

5.1.2. Report of Capacity Development and Skill Enhancement Initiatives

(2019 – 20)

MAHATMA GANDHI COLLEGE THIRUVANANTHAPURAM

CRITERION:5 – KEY INDICATOR: 5.1


5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following 1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. Awareness of Trends in Technology

Sl. No.	Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)	Category
2019-20					
1	Terrarium making	2019-2020	50	Dept. of Botany in association with IQAC	Soft Skills
2	Soft Skill Development in Budding, Grafting, and Layering Techniques	2019-2020	50	Dept. of Botany in association with IQAC	Soft Skills
3	The Student Blog, an online platform initiated by students	Mar-20		Dept. of Physics in association with IQAC	Soft Skills
4	SVEZDA 2019 – Celebration of World Space Week	09-10-2019	18	Dept. of Physics in association with IQAC	Language and Communication skills
5	WORKSHOP ON TIE AND DYE	13-07-2019	27	Dept of Sociology & KANTHARI INTERNATIONAL NGO: AN INTERNATIONAL INSTITUTE FOR TRAINING AND LEADERSHIP,VELLAYANI,TVPM	Soft Skills
6	Taste the Magical Power of success	19-08-2019	48	Dept of Zoology & Sreeraj Parakkal,Bishop Jerome Institute,,School of Engineering ,Kollam	Soft Skills
7	Programme on Health and Fitness	15-01-2020	25	Dept of Zoology & Manoj.R,Mahatma Gandhi College, Thiruvananthapuram	Life Skills

8	BASIC CONCEPTS OF LANGUAGE SKILL(MAL)	02-09-2019	55	Dept of Malayalam in association with IQAC	Language and Communication skills
9	SANSKRITHAPARICHAYA (SANSKRIT)	03-12-2019	20	Dept of Malayalam in association with IQAC	Language and Communication Skills


 Principal
 Mahatma Gandhi College
 Thiruvananthapuram

Capacity building and skills enhancement initiatives: Soft skills Program on Terrarium Making conducted by Department of Botany, 9th July 2019

**MAHATMA GANDHI COLLEGE
THIRUVANANTHAPURAM** 

DEPARTMENT OF BOTANY

TERRARIUM MAKING PROGRAMME

In our commitment to promoting sustainable practices and creative initiatives, we are excited to announce a workshop on "Terrarium Making". Explore the enchanting world of miniature ecosystems at our Terrarium Making workshop. Join us to learn the art of crafting vibrant and self-contained plant habitats, bringing a touch of nature into your living space.

Resource Person:
Dr. Remya Krishnan,
Assistant Professor
Botany, NSS College,
Cherthala.

Date: 9th July 2019
Time: 1.30 PM
Venue: B Sc. Botany
Lab (MG College,
TVM)


Principal
Mahatma Gandhi College
Thiruvananthapuram

Report on Terrarium Making conducted by Dept of
Botany on 13/07/2019

Introduction:

Terrariums are self-contained miniature ecosystems that provide a natural habitat for plants and sometimes small animals. The purpose of this report is to document the preparation of a terrarium in Mahatma Gandhi College. The programme was conducted by Dr. Remya Krishnan, Assistant Professor Botany, NSS College, Cherthala, in the BSc. Botany Lab at 1.30 PM. 49 students attended the programme. The terrarium was designed to serve as an educational tool and a visually appealing addition to the college's environment.

Objectives:

The main objectives of preparing the terrarium were as follows:

- Create a sustainable ecosystem within a glass container.
- Promote environmental awareness and educate college students about the importance of ecosystems.
- Enhance the aesthetic appeal of the college environment.

Materials Used:

The following materials were used in the preparation of the terrarium:

- Glass container
- Gravel: Used as a drainage layer.
- Activated charcoal: To filter the water and prevent odours.
- Potting soil: Provides nutrients for plant growth.
- Various plants: Chosen for their compatibility and ability to thrive in the terrarium environment.
- Decorative elements: Rocks, pebbles, and other natural elements for aesthetic purposes.
- Spray bottle: Used for watering the terrarium.
- Tools: Trowel, gardening gloves, and a small rake for planting and arranging the terrarium.

Methodology: The terrarium was prepared following these steps:

Step 1: Container Preparation:

- The glass container was thoroughly cleaned and dried to ensure a clean environment for the plants.

Step 2: Layering:

- A layer of gravel was added to the bottom of the container to facilitate drainage.
- Activated charcoal was then placed on top of the gravel layer to prevent water stagnation and odors.
- A layer of potting soil was added on top of the charcoal to provide nutrients for plant growth.







Step 3: Plant Selection and Placement:

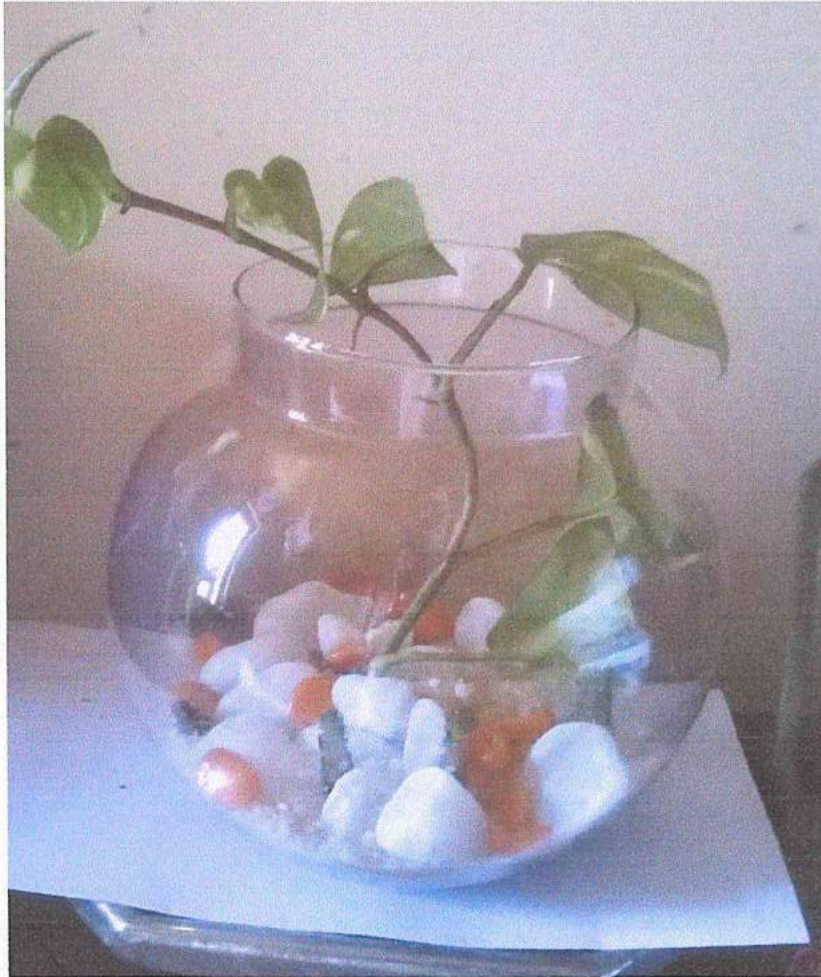
- A variety of plants suitable for terrarium environments were selected, considering their light and humidity requirements.
- The plants were carefully arranged within the container, taking into account their growth habits and visual appeal.

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Step 4: Decoration:

- Decorative elements such as rocks, pebbles, and natural elements were added to enhance the visual appeal of the terrarium.

- Step 5: Maintenance Guidelines:

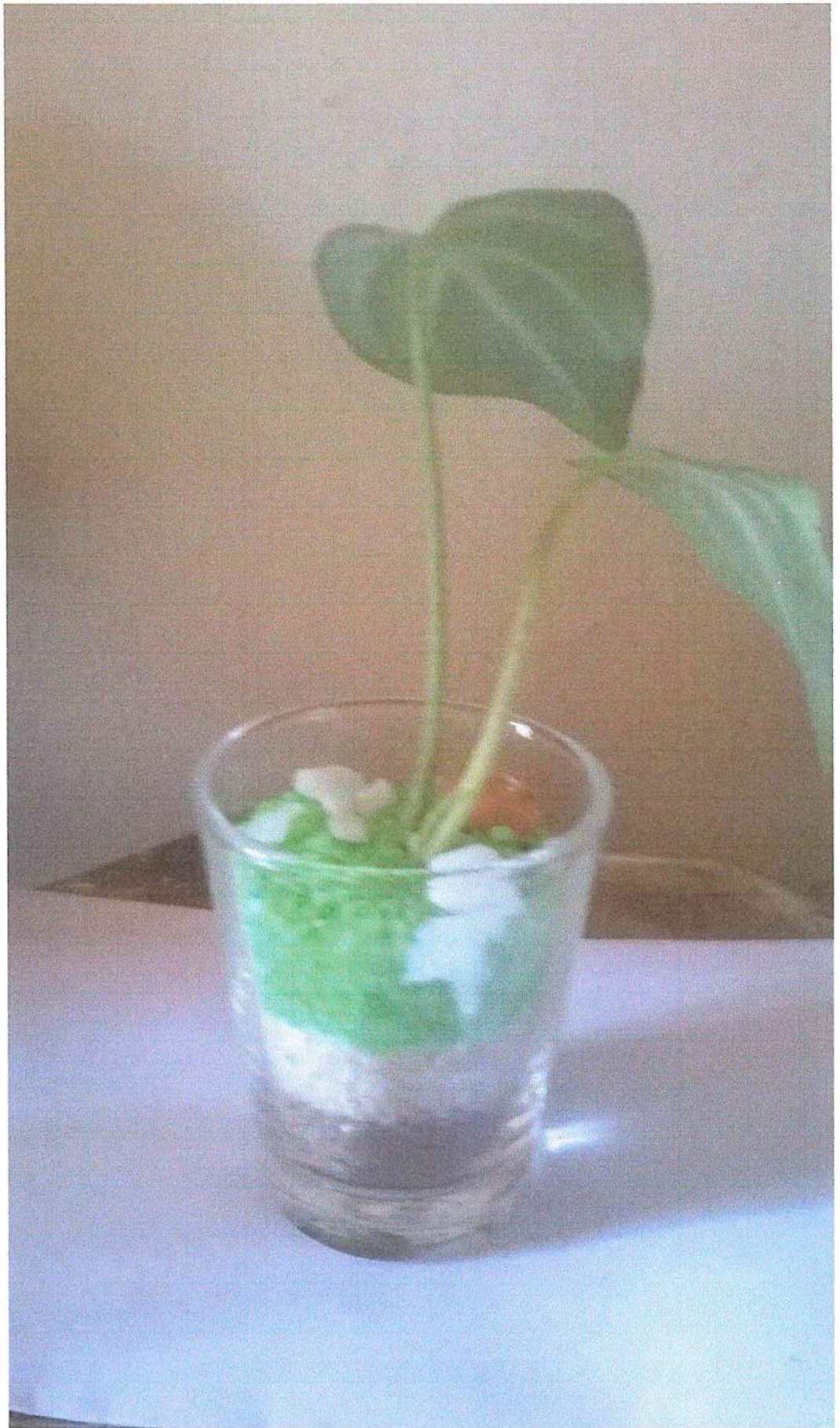


- A set of maintenance guidelines were created and attached to the terrarium, providing instructions on watering, light requirements, and other essential care instructions.
- The guidelines were designed to educate and engage college students in the process of maintaining the terrarium.



Results and Discussion:

The prepared terrarium serves as an eye-catching addition to the college environment. It provides an opportunity for students to learn about the importance of ecosystems and the interdependencies of plants and animals. The terrarium also adds a touch of greenery and natural beauty to the surroundings, contributing to a more pleasant atmosphere on campus.





Conclusion:

The preparation of the terrarium in Mahatma Gandhi College was successfully completed, meeting the objectives of creating an educational and visually appealing display. The terrarium serves as a valuable tool for educating students about ecosystems and promoting environmental awareness. It is hoped that this initiative will inspire students to appreciate and care for the natural world.

Recommendations:

- Regular monitoring and maintenance of the terrarium should be conducted to ensure the health and well-being of the plants.
- Consider organizing workshops or educational sessions to provide students with a deeper understanding of terrariums and their role in the environment.
- Explore the possibility of expanding the terrarium collection or incorporating other forms of indoor gardens to further enhance the college environment.




Principal
Mahatma Gandhi College
Thiruvananthapuram

PARTICIPANTS

S.L. NO.	Name	Signature
1.	AKHU A.S.	<u>Akhil</u>
2.	Anjuna K	<u>Anjuna</u>
3.	Gokul Gopinath	<u>Gokul Gopinath</u>
4.	JASMIN S.K	<u>Jasmin</u>
5.	Neesaja A.S.M.	<u>Neesaja</u>
6.	Neetha M.T	<u>Neetha</u>
7.	SOORYA SURESH	<u>Soorya</u>
8.	Rishna S	<u>Rishna</u>
9.	Anisamol Binu	<u>Anisamol</u>
10.	Ashwathy R	<u>Ashwathy</u>
11.	Ganga M.S	<u>Ganga</u>
12.	Prayan M	<u>Prayan</u>
13.	Subhin B	<u>Subhin</u>
14.	Sarabhi S.K	<u>Sarabhi</u>
15.	Rahil Chandran	<u>Rahil</u>
16.	Arsha J.S	<u>Arsha</u>
17.	Aiswarya M.S	<u>Aiswarya</u>
18.	Azimu V.S	<u>Azimu</u>
19.	Alhira S.J	<u>Alhira</u>
20.	Malavika S	<u>Malavika</u>

Sl. No	Name	Signature
21.	Shilpa. K.V	
22.	Vaishnav. V.L	
23.	Abhith Kumar. A.V	
24.	Amal. G. Krishnan	
25.	Ananditha. D	
26.	Aparna. S.D	
27.	Karthika Mohan	
28.	Navya. B.S	
29.	Sufina Nanshad	
30.	Anakha. A. Nair	
31.	Arya. A.S	
32.	Lechmi. S.S.	
33.	Aiswarya. S.P	
34.	Aiswarya. S	
35.	Aashu. S.A	
36.	Devendu. B.S.	
37.	Jancy. C.S.	
38.	Parvathy. M.J	
39.	Neesaja. M.R.	
40.	Aparna. M.S. T.M	
41.	Suraj. M.	
42.	Reshma Baiju. S.R	
43.	Nikhitha Nayan.	
44.	Manjima. Krishnan. R.S.H.	
45.	Ankil. A.S.	
46.	Anuja. T.L.	
47.	Amal. V.	
48.	Anjima. Binoy.	
49.	Pooja Ajith.	
50.	Mohammed Shan.S	
51.		

Capacity building and skills enhancement initiatives: Soft skills Program on Budding, Grafting and layering techniques conducted by Department of Botany, 9th October 2019

**MAHATMA GANDHI COLLEGE
THIRUVANANTHAPURAM**



DEPARTMENT OF BOTANY

**Soft Skill Development in Budding,
Grafting, and Layering Techniques**

Join us for our
Budding,
Grafting, and Layering
Techniques

Technique session to delve into the art of gardening and learn how to combine diverse plant species for increased resilience and growth. Come along to learn the techniques of effective grafting and to explore the endless possibilities of plant multiplication.

Date: 4th October
2019

Time: 2.30 PM

Venue: B Sc. Botany
Lab (MG College,
TVM)

Resource Person: Dr. Meenu
Krishnan V G, Assistant
Professor Botany, NSS
College, Cherthala.

Soft Skill Development in Budding, Grafting, and Layering Techniques

Introduction:

The budding, grafting, and layering workshop for botany students was conducted with the aim of providing hands-on training on various propagation techniques. The workshop for 50 students focused on enhancing the practical skills of the participants and deepening their understanding of plant propagation methods was led by Dr. Meenu Krishnan V G, Assistant Professor Botany, NSS College, Cherthala.

. The event aimed to equip botany students with the knowledge and skills required for successful propagation of plants through budding, grafting, and layering.

Objectives:

To familiarize students with the principles and techniques of budding, grafting, and layering. To develop the practical skills necessary for performing these propagation methods. To understand the advantages and limitations of each technique. To promote awareness of the importance of plant propagation for horticulture, agriculture, and conservation purposes.

Workshop Structure:

a. The workshop began with an introductory session, where the participants were given an overview of the three propagation techniques: budding, grafting, and layering. The importance of these methods in plant propagation and their applications in different contexts were discussed.

b. Theoretical sessions were conducted to provide in-depth knowledge about the principles, tools, and materials used in budding, grafting, and layering. Various plant species suitable for each technique were also highlighted, along with their specific requirements.

c. Hands-on practical sessions formed the core of the workshop, allowing participants to practice the techniques under the guidance of experienced instructors. The students were divided into smaller groups to ensure individual attention and proper supervision during the practical exercises.

d. Each participant was provided with the necessary equipment and materials, including budding knives, grafting tape, rooting hormone, pots, and appropriate plant cuttings for layering.

e. The practical sessions covered the following activities:

- **Budding:** Participants were instructed on different budding methods such as T-budding and chip budding. They learned how to select appropriate rootstock and scion, make precise cuts, and secure the buds in place using grafting tape.

- **Grafting:** The participants were trained in whip-and-tongue grafting and cleft grafting techniques. They learned about the compatibility of different plant species and practiced making graft unions using proper alignment and wrapping techniques.
- **Layering:** The workshop included demonstrations and hands-on experience in air layering and simple layering. Participants learned how to select suitable branches, wound them, apply rooting hormone, and secure the layer with a growing medium and protective covering.

4. Expert Guidance:

The workshop benefited from the expertise of experienced horticulturists and botanists who served as instructors. They shared their knowledge, insights, and practical tips with the participants, ensuring a comprehensive learning experience. The experts provided individual feedback and guidance during the hands-on sessions, assisting the students in overcoming challenges and improving their technique.

5. Conclusion:

The budding, grafting, and layering workshop for botany students proved to be highly informative and valuable. The participants acquired practical skills in these propagation techniques and gained a deeper understanding of their application in horticulture and plant conservation. The hands-on nature of the workshop enabled students to develop confidence in performing these techniques independently.

6. Feedback and Evaluation:

Participants were given feedback forms to evaluate the workshop. The feedback received was overwhelmingly positive, with participants expressing their satisfaction with the knowledge gained and the quality of instruction. Suggestions for

improvement included incorporating additional advanced techniques and extending the duration of the workshop.

7. Future Considerations:

Based on the success of this workshop, it is recommended to conduct similar events regularly to further enhance the practical skills of botany students. Moreover, it would be beneficial to organize advanced workshops focusing on specific aspects of plant propagation, such as grafting of rare plant species or specialized layering techniques.

Overall, the budding, grafting, and layering workshop provided an enriching experience for the participating botany students, equipping them with valuable skills and knowledge that will contribute to their academic and professional growth in the field of botany and plant propagation.




Principal
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Participants

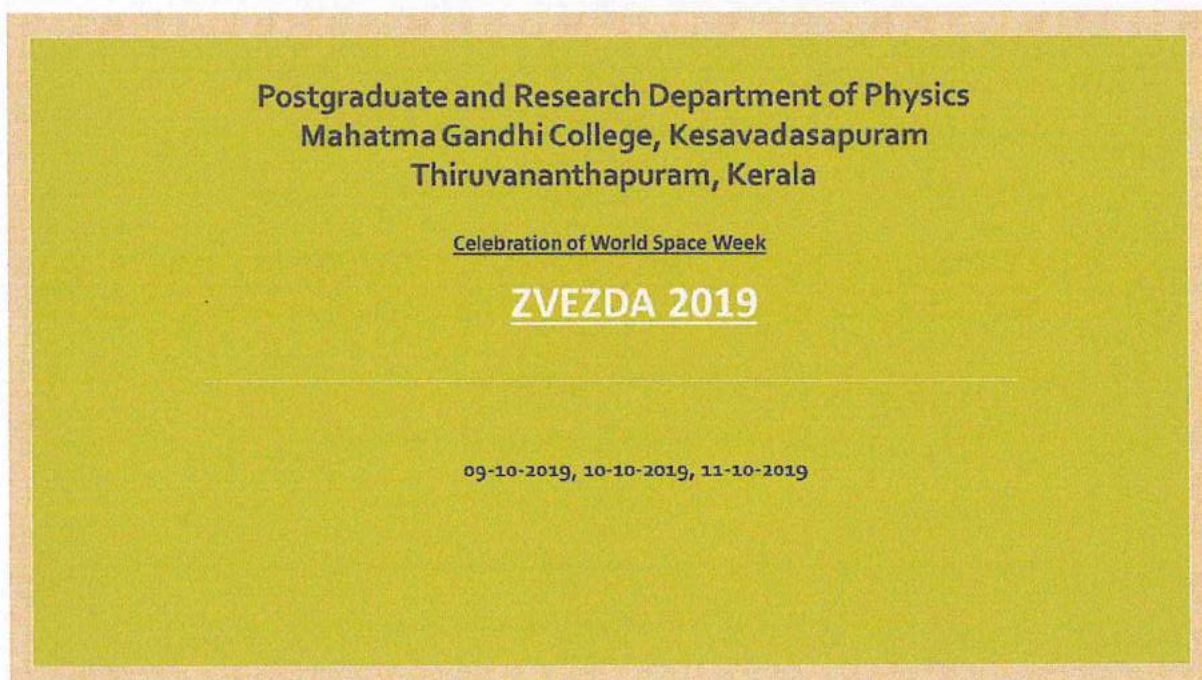
Sl. no:	Name	Signature
1.	Aparna . B	<u>Aparna</u>
2.	Aparna . S . B	<u>Aparna</u>
3.	Sajina . S . S.	<u>Sajina</u>
4.	Prabha . T.	<u>Prabha</u>
5.	Malavika . S.	<u>Malavika</u>
6.	Govindapada . B . S	<u>Govindapada</u>
7.	Vaishnav . B . L.	<u>Vaishnav</u>
8.	Abijith . Kumar .	<u>Abijith</u>
9.	Abhisami . R . S .	<u>Abhisami</u>
10.	Ardna . J . S .	<u>Ardna</u>
11.	Dhara Krishna . R . R .	<u>Dhara</u>
12.	Negharath A	<u>Negharath</u>
13.	Archa J . S	<u>Archa</u>
14.	Susmita B	<u>Susmita</u>
15.	Priyanka N	<u>Priyanka</u>
16.	Jeeva Manukeya	<u>Jeeva</u>
17.	Changa M . S	<u>Changa</u>
18.	P . Swasthi K .	<u>P . Swasthi</u>
19.	Arya Anantha S . T	<u>Arya Anantha</u>
20.	Anumol Bina	<u>Anumol</u>

Sl. no:	Name	Signature
21	Vaishak R. Nair	Vaishak
22	SURYA SURESH	Surya
23	Akhila B.S.	Akhila
24	Abhikami A.R	Abhikami
25	Bimi M.S	Bimi
26	Sangeetha S.R	Sangeetha
27	NIKHILAN . A	Nikhilan
28	Devendra B.S	Devendra
29	Raja Ajith	Raja
30	Anoja T.L	Anoja
31	Aswani Nima Nair	Aswani
32	Greesbma G.S. Nair	Greesbma
33	Kailas Math H	Kailas
34	Parameswar V.A	Parameswar
35	Paiza Sadafullien	Paiza
36	Soorya chitt S	Soorya
37	Southi Raj L.	Southi
38	Kaishna M.R	Kaishna
39	Dhanakrishna R.B	Dhanakrishna
40	B. Kambika Krishnan	Kambika
41	Anandhitha D	Anandhitha
42	Abhikami R.S	Abhikami
43	Neetha M.T	Neetha
44	Jasmin S.K	Jasmin
45	ANITHA S.S	Anitha
46	Anjana K	Anjana
47	Penathy B.R.	Penathy
48	Subina B	Subina
49	Rahul Chandan C.S	Rahul
50	VISHNU KARI H	Vishnu

**Capacity building and skills enhancement initiatives: Language and Communication skills
Program on Celebration of Space Week conducted by Department of Physics, 9th to 11th
October 2019**

**Department of Physics, Mahatma Gandhi
College**

ZVEZDA 2019 – Celebration of World Space Week



The World space week of the year 2019 was observed by the Department of Physics with various activities by students.

Trip to VSSC:

A study trip to Vikram Sarabhai Space Centre was conducted on 09-10-2019. Two KSRTC buses were hired for the transport. The students visited the Space museum and witnessed the launch of a sounding rocket. A quiz competition based on the visit was conducted in the VSSC premises on the same day by the students.

Mobile Science Museum in Campus:

The mobile science exhibition unit of Kerala State Science and Technology Museum was hired to be host in the campus on 10th and 11th of October 2019. Inaugurated by hon. Principal, the facility was enjoyed by students and staff of the college.



The Quiz in VSSC Campus



Mobile Exhibition van in College campus

Science Exhibition:

A science exhibition was conducted in College Auditorium with posters, still models, working models etc. prepared by the students. As part of that a poster-making competition with the topic 'Moon: Gateway to the Stars' was conducted. The session got overwhelming reception from the student and teacher community. The students involved in the volunteering on the science content delivery got a good opportunity to improve their communication skills.



Movie Discussion:

A session on discussing various scientific aspects in popular movies was conducted on 11-10-2019. Various clips from different movies were shown and participants were asked to comment on the scientific accuracy of the content. The program was helpful in enhancing critical and analytical skills in students.


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Thiruvananthapuram

Capacity building and skills enhancement initiatives: Language and Communication Program on The Student Blog, an online platform, initiated by students conducted by Department of Physics, 9th July 2019

A report on Student Blog: Phusis

The Student Blog, an online platform initiated by students from March 2020 and managed by department of physics MG college, is a hub for creative expression and critical thinking, sharing ideas, perspectives on different kind of topics and broadening their horizons of thinking capacity.



The Student Blog showcases a wide array of content, including articles, poetry, short stories. Students contribute to the blog, covering subjects such as science, literature, technology, social issues, and more. This diverse content creates a dynamic space that appeals to a broad audience, promoting inclusivity and diversity of thought. Through the blog, students have the opportunity write about their topics of personal interest, enabling them to explore subjects beyond the confines of the curriculum. It serves as a complementary platform to formal education, fostering lifelong learning and curiosity.

The blog empowers students to share their thoughts and opinions openly, encouraging them to voice their ideas without fear of judgment. By providing a platform for expression, it nurtures confidence, communication skills, and critical thinking among the student contributors. Students from other department has also informed their interest to write in the blog due to it's impact.

The Student Blog continues to stand as a brand of the power of student-driven initiatives in promoting creativity, expression, and community engagement. They have created a supportive community where students interact, collaborate and exchange feedback on each other's work. By providing a platform, the blog empowers students to become confident, articulate, and socially aware individuals.

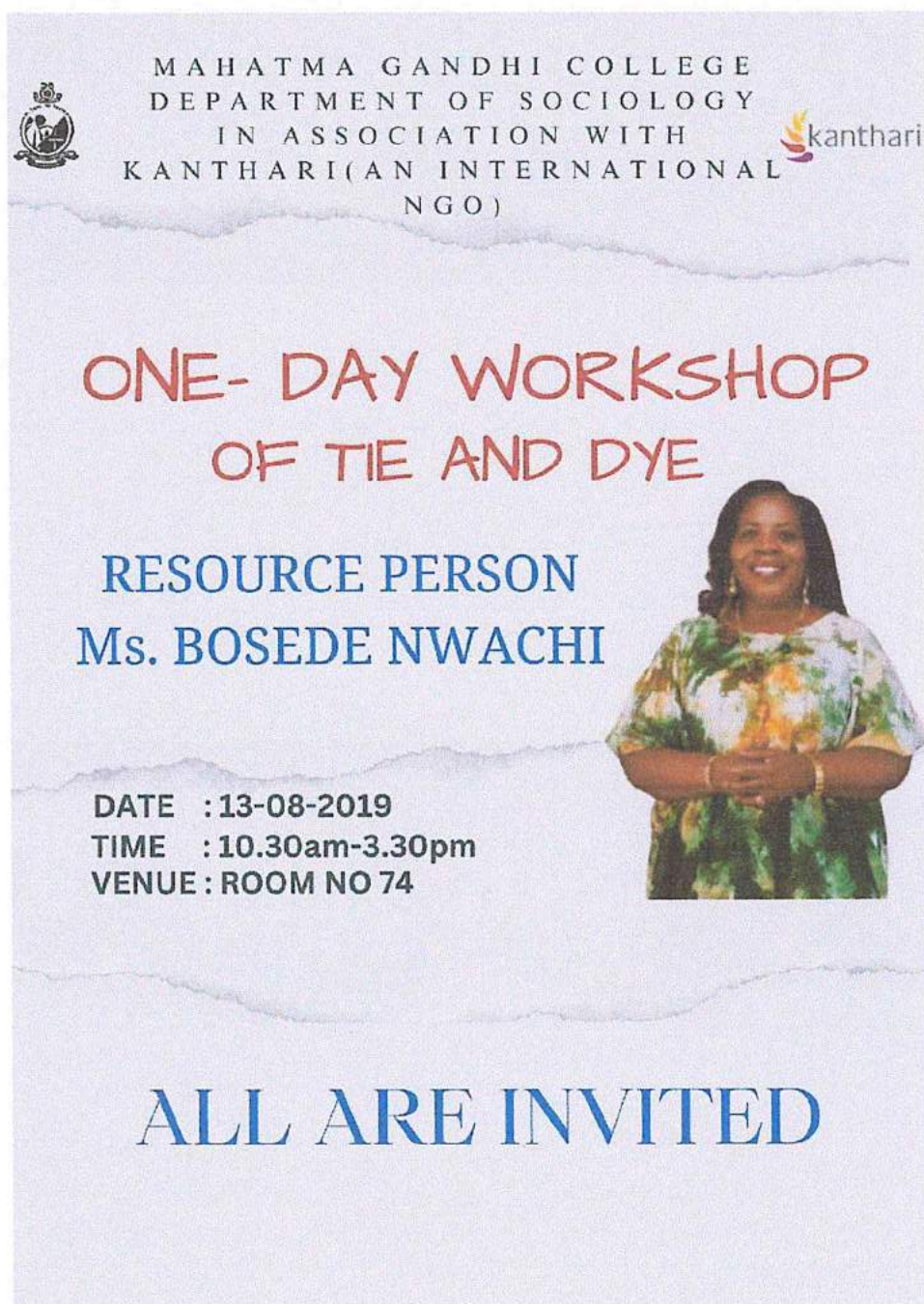

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Blog URL: <https://phusismgc.wordpress.com/>

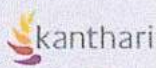
Capacity building and skills enhancement initiatives: Soft skills Program on Tie and Dye conducted by Department of Sociology 13th August 2019

ONE DAY WORKSHOP

The Department of Sociology conducted a skill development one-day workshop on Tie and Dye on 13th August 2019 in association with Kanthari, an international NGO.




MAHATMA GANDHI COLLEGE
DEPARTMENT OF SOCIOLOGY
IN ASSOCIATION WITH
KANTHARI (AN INTERNATIONAL
NGO)



**ONE- DAY WORKSHOP
OF TIE AND DYE**

**RESOURCE PERSON
Ms. BOSEDE NWACHI**



**DATE : 13-08-2019
TIME : 10.30am-3.30pm
VENUE : ROOM NO 74**

ALL ARE INVITED

REPORT OF THE PROGRAM Tie and Dye

A soft skill development workshop of Tie and Dye organized by the Department of Sociology, Mahatma Gandhi College, Kesavadasapuram in association with Kanthari, an international NGO. It was held on 13th August 2019 from 10.30 am to 3.30 pm. The workshop had an inaugural session which started with a prayer and one minute of silent "Acharyanusmaranam". Dr. Sarita R, Co-ordinator of the program welcomed the audience and explained the importance of skill development in present society. Dr. Subalekshmi G.S. Assistant Professor, Department of Sociology, gave an insight into the relevance of Tie-Dye and gave a brief about the workshop. She said that tie and die are not only used in garments but Tie Dye Sandals and Heels to boots are seen in fashion. The presidential address was delivered by the principal Dr. Anil Kumar. The resource person of the workshop was Ms. Bosede Nwachi, an instructor from Kanthari. She described the process of tie-dye that could be used to create a wide variety of designs on fabric. She taught techniques to make dyes at home and also the ways to spread the colors in clothes by tying them. She also provided opportunities for the students to experience everything by themselves. Everyone was very much interested in the workshop as they got to do things on their own. The workshop came to an end with the vote of thanks proposed by Bharathi Prasannan, a student of 1st DC Sociology.






Principal
Mahatma Gandhi College
Thiruvananthapuram

Sl.No	Name of the Participants	Designation
1	Dr. Sarita R	Assistant Professor
2	Dr. Subalekshmi G. S	Assistant Professor
3	N K Sunil Kumar	Assistant Professor
4	Adarsh G. M.	Student
5	Aswin R.K.	Student
6	Bharathi Prasannan	Student
7	Devika Nair S.B.	Student
8	Megha J.S.	Student
9	Abhijith O.	Student
10	Adarsh Mythri D.	Student
11	Amana Rafeeq	Student
12	Nandini	Student
13	Preetha H.S.	Student
14	Abheeshma Mohan G	Student
15	Anto C Das	Student
16	Anu P.S.	Student

17	Fayiz A.K.	Student
18	Sarath R.S.	Student
19	Seena G.	Student
20	Jiji S	Student
21	Aparna J	Student
22	Sumesh S	Student
23	Asha S	Student
24	Nanthu Vijayan V. B.	Student
25	Punnya S Pradeep	Student
26	Keerthi S.R.	Student
27	Amal Shankar H R	Student
28	Arundhathi G.H.	Student
29	Dhanya S Nair	Student
30	Vivek V.M.	Student

**Capacity building and skills enhancement initiatives: Soft skills Program on
Puttkutti conducted by Department of Zoology 19th August 2019**

Puttukutti-Taste the Magical Power of success

PUTTUKUTTI

Taste the magical Power of Success

Resource person

**Sreeraj Parackkal, Training and placement Officer, Bishop Jerome Institute, School of Engineering
,Kollam**

Date- 19th August-2019

Time—11 pm

Venue—Seminar Hall

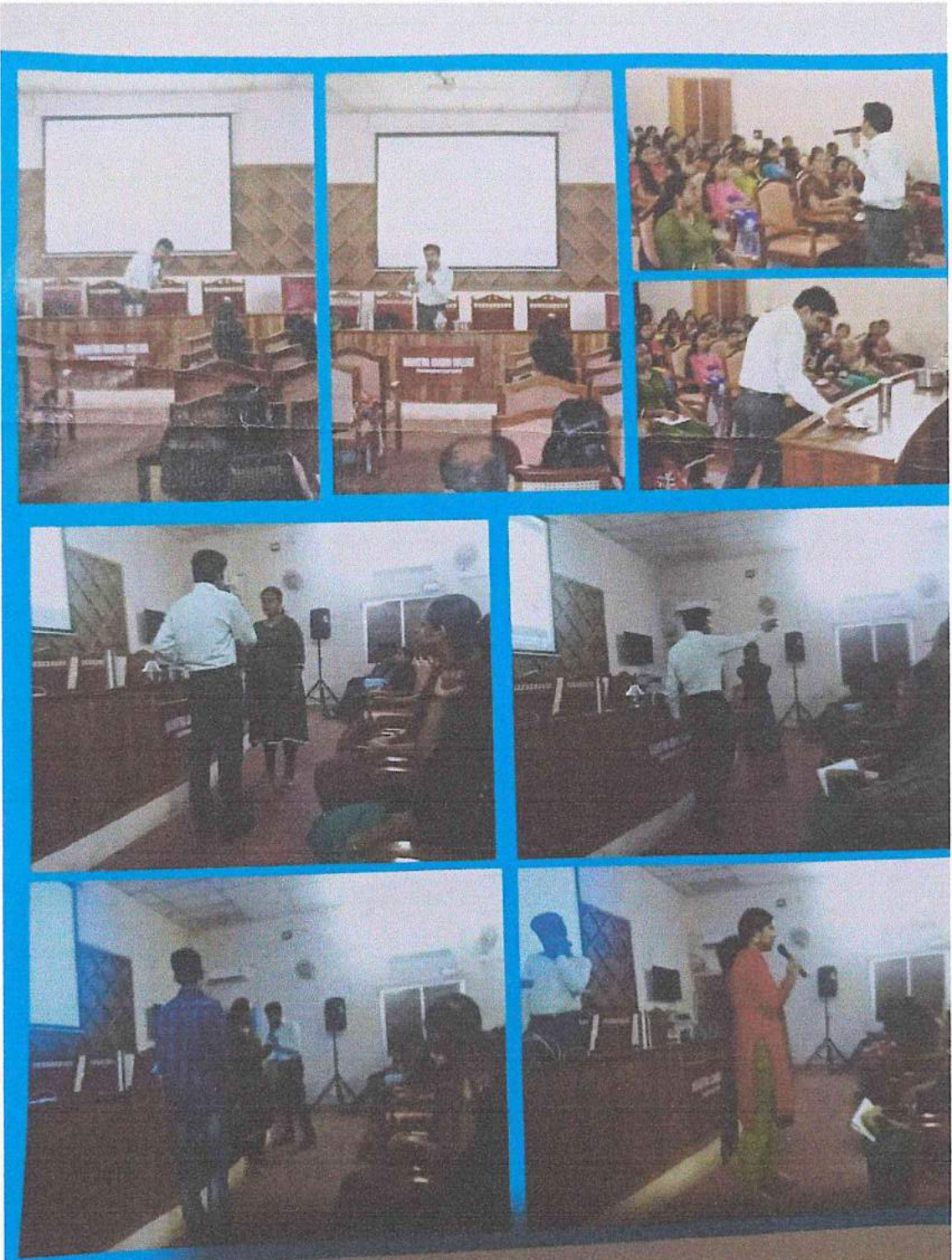
Organized by
P.G Department of Zoology and research Centre ,Mahatma Gandhi College,TVPM

REPORT on Puttukutti-Taste the Magical Power of success

An Induction Programme on namely' Puttukutti-Taste the Magical Power of success' was conducted on 19/08/2019 at seminar hall on 19/08/2019 ,11 am. The programme was organized by PG Dpt.of Zoology , Mahatma Gandhi College. The seminar was inaugurated by Principal Dr.Sujatha and Presidential address was delivered by Dr.Balamurali RS ,HOD ,Dept of Zoology ,Mahatma Gandhi College.

The resource person was Sreeraj Parackkal ,Training and placement Officer ,Bishop Jerome Institute, School of Engineering ,Kollam. The topic was Puttukutti- Taste the Magical Power of success. The class was a thematic magical spectacle presented through a grandma ,Nani muthassi's fable. He discussed different success strategies in life .

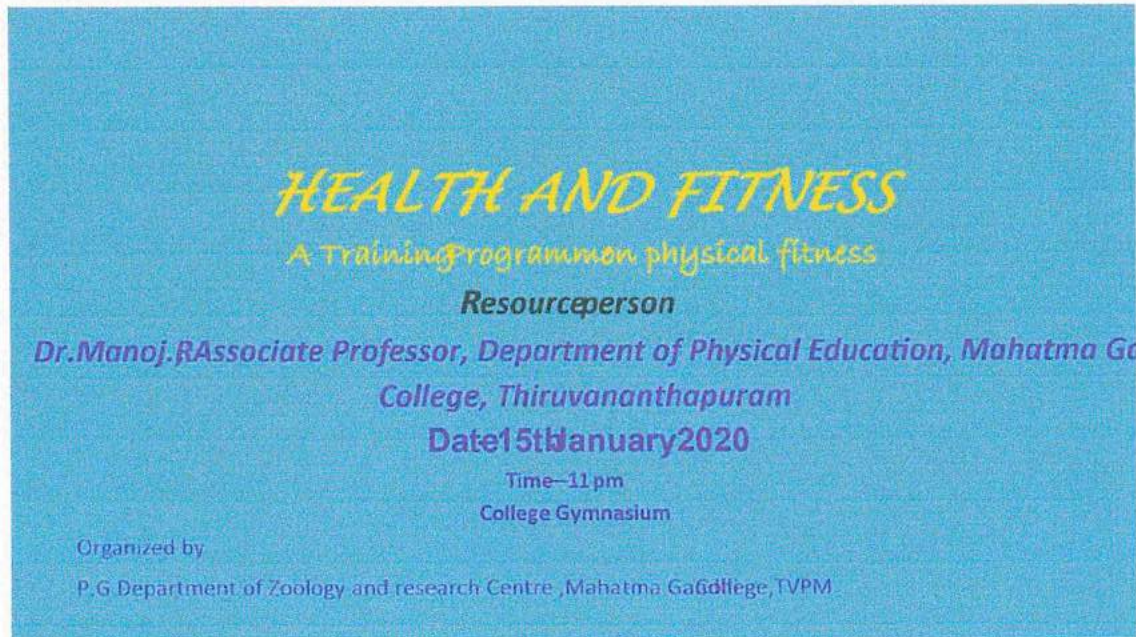
48 students participated the programme.The programme came to an end at 1pm.



Name	Class/Department	Signature
1) Gayathri Jayakumar. S	1 st Bsc Botany	Gayathri
2) Ansha. S. A	1 st Bsc Botany	Ansha
3) Poorna Ajith	1 st Bsc Botany	Poorna
4) Simi M.S	1 st Bsc Botany	Simi
5) Alkhina. N	1 st Bsc Botany	Alkhina
6) Anjana. A.B	1 st Bsc Botany	Anjana
7) Sangetha. SR	1 st Bsc Botany	Sangetha
8) Abhirami Gopal	1 st Msc Zoology	Abhirami
9) R.S. Keshma	2 nd Msc Zoology	R.S. Keshma
10) Akshaya. T.N	1 st Msc Zoology	Akshaya
11) Lekshmi B.S	1 st Msc Zoology	Lekshmi
12) Abhirami.S	1 st DC Zoology	Abhirami
13) Anathi. D.S	1 st DC Zoology	Anathi
14) Dhanya Prakash	1 st Msc Zoology	Dhanya
15) Gopika-S. Thampi	1 st Msc Zoology	Gopika
16) Arya. S	1 st Msc Zoology	Arya
17) Parvathy. H. Xair	1 st Msc Zoology	Parvathy
18) Vaasha. J.V	1 st Msc Zoology	Vaasha
19) Ancha Prema	3 rd DC Zoology	Ancha
20) Reshma Mohan P	3 rd DC Zoology	Reshma
21) Abhirami. S.J	3 rd DC Zoology	Abhirami
22) Athira. B.R	3 rd DC Zoology	Athira
23) Deepika A.M	3 rd DC Zoology	Deepika
24) Reshma Saji	3 rd DC Zoology	Reshma
25) Gourri M. Nayy	3 rd DC Zoology	Gourri
26) Sreedevi Srijith	3 rd DC Zoology	Sreedevi

29) Anurthy Devi T.S	3 rd DC zoology	<u>Anurthy</u>
30) Vyjayanthi K	1 st DC zoology	<u>Vyjayanthi</u>
31) S Ananthulekshmi	1 st DC zoology	<u>S Ananthulekshmi</u>
32) Gopikachandran B.S	1 st DC zoology	<u>B. Gopika</u>
33) Nandana M.S	1 st DC zoology	<u>Nandana</u>
34) Kanya Santhosh	1 st DC zoology	<u>Kanya</u>
35) Archana Chandran M	1 st DC zoology	<u>Archana Chandran</u>
36) Archana S.M	1 st DC zoology	<u>Archana</u>
37) P. Rohith S	1 st DC Zoology	<u>P. Rohith</u>
38) Anand S. Ginni	1 st DC zoology	<u>Anand S. Ginni</u>
39) Nithin Krishnan K.R	1 st DC zoology	<u>Nithin</u>
37. Akash Krishna. H	1 st DC Zoology	<u>Akash Krishna</u>
38. Vikram Krishna	1 st DC Zoology	<u>Vikram</u>
39 Akshay Sivan	1 st DC zoology	<u>Akshay</u>
40) Ashtami Anil	8 th DC zoology	<u>Ashtami</u>
41) Abhirami B.S	8 th DC zoology	<u>Abhirami</u>
43) Divika A.L	3 rd DC zoology	<u>Divika</u>
44) Divya Gopala	1 st DC zoology	<u>Divya</u>
45) Binay Raj B.R	1 st DC zoology	<u>Binay</u>
46) Athira M.S	2 nd MSc zoology	<u>Athira</u>
47) Gayathri G. Jayan	1	<u>Gayathri</u>
48) Amsula S. Soman	1	<u>Amsula</u>

Capacity building and skills enhancement initiatives: Life skills Program on on Health and Fitness conducted by Department of Zoology 15th January 2020



Report

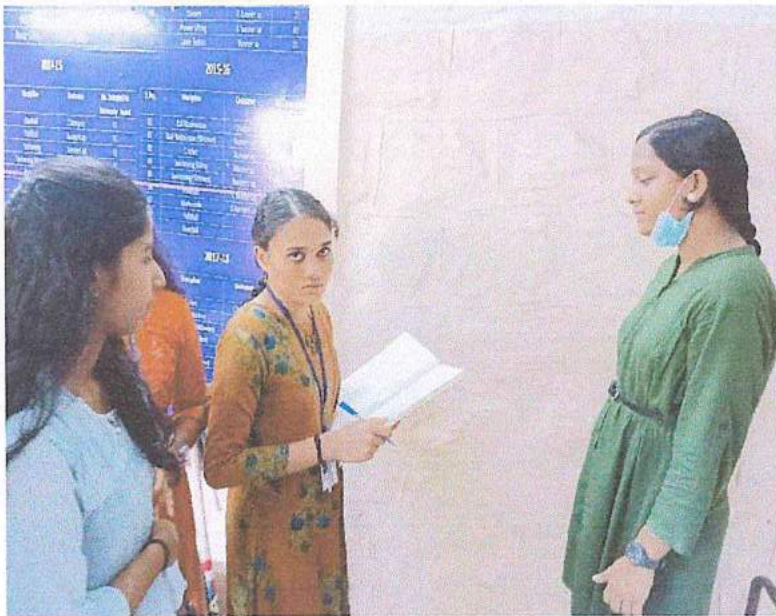
Date: 15/01/2020

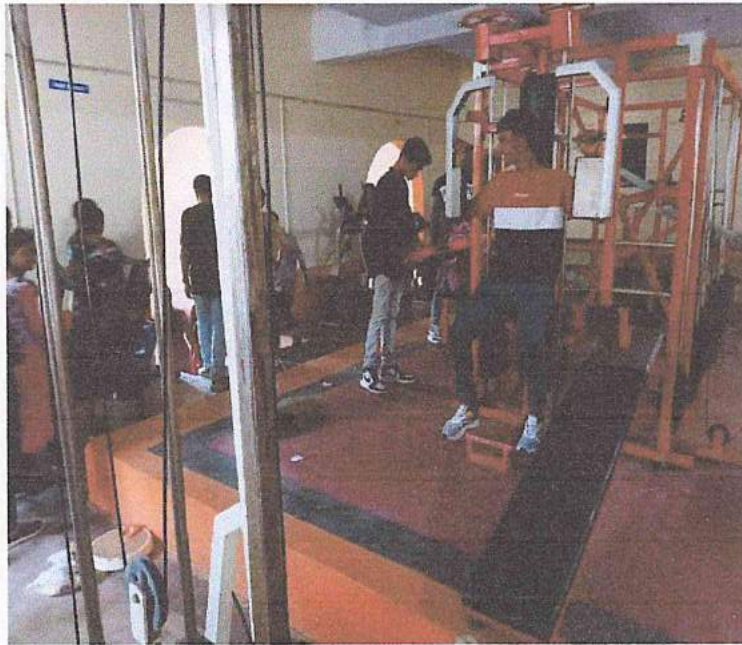
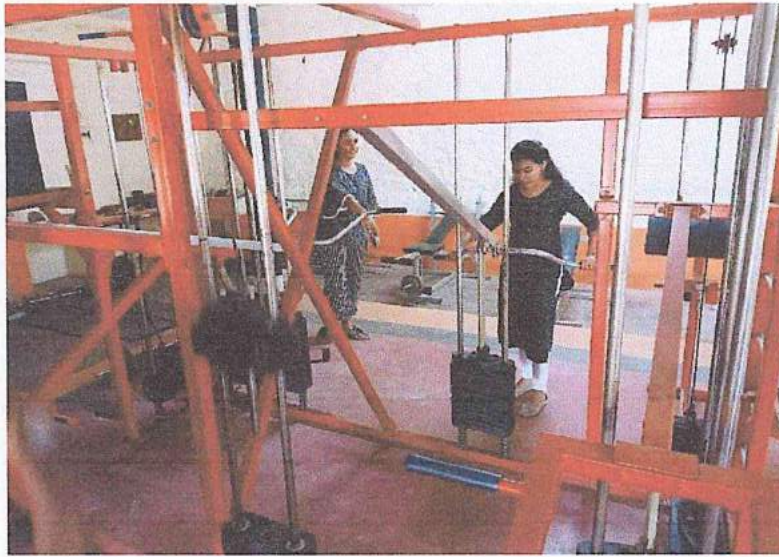
Beneficiaries: Students of Second Semester Zoology

Objective: The main goal of this activity is to develop physical competence of students and also help them to lead an active and healthy life style.

Resource person: Dr. Manoj.R, Associate Professor, Department of Physical Education, Mahatma Gandhi College, Thiruvananthapuram

About the Activity: Fitness training was given to 25 students in the college gymnasium. Dr. Manoj has given a lecture on the need of exercise in daily life. He demonstrated various workouts and trained the students for performing the same. 21 students participated in the programme








Principal
Mahatma Gandhi College
Thiruvananthapuram

Event: HEALTH and Fitness

ATTENDANCE STATEMENT

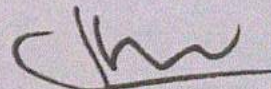
Name	Signature	Class
1) Keshava R.A	[Signature]	Bx SV 2nd093
2) Ardra R.S	[Signature]	"
3) Sanjana S.Mat	[Signature]	"
4) Bhavya B	[Signature]	"
5) Archana S	[Signature]	"
6) Devika B.L	[Signature]	"
7) Vipitaj VA	[Signature]	"
8) Janaki Krishna V	[Signature]	"
9) Geeta Nandana V	[Signature]	"
10) Hari Shankar P	[Signature]	"
11) Nandana V.S	[Signature]	"
12) Jyothi V	[Signature]	"
13) Dhanush J.S	[Signature]	"
14) Ganesh Krishna R.B	[Signature]	"
15) ATHUL S	[Signature]	"
16) Anritha Suresh	[Signature]	"
17) Sabar Krishna U.H	[Signature]	"
18) Abhishek A	[Signature]	"
19) Abhijith P.S	[Signature]	"
20) Gopika S.S	[Signature]	"
21) Bhadra Vijay S	[Signature]	"

**Capacity building and skills enhancement initiatives: Language
and Communication skills Program on BASIC CONCEPTS OF
LANGUAGE SKILL(MAL) conducted by Department of
Malayalam 02-09-2019**

Mahatma Gandhi College, Thiruvananthapuram
Department of Malayalam
LANGUAGE SKILLS PROGRAM
BASIC CONCEPTS OF LANGUAGE: Application and Prospects
Report 2019-20

In the academic year 2019-2020, the language skill activity conducted by the Malayalam department was 'Basic concepts of Language'. The program was held on 2 September 2019 in the Malayalam category. Dr. Ajith G Krishna led the classes. The classes were conducted in such a way as to know the letters, syllables, sentences, suffixes, conjunctions, samas etc. of the Malayalam language and practice developing ideas based on that and apply these to various discourses of the language. Many writing samples were also prepared by the children. 55 children participated.




HEAD OF THE DEPARTMENT OF MALAYALAM
MAHATMA GANDHI COLLEGE
TRIVANDRUM-4

31	KARUNYA R
32	KRIPA S B
33	KRISHNA B S
34	MALAVIKA V

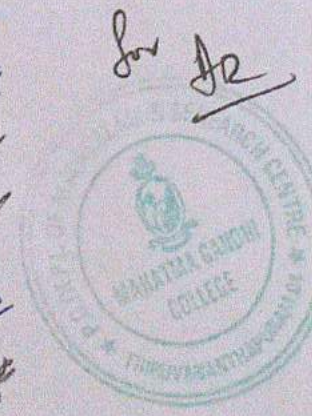
MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM
P.G.DEPARTMENT OF MALAYALAM & RESEARCH CENTRE
ACADEMIC YEAR 2019-20

LANGUAGE SKILL

ഭാഷാവബോധം - അടിസ്ഥാനതത്ത്വങ്ങൾ

SL NO	NAME
1	ARYA S <i>Arya</i>
2	ABHIJA P <i>Abhi</i>
3	ANUPAMA S S <i>Anup</i>
4	KAVYA V S <i>Kavya</i>
5	SURAMYA S M
6	VIDYA K S <i>Vidya</i>
7	SATHYAJITH <i>Sathy</i>
8	ATHULY A <i>Athuly</i>
	SAJEEV
9	JANAKI G H <i>Janaki</i>
10	FATHIMA R L <i>Fathima</i>
11	JOMOL J S <i>Jomol</i>
12	MAHIMA <i>Mahima</i>
	VANDANA
13	SREEKKUTTY S <i>Sreelakshmi</i>
	S

14	SOORY M S <i>Soory</i>
15	SUBITHA B S <i>Subitha</i>
16	VISHNU DEV <i>Vishnu</i>
17	SILPA MOHAN <i>Silpa</i>
18	DHANYA S <i>Dhanya</i>
19	AMINA <i>Amina</i>
20	ANANDHU C J <i>Anandhu</i>
21	ASWATHI J S <i>Aswathi</i>
22	ATHIRA R <i>Athira</i>
23	GANGA RAJ <i>Ganga</i>
24	JAYAPARVATHY <i>Jaya</i>
25	LALU <i>Lalu</i>
26	NANDAKUMAR <i>Nanda</i>
27	VARSHA P M <i>Varsha</i>
28	VARSHA V S <i>Varsha</i>
29	SHREELAKSHMI <i>Sreelakshmi</i>
	M
30	RAKHI RAJ <i>Rakhi</i>



Sov Ar
 Principal
 Mahatma Gandhi College
 Thiruvananthapuram

**Capacity building and skills enhancement initiatives: Language
and Communication skills program on
SAMSKRITHAPARICHAYA (SANSKRIT) conducted by
Department of Malayalam 03-12-2019**

Mahatma Gandhi College, Thiruvananthapuram
LANGUAGE SKILLS PROGRAM 2019-20
Sanskrit Knowledge- Report

In the academic Year 2019-20 the language skill program conducted by the Sanskrit Department was 'Sanskrit Parichayam'. The program was held on 3rd December 2019 in the Malayalam category. Shri N Sadanandan Nair conducted the classes. The classes were conducted in such a way as to know the letters, syllables, suffixes, junctures, samas etc. of the Sanskrit language and practice developing ideas based on that. Many writing samples were also prepared by the children. 21 children participated.




THE DEPARTMENT OF SANSKRIT
MAHATMA GANDHI COLLEGE
THIRUVANANTHAPURAM-4

MAHATMA GANDHI COLLEGE, THIRUVANANTHAPURAM
P.G. DEPARTMENT OF MALAYALAM & RESEARCH CENTRE
ACADEMIC YEAR 2019-20

LANGUAGE SKILL

സംഗ്രഹം

Sl. No.	Name of Student	
1.	AKHIL J S	English
2.	AKHILAS	English
3.	ANCHU.P.V	English
4.	ANIALL.M.N	English
5.	ANJANA.J	English
6.	ARYA.U.B	English
7.	ARYARAJA.V	English
8.	ASWATHY.C	English
9.	CHANDANNA.P.CHANDRAN	Chandana
10.	JINI.S.P	English
11.	MEENU.M.S.LAL	Meenu
12.	PRASOBHA.P	Prasobha
13.	PRAVEENA.P	Praveena
14.	REMYAMOLL	Remya
15.	RESMA.S.R	Resma
16.	REVATHY.O.S	Revathy
17.	SREEKAL.A.P	Sarekhal
18.	SREELEKSHMI.S.B	Sreelekshmi
19.	VARSHAS	Varsha
20.	VIDYA.V.P.NAIR	Vidya




Principal
Mahatma Gandhi College
Thiruvananthapuram

21	VIII B	<i>VF</i>
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