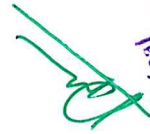


3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during the last five years)

2018-19

| Name of the activity | Organising unit/ agency/ collaborating agency | Name of the scheme | Year of the activity |
|--|---|--|----------------------|
| Rally for Rivers-cleaning of Karamana river | NSS | Swachh Bharat | 2018-19 |
| Awareness Programme on Various Savings Schemes | Department of Commerce | | 2018-19 |
| Aksharasri Janakiya Survey | NSS | Literacy survey | 2018-19 |
| Waste Management Awareness Programme to the Local Destination Nettayam | Department of Commerce | Swachh Bharat | 2018-19 |
| Collection and packaging of food materials, clothing and other necessary items for Flood relief camps | NSS | Flood relief | 2018-19 |
| Flood relief and rehabilitation - cleaning process at flood affected Chengannoor in the neighboring district of Alappuzha. | NSS | Swachh Bharat | 2018-19 |
| Voluntary Programme for the Flood Relief Activities by Teachers and Students Organized by District Administration | Department of Commerce | Swachh Bharat | 2018-19 |
| Awareness programme on payroll preparation to Kudumbasree unit of the local destination Nettayam | Department of Commerce | Organised in collaboration with industry, community and NGOs | 2018-19 |
| Friday Market Organic Bazar | NSS | Food Security | 2018-19 |
| Environmental Awareness Program | Department of Commerce | Organised in collaboration with industry, community and NGOs | 2018-19 |


 Mahatma Gandhi College
 Thiruvananthapuram

| | | | |
|---|--------------------------|--|---------|
| Participated Blood Donation Camp | Department of Commerce | Organised in collaboration with industry, community and NGOs | 2018-19 |
| Mental Health Celebrations- Skit performed by the students of Psychology Department on 3rd anniversary of Sanjeevani at Pensioners Bhavan Kesavadasapuram | Department of Psychology | | 2018-19 |

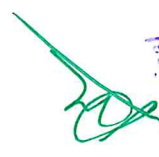
2019-20

| Name of the activity | Organising unit/ agency/ collaborating agency | Name of the scheme | Year of the activity |
|--|---|--|----------------------|
| Anti-Narcotics Day Rally & Street Play | NSS | Anti Narcotics | |
| Awareness Campaign on GST Return Filing | Department of Commerce | Organised in collaboration with industry, community and NGOs | |
| Blood Donation at Peroorkada District Hospital | NSS | Blood Donation | |
| Environmental Education to School Children of St. Mary's Higher Secondary School | NSS | Integrated Science Education Strategy (ISES) | |
| Workshop on bee keeping and bee management | Department of Zoology | Organised in collaboration with industry, community and NGOs | |
| Food materials- Flood Relief | NCC Naval Wing | Organised in collaboration with industry, community and NGOs | |
| Flood relief activities | NCC Naval Wing | | |
| Rally and Cleaning of statue at Kesavadasapuram as part of Swatchatha pakkoda | NCC Naval Wing | Swachh Bharat | |
| Distribution of food packages-Bethania Rehabilitation Centre | NCC Naval Wing | Organised in collaboration with industry, community and NGOs | |
| Metro Learning | Department of | Organised in collaboration with industry, community and NGOs | |

| | | |
|------------------------|--|--|
| Psychology | | |
| NCC Naval Wing | Food materials distribution-Nirmala Shishubhavan, Mother Theresa Unit | Organised in collaboration with industry, community and NGOs |
| Department of Hindi | Visit to ST.THOMAS UPPER PRIMARY SCHOOL,POTHENCODE, THIRUVANANTHAPURAM | Organised in collaboration with industry, community and NGOs |
| NCC Naval Wing | Shankumugham Beach Cleaning | Organised in collaboration with industry, community and NGOs |
| NCC Naval Wing | Food Package for inmates for Santhwana Cancer Centre | Organised in collaboration with industry, community and NGOs |
| Department of Commerce | Distribution of Lunch packets to the inmates of SAANTWANAM, a charitable organization for caring cancer patients, Thiruvananthapuram | Organised in collaboration with industry, community and NGOs |
| NCC Naval Wing | Snehaputhappu- Distribution of blankets to inmates of Trivandrum General Hospital | Organised in collaboration with industry, community and NGOs |
| NSS | Community Health And Support by NSS in the adopted village of Korakulam, Kesavadasapuram | Organised in collaboration with industry, community and NGOs |

2020-21

| Name of the activity | Organising unit/ agency/ collaborating agency | Name of the scheme | Year of the activity |
|---|---|--|----------------------|
| Control The Spread Of COVID 19 During The Exam | NSS | organised in collaboration with industry, community and NGOs | 2020-21 |
| COVID RELIEF ACTIVITIES – NCC NAVY – Provided Food Materials, Medicines, Sanitizers To The Inmates Of St. Ignatius Charity Kendram, | NCC Naval | organised in collaboration with industry, community | 2020-21 |


 Principal
 Mahatma Gandhi College
 Thiruvananthapuram

| | | | | |
|---|----------------|--|--|---------|
| Thiruvananthapuram | | | and NGOs | |
| Community Development Program - Webinar on the topic "Future of career in pandemic" conducted for the students of S.N college, Chathanoor, Kollam | NCC Naval | | organised in collaboration with industry, community and NGOs | 2020-21 |
| Distribution of lotion to the General Hospital Thiruvananthapuram | NCC Naval | | organised in collaboration with industry, community and NGOs | 2020-21 |
| Covid Duty By Faculty Member At The Airport | Govt of Kerala | | Covid duty | 2020-21 |
| Beach Cleaning At Shankhumukham | NCC Naval | | organised in collaboration with industry, community and NGOs | 2020-21 |
| Palliative Initiative Distribution of medicines and essential commodities to the palliative care patients | NSS | | organised in collaboration with industry, community and NGOs | 2020-21 |
| Covid-19 Vaccination Volunteering In Mass Vaccination Held At Jimmy George Stadium, Thiruvananthapuram | NSS | | organised in collaboration with industry, community and NGOs | 2020-21 |

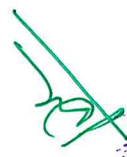
2021-22

| Name of the activity | Organising unit/ agency/ collaborating agency | Name of the scheme | Year of the activity |
|---|---|--|----------------------|
| Donating Rice To Community Kitchen at Vellanad Grama Panchayat as part of Covid Relief Activity | NCC Naval | organised in collaboration with industry, community and NGOs | 2021-22 |
| Handing over stationaries to Divine Children's Home Poojappura | NCC Naval | organised in collaboration with industry, community and NGOs | 2021-22 |
| Donation stationeries for kids at Don Bosco Orphanage | NCC | organised in collaboration with industry, | 2021 |

| | | | |
|--|-----------|--|---------|
| | Naval | community and NGOs | -22 |
| PUNEET SAGAR ABHIYAN | NCC Naval | Swachh Bharat Abhiyan | 2021-22 |
| COVID RELIEF ACTIVITY-Pothencode palliative care | NCC Naval | organised in collaboration with industry, community and NGOs | 2021-22 |
| Social Service by NCC Naval Unit, as Part of World Happiness Day at Kripalayam Old Age Home, Ullloor | NCC Naval | organised in collaboration with industry, community and NGOs | 2021-22 |
| Distribution of Books and study materials to the children of Korakulam – our participatory Village | NCC Naval | organised in collaboration with industry, community and NGOs | 2021-22 |


2022-23

| Name of the activity | Organising unit/ agency/ collaborating agency | Name of the scheme | Year of the activity |
|--|---|--|----------------------|
| Swachh Bharat – Beach Cleaning Activity by NCC Naval Wing at Veli Beach in association with “We Grow Forests – an NGO” | NCC NAVY | organised in collaboration with industry, community and NGOs | 2022-23 |
| Food Materials And Medicines To Sarvodaya Santhi Bhavan Vattapara | Department of Zoology | palliative | 2022-23 |
| Donating Radio to the students of Government School of Visually Impaired | NCC NAVY | palliative | 2022-23 |
| Visit to Psychopark by the Students | Department of Psychology | organised in collaboration with industry, community and NGOs | 2022-23 |
| Legal Awareness Campaign for Adolescence | Department of Economics | organised in collaboration with industry, community and NGOs | 2022-23 |
| SOCIAL SERVICE ACTIVITY - NCC Naval Wing provided lunch and food materials to the destitutes of Sarvodaya Santhibhavan, Vattappara | NCC NAVY | organised in collaboration with industry, community and NGOs | 2022-23 |


 Principal
 Mahatma Gandhi College
 Vattapparamba, Vattappuram

| | | | |
|--|-----------------------------|--|---------|
| Donation of Rice bags to Sneha Sadanam Charitable Trust for the destitute and differently abled | NCC NAVY | organised in collaboration with industry, community and NGOs | 2022-23 |
| Pollution Assessment of the second largest pond, Charachira Pond in Thiruvananthapuram District | Department of Zoology & NSS | organised in collaboration with industry, community and NGOs | 2022-23 |
| Book And Stationaries Donated To The Children Of Agasthya Kudeeram Balika Sadanam, Kottoor | Department of Zoology | organised in collaboration with industry, community and NGOs | 2022-23 |
| Supplied mathematical aids to the students of Govt UP School, Kusavarkal, Thiruvananthapuram | Department of Maths | organised in collaboration with industry, community and NGOs | 2022-23 |
| Distribution Of Food Kits To The Korakulam, participatory Village | NSS | organised in collaboration with industry, community and NGOs | 2022-23 |
| Anti narcotic awareness campaign at Sanghumukham in association with Rotary club of Trivandrum | NSS | organised in collaboration with industry, community and NGOs | 2022-23 |
| Free Eye Check-Up Camp For The People Of Kesavadasapuram Ward In Collaboration With Dr Agarwal's Eye Hospital | NCC NAVY | organised in collaboration with industry, community and NGOs | 2022-23 |
| Swacch Bharat Diwas - Cleaned The Ground Near Akulam Tourist Village | NCC NAVY | organised in collaboration with industry, community and NGOs | 2022-23 |
| Anti-narcotic campaign – Vimuthi - Wall painting and awareness campaign to the residents of Sreenagar Residence Association, Paruthipara, Thiruvananthapuram | NSS | organised in collaboration with industry, community and NGOs | 2022-23 |
| Distribution Of Clothes and Dress Materials to Cancer Survivor | NSS | organised in collaboration with industry, community and NGOs | 2022-23 |
| Visit to Govt H S Vavode – Psychological counselling to students | Department of Psychology | organised in collaboration with industry, community and NGOs | 2022-23 |
| Provided lunch to the inmates of | NCC NAVY | organised in collaboration with industry, community and NGOs | 2022-23 |

| | | | |
|--|--|--|---------|
| Anuraha Dementia Care Centre | | and NGOs | |
| Beach cleaning programme at Vettukkad | NCC NAVY | organised in collaboration with industry, community and NGOs | 2022-23 |
| Handed over food materials and stationaries to the Missionaries of Charity, Thiruvananthapuram | NCC NAVY | organised in collaboration with industry, community and NGOs | 2022-23 |
| Distribution of study materials and toys to students of LMS Centre for Disabled | NSS | organised in collaboration with industry, community and NGOs | 2022-23 |
| Anti – drug Awareness Campaign in Korakulam- Our participatory Village | NSS | organised in collaboration with industry, community and NGOs | 2022-23 |
| Transformation Programme for Higher Secondary School Teachers– 10 Day Refresher Course | Commerce in Association with Directorate of General Education and Collegiate Education | organised in collaboration with industry, community and NGOs | 2022-23 |
| Handed over a wheelchair to a differently abled student of Government LP School Pulluvila | NCC NAVY | organised in collaboration with industry, community and NGOs | 2022-23 |
| Handed over diapers and food materials for the bed ridden differently abled child as part of community service | NCC NAVY | organised in collaboration with industry, community and NGOs | 2022-23 |
| Flashes For The Students Of St Marys Higher Secondary School | Department Of Chemistry | organised in collaboration with industry, community and NGOs | 2022-23 |
| Handing over the amount collected by the students of Commerce Department to Sanadhalayam Cancer Care Centre | Department of Commerce | organised in collaboration with industry, community and NGOs | 2022-23 |
| Distribution of health care equipments to UPHC, Muttada | NSS | organised in collaboration with industry, community and NGOs | 2022-23 |
| Training on Mushroom Cultivation | Department of Botany | organised in collaboration with industry, community and NGOs | 2022-23 |


 Mahatma Gandhi College
 Thiruvananthapuram

