

**A REPORT ON ACTIVITIES OF
WALK WITH SCHOLAR PROGRAM
MAHATMA GANDHI COLLEGE,
THIRUVNANATHAPURAM**

Submitted to

Office of the New Initiatives in Higher Education

Government of Kerala

Thiruvananthapuram

By

Dr. K. RADHAKRISHNAN

Coordinator, WWS Program

Mahatma Gandhi College

Thiruvananthapuram



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ACKNOWLEDGEMENT

We use this opportunity to acknowledge the Office of the New Initiatives in Higher Education, Government of Kerala for selecting Mahatma Gandhi College, Thiruvananthapuram for the Walk With Scholar Program and for the financial support. We express our sincere thanks to Dr. Rajoo Krishnan, Officer on Special duty and his team for giving guidance and support for the smooth functioning of the program. We express our special thanks to Dr. M. R. Sudarsanakumar, Principal, Mahatma Gandhi College, Thiruvananthapuram for his constant encouragement, guidelines and suggestions throughout this program. We express our gratitude to all members of the monitoring committee for New Initiatives at MG College for approving the activities and the guidelines issued for the smooth functioning of the program. We, also, express our sincere thanks to the Parent Teachers Association of MG College for the financial advance to conduct the motivation visit under this program.. We use this opportunity to thank, all of our internal mentors and staff members of the college who have supported us directly or indirectly for the successful completion of the activities of the program in this year. Finally we express our gratitude to all mentees of the program for their active participation throughout the program.

Dr. K. Radhakrishnan
Coordinator
WWS Program
MG College, Thiruvananthapuram

MG College
03-07-2017

A Report on Activities of Walk With Scholar Program in Mahatma Gandhi College During the Academic Year 2016-17.

About WWS Program

“Walk with Scholar” is a mentoring program functioning under the “New Initiatives in Higher Education” of the Department of Collegiate Education, Government of Kerala. This scheme introduces the idea of mentoring to undergraduate students and builds on the concept of mentor as a ‘Guide’ and ‘Friend’. Mentoring is a process where a mentor with greater experience and wisdom guides the mentee to develop both personally and professionally.

As the part of the program, WWS started in our college from 2014-15 academic year. At present, there are 90 mentees under this scheme and 15 teachers of the college are deputed as internal mentors of these mentees. Each mentor is assigned the charge of six mentees.

Activities on 2016-17

College council appointed Dr. K. Radhakrishnan as the coordinator of WWS Program with effect from 25-06-2016 in the vacancy of Dr. Madhusudanan Pillai. K. R., who has been promoted as Principal.

Dr. K. Radhakrishnan attended coordinators meeting on 05-08-2016 at SN College for Women, Kollam.

On 10-08-2016, College Council appointed Dr. B. Suresh Kumar, Manoj R, Dr. N. Gopakumar, Dr. Saritha. R, Dr. C. Geetha, Dr. Harikumar S, Dr. Syamlal G and Bindu K Ravi as internal mentors for the existing vacancies and mentors of first year students.

Dr. K. Radhakrishnan attended two days Capacity building workshop for coordinators of WWS program on 05-12-2016 and 06-12-2016 at Loyola Extension Services, Loyola College of Social Sciences , Trivandrum.

List of mentees under WWS Program

III Year Degree

1. Amrutha Sree, III BA English
2. Amrutha M A, III BA English
3. Akhil Krishnan U K, III BA English
4. Anaswer Krishnadev S, III BA English
5. Sreelekshmi, III BA English
6. Deepak C G, III BA English
7. Nirmal Hari, III BCom
8. Karthick P, III BCom
9. Lekshmi Anil, III BCom
10. Sreehari, III BCom
11. Vishnu V, III BCom
12. Aswin, III BCom
13. Aswathy Gopi, III BCom
14. Gouri Priya K, III BSc Psychology
15. Rajasree. K, III BSc Psychology
16. Hari Priya B, III BSc Psychology
17. Droupathi S P, III BA Hindi
18. Kesiya Babu, III BA Sociology
19. Kavitha Manohar, III BA Sociology
20. Swathy Satheesh B, III BSc Botany
21. Risheetha S, III BSc Botany
22. Archa R S, III BSc Botany
23. Anjana Nair. N. L, III BSc Botany
24. Maya Mohan, III BSc Botany
25. Arya G R, III BSc Botany
26. Krishna Priya J S, III BSc Physics
27. Geethu Vijayan, III BSc Physics
28. Kala Devi, III BSc Physics
29. Deepika V S, III BSc Chemistry
30. Gokul Gopan, III BSc Physics
31. Bhava Priya, III BSc, Physics
32. Aswathy Chandran, III BSc Physics
33. Vaishnav M S, III BSc Physics
34. Aravind G S, III BSc Physics

II Year Degree

1. A Anchu, II BA Hindi
2. Amal Jyothish J S, II BA Hindi
3. Ammu K Nair, II BA Hindi
4. Manjusha I, II BA Hindi
5. Swapna. P, II BA Hindi
6. Divya Reghunath, II BA Hindi
7. S. Devanarayanan, II BSc Physics
8. Nandu B S, II BSc Chemistry
9. Neenu Thomas, II BSc Psychology
10. Namitha Sankar, II BSc Psychology
11. Kavya S Money, II BSc Chemistry
12. Siva Keerthana R S, II BSc Chemistry
13. Abhishek, II BA Economics
14. Aravind R, II BA Economics
15. Ananthkrishnan, II BSc Psychology
16. Nisha P, II BSc Psychology
17. Niranjana S, II BSc Psychology
18. Abhijith S, II BSc Psychology
19. Anand, II BA Malayalam
20. Akhila, II BA Malayalam
21. Panchami, II BA Malayalam
22. Jayalekshmi, II BA Sociology
23. Amritha, II BA Hindi
24. Arun Ashokan, II BSc Mathematics
25. Gokul Balakrishnan, II BSc Mathematics
26. Sarath V P, II BSc Mathematics
27. Subash, II BSc, Mathematics
28. Ajith Xavier, II BSc Physics
29. Akash U K, II BSc, Physics

I Year Degree

1. Aswin M S, I BA Malayalam
2. Ananthan A G, I BA Malayalam
3. Anandha Padmanabhan, I BA English
4. Alka Raj, I BA English
5. Parvathy Preman, I BA Economics
6. R Gowthama, I BA Economics
7. Niveditha P R, I BA Sociology
8. Jossia A S, I BA Sociology
9. Athira B, I BSc Psychology
10. Malavika S P, I BSc Psychology
11. Keeerthana G M, I BCom
12. Gopika S, I BCom
13. Anjali S, I BSc Zoology
14. Greeshma Giressan, I BSc Zoology
15. Gayathri Gopan, I BA Hindi
16. Beenu Franklin, I BA Hindi
17. Veena Bijayan, I BSc Botany
18. Sandra M J, I BSc Botany
19. Unnimaya R Nair, I BSc Mathematics
20. Santhini V S, I BSc Mathematics
21. Arya B M, I BSc Mathematics
22. Athira S, I BSc Physics
23. Arjun A S, I BSc Physics
24. Rakesh I V, I BSc Physics
25. Maneesh M S, I BSc Chemistry
26. Sruthi S, I BSc Chemistry
27. Arya K Rajan, I BS Sociology
28. Unnikrishnan, I BA History
29. Seena B, I BA History
30. Archana A R, I BA Histroy

List of Internal Mentors under WWS Program

Sl. No.	Name	Department	Year
1	Dr. N. Lakshmi Priya	English	III
2	Dr. Pradeep Kumar N	Commerce	III
3	Dr. Prathibha S Nair	Psychology	III
4	Dr. Neethu S Kumar	Botany	III
5	Dr. B. Suresh Kumar	Physics	III
6	Dr. Gayathri N	Hindi	II
7	Dr Resmi Raghunandan	Chemistry	II
8	Saritha S	Economics	II
9	Dr. Bindu K Ravi	History	II
10	Dr. N. Gopakumar	Physics	II
11	Manoj R	Physical Education	I
12	Dr. C. Geetha	Mathematics	I
13	Dr. Hari Kumar S	History	I
14	Dr. Syamlal G	Economics	I
15	Dr. Saritha R	Sociology	I

College Level Monitoring Committee

As per the directions of WWS Office, the college council constituted a college level monitoring committee for the monitoring of WWS activities in the college. The committee members are Principal, IQAC Convener, College Council Secretary, WWS Coordinator, SSP Coordinator, Administrative Assistant of the college and the student representatives of WWS and SSP programs. WWS coordinator is the convener of this committee. This committee met regularly and monitored the activities of the program. Our Principal interacted with the mentees frequently and assessed the progress of the program by collecting feed back from them. He has been a constant source of inspiration by providing healthy suggestions for the smooth functioning of the program.



A Visit to MEDEX

On 11-02-2017, WWS mentees and mentors of the college visited MEDEX, a medical exhibition conducted by the Government Medical College, Thiruvananthapuram. The visit was very useful for the students.



Ice Breaking Program to I Year Mentees

On 14-02-2017, Dr. Neethu S Kumar, one of the WWS mentors conducted an ice-breaking session for the first year mentees of the program. The program was conducted as an outdoor program. I year mentees actively participated in the session. This program helped first year mentees to know about other mentees, to know about the WWS program and the aim of the program.



Stationary Kit Distribution

A stationary kit containing a note book and pen was given to every mentees. The program was inaugurated by the Principal.



Study Material Distribution

Study materials containing the books 'Personality Development' by Kiran, 'Essential English for Competitive Examinations' by Arora Mrinalini Anand and some notes given by external mentors were distributed to all mentees. The program was inaugurated by the Principal.



External Mentoring

A panel of external mentors has been prepared in consultation with the mentees and internal mentors. Eminent personalities who made remarkable contributions in their fields have been included in the panel. We have tried our best to include a variety of topics like personality development, higher studies, creativity, self motivation etc. in the external mentoring session. After obtaining approval from the college level monitoring committee, external mentoring sessions were arranged according to convenience of the mentees. The feedback from the students reveal that they are highly benefitted from these external mentoring sessions. The details of external mentoring is as given below:

Sl. No.	Date	Mentor	Topic
1	04-02-2017	Dr. M. Gopinatha Kurup	Orientation for Civil Service Examination
2	23-02-2017	Adv. P. K. Sankaran Kutty	Ways to Success
3	01-04-2017	Dr. B. Ajayakumar	Creativity
4	04-04-2017	Dr. S. N. Kumar	Personality Development
5	08-04-2017	Dr. P. A. Ramesh Kumar	Health and Fitness
6	05-05-2017	Smt. Nisha V Ganesh	Basis of Yoga, Asanas Pranayama etc
7	17-05-2017	Dr. P. S. Anjana	Great Inventors that Changed the World
8	06-06-2017	Dr. Alex Mathew	Self Motivation
9	24-06-2017	Dr. C. P. Aravindakshan	Education and Culture





Motivation Visit of II Year Students to Bangalore

On the basis of a proposal submitted to Higher Education, Government of Kerala, Mahatma Gandhi College was selected for a motivational visit program for the second year WWS mentees to various Educational institutions in Bangalore. The motivational visit started on 22nd March 2017. A group of 25 second year mentees participated the in the program and 3 faculty members Dr. K. Radhakrishnan, the coordinator; Dr. N. Gopakumar, internal mentor and Dr. Resmi Reghunandan, internal mentor were accompanied the team. As the part of the visit, our team visited a prestigious educational institute, **Indian Institute of Management, Bangalore (IIMB) on 23-03-2017.**



On the second day, we visited the prestigious institute **Indian Institute of Science (IISc)**, Bangalore.



On the same day afternoon, we visited Hindustan Aeronautics Limited (HAL) Heritage and Aerospace Museum.



On the third day we visited Lalbagh and Viswesvarayya Industrial and Technological Museum



The trip gave the students an excellent opportunity to visit the prestigious institutions of India and as the name indicates it was really a motivational visit. Soon after the visit, the coordinator and the student participants of the program submitted the detailed report and expenditure statement to the WWS Office.

State Motivation Camp – FOCUS 2017

One of our second year mentees Miss. Kavya S Mony attended a three day residential camp, the State Motivation camp – Focus 2017, conducted at Maria Rani Training centre, Sreekaryam, Thiruvananthapuram during the period 17-02-2017 to 19-02-2017. Soon after the completion of the program, she sent the report on the camp to the WWS Office and at the same time, she shared her experiences at the camp to other mentees of the college.

Motivation Program for I Year and III Year Students to CUSAT and Near by Places

As per the direction of office of new initiative, we have conducted a two day motivation visit to Ernakulam with a team of 30 students of I year and III year mentees, and that was to compensate the 25 hours of external mentoring. As part of the program, we visited School of Engineering and different departments of Cochin University of Science and Technology (CUSAT), the Centre for Science in Society, CUSAT (C-SiS), Kerala History Museum, Kochi etc. on 08-06-2017 and 09-06-2017. The Coordinator Dr. K. Radhakrishnan and the internal mentors Sri R. Manoj and Dr. N. Lekshmi Priya were accompanied the students.

The team attended external mentoring sessions at the School of Engineering, CUSAT and Applied Chemistry Department, CUSAT. Dr. M. R. Radhakrishna Paniker, the Principal, School of Engineering, CUSAT and Dr. Jacob Elias, Associate Professor, School of Engineering have conducted mentoring sessions on the Importance of Technology in Life. The students visited different laboratories at School of Engineering, CUSAT. Also they interacted with different faculty members, technical staff and students at this institution. Dr. K. Gireesh Kumar, Head and Professor, Applied Chemistry, CUSAT and his team have conducted mentoring sessions on the Scope of Science in Higher Studies. Here also, the students interacted with different faculty members, technical staff

and research fellows at this institution. Students have also visited different research laboratories at the Department of Applied Chemistry. The team also visited Photonics Department, CUSAT.



The mentors and mentees visited the Centre for Science in Society at CUSAT. The students have attended a class handled by Dr. K. G. Nair, the founder and present director of C-SiS at CUSAT. Another class was handled by Dr. Gopalakrishnan, Retd. Professor in Physics. Students also visited Science park, Herbal Park, Butterfly Garden, E-Science Exhibit, ISRO Pavilion, Science Pavilion, See and Believe Labs in the C-SiS.

The team also visited the Kerala History Museum, Edappally, Kochi. Students were motivated by the models in the Model Museum, the Art Gallery and self narrative history museum containing the history of Kerala state and important events and cultures in Kerala before freedom and after freedom period.



Conduct of Mock Test and Interviews for Final Year Students

Different sets of multiple choice questions have been collected from various teachers and experts from different areas like Numerical ability, Reasoning, General English, General knowledge, Current affairs etc. in order to make final year students competent to different competitive examinations. Examinations were conducted using these questions and evaluated the answer scripts. Answer keys were also supplied after the examinations. A mock interview was conducted for the final year students on 27-05-2017 by Sri. Jayan. K. A., DCMAT, Wagamon and a mock group discussion was done for the final year students on 03-06-2017 by Dr. Mathew K A, Bhawans College of Arts and Commerce.

Internal Mentoring

More than ten hours of internal mentoring were conducted for the mentees by the respective internal mentors. Internal mentoring were conducted periodically as per the convenience of internal mentors and mentees. Different mentors followed different methods for internal mentoring. As the part of internal mentoring, the mentors discussed family issues, academic issues, career options, personality problems, communication skill problems etc with their mentees. Some of the mentors visited various educational, research and industrial institutions with their mentees. Internal mentors periodically took feedback form the mentees and evaluated the progress on different issues of mentees. The detailed activity report of the internal mentors are attached herewith.



