	15018118017	SHAMILA N,	<i>Shamila N</i>
181	15018118018	SHARAF A R	<i>Sharaf A R</i>
182	15018118019	SHIBU S	<i>Shibu S</i>
183	15018118020	SREERAM H	<i>Sreeram H</i>
184	15018118021	SUMITH M S	<i>Sumith M S</i>
185	15018118022	ABHIJITH S. L	<i>Abhijith S L</i>
186	15018118023	AKASH. S	<i>Akash S</i>
187	15018118024	AKHILA B S	<i>Akhila B S</i>
188	15018118025	AKHILA.A.L	<i>Akhila A L</i>
189	15018118026	AMAL .B.S	<i>Amal B S</i>
190	15018118028	AMAL V S	<i>Amal V S</i>
191	15018118029	AMARTHYA SREEKANTAN	<i>Amartya Sreekantan</i>
192	15018118030	ANANTHU REGHUNATH	<i>Ananthu Reghunath</i>
193	15018118031	ANANTU P PAI	<i>Anantu P Pai</i>

194	15018118032	ANEESH. K	Aneesh
195	15018118033	ANJITHA A.S.	
196	15018118034	ARCHA S NAIR	Arche
197	15018118035	ARUN . R . V	Arun
198	15018118036	ARYA KRISHNAN .S R	
200	15018118037	ASHISH . R	Ashish
201	15018118038	ATHULYA.A.G	Athulya
202	15018118039	AVINASH P J	Avinash
203	15018118040	CHANDRAN H	Chandran
204	15018118041	CHINNUMOL.S	
205	15018118043	DHANESH PRASAD J .R	Dhanesh
206	15018118044	GANGA S	Ganga
207	15018118045	GOKUL P	Gokul
208	15018118046	GOKUL KRISHNA B	Gokul Krishna
209	15018118047	GOKUL.M	Gokul
210	15018118048	GOPALSANKAR R P	Gopal
211	15018118049	KAVYA. V. K	Kavya
212	15018118050	LASNA A S	Lasna
213	15018118051	MEENU. S.U	Meenu
214	15018118052	NANDU S	Nandu
215	15018118053	NEEDHUL B N	Neethu
216	15018118054	NEETHU KRISHNA.S	Neethu
217	15018118055	PARVATHY DAS .B.S	Parvathy
218	15018118056	POOJA G.S	Pooja
219	15018118057	RAHUL H	Rahul
220	15018118058	RAHUL S M	Rahul
221	15018118059	SHYMA S	Shyama
222	15018118060	SREEJITH .B.S	Sreejith
223	15018118061	THASLEEMA.B.S	Thasleema
224	15018118063	VEENA VIJAYAN	Veena
225	15018118064	VIMAL.U	Vimal
226	15018118065	VIPIN .S	Vipin
227	15018118066	VISHNU PRAKASH S	Vishnu
228	15018118067	YADHU KRISHNAN H.R	Yadhu
229	15018118068	ABHIRAMI S	Abhirami
230	15018118069	ANANYA ASHOK	Ananya
231	15018118070	ASHNA CHERIAN	Ashna
232	15018118071	RAHUL M V	Rahul
233	15018118072	SIVASUBRAMANIAM.K	Sivasubramaniam
234	15018118073	SREELEKSHMI MOHANAN	Sreelekshmi



		R	
235	15018118074	AKHILA .A.G	<del>Akhila</del>
236	15018118075	AKSHAYA N L	<del>Akhaya</del>
237	15018118076	ANANDAKRISHNA.K	<del>Anand Krishna</del>
238	15018118077	GOKUL KRISHNA. V.S	<del>Gokul</del>
239	55020118001	AISWARYA A S	<del>Aiswarya</del>
240	55020118002	ALFI S	<del>Alfi</del>
241	55020118003	ARUNIMA. P	<del>Arunima</del>
242	55020118004	GAYATHRI S	<del>Gayathri</del>
243	55020118005	GOURI V NAIR	<del>Gouri</del>
244	55020118006	KRISHNA. K. P	<del>Krishna</del>
245	55020118007	LEENA GEORGE	<del>Leena</del>
246	55020118008	PARVATHY A S	<del>Parvathy</del>
247	55020118010	R.S.MALAVIKA	<del>Malavika</del>
248	55020118011	RESHMA MOHAN	<del>Reshma</del>
249	55020118012	REVATHY U S	<del>Revathy</del>
250	55020118014	SNIGDHA S	<del>Snigdha</del>
251	55020118015	SURYA PRAKASH	<del>Surya</del>
252	55020118016	VIGNESH M S	<del>Vignesh</del>
253	55020118017	VISHNU VARDHAN M S	<del>Vishnu</del>

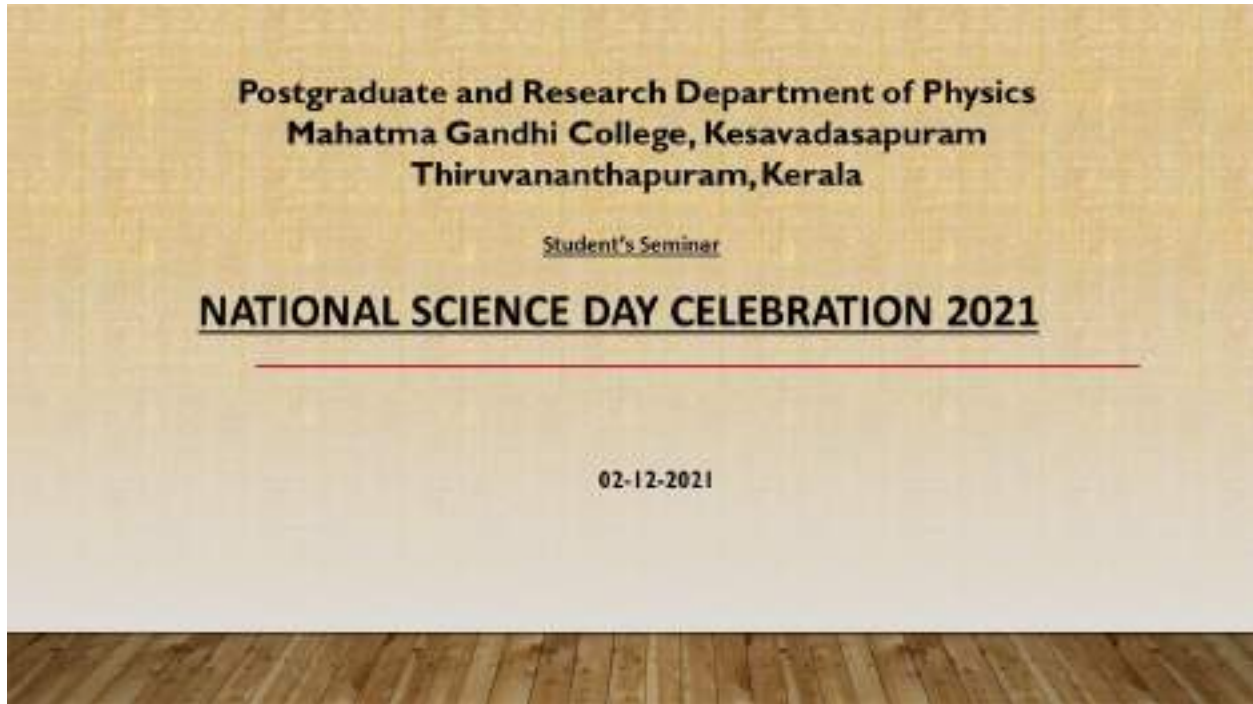


## **National Science Day celebration 2021**

### **Report: Student presentation on Women scientists**

**No: of students participated: 45**

**Date:2/12/2021**



The MSc Physics students of the Department of Physics, M G College, celebrated National Science Day with a captivating and enlightening presentation. The event aimed to commemorate the discovery of the Raman Effect by the great Indian physicist Sir C.V. Raman on February 28, 1928, and promote scientific temper and curiosity among the students.

The presentation was held in Room 33 and the students

The student presentation on National Science Day was a tremendous success. It not only celebrated the achievements of Indian science but also ignited the spark of curiosity and inquiry in the minds of young learners. It emphasized the significance of scientific discoveries and their impact on society.



Sl. No.	Name	Class	Signature
1	ABHIRAMI R. SEKHAR	3 DC Physics	Abhirami R. Sekhar
2	ABHISHEK G S	3 DC Physics	Abhishek G S
3	ADITHYAN S	3 DC Physics	Adithyan S
4	AJAY S	3 DC Physics	Ajay S
5	AKSHAYA . A . S	3 DC Physics	Akshaya A S
6	AMAL . A . NAIR	3 DC Physics	Amal A Nair
7	ANJAI VINOD	3 DC Physics	Anjai Vinod
8	ANJANA JOSE . J	3 DC Physics	Anjana Jose
9	ANOO P S	3 DC Physics	Anoop S
10	APARNA J S	3 DC Physics	Aparna J S
11	ARDRA S	3 DC Physics	Ardra S
12	ARYA M.R.	3 DC Physics	Arya M.R.
13	DEVA NARAYAN S	3 DC Physics	Deva Narayan S
14	GG KRISHNAN	3 DC Physics	Gg Krishnan
15	KARTHIKA . S . NAIR	3 DC Physics	Karthika S Nair
16	LEKSHMI SURESH	3 DC Physics	Lekshmi Suresh
17	MUJEEB RAHUMAN S	3 DC Physics	Mujeeb Rahuman S
18	NANDANA GOPAN	3 DC Physics	Nandana Gopan
19	NIKITHA SYAM	3 DC Physics	Nikitha Syam
20	PALLAVI A D	3 DC Physics	Pallavi A D
21	PRANAV . P	3 DC Physics	Pranav P
22	REMYA B	3 DC Physics	Remya B
23	RENJITH LAL . S . B	3 DC Physics	Renjith Lal S B
24	ROHITH U	3 DC Physics	Rohith U
25	ROOPA D M	3 DC Physics	Roopa D M
26	SOORAJ S	3 DC Physics	Sooraj S
27	VISAKH S	3 DC Physics	Visakh S
28	VISAKH . B	3 DC Physics	Visakh B
29	ABHIJITH M	3 DC Physics	Abhijith M
30	ABHIRAMI B S	3 DC Physics	Abhirami B S
31	ABHISHEK P B	3 DC Physics	Abhishek P B
32	ABHISHEK . A	3 DC Physics	Abhishek A
33	ADHWAITH . S . J	3 DC Physics	Adhwaith S J
34	AKSHAY . J . M	3 DC Physics	Akshay J M
35	ANAND P NAIR	3 DC Physics	Anand P Nair
36	ANIKA M S	3 DC Physics	Anika M S
37	ANOO P A S	3 DC Physics	Anoop A S
38	ARATHY . L . S	3 DC Physics	Arathy L S
39	ASWIN G L	3 DC Physics	Aswin G L
40	ASWIN J S	3 DC Physics	Aswin J S
41	ASWIN M S	3 DC Physics	Aswin M S
42	BHARATHKRISHNA P S.	3 DC Physics	Bharathkrishna P S
43	DETHAN R S	3 DC Physics	Deethan R S
44	GAUTHAMY ANIL	3 DC Physics	Gauthamy Anil
45	KISHORE MADHAV	3 DC Physics	Kishore Madhav

# ഭാഷാവബോധം: പ്രയോഗവും സാധ്യതകളും

കോസ്റ്റുകൾ നയിക്കുന്നത്:

ഡോ സുദീന എൽ എസ്

1 സെപ്റ്റംബർ 2021

സെമിനാർ ഹാൾ



ACADEMIC YEAR 2021-22

LANGUAGE SKILL

ഭാഷാവബോധം - അടിസ്ഥാനതത്ത്വങ്ങൾ

SL NO	NAME
1	ANANDHU M M
2	ANILA G K
3	ANJALY SURESH
4	ANU A H
5	ANURAG M H
6	ARATHY KRISHNA U K
7	AROMAL H S
8	ARYA J S
9	ATHIRA SATHEESH
10	BIJITHA BAIJU
11	CHITHIRA KRISHNA
12	DARSHANA
13	DARSHNA S R
14	GOPIKA GOPAN
15	KAVYA M
16	MALAVIKA M P
17	MINITHA G
18	NANDU THAMBI
19	NAVANEETHA NAIR
20	POOJA DAS
21	SARANGI
22	SRUTHI
23	SATHYAJITH
24	JANAKI G H

25	ANUPAMA S S
26	KAVYA V S
27	SURAMYA S M
28	VIDYA K S
29	ARYA S
30	ATHULY A SAJEEV A
31	ABHUA P
32	FATHIMA R L
33	JOMOL J S
34	MAHIMA VANDANA
35	SREEKKUTTY S S
36	SOORY M S
37	SUBITHA B S
38	VISHNU DEV
39	SILPA MOHAN
40	DHANYA S
41	AMINA



Dr. A. RIMA DEVI, BEd, Mphil, PhD  
In-charge & Head  
Department of Malayalam & Modern Language

Remdesivir D



MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM

DEPARTMENT OF MALAYALAM

LANGUAGE SKILL PROGRAM- ONLINE

BASIC CONCEPTS OF LANGUAGE - ഭാഷാപരിചയം: അടിസ്ഥാനപരിചയങ്ങൾ

THIS IS TO CERTIFY THAT .....  
HAS SUCCESSFULLY COMPLETED THE LANGUAGE SKILL PROGRAM ON  
BASIC CONCEPTS OF LANGUAGE (ഭാഷാപരിചയം: അടിസ്ഥാനപരിചയം)  
ORGANIZED BY DEPARTMENT OF MALAYALAM ON 25<sup>TH</sup>  
OCTOBER 2022.

HEAD OF THE DEPARTMENT

*Rema Devi*  
Dr. A. REMA DEVI MA, BEd, M.Phil, Ph.D  
Associate Professor & Head  
P.G. Department of Malayalam &  
Research Centre  
M.G. College, Thiruvananthapuram

PRINCIPAL

മഹാരാജാഗാന്ധി കോളേജ് തിരുവനന്തപുരം

മലയാളവിഭാഗം

LANGUAGE SKILL PROGRAM- online

BASIC CONCEPTS OF LANGUAGE- ഭാഷാവബോധം പ്രയോഗവും സാധ്യതകളും

റിപ്പോർട്ട് 2021-22

2021-22 അക്കാദമിക വർഷത്തിൽ മലയാളവിഭാഗം നടത്തിയ ഭാഷാബോധപുനഃപ്രവർത്തനം Language skill അഭിരുചി ഭാഷാവബോധം പ്രയോഗവും സാധ്യതകളും Basic concepts of Language എന്നീ 1 സെമിറ്ററോൾ 2021-നായിരുന്നു പരിപാടി നടത്തിയത്. മധ്യം ഘൽ എന്നീ സ്റ്റാഫ് ക്ലാസ്സുകൾ നയിച്ച മലയാളഭാഷയുടെ അക്ഷരങ്ങൾ, പദങ്ങൾ, വാക്യരീതി, പ്രത്യയങ്ങൾ, സന്ധികൾ, സമാസങ്ങൾ തുടങ്ങിയവ അറിയുകയും അതിന്റെ അടിസ്ഥാനത്തിൽ ആശയവില്പന നടത്താൻ പരിശീലിക്കുകയും ഭാഷയുടെ പല വ്യവഹാരങ്ങളിലേക്ക് ഇവയെ പ്രയോഗിക്കുകയും ചെയ്യുന്ന രീതിയിലാണ് ക്ലാസ്സുകൾ നടന്നത്. പല ഘട്ടങ്ങളിലായി ക്ലാസ്സുകൾ തയ്യാറാക്കുകയും പൊതു 12 ക്ലാസ്സുകൾ പങ്കെടുത്തു.



Dr. A. REMA DEVI MA, BEd, M phil, Ph.D  
Associate Professor & Head  
Research Centre Malayalam &  
M G College, Thiruvananthapuram









മഹാത്മാഗാന്ധി കോളേജ്, തിരുവനന്തപുരം  
മലയാളവിഭാഗം

LANGUAGE SKILL PROGRAM

സംസ്കൃതപരിചയ

03 ഫെബ്രുവരി 2022

സെമിനാർ ഹാൾ

ക്ലാസുകൾ നയിക്കുന്നത് : ഡോ. ആര്യാംബിക



*Remadevi*  
Dr.A REMA DEVI MA, BEd, M.phd, Ph.D  
Associate Professor & Head  
P.G. Department of Malayalam &  
Research Centre  
M.G. College, Thiruvananthapuram

**MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM**  
**P.G.DEPARTMENT OF MALAYALAM & RESEARCH CENTRE**  
**ACADEMIC YEAR 2021-22**

**LANGUAGE SKILL**

**ഭാഷാവബോധം - അടിസ്ഥാനതത്ത്വങ്ങൾ**

SL NO	NAME
1	ANANDHU M M
2	ANILA G K
3	ANJALY SURESH
4	ANU A H
5	ANURAG M H
6	ARATHY KRISHNA U K
7	AROMAL H S
8	ARYA J S
9	ATHIRA SATHEESH
10	BIJITHA BAIJU
11	CHITHIRA KRISHNA
12	DARSHANA
13	DARSHNA S R
14	GOPIKA GOPAN
15	KAVY A M
16	MALAVIKA M P
17	MINITHA G
18	NANDU THAMBI
19	NAVANEETHA NAIR
20	POOJA DAS
21	SARANGI
22	SRUTHI
23	SATHYAJITH
24	JANAKI G H

25	ANUPAMA S S
26	KAVYA V S
27	SURAMYA S M
28	VIDYA K S
29	ARYA S
30	ATHULY A SAJEEVA
31	ABHIJA P
32	FATHIMA R L
33	JOMOL J S
34	MAHIMA VANDANA
35	SREEKKUTTY S S
36	SOORY M S
37	SUBITHA B S
38	VISHNU DEV
39	SILPA MOHAN
40	DHANYA S
41	AMINA



Dr. A. REMADEVA, B.Ed., M.Phil., Ph.D.  
 Professor & Head  
 Malayalam & Research Centre





P.G DEPARTMENT OF MALAYALAM & SANSKRIT  
MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM  
NAAC Accredited with B+ Grade with CGPA 2.73

**SANSKRITHAPARICHAYA**  
**CERTIFICATE**

This is to certify that .....  
..... has participated and successfully completed the  
language skill programme on 'SANSKRITHA PARICHAYA' organised by  
department of Sanskrit on 03 February 2022.

**Principal**

Dr.A.REMA DEVI MA, BEd, M.Phil, PhD  
P.G. Department Head  
Research Centre  
M.G. College, Thiruvananthapuram

**HOD, Malayalam**

**Co-Ordinator**

*Certificates*



മഹാത്മാഗാന്ധി കോളേജ്, തിരുവനന്തപുരം

LANGUAGE SKILL PROGRAM 2021-22

സംസ്കൃതപരിചയം- റിപ്പോർട്ട്

2021-22 അക്കാദമിക വർഷത്തിൽ സംസ്കൃതവിഭാഗം നടത്തിയ ഭാഷാനൈപുണിപ്രവർത്തനം (Language skill) ആയിരുന്നു 'സംസ്കൃതപരിചയം' എന്നത്. മലയാളവിഭാഗത്തിൽ വച്ച്, 3 ഫെബ്രുവരി 2022-നായിരുന്നു പരിപാടി നടത്തിയത്. ഡോ എസ് വി അന്നപൂർണ്ണ ക്ലാസ്സുകൾ നയിച്ചു. സംസ്കൃതഭാഷയുടെ അക്ഷരങ്ങൾ, പദതലം, വാക്യതലം, പ്രത്യയങ്ങൾ, സന്ധികൾ, സമാസങ്ങൾ തുടങ്ങിയവ അറിയുകയും അതിന്റെ അടിസ്ഥാനത്തിൽ ആശയവിപുലനം നടത്താൻ പരിശീലിക്കുകയും ചെയ്യുന്ന രീതിയിലാണ് ക്ലാസുകൾ നടന്നത്. പല എഴുത്തുമാതൃകകൾ കുട്ടികൾ തയ്യാറാക്കുകയും ചെയ്തു. 25 കുട്ടികൾ പങ്കെടുത്തു.





**MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM**



**DEPARTMENT OF BOTANY  
ORNAMENT MAKING**

Unleash your festive spirit in our Ornament Making workshop, where you'll delve into the joy of crafting personalized ornaments for special occasions. Join us to explore a variety of materials and techniques, creating one-of-a-kind decorations that add a touch of handmade charm to your celebrations.

Resource Person: Dr. Remya Krishnan,  
Assistant Professor,  
Dept. of Botany, MG  
College, TVM.

Date: 29<sup>th</sup> June  
2022

Time: 11.00 AM

Venue: Seminar  
Hall

## Report On Ornament making

### Introduction

The Department of Botany successfully organised a comprehensive Skill Development Program on ornament making, on 29<sup>th</sup> June 2022 led by Dr. Remya Krishnan, Assistant Professor, Dept. of Botany . This program was specifically designed to cater to 51 UG botany students interested in learning the intricacies of crafting decorative ornaments.

### Program Objectives

The primary objectives of the program were to enhance the artistic skills of participants, introduce them to a variety of ornament making techniques, and foster an appreciation for the craft. The program sought to highlight the potential of ornament making as a form of artistic expression and a viable entrepreneurial skill, opening avenues for students to consider in their future career paths.

### Workshop Details

The program was divided into distinct sessions, each focusing on different aspects and techniques of ornament making. Initially, participants were introduced to various materials such as beads, wire, clay, fabric, and recycled materials, along with tools required for ornament crafting. This was followed by hands-on workshops where students were guided through the process of creating different types of ornaments, including jewelry pieces, home decor items, and festive decorations.

Students actively participated in the practical workshops, experimenting with various materials and techniques. The environment was highly interactive, with students sharing ideas and inspiration, and instructors providing constructive feedback.

In conclusion, the Ornament Making Skill Development Program was a significant success, effectively meeting its objectives of skill enhancement and creative exploration.





## PARTICIPANTS

Sl. No.	Name	Signature
1.	Aldiya . S	
2.	Parvathy . A . I	
3)	Yash suryan	
4	Atkil . S	
6.	lekshmi Jayan	
7	Abhinav V. S	
8.	Adithya S. Nair	
9	Abhinav S.S	
10.	Nandhana S.S	
11.	Abhinav Das A.S	
12.	ANAKHA . A	
13.	Anakha B.S	
14.	Ananya B Anil	
15.	Bhavya S.S	
16.	Kasidath S	
17.	Vishnu Vasdhan U	
18.	Vajshnavi M Prakash	
19.	Adhyan K M	
20.	Gayathri S. G	
21.	Aishwarya M.S	
22.	Emal A	
23.	Anandhu . A	



Sl. No.	Name	Signature
24.	Acha S	Acha
25.	Mustha N S	Mustha
26.	Sandra S. Nair	Sandra
27.	Debin S	Debin
28.	Leba K U	Leba
29.	Midhun M	Midhun M
30.	Riya B. Sudhakaran	Riya
31.	Purva Raj M S	Purva
32.	Surya S	Surya
33.	Hafis Rahman N	Hafis
34.	Devika Rajan A. T	Devika
35.	Geeta Krishna SB	Geeta
36.	Sweethe Sabu	Sweethe
37.	Aliya Shanavas	Aliya
38.	Anne Mary B	Anne M
39.	Keerthy Ciri S.S	Keerthy
40.	Salaya V.S	Salaya
41.	Socha B. S	Socha
42.	Dbhivarni H.S	Dbhivarni
43.	Anjana M.S	Anjana M.S
44.	Anama A	Anama
45.	Geeta J	Geeta
46.	Sardar V. Sajoo	Sardar V
47.	Vijitha S U	Vijitha
48.	S. Swathy	S Swathy
49.	Sourav S.S	Sourav
50.	Ascha S. Anil	Ascha
51.	Naushin F. J	Naushin F. J

# MAHATMA GANDHI COLLEGE THIRUVANANTHAPURAM



## DEPARTMENT OF BOTANY HOME DECOR MAKING PROGRAMME

Elevate your living space with our Home Decor workshop, a hands-on experience where you'll learn the art of creating aesthetically pleasing and personalized decor items. Join us to explore a variety of design elements, bringing inspiration to transform your home into a haven of style and comfort.

Resource Person:  
Mr. Sarath Ramesan V V,  
Research Scholar, Dept.  
of Botany, MG College,  
TVM.

Date: 18<sup>th</sup>  
November 2022  
Time: 11.00 AM  
Venue: Seminar  
Hall

## **Report on Home Decor**

### **Introduction**

Conducted on 18<sup>th</sup> November 2022, this initiative was aimed for 50 students with an interest in interior design and home styling. It attracted students, all eager to learn how to enhance living environments creatively and efficiently.

### **Program Objectives**

The program was aimed to equip students with the fundamental principles of home decor, including color theory, spatial planning, and the selection of appropriate furnishings and accessories. Another major goal was to encourage creativity and innovation in home styling.

### **Workshop and Interactive Sessions**

The program by Mr. Sarath Ramesan V V, covered various aspects of home decor, from basic layout planning to the art of accessorizing and personalizing a space. Participants were introduced to different decor styles, including minimalism, bohemian, and contemporary, and learned how to choose and combine elements to create a cohesive look.

The level of engagement from the participants was high, with many showcasing a natural flair for design and decoration. The program provided a platform for students to experiment with different ideas and materials.

In conclusion, the Home Decor Skill Development Program was a resounding success, achieving its objectives of skill enhancement and creative exploration in the field of interior design. The positive feedback from the participants highlighted the program's effectiveness in instilling confidence and inspiring innovative home decor ideas





PARTICIPANTS

Sl No:	Name	Signature
1)	Abhinav Das	Abhinav.D
2)	Manesh Anand	Manesh
3)	Nandana S.S	Nandana
4)	Sujith S.K	Sujith
5)	Abhilash N.V	Abhilash
6)	Adithyan K.M	Adithyan
7)	Anathy A	Anathy
8)	Kavya T.R	Kavya
9)	Lekshmi Jayan	Lekshmi
10)	Sivadathu V	Sivadathu
11)	Ashik Suresh Babu	Ashik
12)	Nihal R. Muhammed	Nihal Muhammed
13)	Abhaya S	Abhaya
14)	Kasinath S	Kasinath
15)	Nandhana S.S	Nandhana
16)	Dnyanesh V.S	Dnyanesh
17)	Nishi S	Nishi
18)	Vishnu Vardhan	Vishnu Vardhan
19)	Gayathri S.G	Gayathri S.G
20)	Sanya S	Sanya

Sl. No:	Name	Signature
21)	Anya A.	Anya
22)	Arno J	Arno
23)	Dhanush J.S	Dhanush
24)	Devi Prakash	Devi P
25)	Avant V.T	Avant
26)	Akshaya A.M.	Akshaya
27)	Datta D.	Datta
28)	Kran M.	Kran
29)	Dvarethika M.R	Avant
30)	Athulya Krishna S	Athulya
31)	Akhil Krishna P. S	Akhil
32)	Sreelekshmi V.S	Sreelekshmi
33)	Sanya A.S	Sanya
34)	Sandesh J.S	Sandesh
35)	Cropika S.M	Cropika
36)	Anandhu Krishna P	Krishna
37)	Adhya K.V	Adhya
38)	Akash Vijay V	Akash V
39)	ATHMAJ S KUMAR	ATHMAJ
40)	Crossi KATHA	Crossi
41)	R.k. Adithya Kushnan	Adithya
42)	Sreha B.S	Sreha
43)	Sreetha S	Sreetha
44)	Pritha Prasad S	Pritha
45)	M. Praveena Prathapas	Praveena P.H
46)	Primal Krishna S	Primal
47)	Anjali B.S	Anjali
48)	Aramal Krishna R.S	Aramal
49)	Hari Saran S.J	Hari
50)	Sarasgi S. Soni	Sarasgi
51)	Soulav S	Soulav
52)	Sree Jyothi B.S	Sree
53)	Moses Mathew	Moses



## Program No.3 -Report of NUCLEAR NOZOMI conducted as part of HIROSHIMA & NAGASAKI DAY

A programme titled “NUCLEAR NOZOMI” was organized in commemoration of Hiroshima & Nagasaki day. A poster exhibition was organized 10<sup>th</sup> August 2022.









#### List of Students Participated in the programme

Sl. No.	Candidate Code	Name	Year and Semester
1.	23521118001	ABHIMANYU H	I UG
2.	23521118003	ABHIRAMY B.R	I UG
3.	23521118006	ANASWARA. P.S	I UG
4.	23521118007	ANJALI KRISHNA. K. M	I UG
5.	23521118010	ASWATHY V. R	I UG
6.	23521118011	BHAGYALEKSHMI R	I UG
7.	23521118012	DEVENDU S N	I UG
8.	23521118014	MEENU P.S.	I UG
9.	23521118015	MITHUN G.M	I UG
10.	23521118017	PRAVEEN G	I UG
11.	23521118020	SIVARENJANA R S	I UG
12.	23521118021	SIYA S NAIR	I UG
13.	23521118023	SRAVYA S. S.	I UG
14.	23521118024	SREELAKSHMI . B . J	I UG
15.	23521118027	ABHINAV S	I UG
16.	23521118029	ADITHYA L.R.	I UG
17.	23521118030	AKHILA B	I UG
18.	23521118031	AMRITHA RANI. P.K	I UG

19.	23521118032	ANANTHAKRISHNAN A	I UG
20.	23521118033	ARDRA.G	I UG
21.	23521118034	ASWATHY S NAIR	I UG
22.	23521118035	B S ADIDEV	I UG
23.	23521118037	DEVIPRIYA.R	I UG
24.	23521118038	GOURINANDA K A	I UG
25.	23521118040	KRISHNENDU S	I UG
26.	23521118042	MEGHA MANOJ R	I UG
27.	23521118045	ROHITH S S	I UG
28.	23521118046	SABARINATH S P	I UG
29.	23521118048	ADHITHYA KRISHNAN A	I UG
30.	23521118049	ANOOP S	I UG
31.	23521118050	ASWATHY KRISHNAN	I UG
32.	23521118051	ATHIRA R S	I UG
33.	23521118054	VYSHNAVI V S	I UG

21.	23521118040	KRISHNENDU S	II UG
22.	23521118045	ROHITH S S	II UG
23.	23521118048	ADHITHYA KRISHNAN A	II UG
24.	23521118050	ASWATHY KRISHNAN	II UG
25.	23521118054	VYSHNAVI V S	II UG

### **Report of study tour conducted for S6 BSc Chemistry students (2020 admission)**

A study tour for the final semester BSc degree students was conducted during 11/03/2023 to 16/03/2023. The tour was participated by forty two students accompanied by faculty members of the department. As part of the tour, students visited Karnataka Silk Industries Corporation Limited, Mysore where they got an opportunity to visit and learn about the various steps involved in the production of natural silk fibres from cocoon. They also visited the facilities used for the production of textile materials from the silk fibres isolated from silkworms. The visit enabled the students to understand the scientific principles behind various processes used in the factory including sericulture, thread extraction, different types of dyeing, spinning of fibres, weaving and final production of consumer goods. The students visited the Sandalwood Oil Factory, Mysore and familiarized with the steam distillation process used to extract oil from crushed sandalwood. This was followed by the visit to tea factory at Ooty. During the visit, the students were informed about the various steps involved in the production of different quality tea from tea leaves and the machines used for the production of tea powder. The students got an opportunity to interact with the technical personnel of the tea production centre to know more about the scientific procedures being used in the factory. They also visited the instruments and protocols used in the quality control facility of the factory to ensure the prescribed standards for the final products from the production centre.

## List of participants

Sl. No.	Candidate code	Name
1	23520118001	Abhaya Vinesh
2	23520118002	Abhiram V K
3	23520118003	Adarshkrishnan J
4	23520118004	Adhithya K H
5	23520118005	Aiswarya M S
6	23520118006	Aiswarya B
7	23520118007	Akhilkrishnan UM
8	23520118008	Anakha S R
9	23520118009	Anandhu A S
10	23520118010	Anjali P S
12	23520118012	Aparna S Nair
14	23520118014	Arya A S
15	23520118015	Aswathy C
16	23520118016	Athira B S
17	23520118017	Athira O
18	23520118018	Bharath S Krishna
19	23520118019	Devika A J
20	23520118020	Farsana Sunil
21	23520118021	Gautham Mohan Y M
22	23520118022	Govind P
23	23520118023	Hari S Prasad
24	23520118024	Harsha G S
25	23520118025	Jayanth J S
27	23520118027	Krishna Vinod A
28	23520118028	Panchami Krishna P
29	23520118029	Parvathy Nair A V
30	23520118030	Priyadharshini S
31	23520118031	Remya P
32	23520118032	Salmiya S
33	23520118033	Soujith Suresh



34	23520118034	Supriya Rani
35	23520118035	Umeshdev U K
36	23520118036	Abhijith A S
37	23520118037	Adithya Vinod
38	23520118038	Amal Dev L
39	23520118039	Anandan H A
40	23520118040	Ananthkrishnan S
41	23520118041	Aneesh S
42	23520118042	Aswanth S R
43	23520118043	Gouri M S
44	23520118044	Jishnu Siva S
45	23520118045	Lakshmi B
46	23520118046	Megha M S
47	23520118047	Priyadersini P S
48	23520118048	R Chaithanyan
49	23520118049	Vyshnavi A R
50	23520118050	Anuja Ananthkrishnan G
51	23520118051	Bhagya Soman U S
52	23520118052	Gokul G R
53	23520118053	Sabarinath K G
54	23520118054	Silpa B S
55	23520118055	Sreelekshmi Sunil
56	23520118056	Vaisakh N
57	23520118057	Amaljith A L
58	23520118058	Gayathri A S



12.28654° N, 76.64345° E  
Mananthavadi Rd. Bettadpura,  
Mysuru, Karnataka 570008

## FIELD VISIT OF PG SECOND YEAR STUDENTS

A study tour for the final semester MSc students was conducted during 25/03/2023 to 29/03/2023. Around 12 students and two faculty participated. As part of the tour, they have visited CSIR-NIO Goa.





Panaji, Goa, India  
FRH5+9GG, Miramar, Panaji, Goa 403001, India  
Lat 15.478549°  
Long 73.808431°  
27/03/23 06:04 PM GMT +05:30



Panaji, Goa, India  
FR42+9V5, Panaji, Goa 403004, India  
Lat 15.456472°  
Long 73.802148°  
27/03/23 12:12 PM GMT +05:30









GPS Map Camera

**Dona Paula, Goa, India**

FR43+C2P, Raj Bhavan Rd, Opp Police Station, Dona Paula, Goa  
403004, India

Lat 15.456272°

Long 73.801498°

27/03/23 10:55 AM GMT +05:30

Google





#### List of Students Participated in the programme

Sl. No	Candidate Code	Name of the student	Year and Semester
1.	63521118001	AKHIL CHANDRAN B G	II PG
2.	63521118002	ANAGHA B	II PG
3.	63521118003	ANJALI S KUMAR	II PG
4.	63521118004	ANJANA A	II PG
5.	63521118005	ANJITHA K S	II PG
6.	63521118006	DEVIKA SURESH	II PG
7.	63521118007	DIVYA DILISH	II PG
8.	63521118008	GEETHU G	II PG
9.	63521118010	KAVYA M K	II PG
10.	63521118011	MEENAKSHI S	II PG



11.	6352118012	PARVATHY JAYAN J	II PG
12.	63521118013	PRAVEENA V P	II PG


**Soft Skill: R & D Visit to CSIR-NIIST for OWOL in association with Science Club**

As a part of field visit second year PG students visited CSIR-NIIST, on 18<sup>th</sup> March 2023.







 GPS Map Camera

**Thiruvananthapuram, Kerala, India**

FX9R+R7R, Satyan Nagar, Pappanamcode,

Thiruvananthapuram, Kerala 695019, India

Lat 8.470076°

Long 76.991135°

18/03/23 11:27 AM GMT +05:30











**List of Students Participated in the programme**

Sl. No	Candidate Code	Name of the student	Year and Semester
1.	63521118001	AKHIL CHANDRAN B G	II PG
2.	63521118003	ANJALI S KUMAR	II PG
3.	63521118004	ANJANA A	II PG
4.	63521118005	ANJITHA K S	II PG
5.	63521118006	DEVIKA SURESH	II PG
6.	63521118007	DIVYA DILISH	II PG
7.	63521118008	GEETHU G	II PG
8.	63521118010	KAVYA M K	II PG
9.	63521118012	PARVATHY JAYAN J	II PG

## OZONE DAY CELEBRATION

Ozone day was celebrated on 27<sup>th</sup> September 2022. An inter department quiz competition was conducted which was led by Dr. Vaisakhan Thampi, Assistant Professor, Department of Physics, Mahatma Gandhi College. Students of Psychology and Botany department respectively won first and second prize.

The poster is set against a light blue background. At the top left is a blue icon of a flask with bubbles. In the top center is the Mahatma Gandhi College crest. Below the crest, the text reads "MAHATMA GANDHI COLLEGE" and "THIRUVANANTHAPURAM". In the center, "POSTGRADUATE & RESEARCH DEPARTMENT OF CHEMISTRY" is written in red, with "IN ASSOCIATION WITH IQAC" below it. To the right of this text is a lightbulb icon with colorful dots inside. Below the text is a globe with a blue umbrella over it. The main title "OZONE FOR LIFE" is in green, followed by "As the part of Ozone Day" and "Quiz competition" in orange script. Below this is a lightbulb icon with "TOPIC:-GENERAL SCIENCE" next to it. At the bottom, there is an atom icon on the left, a calendar icon with the date "27th September 2022", the time "Time:-10 am", and the venue "Venue:-Seminar Hall" on the right. A flask with yellow liquid is at the bottom right.

MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM

POSTGRADUATE & RESEARCH  
DEPARTMENT OF CHEMISTRY  
IN ASSOCIATION WITH IQAC

OZONE FOR LIFE  
As the part of Ozone Day  
*Quiz competition*  
TOPIC:-GENERAL SCIENCE

27th September 2022  
Time:-10 am  
Venue:-Seminar Hall



**MAHATMA GANDHI COLLEGE**  
**THIRUVANANTHAPURAM**

**POSTGRADUATE & RESEARCH**  
**DEPARTMENT OF CHEMISTRY**

IN ASSOCIATION WITH IQAC



**ZONE FOR LIFE**

As part of ozone day celebration

*Quiz Competition*

TOPIC:-GENERAL SCIENCE

Hosted by :-*Dr. Vaisakhan Thampi*

Assistant professor  
Department of Physics, MG college

Prayer -Aparna & Panchami krishna

Welcome address- Dr.Dhanya V S

Presidential address - Dr.Shikha T S

(Head of the Department)

Inauguration-Dr. V M Anand Kumar

(Principal)

Felicitation -Dr. Ratheesh Kumar V K

Vote of thanks- Priyadarshini P S



**27 September 2022**

**Time:- 10am**

**Venue:- Seminar Hall**

*All Are Invited*

Mahatma Gandhi College  
Dept of Chemistry  
Opening Program

No	Name	Department	Signature
1	ALANES N M C	BSc Chemistry	[Signature]
2	AL HAFIS R H	BSc Chemistry	[Signature]
3	ELAN ARIZO	BSc Chemistry	[Signature]
4	Bijaya S	BSc Chemistry	[Signature]
5	Anuja Anandhakrishnan O	BSc Chemistry	[Signature]
6	Lakshmi B	"	[Signature]
7	Aiswarya M S	"	[Signature]
8	Hannah G S	"	[Signature]
9	Ashaya Vineth	"	[Signature]
10	Arya A T	"	[Signature]
11	Niya Mal K	BSc Psychology	[Signature]
12	Karan K	"	[Signature]
13	Priyanshu R M	BSc Chemistry	[Signature]
14	Prateek A	BSc Chemistry	[Signature]
15	Aswin S Nava	BSc Physics	[Signature]
16	Gautham R	BSc Chemistry	[Signature]
17	Sarika S S	BSc Chemistry	[Signature]
18	Jayaraman H	BSc Chemistry	[Signature]
19	Nikunj T T	BSc Chemistry	[Signature]
20	Aradhana A	BSc Chemistry	[Signature]
21	Anshika A N	BSc Chemistry	[Signature]
22	Anjali S S	BSc Chemistry	[Signature]
23	Prerna P	BSc Chemistry	[Signature]
24	Prerna S S	BSc Chemistry	[Signature]
25	Karthi S Kalshra	BSc Psychology	[Signature]
26	Shruthi S	"	[Signature]
27	Pranav A	BSc Physics	[Signature]



Sl. No.	Name	Department	
29	Rabulhannan C	BSc Psychology	RA
30	Anandika M G	"	At
31	Ajjan A	"	At
32	Riksha R Tharan	"	J.S.S
33	Leelavathi Hari Prath	"	At
34	Dhanendran Hais	"	At
35	Hemishan	Bsc Botany	At
36	Pinal Das S.	"	At
37	Hemashree H C	Bsc psychology	At
38	Sri Anil	"	At
39	Salakshmi Sharmila	"	At
40	Dev Ranjana	"	At
41	Lipasa Raju	M.Sc Chemistry	At
42	Ajaya Rajendran	M.Sc Chemistry	At
43	Dr. Reeni Raghavandan	Chemistry	At
44	Dr. Aksha S P	"	At

No	Name	Department	
1	Aranya PS	BSc Chemistry	
2	Hansha ML		
3	Manasa Chandan	BSc Chemistry	
4	Sneha R Das	BSc Chemistry	
5	Hansha Chandan	BSc Chemistry	
6	Asra A	BSc Chemistry	
7	Asiya	BSc Chemistry	
8	A Athiya R S	BSc Chemistry	
9	Malavika	BSc Chemistry	
10	Mirra Mohan	BSc Chemistry	
11	Aarathi S S	BSc Chemistry	
12	Devika S R	BSc Chemistry	
13	Baladeshmi V S	BSc Chemistry	
14	Shreya S A	BSc Chemistry	
15	Anju K	BSc Chemistry	
16	Abhinav	BSc Chemistry	
17	Annie B	BSc Chemistry	
18	Aparna A R	BSc Chemistry	
19	Gayathri S V	BSc Physics	
20	Aarshi J L	BSc Physics	
21	Anasthyu	BSc Physics	
22	Dani Akshay	BSc Physics	
23	Malavika B S	BSc Physics	
24	Anshu S. Sankaranarayanan	BSc Physics	
25	Manojkumar M	BSc Psychology	
26	Muhammad Kasim NB	BSc Psychology	
27	R. Purnima	BSc Psychology	
28	Aishwarya S	BSc Psychology	
29	Amalindha M S	BSc Psychology	
30	Geetha J P	BSc Psychology	
31	Jayraj J L	BSc Psychology	

Sl. No	Name	Department	
30	Sahin Ruffee	B.Sc. Psychology	
31	Gowdas L. S.	B.Sc. Physics	
32	Mithun S.	B.Sc. Physics	
35	Jibin R.	B.Sc. Physics	
36	Nithin Suresh	B.Sc. Physics	
37	Arunath S. R.	B.Sc. Chemistry	
38	Gourav K. S.	B.Sc. Chemistry	
39	Mirandan	B.Sc. Chemistry	
40	Govind	B.Sc. Chemistry	
41	Devin Krishna V. S.	B.A. English	
42	Prasanna K. R.	B.A. Sociology	
43	Abhinav A. R.	B.A. Sociology	
44	Anandhar A. S.	B.Sc. Chemistry	

### FIELD VISIT

As a part of field visit second year PG students visited TYFORD TEA FACTORY, ELAPPARA on 24<sup>th</sup> October 2022. They also visited KMML, Chavara on 25<sup>th</sup> October 2022.







**List of Students Participated in the programme**

Sl. No	Candidate Code	Name of the student	Year and Semester
1.	03521110001	AKHIL CHANDRAN B G	II PG

2.	63521118003	ANJALI S KUMAR	II PG
3.	63521118004	ANJANA A	II PG
4.	63521118005	ANJITHA K S	II PG
5.	63521118006	DEVIKA SURESH	II PG
6.	63521118007	DIVYA DILISH	II PG
7.	63521118008	GEETHU G	II PG
8.	63521118010	KAVYA M K	II PG
9.	63521118012	PARVATHY JAYAN J	II PG

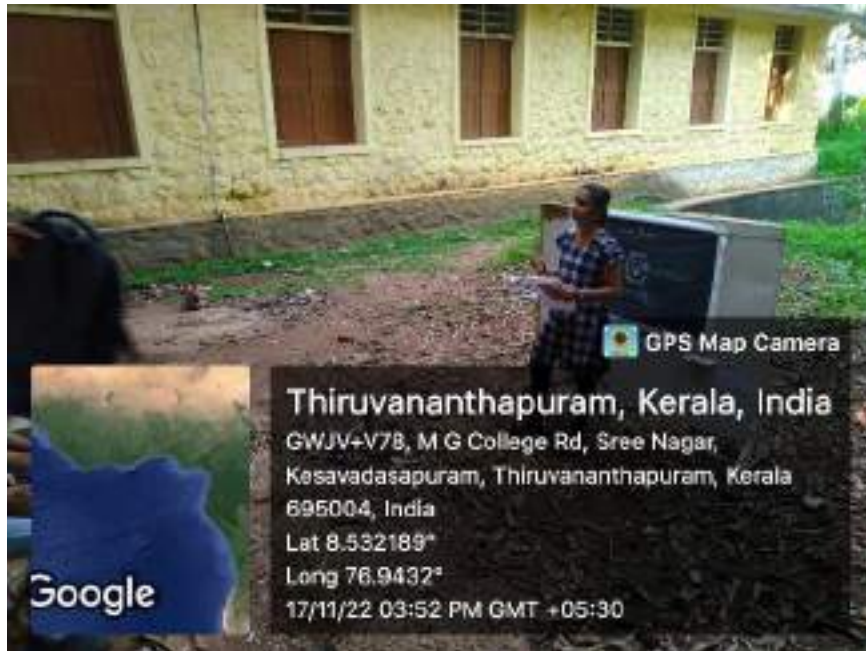
## Shyaam vigyaan



Venue: Department of Physics

As the name says, once a week after 3:30 pm students gather for understanding about certain topics, in which the talk is delivered by a student itself, topic chosen by the student's own interest.

This program aims to share knowledge with the peer group. Students can also increase the level of content knowledge, some get to know new topics. After the speech of 20 minutes, a group discussion and a QA session is arranged under the guidance of teachers. The students from different disciplines are part of this program. Students have already presented on a wide variety of subjects like multiverse, blackholes, finance and trading, physics in daily life, string theory, Gravitation etc.



The program also helps to create co-operation between students of different disciplines and they also come up with different interdisciplinary ideas to conduct for the students. The students often engage in debate over their perception of certain topics of speech. Under the guidance of teachers, students have improved their horizon of knowledge through this evening talk. And also, this helped students to improve their confidence, personality, and helped mitigating their fear of encountering a large number of audiences. Students along with learning about the new topic, they also learned how to convey an idea successfully and how to make the audience of different grasping capacity to understand the topic.

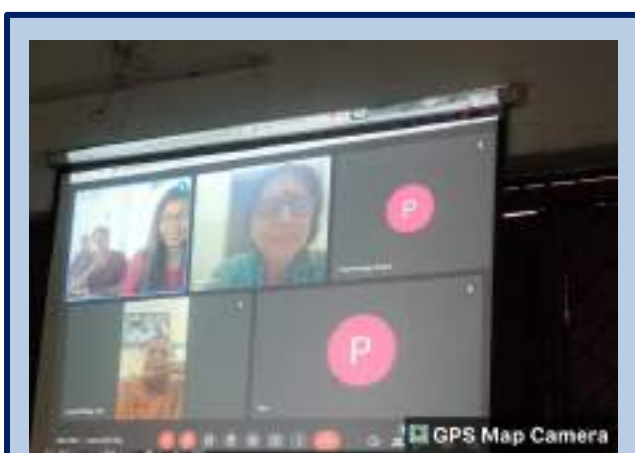


## LIFE SKILL – TALK

### REPORT

A session on Life Skills as part of the Self Enhancement Add-on course by the Department of Psychology by Dr. Adithi N, Former HoD, Dept of Psychology on 22.2.2023. It included activities on self-awareness, problem-solving, etc. Teachers and students of the Department of Psychology, SN College also joined the session.

### PHOTOS



BROCHURE

MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM

DEPARTMENT OF PSYCHOLOGY


# SELF ENHANCEMENT

Add-on course

SESSION ON LIFE SKILLS BY

## DR ADITHI N

Former HOD  
Department of Psychology  
M. G College



🕒 9.30 AM TO  
12.30 PM

📅 FEB  
22ND, 2023



A session on Life Skills by Dr Adithi N

22.2.2023

1	Rathokannan C	Abhi	35	Aiswarya S	Amey
2	Kaupa K.R	Kaupa	36	Jayraj	Jay
3	Rajin S J	Rajin	37	Lakshmi S.H	Lakshmi
4	Navleen Vipad	Navleen	38	Sandya K. S	Sandya
5	Vijaya F	Vijaya	39	Akhila Jayakumar	Akhila
6	Aparna A.J	Aparna			
7	Adash S	Adash			
8	Abhishek S	Abhishek			
9	Arani S.A	Arani			
10	Anand V.D	Anand			
11	Hejarsoc	Hejarsoc			
12	Aleekab H.H	Aleekab			
13	Kiran K	Kiran			
14	Mujamal	Mujamal			
15	Sahar Rafee	Sahar			
16	Azan P. Raj	Azan			
17	Vandha M.S	Vandha			
18	Gopika T.P	Gopika			
19	Devi Ramason	Devi			
20	Arun A	Arun			
21	Vaishnav B	Vaishnav			
22	Anamika H.J	Anamika			
23	Jathinath Munnina	Munnina			
24	D. Devipriya	Devipriya			
25	Sauganga	Sauganga			
26	Shifana S	Shifana			
27	Sifi Anil	Sifi			
28	Vandha M.S	Vandha			
29	Anandindhu	Anand			
30	Karthi S. Krishna	Karthi			
31	Prasanna	Prasanna			
32	Harikrishnan	Harikrishnan			
33	Gopika Rajesh	Gopika			
34	Lekshmi Hasi Nair	Lekshmi			



# LANGUAGE AND COMMUNICATION SKILLS – BOOK REVIEWS AND PRESENTATION

## REPORT

The psychology department conducts a book review session on Fridays. Students take turns to review a book they read. This program improves the reading habits of students and also improves their speaking abilities. The first session had a young poet Devaki J as the chief guest. Devaki commented on the book review attempts and also recited her latest poem.

In yet another session of book review on 8.7.2022 students did a book review and a film review.

Principal Dr Ampili M formally inaugurated the program. IQAC coordinator Dr Citra, Book club convenor Dr. Subbhalekshmi, History department faculty Dr. Fakrudeen Ali spoke and appreciated the students.

As part of the Book Review program on 18.11.2022 students spent time reading books. Following this, students did presentations of what they read.

## PHOTOS





BROCHURE

MAHATMA GANDHI COLLEGE  
DEPARTMENT OF PSYCHOLOGY

**FRIDAY  
BOOK  
REVIEW  
SESSIONS**

- WHERE STUDENTS ARE ENCOURAGED TO READ BOOKS.
- REVIEW THE BOOKS THEY READ

THEREBY IMPROVE THEIR COMMUNICATION SKILLS

"Keep reading. It's one of the most marvelous adventures that anyone can have."  
-LLOYD ALEXANDER

The brochure features a dark background with a glowing yellow diagonal line. At the top left is the college crest. In the center, there is an illustration of an open book with stars above it. At the bottom, there is a detailed illustration of a man reading at a desk with a lamp, books, and a glass of water.



LIST OF STUDENTS

2004-2005 / 1st Sem		2005-2006 / 2nd Sem	
<p>The department of psychology was established in 1984. The department is now a full-fledged department of the university. The department is now a full-fledged department of the university.</p>		<p>The department of psychology was established in 1984. The department is now a full-fledged department of the university. The department is now a full-fledged department of the university.</p>	
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10th Edition of Books

The 10th edition of books is available in the library. The books are listed below.

The 10th edition of books is available in the library. The books are listed below.

Sl. No.	Book Title	Author	Year
1	Mathematics	...	...
2	Physics	...	...
3	Chemistry	...	...
4	English	...	...
5	History	...	...
6	Geography	...	...
7	Political Science	...	...
8	Economics	...	...
9	Social Science	...	...
10	Computer Science	...	...
11	Art	...	...
12	Music	...	...
13	Physical Education	...	...
14	Health Education	...	...
15	Environmental Studies	...	...
16	Language I	...	...
17	Language II	...	...
18	Language III	...	...
19	Language IV	...	...
20	Language V	...	...

11th Edition of Books

The 11th edition of books is available in the library. The books are listed below.

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Sl. No.	Book Title	Author	Year
1	Mathematics	...	...
2	Physics	...	...
3	Chemistry	...	...
4	English	...	...
5	History	...	...
6	Geography	...	...
7	Political Science	...	...
8	Economics	...	...
9	Social Science	...	...
10	Computer Science	...	...
11	Art	...	...
12	Music	...	...
13	Physical Education	...	...
14	Health Education	...	...
15	Environmental Studies	...	...
16	Language I	...	...
17	Language II	...	...
18	Language III	...	...
19	Language IV	...	...
20	Language V	...	...

12th Edition of Books

The 12th edition of books is available in the library. The books are listed below.

Sl. No.	Book Title	Author	Year
1	Mathematics	...	...
2	Physics	...	...
3	Chemistry	...	...
4	English	...	...
5	History	...	...
6	Geography	...	...
7	Political Science	...	...
8	Economics	...	...
9	Social Science	...	...
10	Computer Science	...	...
11	Art	...	...
12	Music	...	...
13	Physical Education	...	...
14	Health Education	...	...
15	Environmental Studies	...	...
16	Language I	...	...
17	Language II	...	...
18	Language III	...	...
19	Language IV	...	...
20	Language V	...	...

**Report on Self Defence Workshop for Students- 'Her Own Hero' Women Empowerment,  
organized by PG Department of English in association with IQAC on 24.08.2022**

**Introduction**

PG Department of English, Mahatma Gandhi College, Thiruvananthapuram in association with IQAC organized a Self Defence Workshop for Students titled- "*Her Own Hero*" Women Empowerment delivered by Shri Shaj S.K, a National level Pencak Silat trainer on the 24<sup>th</sup> of August 2022 for PG and UG students at Seminar Hall, MG College, Thiruvananthapuram. The Workshop began at 10.30 a.m with a prayer and followed by Acharyanusmaranam. The Welcome Speech was delivered by the Head of the Department, English, Dr. Smt. Vidya Rajagopal. Presidential Address was given by Dr. Shri V.M. Anandakumar, Principal, M G College. Felicitations were expressed by- Shri Sunil Kumar N.K, Dr. Shri Rathesh Kumar V.K and Dr. Shri Sibu A.R. Subsequent to the conclusion of the Workshop, the Vote of Thanks was delivered by Ms. Minu Balakrishnan, the Programme Coordinator.

**Objective**

A Self Defence Workshop was undertaken to empower the students physically and mentally. It introduced a totally new Martial Arts platform- *Pencak Silat*, an Indonesian Martial Arts that engenders in its practitioners the ability to utilize every part of their bodies to defend themselves from threats and challenges. It is a full-body fighting form incorporating strikes, grappling, and throwing in addition to weaponry. Every part of the body is used and subject to attack. In addition to enhancing the physical strength and power of the human body, *Pencak Silat* also soothes the mind and addresses the psychological needs of its users too.

**Methodology of the Programme**

The subject expert and trainer, Shri Shaj S.K., conducted a two-hour long demonstration session on the various facets and techniques of the *Pencak Silat* martial art form. The live demo was succeeded by a joint practice session for the students and faculty with the Trainer.

**Outcome**

The students were exposed to the beauty, power and balance of the *Pencak Silat* Indonesian martial art. Every participant of the Workshop was left in awe of the physical ability of the trainer. At the end of his demo session, the Trainer invited the students and faculty in attendance to join him in a joint practice session where he introduced them to the various ground exercises available in the martial art form and which led to a full-body experience and workout for them.



**Dr. VIDYA RAJAGOPAL**  
Associate Professor and Head  
P.G. Dept. of English  
Mahatma Gandhi College  
Research Guide, University of Kerala  
Thiruvananthapuram




PG Department of English Mahatma Gandhi College Thiruvananthapuram

Report on a Talk titled '*Her Own Hero*' organized by PG Department of English Mahatma Gandhi College Thiruvananthapuram held on 24/08/2022

**PG Department of English**  
**MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM**  
In association with  
IQAC

**HER OWN HERO**  
**Women Empowerment: Self-defence**  
**workshop for students**



**DATE: 24 /08/2022**  
**TIME : 10.30 AM**  
**VENUE: SEMINAR HALL**

**TRAINER : SHAJ S K**  
**NATIONAL LEVEL PENCAK**  
**SILAT TRAINER**

Pencak silat is an Indonesian martial art form in which every part of the body is used to attack. It is practiced not only for physical defence but also for psychological needs.

**HOD: DR. VIDYA RAJAGOPAL**      **PRINCIPAL : DR. V. M. ANANDAKUMAR**



A Self Defence Workshop for Students  
 'Her Own Hero' Women Empowerment, organized  
 by PG Department of English in association  
 with IQAC on 24-08-2022.

Attendance Sheet

1. Nandana A.R	UG	<u>Gandappa</u>
2. Nandana Babu H	UG	<u>Mani</u>
3. Epyatri Chandran	UG	<u>Arjun</u>
4. Radhika U.S	UG	<u>Anika</u>
5. Abhisha U.R	UG	<u>Amr</u>
6. Anya Nam L	UG	<u>Ankur</u>
7. Devu A.S	UG	<u>Amr</u>
8. Lekshmi	UG	<u>Amr</u>
9. Megha Umayan	UG	<u>Amr</u>
10. Krishna Saurabh	UG	<u>Amr</u>
11. Albin Santhosh	UG	<u>Amr</u>
12. Anantharaman	UG	<u>Amr</u>
13. Sabazi T.S	UG	<u>Amr</u>
14. Nidhul Krishna RR	UG	<u>Nidhul Krishna RR</u>
15. Anesha	PG	<u>Anesha</u>
16. Anjali P S Nara	PG	<u>Anjali S Nara</u>
17. Athira B.	PG	<u>Athira</u>
18. Athulya S Nara	PG	<u>Athulya S Nara</u>
19. Chaitra R.S	PG	<u>Chitra</u>



- 20.17. Ganga batheesb
- 21 Harolya G.N.
- 22. Kanya. K.
- 23. Nouran S.
- 24. Vapshnav P K. S
- 25. Abhinav D. P
- 26. Prishya V. S
- 27. Kanya A
- 28 Neena V.V
- 29. Nanchana Babu
- 30. Aparna A. S
- 31 Group V
- 32. R. S Group
- 33. Sreetha B. S
- 34. Swapna R. B
- 35. Tharakshmi
- 36 Abhijith A
- 37. Prajwal S. P
- 38. Sarang S
- 39. K.S. Kailas Madhav

- PGT. Ranga
- PGT. Shruti
- PGT. Kajal
- PGT. NI
- PGT. Xin
- UGT. Abhinav
- UGT. Prishya
- UGT. Kanya
- UGT. Neena
- UGT. Nanchana
- UGT. Aparna
- UGT. Group V
- UGT. R.S
- UGT. Sreetha
- UGT. Swapna
- UGT. Tharakshmi
- UGT. Abhijith
- UGT. Prajwal
- UGT. Sarang
- UGT. Kailas



40. Atbhevi Dev-A.S	UG	<u>Atbhevi</u>
41 Jayakrishna MB	UG	<u>Jayakrishna</u>
42 Atbheviya B.S	UG	<u>Atbheviya</u>
43. Dalika AB	UG	<u>Dalika</u>
44) Sachin AG	UG	<u>Sachin</u>

**Report on Workshop on Organic Integrated Farming "Be Organic" organized by PG Department of English Mahatma Gandhi College Thiruvananthapuram in association with IQAC on 25.08.2022**

**Introduction**

PG Department of English, Mahatma Gandhi College, Thiruvananthapuram in association with IQAC organized a Workshop on organic integrated farming titled- "*Be Organic*" delivered by Shri Sreekumar. C, a renowned integrated organic farmer and trainer on the 25<sup>th</sup> of August 2022 for PG and UG students at Seminar Hall, MG College, Thiruvananthapuram. The Workshop began at 2.00p.m with a prayer and followed by Acharyanusmaranam. The Welcome Speech was delivered by the Head of the Department, English, Dr. Smt. Vidya Rajagopal. Presidential Address was given by Dr. Shri V.M. Anandakumar, Principal, MG College. Felicitations were expressed by- Shri Sunil Kumar N.K, Dr. Shri Ratheesh Kumar V.K and Dr. Shri Siby A.R. Subsequent to the conclusion of the Workshop, the Vote of Thanks was delivered by Ms. Jessykutty Jose, the Programme Coordinator. The Workshop ended at 4.00 p.m.

**Objective**

The Workshop was tailored towards introducing the concept of healthy living and chemical-free, organic farming. Students are to be exposed to the types of farming, chemicals and fertilizers usually used, irrigation systems utilized, arable land area in Kerala and India and many other concepts. Students are to be inculcated with the need for a healthy organic life and motivate them to cultivate their own pesticide-free farm products.

**Methodology of the Workshop**

Shri Sreekumar. C, delivered a Power Point Presentation on the concept of clean living and organic farming and methods. Subsequent to the Workshop session, the subject expert engaged in a lively discussion on the topic with the participating students and faculty wherein they exchanged ideas. A total of 45 students attended the Workshop.


**Outcome of the Workshop**

At the end of the Workshop and general discussion, the students expressed appreciation for the expert's subject knowledge and pledged to incorporate his ideals and concepts to the maximum extent in their own lives. There was unanimous, all-round acknowledge of the benefits of chemical-free, organic farming and associated healthy living concepts. The Workshop concluded with a student-led standing ovation to the subject expert, Shri Sreekumar. C.

  
**Dr. VIDYA RAJAGOPAL**  
Associate Professor and Head  
P.G. Dept. of English  
Mahatma Gandhi College  
Research Guide, University of Kerala  
Thiruvananthapuram


Report on a Talk titled 'Be Organic' organized by PG Department of English Mahatma Gandhi College Thiruvananthapuram on 25/08/2022

**PG DEPARTMENT OF ENGLISH  
MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM**  
*In association with IQAC*



The Department of English, Mahatma Gandhi College, is organising a workshop on organic integrated farming, "Be Organic" to inculcate in students the need for a healthy organic life and motivate them to cultivate their own pesticide free farm products. All are cordially invited.

## " Be Organic"



**A TALK BY  
SRI. SREEKUMAR C.,  
RENOWNED ORGANIC  
INTEGRATED FARMER  
AND TRAINER**

**Date: 25/08/2022  
Time: 2PM  
Venue: Seminar Hall**



student list 1.pdf



student list 2.pdf







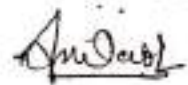

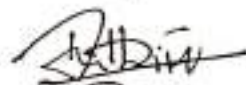




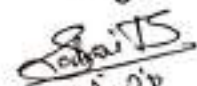


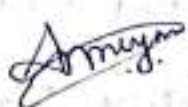


student list 3.pdf



A Workshop on Organic Integrated Farming  
 "Be Organic" organised by PG Department of  
 English, Mahatma Gandhi College, Tiruvananthapuram  
 in association with IQAC on 25/08/2022

### Attendance Sheet

1	Nandana Babu.H	UG	
2	Abhisha.VR	UG	
3	Kaishna Sawabh.S.G	UG	
4	Gayathri Chandan.J.S	UG	
5	Radhika.U.S	UG	
6	Nandana.A.R	UG	
7	Arya Nair.L	UG	
8	Devu A.S	UG	
9	Albin Santhosh Anandaraman	UG	
10	<del>Krishna Sarasath</del>	UG	
11	Megha Vinayan	UG	
12	LekshmiP	UG	
13	Gayathri	UG	
14	Sabari.T.S	UG	
15	Nidhal Kaishna RR	UG	
16	Abhinav.D.p	UG	
17	Anjana.U	UG	

18.	Abhinami .S.A	UG	<u>Abhinami</u>
19	Aswin .M.S	UG	<u>Aswin</u>
20.	Balagopal .M.V	UG	<u>Balagopal .M.V</u>
21	Dhishya .V.S	UG	<u>Dhishya</u>
22	Neena .V.V	UG	<u>Neena .V.V</u>
23.	Sandra Krishnao.R.S	UG	<u>Sandra R.S</u>
24.	Vandana Babce	UG	<u>Vandana</u>
25	Aparna .A.S	UG	<u>Aparna</u>
26	Arunthathr B.S	UG	<u>Arunthathr B.S</u>
27	Dhya Ajith Lal	UG	<u>Dhya Ajith Lal</u>
28.	Gowri .V	UG	<u>Gowri</u>
29.	K.S. Kaibab Madhav	UG	<u>K.S.M</u>
30.	Kaathika .B.R	UG	<u>Kaathika</u>
31.	Sneha .S. Nair	UG	<u>Sneha S.Nair</u>
32.	Ajina .K.J	PG	<u>Ajina K.J</u>
33.	Ganga Sathesh	PG	<u>Ganga Sathesh</u>
34.	Haidya .G.M	P.G	<u>Haidya G.M</u>
35.	Kavya .K	PG	<u>Kavya .K</u>
36.	Nousin .S	P.G	<u>Nousin .S</u>
37.	Parvathy .S.L	PG	<u>Parvathy S.L</u>
38.	S. Vandana Venugopal	PG	<u>S. Vandana Ven</u>

39. Birelatahamp C.S

40. Yashwantrao M.S.

PGT. Prilatah

P.W. Yashwantrao



**Report on Training Programme on Feminine Hygiene organized by PG Department of English Mahatma Gandhi College Thiruvananthapuram in association with Bella Feminine Solutions on 17<sup>th</sup> October 2022**

### **Introduction**

PG Department of English, Mahatma Gandhi College, Thiruvananthapuram in association with Bella Feminine Solutions, Thiruvananthapuram organized a Training Programme on Feminine Hygiene delivered by subject experts on the 17<sup>th</sup> of October 2022 for PG and UG students at Seminar Hall, MG College, Thiruvananthapuram. The Workshop began at 2.30 p.m with a prayer and followed by Acharyanusmaranam. The Welcome Speech was delivered by the Head of the Department, English, Dr. Smt. Vidya Rajagopal. Presidential Address was given by Dr. Shri V.M. Anandakumar, Principal, MG College. Felicitations were expressed by- Shri Sunil Kumar N.K, Dr. Shri Ratheesh Kumar V.K and Dr. Shri Sibu A.R. Subsequent to the conclusion of the Training Programme, the Vote of Thanks was delivered by Ms. Aparna R Menon, the Programme Convenor. The Workshop ended at 4.00 p.m.

### **Objective**

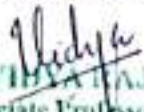
The agenda of the Training Programme was to introduce the concept of feminine hygiene to the students, especially the girl students. Topics like puberty-related issues, adolescent life and changes, female physiology and feminine hygiene products were discussed during the training programme.

### **Methodology of the Programme**

The subject experts gave a video presentation and power point presentation of female physiology, health and hygiene products for the benefit of students. At the end of the presentations, the subject experts delivered a detailed talk on the topics of discussion. They introduced the students to several podcasts and video blogs available on the internet on the subject of feminine hygiene that were free to access for all and devoid of any subscription charges. Subsequent to the conclusion of the talk, the subject experts distributed a survey paper to all students with a detailed questionnaire on feminine hygiene. Thereafter, a general discussion on the topic was undertaken wherein the inputs from students and faculty too were invited on the topic.

### **Outcome of the Programme**

The participating students were appreciative of the efforts taken by the subject experts in introducing them to the world of feminine hygiene. At the end of the Training Programme, various samples of feminine hygiene products were distributed amongst the female students in an effort to create awareness regarding the resources available at the hands of girls nowadays to address their hygiene needs.

  
**Dr. VIDYA RAJAGOPAL**  
Associate Professor and Head  
P.G. Dept. of English  
Mahatma Gandhi College  
Research Guide, University of Kerala  
Thiruvananthapuram



Feminine Hygiene

**THE DEPARTMENT OF ENGLISH**

in association with

**BELLA, FEMININE SOLUTIONS**

organizes

**A Training Programme  
on  
Feminine Hygiene**

**Time**

**2:30 pm**

**Venue**

**Seminar Hall**

**Date**

**17-10-2022**

**Principal**

**Dr. V M Anandakumar**

**HOD**

**Dr. Vidya Rajagopal**

**Convenor**

**Aparna R Menon**



student list 1.pdf



student list 2.pdf



student list 3.pdf



A Training Programme on Feminine Hygiene organized by PG Department of English, Mahatma Gandhi College, Thiruvananthapuram in association with Bella Feminine Solutions on 17<sup>th</sup> October 2022

### Attendance Sheet

1. Sindra. S	PG	<u>Sindra</u>
2. Ananya. A.H	PG	<u>Ananya</u>
3. Meenakshiy.R.Nair	PG	<u>Meenakshiy</u>
4. Apsara S	PG	<u>Apsara</u>
5. Sindra. C.U	PG	<u>Sindra</u>
6. Aparna .P.M.	PG	<u>Aparna</u>
7. Malavika .R.S	PG	<u>Malavika</u>
8. Adithya	PG	<u>Adithya</u>
9. Aswathy.V.Nair	PG	<u>Aswathy</u>
10. Neetha P	PG	<u>Neetha</u>
11. Anjana .U	UG	<u>Anjana</u>
12. Divya .V.S	UG	<u>Divya</u>
13. Neena .V.V	UG	<u>Neena</u>
14. Theertha .SS Nair	UG	<u>Theertha</u>
15. Vandana Babu	UG	<u>Vandana</u>
16. Aparna .AS	UG	<u>Aparna</u>



17	Aswathi B.S	UG	<u>Aswathi</u>
18	Divya Ajith Lal	UG	<u>Divya</u>
19	Geetha V	UG	<u>Geetha</u>
20	Karthika B.R	UG	<u>Karthika</u>
21	Sneha S. Nair	UG	<u>Sneha</u>
22	Thara Lekshmi S	UG	<u>Thara</u>
23	Deva Grayath S	UG	<u>Deva</u>
24	Ahalya B.S	UG	<u>Ahalya</u>
25	Kavya A	UG	<u>Kavya</u>
26	Shifa. Navas	UG	<u>Shifa Navas</u>
27	Souparnika. S. Kumar	UG	<u>Souparnika</u>
28	Breetha B.S	UG	<u>Breetha</u>
29	Swapna R.B	UG	<u>Swapna</u>
30	Aarathi S.R	PG	<u>Aarathi</u>
31	Ajina K.J	PG	<u>Ajina</u>
32	Ananya M.S	PG	<u>Ananya</u>
33	Aneesh A.S	PG	<u>Aneesh</u>
34	Anjali S. Nair	PG	<u>Anjali Nair</u>
35	Arya T.G	PG	<u>Arya T</u>
36	Arya M.S	PG	<u>Arya M.S</u>
37	Athira B	PG	<u>Athira</u>

38	Atbulya . S. Nair -	P.GI	<i>Atbulya</i>
39	Chitra . R.S	P.GI	<i>Chitra</i>
40	Ganga Sathush	P.GI	<i>Gangasathush</i>
41	Gayathri R. Nair	P.GI	<i>Gayathri</i>
42	Haidya G.M	P.GI	<i>Haidya</i>
43	Kavya . k	P.GI	<i>Kavya</i>
44	Nousin . S	P.GI	<i>Nousin</i>
45	Parvathy . S.L	P.GI	<i>Parvathy</i>
46	S. Vandana Venugopal	P.GI	<i>Vandana</i>
47	Sulekshmi . C.S	P.GI	<i>Sulekshmi</i>
48	Vaishnavi . M.S	P.GI	<i>Vaishnavi</i>



# MAHATMA GANDHI COLLEGE THIRUVANANTHAPURAM POST GRADUATE & RESEARCH DEPARTMENT OF HINDI

In Association with IQAC

## Webinar : **YOGA FOR HUMANITY**

Date: 24 AUGUST 2022

Time : 07.00 PM



### Resource Person

**Shri Biju.B M.Sc., M.Phil.(Yoga)**

(Joint Secretary - Technical,  
Kerala Yogasana Sports Association)

**Yoga Teacher**

**Kendriya Vidyalaya**

**AFS Akkulam**



<https://meet.google.com/woe-hrdj-acv>

Dr.Lekshmy S.S  
Co-Ordinator

Dr.Ushakumari J.B  
H.O.D

Dr.V.M Anandakumar  
Principel

Dr.Ratheesh Kumar V.K  
IQAC Co-Ordinator



**MAHATMA GANDHI COLLEGE, KESAVADASAPURAM, THIRUVANANTHAPURAM**

(Accredited with B+ Grade by NAAC)

**POST GRADUATE DEPARTMENT OF HINDI AND RESEARCH CENTRE**

**Webinar on Yoga For Humanity**

**CERTIFICATE**

This is to certify that .....has actively participated in the Webinar on **YOGA FOR HUMANITY** conducted by Post Graduate and Research Department of Hindi, Mahatma Gandhi College, Thiruvananthapuram on 24 August 2022

Dr. Usha Kumar, J.B

Dr. K.L. Sakshi Babu

Dr. Lekshmy, S.S

Dr. Rajesh Kumar, R

Head of the Department

Principal

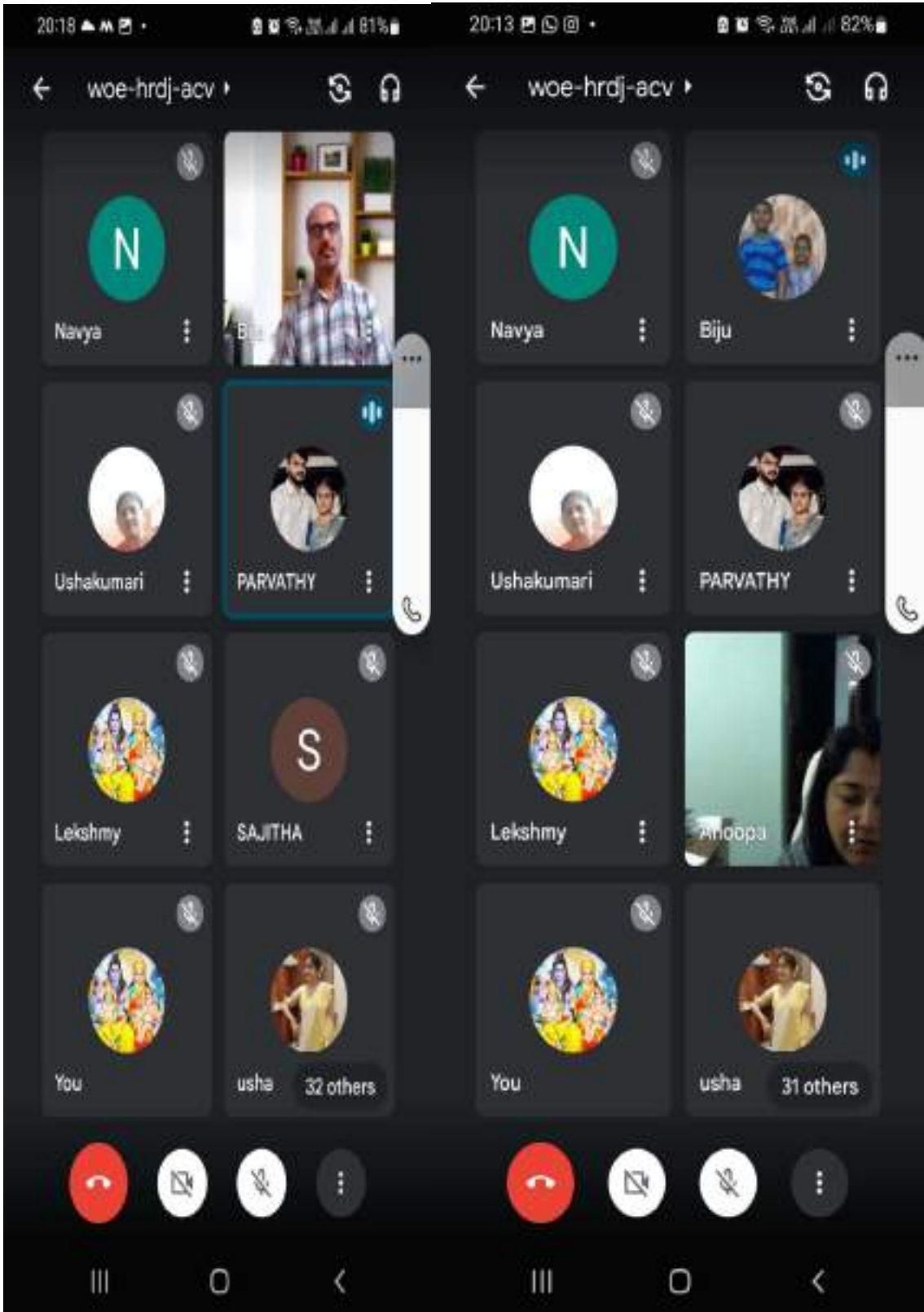
Co-ordinator

IQAC Co-ordinator



## R E P O R T

P.G and Research Department of Hindi, M.G College, Thiruvananthapuram has conducted a Webinar on the topic ‘Yoga for Humanity’ on Wednesday, 24th August 2022 at 7 PM on Google Meet platform. The webinar was started with a Prayer and Acharya Anusmaranam. Dr.Lekshmy S.S, Assistant Professor, Department of Hindi rendered welcome speech. The Head of the Department, Dr.Ushakumari J.B gave the presidential speech. She pointed out the importance of Yoga in our daily life. Dr.V.M Ananda Kumar, The Principal of the college conveyed his blessings towards the webinar. Dr.Ratheesh Kumar V.K, the IQAC Coordinator rendered the felicitation speech. He also mentioned about the importance of Yoga in modern life. The talk on the topic was conveyed by Mr.Biju.B, Yoga Teacher, Kendriya Vidyalaya, AFS Akkulam, Thiruvananthapuram. He delivered his speech with slides on yoga and it was a very good experience for our students. Several students cleared their doubts about yoga in doubt clearing session. Vote of thanks was conveyed by Seethalekshmy U, 1st M.A Student, Department of Hindi. The webinar ended at 8.35 PM.



# PARTICIPANT LIST

## YOGA FOR HUMANITY

Date : 24/08/2022 time : 7 P M

Link : <https://meet.google.com/woe-hrdj-acv>

Resource person: Sri Biju B ,MSc,MPhil (Yoga)

Yoga teacher , Kendreey Vidyalaya,AFS Akkulam

SL NO	NAME	DESIGNATION/ CLASS	SIGNATURE
1.	Dr.Ushakumari J B	Asso.Professor	
2.	Dr.Sreedevi T	Asso.Professor	
3.	Dr,Ushakumari K P	Asso.Professor	
4.	Dr, Jayakumari K P	Asso.Professor	
5.	Dr.Gayathry N	Asst.Professor	
6.	Dr.Rajesh Kumar R	Asst.Professor	
7.	Dr.Anoopa Krishnan	Asst.Professor	
8.	Dr.Lekshmy S S	Asst.Professor	
9.	Dr.Ratheesh Kumar V K	IQAC Co-Ordinator	
10.	AKSHAYA P S	I MA	
11.	ANJU V S	I MA	
12.	ARYANANDHA S B	I MA	
13.	ASWATHY A	I MA	
14.	BEEMA BEEVI	I MA	
15.	DAINA D S	I MA	
16.	GANGA S.S	I MA	
17.	JEETHU B	I MA	
18.	KARTHIKA A S	I MA	
19.	JAYALEKSHMI V S	II MA	
20.	JINSA L	II MA	
21.	KRISHNA PRIYA M S	II MA	
22.	LEKSHMI M	II MA	
23.	PARVATHY V	II MA	
24.	SOORYA S	II MA	
25.	SRUTHI.G.R	II MA	
26.	ARATHY A. R	II B A Hindi	
27.	ARJUN S. N	II B A Hindi	
28.	ASHWIN A D	II B A Hindi	
29.	ASWANI B S	II B A Hindi	
30.	ASWIN K	II B A Hindi	
31.	ASWIN. A	II B A Hindi	
32.	AVANY S. AJAY	II B A Hindi	
33.	GAURI M. R	II B A Hindi	
34.	GOURI A S	II B A Hindi	

35.	KARTHIKA.S	II B A Hindi	
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45.	RAJEEV S	II B A Hindi	
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53.	SUJITH S	II B A Hindi	
54.	VISHAL B	II B A Hindi	
55.	VISHNU U.A	II B A Hindi	
56.	Sariga J	Research Scholar	
57.	Krishnapriya J k	Research Scholar	
58.	Sajitha S R	Research Scholar	
59.	Remya S	Research Scholar	
60.	Syama Lathika S	Research Scholar	
61.	Arunima M S	Research Scholar	
62.	Saranya S S	Research Scholar	
63.	Anjana A S	Research Scholar	
64.	Akhil A	Research Scholar	
65.	Sujitha L	Research Scholar	
66.	ABHIJITH S.M NAIR	III B A	
67.	ABHIN.S.NAIR	III B A	
68.	ABHINAV B A	III B A	
69.	ABHIRAMI U K	III B A	
70.	ADARSH S	III B A	
71.	ADHITHYA BIJU N	III B A	
72.	AKHILESH. H. L	III B A	
73.	AMITHA P L	III B A	
74.	AMRITHA CHANDRAN J M	III B A	
75.	ANANTHU SURESH	III B A	
76.	ANUPAMA.V	III B A	
77.	ANURAG M V	III B A	
78.	ANZIYA.S N	III B A	
79.	ARAVIND V.V	III B A	





## മഹാത്മാഗാന്ധികോളേജ്, തിരുവനന്തപുരം

പോസ്റ്റ് ഗ്രാജുവേറ്റ് ആൻഡ് റിസർച്ച് ഡിപ്പാർട്ട്മെന്റ്  
ഓഫ് ഹിന്ദിയുടേയും IQAC തുടേയും ആഭിമുഖ്യത്തിൽ  
സംഘടിപ്പിക്കുന്നത്

# ONE DAY NATIONAL WEBINAR

വിഷയം: "ആരോഗ്യം ആയുർവേദത്തിലൂടെ"  
"Health and well being through Ayurveda"

25 August 2022 , Time: 6.30 PM



<https://meet.google.com/zxq-fgzk-dou>

പേപ്പർ പ്രസെന്റേഷൻ:

### ഗവേഷക വിദ്യാർത്ഥികൾ

Dr. അനുപകൃഷ്ണൻ (കോ-ഓർഡിനേറ്റർ, ഹിന്ദിവിഭാഗം)

Dr. ഉഷാകുമാരി ജെ. ബി (ഹിന്ദിവിഭാഗംമേധാവി)

Dr. ആനന്ദകുമാർ (പ്രിൻസിപ്പൽ, എം.ജി.കോളേജ്)

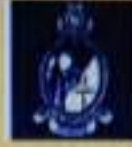
Dr. രതീഷ്കുമാർ വി. കെ (IQAC കോ-ഓർഡിനേറ്റർ)

### Resource Person



**Dr. Swathy V** M.D.(Ay), GRAY  
Assistant Professor  
Department of Swasthavritta  
Parul Institute of Ayurveda  
Parul University, Vadodara, Gujarat





MAHATMA GANDHI COLLEGE, KESAVADASAPURAM, THIRUVANANTHAPURAM

(Accredited with B+ Grade by NAAC)

POST GRADUATE DEPARTMENT OF HINDI AND RESEARCH CENTRE

Webinar on Health and Well being Through Ayurveda

### CERTIFICATE

This is to certify that .....has actively participated in the Webinar on **Health and Well being Through Ayurveda** conducted by Post Graduate and Research Department of Hindi, Mahatma Gandhi College, Thiruvananthapuram on 25 August 2022

Dr. Usha Kumari, J.B

Dr. R.L. Sakthi Babu

Dr. Anusoga Krishnan

Dr. Kailash Kumar, R

Head of the Department

Principal

Co-ordinator

IQAC Co-ordinator

### **Report- Webinar- Health and wellbeing through Ayurveda**

One day National webinar on “Health and wellbeing through Ayurveda” was conducted by Post Graduate & Research Department of Hindi, Mahatma Gandhi College, Thiruvananthapuram on 25<sup>th</sup> August 2022. It was started at 6.30 PM. The webinar started with a silent prayer to the Almighty and Acharyanusmarana. The Welcome Speech was delivered by Dr. Anooa Krishnan, Assistant Professor, Department of Hindi, M G College, Thiruvananthapuram, Presidential address was delivered by Dr. Ushakumari J B, Head, Department of Hindi, M G College, Thiruvananthapuram. The Resource Person of the webinar was Dr. Swathy. V (M D (Ayurveda), Asst. Professor, Department of Swasthavritta, Parul Institute of Ayurveda, Parul University, Vadodara, Gujarat. She has enlightened the participants with her knowledge and nice presentation skill. Many participants approached her with their doubts regarding their health and she answered each question with compassion and care. Three of our students – Sajitha S R, Remya and Sariga J presented their papers. Dr. Anand Kumar, Principal, M G College, Thiruvananthapuram was there to support and conduct the entire webinar. The entire team of Faculty Members and students of Department of Hindi and faculty members of other Departments whole heartedly participated and supported the webinar. The vote of thanks was proposed by Smt. Sariga J, Research Scholar, Department of Hindi, M G College, Thiruvananthapuram. The webinar was concluded by 8.15 Pm.

1:30 PM | Webinar

# दिनचर्या

- प्रातरुधानम्
- मल मूत्र त्याग
- दन्तधावनं
- विद्या
- निर्वोचनम्
- आचमनं
- उपपानं
- अङ्गनं
- नमस्
- गण्डुष
- धूम
- ताम्बूल
- अभ्यङ्ग
- व्यायामं
- उद्वर्तनं
- स्नानं
- आहार विधि
- सङ्कत

1:30 PM | Webinar

1:30 PM | Webinar

# दिनचर्या

- प्रातरुधानम्
- मल मूत्र त्याग
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- उद्वर्तनं
- स्नानं
- आहार विधि
- सङ्कत

1:30 PM | Webinar



# PARTICIPANT LIST

## HEALTH & WELL BEING THROUGH AYURVEDA

Date : 25/08/2022 time : 6: 30 P M

Link : <https://meet.google.com/zxq-fgzk-dou>

Resource person: Dr.Swathy V , MD (Ayurveda ,CRAV),Asst.Prof. Dept of Swasthavritta,Parul University,Gujarat

SL NO	NAME	DESIGNATION/ CLASS	SIGNATURE
1.	Dr.Ushakumari J B	Asso.Professor	
2.	Dr.Sreedevi T	Asso.Professor	
3.	Dr,Ushakumari K P	Asso.Professor	
4.	Dr, Jayakumari K P	Asso.Professor	
5.	Dr.Gayathry N	Asst.Professor	
6.	Dr.Rajesh Kumar R	Asst.Professor	
7.	Dr.Noopa Krishnan	Asst.Professor	
8.	Dr.Lekshmy S S	Asst.Professor	
9.	Dr.Ratheesh Kumar V K	IQAC Co-Ordinator	
10.	ABHIKRISHNA R	II B A Hindi	
11.	ABHINANDH H D	II B A Hindi	
12.	ABHIRAG A B	II B A Hindi	
13.	ADARSH S.	II B A Hindi	
14.	ADARSH VIJAY	II B A Hindi	
15.	ADHARSH S.V	II B A Hindi	
16.	AJIMOL A	II B A Hindi	
17.	AJMAL N S	II B A Hindi	
18.	AKHIL M	II B A Hindi	
19.	AKHILA MOL M S	II B A Hindi	
20.	AKSHAY A NAIR	II B A Hindi	
21.	AKSHAYA.P.L	II B A Hindi	
22.	ANANDHU KRISHNAN .S.S	II B A Hindi	
23.	ANUNANDA. A. T	II B A Hindi	
24.	APARNA SURESH. L	II B A Hindi	
25.	ARATHI M A	II B A Hindi	
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60.	Syama Lathika S	Research Scholar	
61.	Arunima M S	Research Scholar	
62.	Saranya S S	Research Scholar	
63.	Anjana A S	Research Scholar	
64.	Akhil A	Research Scholar	
65.	Sujitha L	Research Scholar	
66.	AKSHAYA P S	I MA	
67.	ANJU V S	I MA	
68.	ARYANANDHA S B	I MA	
69.	ASWATHY A	I MA	
70.	BEEMA BEEVI	I MA	
71.	DAINA D S	I MA	
72.	GANGA S.S	I MA	
73.	JEETHU B	I MA	
74.	KARTHIKA A S	I MA	
75.	JAYALEKSHMI V S	II MA	
76.	JINSA L	II MA	
77.	KRISHNA PRIYA M S	II MA	
78.	LEKSHMI M	II MA	
79.	PARVATHY V	II MA	
80.	SOORYA S	II MA	
81.	SRUTHI.G.R	II MA	

## **Webinar on Health & Hygiene Conducted by Department of Mathematics**

Department of Mathematics in collaboration with IQAC conducted a webinar on “Health and Hygiene” as part of life skill programme on 28/08/2022. The webinar started at 7PM by a prayer by Devinandana. The programme coordinator Dr Geetha C gave the welcome speech. Dr Ramkumar R, HoD of the Department of Mathematics gave the presidential address. The webinar was inaugurated by the Principal Dr V M Anandakumar. The resource persons of the webinar were Dr Anupama Krishnan, Associate Professor, Vaidyaratnam P S Ayurveda College, Kottakkal and Dr.Shahnaz Fathima A, Life Style Coach and yoga Consultant, Heal and Hale Centre for Revitalization. About 60 students attended the webinar. The webinar was very informative and students were given awareness of general health and hygiene and how to acquire it. It was very beneficial to the students. The webinar concluded by the vote of thanks by Dr.Vineetha K. The webinar ended at 9.00PM.



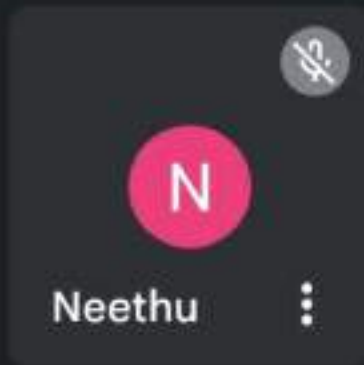
aiz-erha-bze ▶



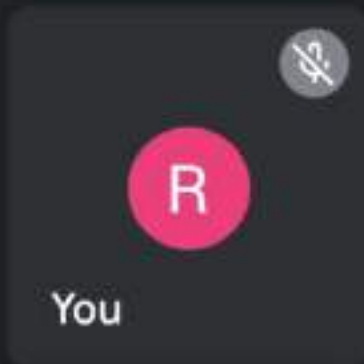
Dr. Anupama



Shahna...



Neethu

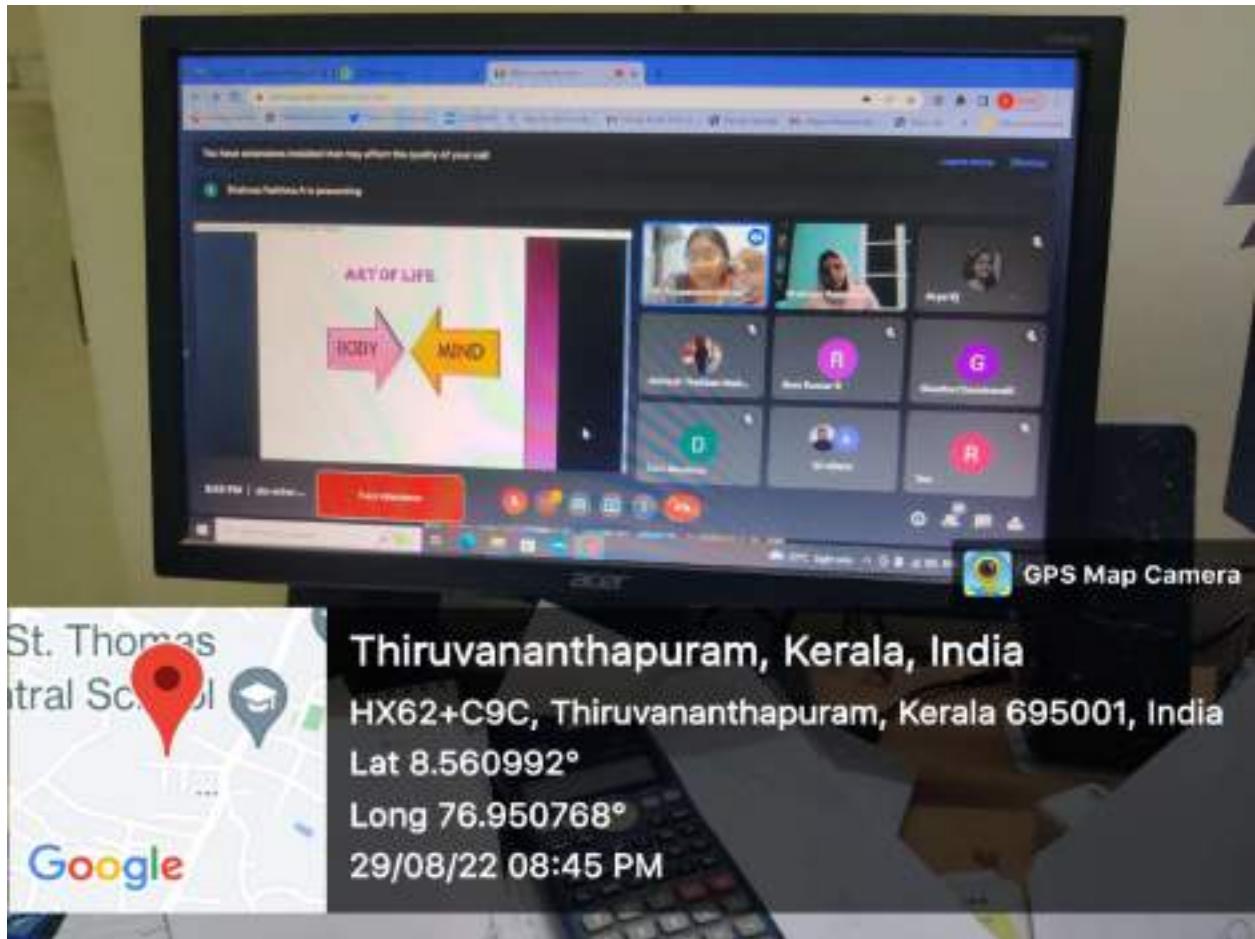


You



Sha 58 others





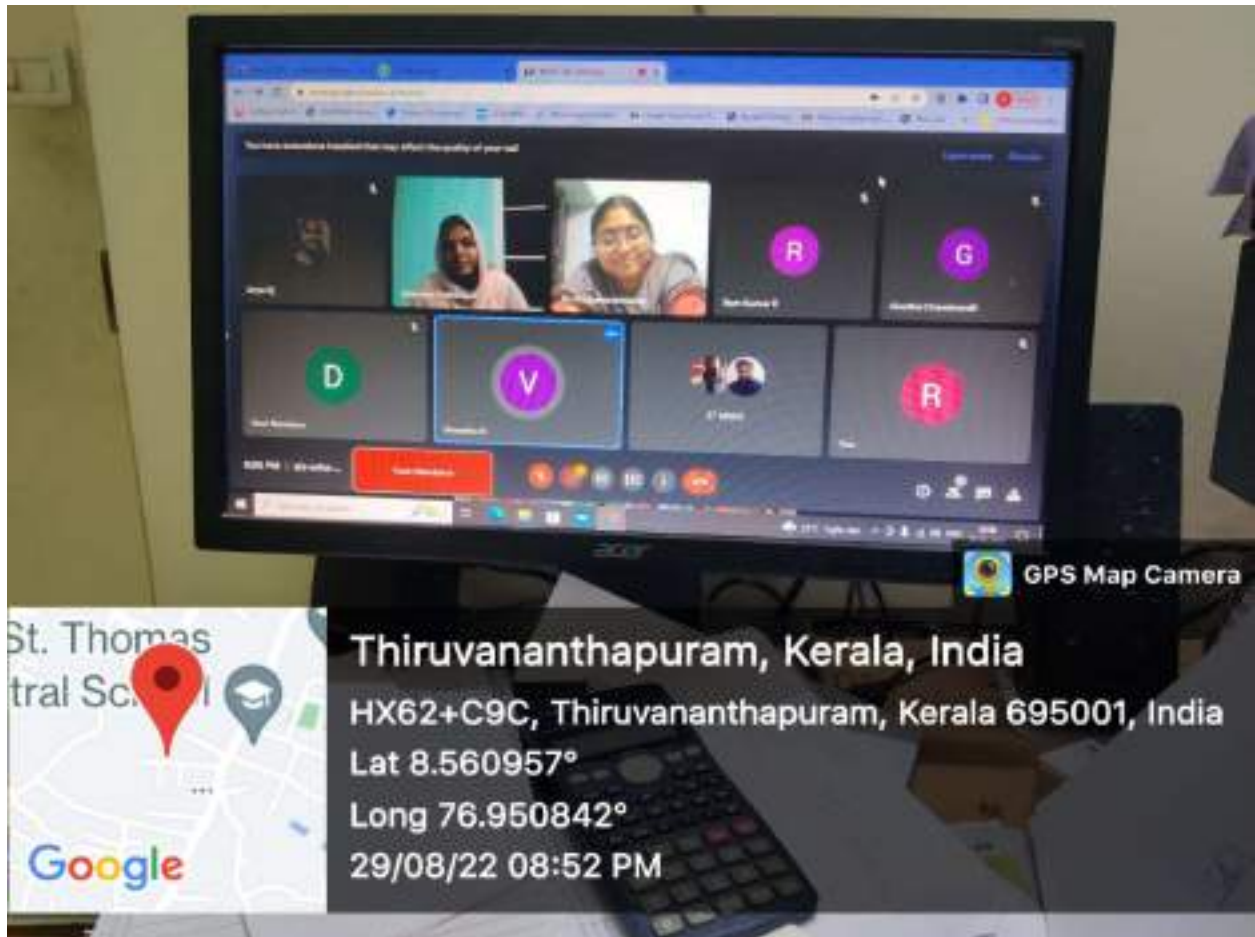
**Thiruvananthapuram, Kerala, India**

HX62+C9C, Thiruvananthapuram, Kerala 695001, India

Lat 8.560992°

Long 76.950768°

29/08/22 08:45 PM



**Thiruvananthapuram, Kerala, India**

**HX62+C9C, Thiruvananthapuram, Kerala 695001, India**

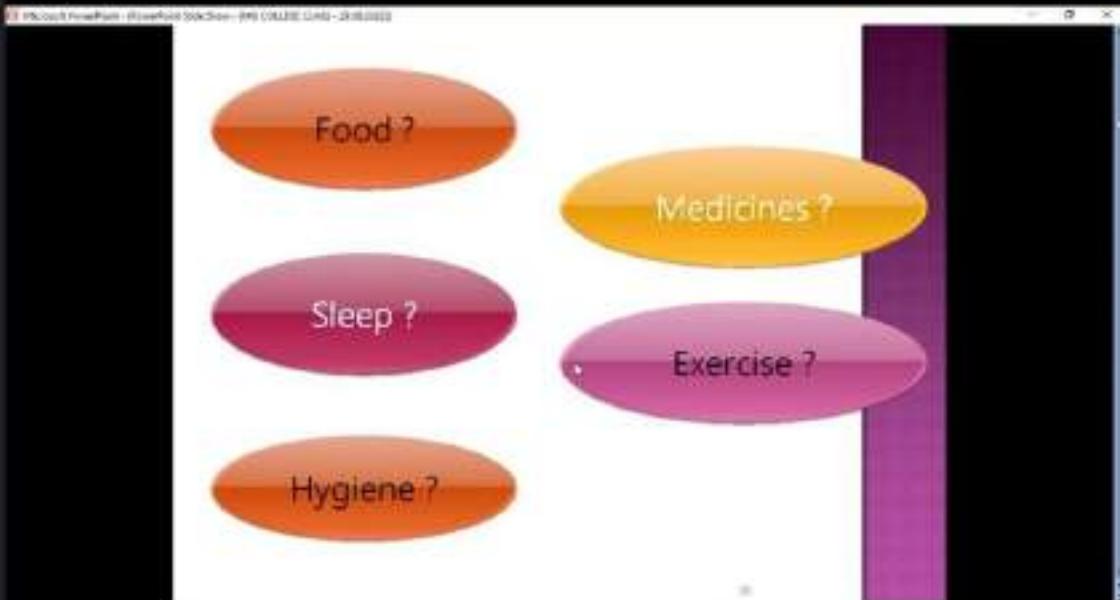
**Lat 8.560957°**

**Long 76.950842°**

**29/08/22 08:52 PM**



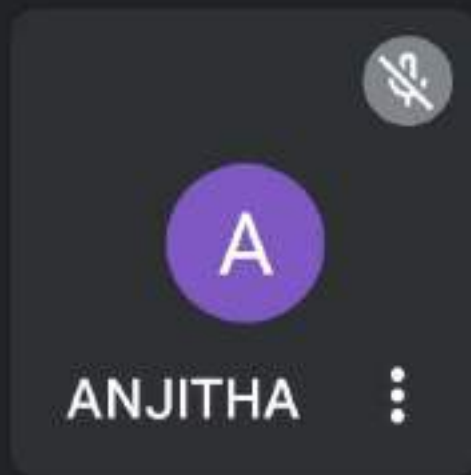
aiz-erha-bze ▶



Shahnaz is presenting

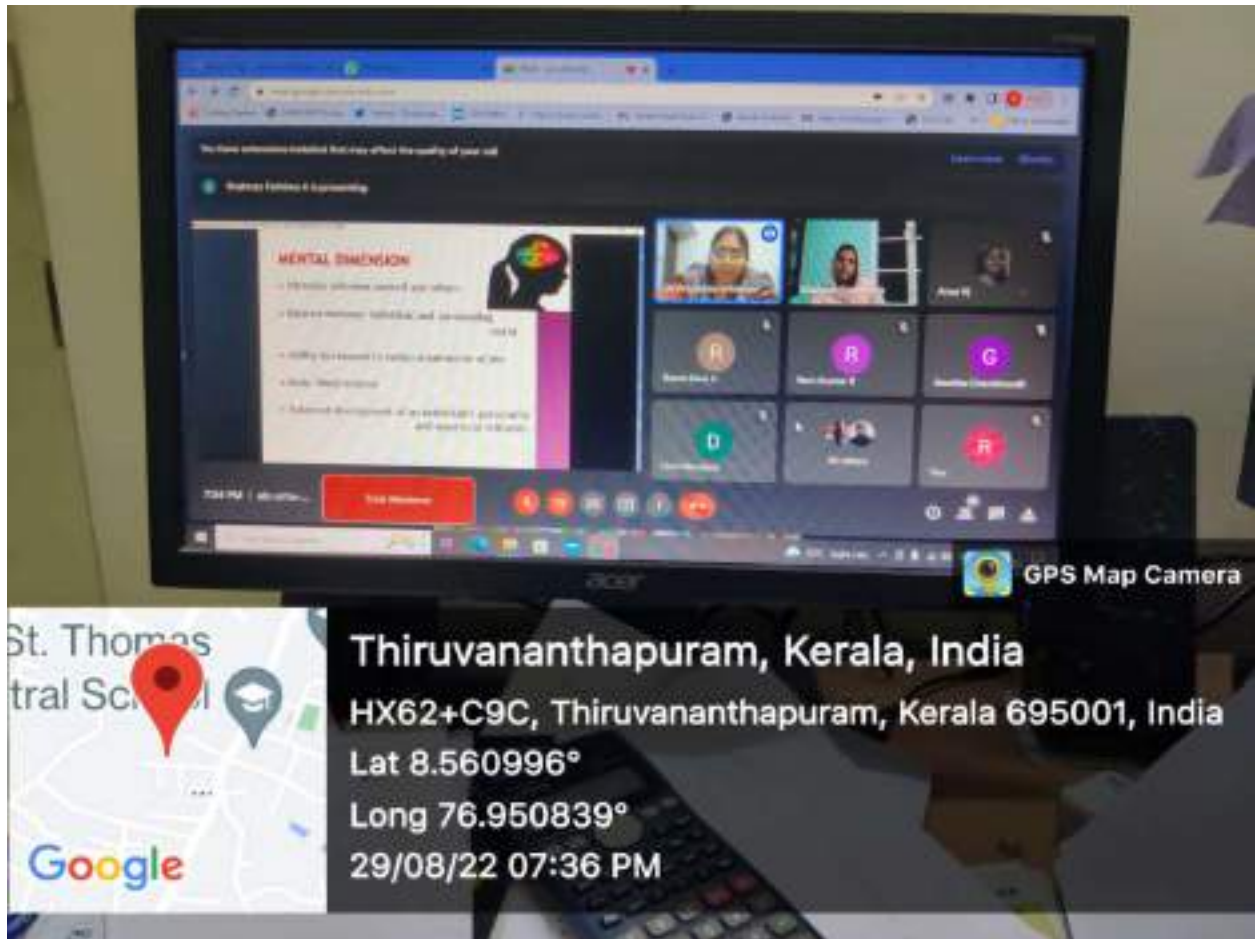


Shahnaz

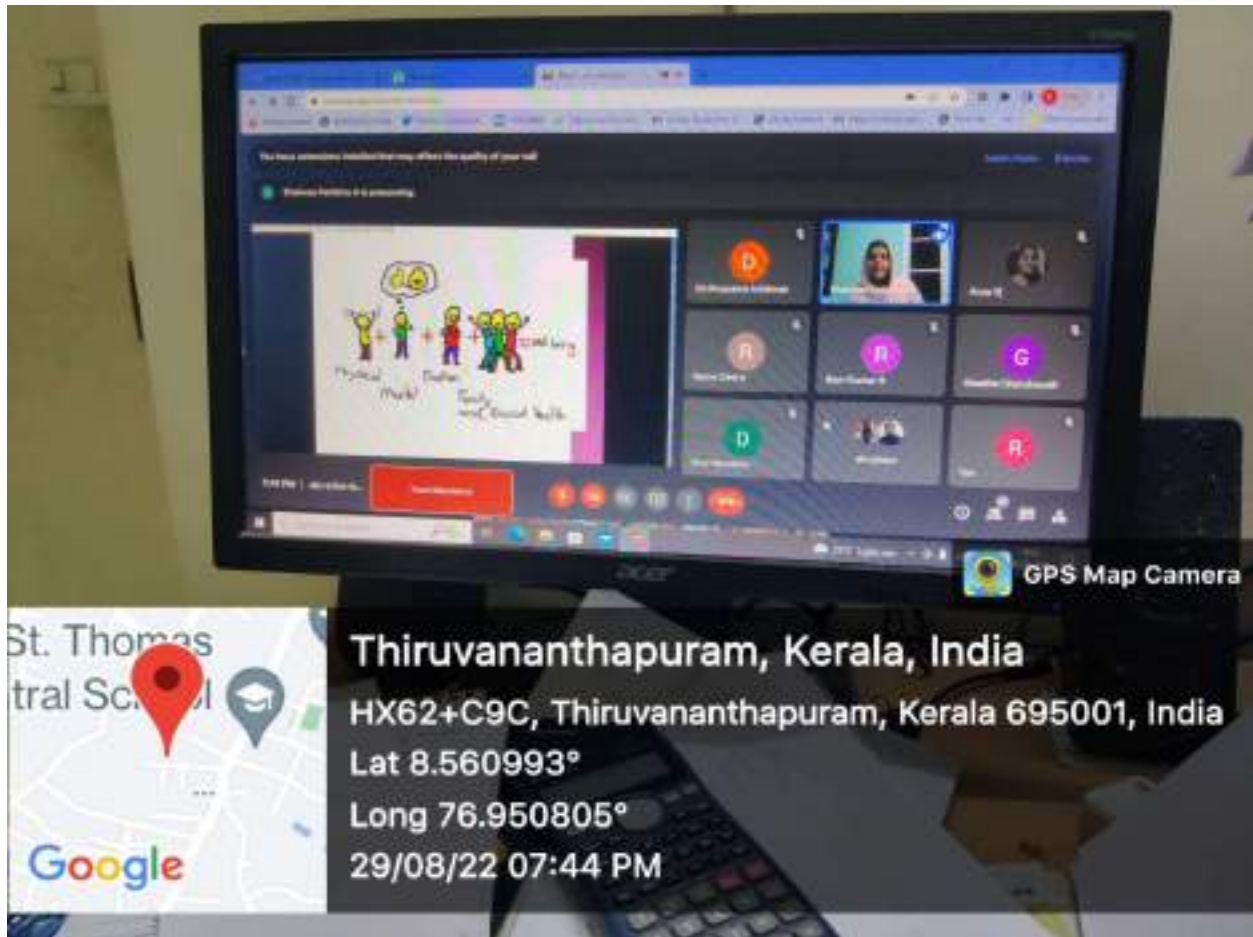


ANJITHA









### List of Participants

1. Aiswarya Thilak
2. Chandraserkhar N
3. Arya P Kumar
4. Annie Valsalan V S
5. Anu Johnson
6. Akhil D
7. Midhun G R
8. Arya V J
9. Varsha L
10. Arya K
11. Akash S
12. Archana A S
13. Sneha G
14. Ramjikrishna R
15. Abhinaya Santhosh

16. Soja S
17. Saranyadevi T S
18. Fathima S
19. Gowri Purushothaman S
20. Pavithra K
21. Lakshmi A S
22. Aiswarya Raj J
23. Avanthika Rajesh
24. Gadha M Lekshmy
25. Gouri R
26. Amruthendu M
27. Anaswara P
28. Arathy R
29. Arshaprasad N
30. Aswani A s
31. Nandu G P
32. Neethu S
33. Sreelekshmi S S
34. Gopika G
35. Gouri
36. M S Athul
37. Nandana S P
38. Haritha G R
39. Kavitha V K
40. Arunima Mohan P
41. Sankar Ganesh
42. Sikha S
43. Veena V Kumar
44. Anishma R
45. Haripriya R V
46. Devika Suresh
47. Gayathri A P
48. Kavya S R
49. Revathy M r
50. Sneha S
51. Sneha Sasi
52. Hridya
53. Anju J U

54. Athira K
55. Deepika T S
56. Jeeva
57. Akash M S
58. Ameera Hussain
59. Abhi M S
60. Bineetha V S

**MAHATMA GANDHI COLLEGE  
THIRUVANANTHAPURAM**



*Research and PG Department of  
Mathematics organizing*

*Webinar on*

*Health and Hygiene*

*Date: 29/08/2022 & Time: 7 PM*

*via Google Meet*

**Programme Schedule**

Prayer : Devi Nandana

Welcome : Dr GEETHA C

(Programme Convenor)

Presidential address : Dr Ramkumar R

(Head of the Department)

Inaugural address : Dr V M Anandakumar

(Principal)

Felicitation : Dr Ratheesh Kumar V K

(IQAC Co-ordinator)

Resource Persons :

Dr Anupama Krishnan  
Associate Professor,  
Vaidyaratnam P.S.Varier Ayurveda  
College,  
Kottakkal.

Dr. Shahnaz Fathima :A  
(BAMS, MD (Ay))  
Lifestyle Coach and Yoga Consultant,  
Heal and Hale Centre for Revitalization.

Vote of Thanks : Dr. Vineetha K.

(Assistant Professor)

*Organising Committee*

Dr Ramkumar R (Head of Department)

Dr Geetha C (Convenor)

*Members*

Dr Radhakrishnan K

Dr Vineetha K

Dr Ullas Chandran S V

Dr Mahesh T V



**Department of Economics**

Mahatma Gandhi College,  
Thiruvananthapuram

**FEBRUARY**

**22 - 25, 2023.**

# MANAGEMENT DEVELOPMENT PROGRAM

in association with

**MSME**

Ministry of  
Micro, Small and Medium Enterprises  
Government of India

**IQAC**

Mahatma Gandhi College,  
Thiruvananthapuram

**&**

**GSB**

Grama Seva Bhavan,  
Thiruvananthapuram



## Organising Committee

Smt. Priya L.G  
Dr. Syamlal G.S.  
Smt. Lalithambika R.  
Smt. Sruthi S.

Dr. B. Anil Kumar  
Dr. Lini G.R.  
Dr. Binu Kumar B.J.  
Dr. Sanoop S.

Department of Economics and IQAC Mahatma Gandhi College is organizing a Management Development Programme from **February 22 – 25, 2023** in association with Ministry of Micro, Small and Medium Enterprises and Grama Seva Bhavan Thiruvananthapuram. This programme is designed to enhance and develop leadership qualities and for ensuring that these acquired skills, knowledge and available resources are optimally utilized.

Dr Nanthyath Gopalakrishnan  
Principal

Dr Syamlal G.S.  
Coordinator

Mrs Priya L.G.  
Head of the Department

### **Programme Schedule**

*Prayer and Acharya Anusmaranam*

Welcome Address : Mrs Priya L.G  
Head of the Department  
Inaugural Address : Dr Nanthyath Gopalakrishnan  
Principal  
Felicitations : Thirupuram Gopan,  
*Chairman, Grama Seva Bhavan*  
: *Dr Ratheesh Kumar V.K.*  
*Coordinator, IQAC*

Vote of Thanks

### **Schedule of Management Development Programme**

February 22, 2023 : **Information Technology and Learning Methods**

*Resource Person : Dr. Vinod A.S.*

February 23, 2023 : **Framework and Process of Strategic Management**

*Resource Person : Dr N. Pradeep Kumar*

**Capacity Building Assessment of Needs**

Resource Person : Dr. J.B. Rajan

February 24, 2023 : **Marketing Management in Globalised Era**

Resource Person : Dr Lissy Bennet

February 25, 2023: **Management Tool for Performance Improvement - 5 S**

Resource Person : Dr Biju S.K

**Relevance of MDP in the Competitive World**

Resource Person : Nishad N.K.

## Subject Experts.....

### **Dr. J. B. Rajan**

*Executive President,  
Kerala Institute for Environment & Development,  
Thiruvananthapuram*

Initiator of Total Quality Management (TQM) in Grama Panchayats and Specialist in Planning, Management, Finance and Development.



### **Dr. Biju S.K.**

*Associate Professor, Department of Commerce,  
Government College, Nedumangadu*  
Expertise in Total Quality Management for Local Governments



### **Dr. Vinod A.S.**

*Assistant Professor, Department of Commerce,  
Mahatma Gandhi College, Thiruvananthapuram*

Two decades of experience in teaching and research with hundred research publications on various management topics



### **Dr. N. Pradeep Kumar**

*Assistant Professor, Department of Commerce,  
Mahatma Gandhi College, Thiruvananthapuram*

Expert in Entrepreneurial Development among 'Gen-X' and enthusiast in Venture Capital Initiatives



### **Dr. Lissy Bennet**

*Assistant Professor, Department of Commerce,  
All Saints' College, Thiruvananthapuram*

Expert in Labour Empowerment and Welfare with special interest in Women at Workplace



### **Nishad N.K**

*Assistant Professor, Department of Commerce,  
Christian College, Kattakada*

Expert in Micro Enterprises for Rural Empowerment



## MANAGEMENT DEVELOPMENT PROGRAM

The Department of Economics and IQAC Mahatma Gandhi College organized a Management Development Programme from February 22 – 25, 2023 in association with the Ministry of Micro, Small and Medium Enterprises, Grama Seva Bhavan Thiruvananthapuram



. This programme was designed to enhance and develop leadership qualities and to ensure that these acquired skills, knowledge and available resources are optimally utilized. The program was inaugurated by Dr J. B. Rajan,( Executive President of Kerala Institute for Environment & Development, Thiruvananthapuram and Initiator of Total Quality Management in Grama Panchayaths and Specialist in Planning, Management, Finance and Development) and our Principal Dr. Gopalakrishnan chaired the inaugural session. The classes were handled by eminent resource persons such as Dr Vinod A.S,( Assistant Professor of the Commerce Department, Mahatma Gandhi College, Thiruvananthapuram), Dr N. Pradeep Kumar, (Assistant Professor of the Commerce Department, Mahatma Gandhi College, Thiruvananthapuram), Dr. Lissy Bennet, (Assistant Professor of the Department of Commerce, All Saints' College, Thiruvananthapuram and the Expert in Labour Empowerment and Welfare with a special interest in Women at Workplace) and Nishad N.K, (Assistant Professor of the Department of Commerce, Christian College, Kattakada and an Expert in Micro Enterprises for Rural Empowerment).

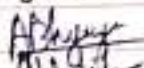
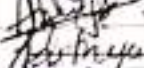
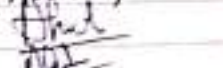
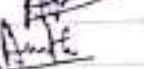
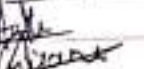

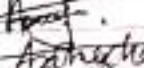

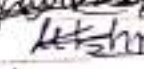
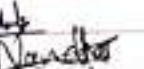
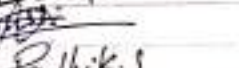
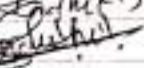



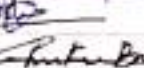

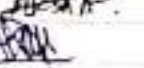








**DEPARTMENT OF ECONOMICS**  
**MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM**

**Attendance Statement of the Management Development Program**

Date: 22/02/2023 -25/02/2023

Venue: Seminar Hall

Sl.No.	Candidate Code	Name	Signature
1.	15020118001	ABHIJAYA V NAIR	
2.	15020118002	ABHIJITH M.S	
3.	15020118003	ADHITHYA K A	
4.	15020118004	AKASH R M	
5.	15020118005	AKHIL S	
6.	15020118006	AMITHA . A . J	
7.	15020118007	ANITA BABU B.S	
8.	15020118008	ANJANA V	
9.	15020118009	ANOKHA S	
10.	15020118010	ANUJA.AJ	
11.	15020118011	ARATHY CHANDRAN V B	
12.	15020118012	ATHUL SURESH	
13.	15020118013	DEVIKA Y S	
14.	15020118014	LEKSHMI S	
15.	15020118015	MEKHA S	
16.	15020118016	NANDANA A S	
17.	15020118017	NIVA A S	
18.	15020118018	RADHIKA R.S	
19.	15020118019	SANDITHA . S . NAIR	
20.	15020118020	SARANYA .G.S.	
21.	15020118021	SRUTHI S.KUMAR	
22.	15020118022	VISHNU. M	
23.	15020118023	ABHIJAY R	
24.	15020118024	ABHINAND S A	
25.	15020118025	ABHINAV KRISHNA D P	
26.	15020118026	ADHITHYA SANKAR A A	
27.	15020118027	AISWARYA V S	
28.	15020118028	AJESH A I	
29.	15020118029	AKASH B MANOHAR	
30.	15020118030	AKHIL S	

31.	15020118031	AMITHRAJITH.S.S	
32.	15020118032	ANANDU. A.S	Anandu.A.S
33.	15020118033	ARATHI B S	Arathi
34.	15020118034	ARATHY A S	Arathy
35.	15020118035	ARAVIND A S	Aravind.A.S
36.	15020118036	ARDRA B S	Ardra B.
37.	15020118037	ASHTAMI A.S	Ashtami
38.	15020118038	ATHIRA .S	Athira
39.	15020118039	BHAGYA S	Bhagya
40.	15020118040	BHAVYA J.S	Bhavya
41.	15020118041	BIMAL S S	Bimal
42.	15020118042	DEVIKA R.H	Devika
43.	15020118043	GANGA P K	Ganga
44.	15020118044	GAUTHAM. B. CHAND	Gautham
45.	15020118045	GAYATHRI S A	Gayathri
46.	15020118046	GOKUL A	Gokul
47.	15020118047	GOWRI M R	Gowri
48.	15020118048	KARTHIKA P. NAIR	Karthika
49.	15020118049	LAKSHMI SURESH	Lakshmi
50.	15020118050	MALAVIKA. A.S	Malavika
51.	15020118051	MEGHA.S.KRISHNAN	Megha
52.	15020118052	NIKHIL P SYAM	Nikhil
53.	15020118053	PRANAY PRASANTH	Pranay
54.	15020118054	PRIYAN PRASANTH	Priyan
55.	15020118055	RESHMA R.G	Reshma
56.	15020118056	ROHITH B	Rohith
57.	15020118057	S GOKUL	S Gokul
58.	15020118058	S SANGEETH SURESH	Sangeeth
59.	15020118059	SANDRA A S	Sandra
60.	15020118060	SARATH S. SUNIL	Sarath
61.	15020118061	SARI S R	Sari
62.	15020118062	SHINI M.S	Shini
63.	15020118063	SNEHA J B	Sneha
64.	15020118064	SREELEKSHMI L	Sreelekshmi
65.	15020118065	SREELEKSHMI V S	Sreelekshmi
66.	15020118066	SWOROOP R.	Sworoop
67.	15020118067	VAISHNAV R G	Vaishnav
68.	15020118068	ANUPAMA S	Anupama



69.	15020118069	ARUNKRISHNAN U V	<i>Arun</i>
70.	15020118070	GOURI G P	<i>Gouri</i>
71.	15020118071	P L KAASINATHAN	<i>P. L. Kaasanthan</i>
72.	15020118072	SIBIN SIMON	<i>Sibin</i>
73.	15020118073	THIRTHA K	<i>Thiritha</i>
74.	15020118074	VAISHAKH V	<i>Vaishakh</i>
75.	15020118075	GOWTHAMLAL	<i>Gowtham</i>
76.	55021118001	ADARSH ANIL	<i>Adarsh</i>
77.	55021118002	ADITHYA S PILLAI	<i>Adithya</i>
78.	55021118003	AISWARYA J R	<i>Aishwarya</i>
79.	55021118004	AKHILA G K	<i>Akhila</i>
80.	55021118005	ANJANA M	<i>Anjana</i>
81.	55021118006	ARJUN J B	<i>Arjun</i>
82.	55021118007	KARTHIKA S	<i>Karthika</i>
83.	55021118008	KRISHNA MURALEEDHARAN	<i>Krishna</i>
84.	55021118009	KRISHNA PRIYA V V	<i>Krishna</i>
85.	55021118010	LAVANYA.S. A	<i>Lavanya</i>
86.	55021118011	LIJIMOL.L. A	<i>Lijimol</i>
87.	55021118012	M M SREELAKSHMI	<i>M. M. Sreelakshmi</i>
88.	55021118013	S MEGHA NAIR	<i>Megha</i>
90.	55021118015	SOUFIYA BADAR	<i>Soufiya</i>
91.	55021118017	VARSHA B M	<i>Varsha</i>
92.	55022118001	A S ADWAITH KRISHNA	<i>A. S. Adwaith</i>
93.	55022118002	AKHILA N S	<i>Akhila</i>
94.	55022118003	ALEX S DAS	<i>Alex</i>
95.	55022118004	ANAGHA DEV S	<i>Anagha</i>
96.	55022118005	ANJANA.S	<i>Anjana</i>
97.	55022118006	ARUN SANKAR S	<i>Arun</i>
98.	55022118007	ELA B	<i>Elab</i>
99.	55022118008	GOURI SANKAR.S	<i>Gouri</i>
100.	55022118009	MEGHA T GIREESH	<i>Megha</i>
101.	55022118010	NANDHU HARIKRISHNAN	<i>Nandhu</i>
102.	55022118011	NOUFIYA N	<i>Noufiya</i>
103.	55022118012	SOORAJ R N	<i>Sooraj</i>
104.	55022118013	SOORYA ASHOK	<i>Soorya</i>
105.	55022118014	SREEDEVI B	<i>Sreedevi</i>
106.	55022118015	SREERAKHI S S	<i>Sreerakhi</i>
107.	55022118016	TEJI J	<i>Teji</i>

# DEPARTMENT OF SOCIOLOGY, MAHATMA GANDHI COLLEGE


## BEADWORK: EXHIBITION AND WORKSHOP

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The Department of Sociology conducted a skill development one-day workshop and exhibition of Beadworks on 15<sup>th</sup> October 2022 in association with Kanthari, an international NGO.






MAHATMA GANDHI COLLEGE,  
THIRUVANANTHAPURAM  
DEPARTMENT OF SOCIOLOGY  
IN ASSOCIATION WITH  
KANTHARI (AN INTERNATIONAL NGO)



BEAD WORK  
EXHIBITION AND WORKSHOP

RESOURCE PERSON  
NANCY MBAURA



 15/10/2022  
 10.00am to 3.30pm  
 CADRRE-The Artism Studio

ALL ARE INVITED



**Kanthari in association with the Department of Sociology, MahatmaVellar Gandhi College, Thiruvananthapuram conducted a bead works exhibition and workshop at CADRRE - The Artism Studio from 10.00 am to 6.00 pm. The workshop was led by Nancy Mbaura, Director of Tamiranashe Trust. Through the Artist Studio Project, CADRRE aspires to celebrate the abilities and talent of individuals on the Autism spectrum while working towards their fruitful engagement through skill development. The participants also got the opportunity to interact with her and learn more about the beauty of beadwork and the objectives of her trust. The main purpose of this exhibition was to raise funds for various organizations around the world. Also, students from our department volunteered for the exhibition. The products crafted by them were put on display at the studio. The sale of the products was also done at our campus with the help of our students.**















<b>Sl.No</b>	<b>Name of the Participants</b>	<b>Designation</b>
<b>1</b>	<b>Dr. Sarita R</b>	<b>Assistant Professor</b>
<b>2</b>	<b>Dr. Subalekshmi G. S</b>	<b>Assistant Professor</b>
<b>3</b>	<b>N K Sunil Kumar</b>	<b>Assistant Professor</b>
<b>4</b>	<b>Anagha B.R.</b>	<b>Student</b>
<b>5</b>	<b>Abheesha Mohan</b>	<b>Student</b>
<b>6</b>	<b>Athira T.</b>	<b>Student</b>
<b>7</b>	<b>Anto C. Das</b>	<b>Student</b>
<b>8</b>	<b>Minesh M.P.</b>	<b>Student</b>
<b>9</b>	<b>Parvathy A.B.</b>	<b>Student</b>
<b>10</b>	<b>Sarath R.S.</b>	<b>Student</b>
<b>11</b>	<b>Rijith Raj R.S.</b>	<b>Student</b>
<b>12</b>	<b>Sachu S.R.</b>	<b>Student</b>
<b>13</b>	<b>Mubeena U.</b>	<b>Student</b>
<b>14</b>	<b>Gowri S.S.</b>	<b>Student</b>
<b>15</b>	<b>Gauri S.Nair</b>	<b>Student</b>
<b>16</b>	<b>Anu P.S.</b>	<b>Student</b>

<b>17</b>	<b>Fayiz A.K.</b>	<b>Student</b>
<b>18</b>	<b>Krishna M.R.</b>	<b>Student</b>

**DEPARTMENT OF SOCIOLOGY, MAHATMA GANDHI COLLEGE**

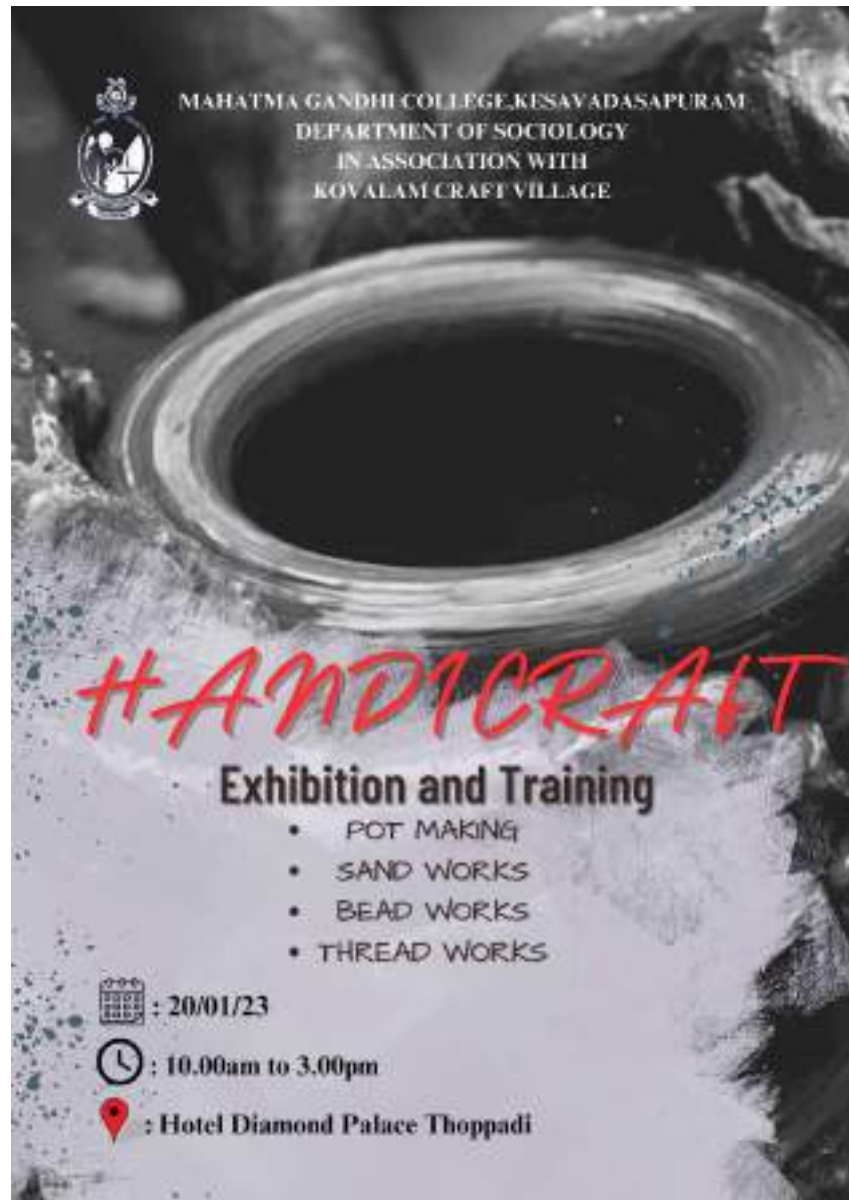
**HANDICRAFTS EXHIBITION AND TRAINING at Vellar, KERALA  
CRAFT VILLAGE.**

---

**Department of Sociology, Mahatma Gandhi College, Kesavadasapuram  
in association with Kovalam Craft Village conducted a handicraft**



exhibition and training to introduce soft skills to the younger



generations.

Various skills such as pot making, bead works, thread, and sand works were introduced to the students and they also got an opportunity to make some by themselves. The program took place on 20<sup>th</sup> January 2023 at craft village, vellar. Two faculty members and 48 students from the Department of Sociology attended the session. The craft village is a space with dedicated facilities for traditional artisans to work and market their

**finished products. Our students got an opportunity to meet the artisans and could understand the traditional craft skills-making techniques from them. They enjoyed the training program with high enthusiasm and energy.**





GPS Map Camera



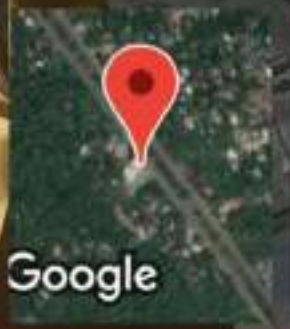
**Thiruvananthapuram, Kerala, India**

Thoppadi, Pachalloor - Kovalam Rd,  
Thiruvananthapuram, Kerala 695027, India

Lat 8.418654°

Long 76.96637°

20/01/23 12:41 PM GMT +05:30



**Thiruvananthapuram, Kerala, India**

Thoppadi, Pachalloor - Kovalam Rd,

Thiruvananthapuram, Kerala 695027, India

Lat 8.418693°

Long 76.966514°

20/01/23 12:52 PM GMT +05:30

GPS Map Camera

Google



Sl.No.	Name of the Student/Visitor & Institution	Course in which studying	Year of Study	Mobile Number
1	Abhishek J Santhosh M G College	B A Sociology	2021-2024	8086583306
2	Adarsa M A M G College	B A Sociology	2021-2024	9495774775
3	Adhya S M G College	B A Sociology	2021-2024	7736645975
4	Akhil A.S M G College	B A Sociology	2021-2024	8129647600
5	Akshay A J M G College	B A Sociology	2021-2024	9207619085
6	Anurag S M G College	B A Sociology	2021-2024	9633196452
7	Adith S M G College	B A Sociology	2021-2024	8304807960
8	Anjali R S M G College	B A Sociology	2021-2024	9495128400
9	Abhiram K R M G College	B A Sociology	2021-2024	6238187893
10	Amrutha S M G College	B A Sociology	2021-2024	8281101542
11	Devukrishna S I M G College	B A Sociology	2021-2024	8590614505

12	G Keerthana Varma M G College	B A Sociology	2021-2024	9400409046
13	Nirupama A V M G College	B A Sociology	2021-2024	7736856117
14	Nandhana S Krishna M G College	B A Sociology	2021-2024	9562359663
15	Raveena B M G College	B A Sociology	2021-2024	9400019706
16	Soorya S Prakash M G College	B A Sociology	2021-2024	8089979163
17	Athul S M G College	B A Sociology	2021-2024	9188019970
18	Parvathy K S M G College	B A Sociology	2021-2024	9778174217
19	Megha S Vijayan M G College	B A Sociology	2021-2024	7736932023
20	Chithra K M G College	B A Sociology	2021-2024	8848530554
21	Jincy S M G College	B A Sociology	2021-2024	9778592714
22	Lakshmi M M G College	B A Sociology	2021-2024	9746619409
23	Aryanandana C K M G College	B A Sociology	2021-2024	7559890197
24	Gargi P S M G College	B A Sociology	2021-2024	8078317300

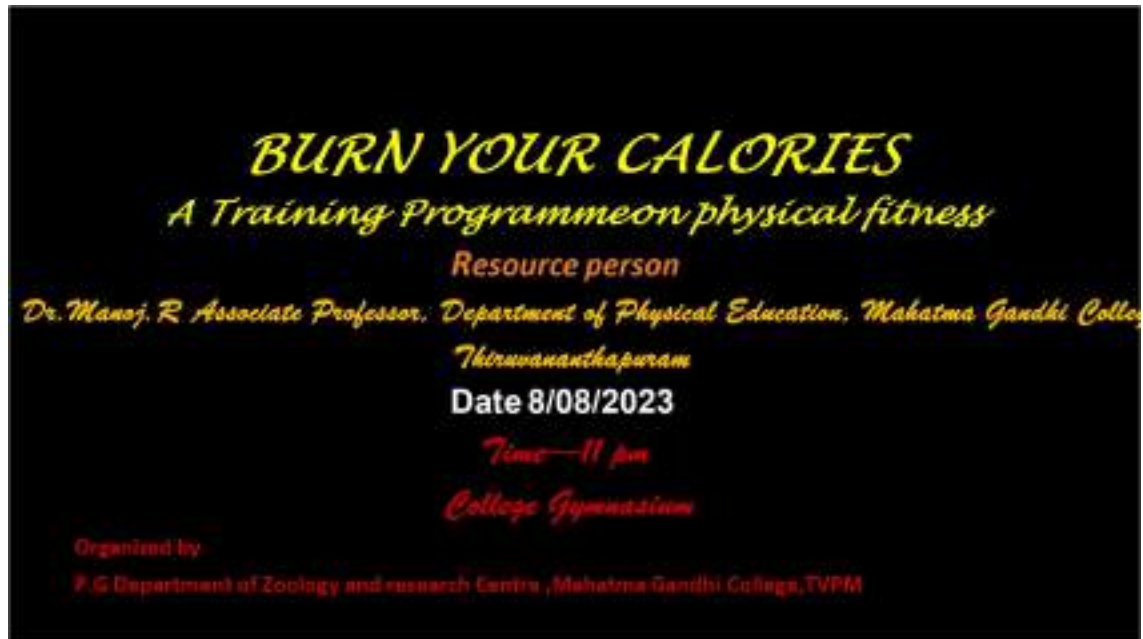


25	Jyothika Suresh M G College	B A Sociology	2022-2025	8848041515
26	Evan Aby Paul M G College	B A Sociology	2022-2025	9947277225
27	Nandana B S M G College	B A Sociology	2022-2025	9656445825
28	Navami V M G College	B A Sociology	2022-2025	7560841361
29	Meenakshi Mohan M G College	B A Sociology	2022-2025	8547767230
30	Amal M G College	B A Sociology	2022-2025	9947412171
31	Rasna M G College	B A Sociology	2022-2025	9946458566
32	Jesna Mary M G College	B A Sociology	2022-2025	7736995026
33	Krishnan Unni M G College	B A Sociology	2022-2025	8089164551
34	Athulya V M G College	B A Sociology	2022-2025	8590729767
35	Gopika Mukesh M G College	B A Sociology	2022-2025	8848473155
36	Nidhija M Joy M G College	B A Sociology	2022-2025	8075846711
37	Tiya V S M G College	B A Sociology	2022-2025	9847450456



38	Soorya S K M G College	B A Sociology	2020-2023	95672 91301
39	Abhirami J S M G College	B A Sociology	2020-2023	79941 28151
40	Anandhu S M G College	B A Sociology	2020-2023	9074818016
41	Kavya Raj M R M G College	B A Sociology	2020-2023	70342 84748
42	Harishma A M G College	B A Sociology	2020-2023	85907 40755
43	Anjana Deepesh M G College	B A Sociology	2020-2023	77365 40855
44	Hanna Shibu M G College	B A Sociology	2020-2023	99461 81540
45	Niranjana M G College	B A Sociology	2020-2023	88481 61030
46	Athira J Kumar M G College	B A Sociology	2020-2023	92885 07793
47	Balasurya B Nair M G College	B A Sociology	2020-2023	9495962510
48	Charleen C M G College	B A Sociology	2020-2023	77367 02406

# BURN YOUR CALORIES



## REPORT

**Date:**8/08/2023

**Beneficiaries:** Students of First semester BSc Zoology

**Objective:** The major objective of this activity was to give awareness to students about the expenditure of calorie during physical activities.

**Resource person:** Dr.Manoj.R, Associate Professor, Department of Physical Education, Mahatma Gandhi College, Thiruvananthapuram

**About the Activity:** Obesity is one of the major health problems in our population. Aerobic activities help in the utilization of excess nutrients in our body stored in the form of carbohydrate and fat. Generally, at least 30 minutes of moderate physical activity every day will help to burn excess energy and thereby helps to lose weight. Treadmill and exercise cycle in gymnasium gives precise indications on the calories burned in the device's screen. This information helped

students to know about the caloric levels during exercise.20 students participated the programme.







Sl. No.	Name	Signature	Class
1	Kavya T R		SI Zoology (1074)
2	Aradhya A		"
3	Adithyan A V		"
4	Surya S K		"
5	Nikhil S		"
6	Ashuk Buvanarabalu		"
7	Nihal R Muhammed		"
8	Gayathri S G		"
9	Lekshmi Jayan		"
10	Pavathy A I		"
11	Archa M S		"
12	Bhavya P P		"
13	Ananya B Anil		"
14	Nandana S S		"
15	Vyshnavi M Prakash		"
16	Ashika S		"
17	Mohammad Farzal F		"
18	Ahmal S S		"
19	Ashika A		"
20	Itanush P		"